



July Racing & Sailing Savvy Sailing Classes Jr. Varsity & Varsity Sailing Team Find The Most Amazing Photo In This Issue



July 28	"Mentor a Sailing Student or Two" See more info on page 9	Lake Townsend
July 27 - 29	Weekend Sailing Class	Lake Townsend
July 30 - Aug 4	Adult-Junior LTS	Lake Townsend
Aug. 4 & 5	VA Gov. Cup Ware River Yach	t Club VA
Aug. 17 - 19	Adult Sloop Class	Lake Townsend
Aug. 25 & 26	Blackbeard One Design	New Bern, NC
Sept. 1 & 2	Scots on the Rocks	Lake Murray, SC

2018 LTYC Calendar

Blue=Racing Peach=Social Sailing Classes: Green=Adult; Pink=Junior Gray=Meeting/Seminar/Other Board Meeting 1st Thurs each month Yellow=Holiday

August						
Μ	Т	W	Т	F	S	S
		1	2	3	4	5
6	7	8	9	10	11	12
					18	
20	21	22	23	24	25	26
27	28	29	30	31		

September							
	Μ	Т	W	Т	F	S	S
						1	2
	3	4	5	6	7	8	9
	10	11	12	13	14	15	16
	17	18	19	20	21	22	23
2	24	25	26	27	28	8 15 22 29	30
9	9-WOW 3						

October						
Μ	Т	W	Т	F	S	S
1	2	3	4	5	6	7
8	9	10	11 18 25	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

6-7 VISA Invitational (Smith Mtn) 26-29 Hot Regatta

TELL TALES





Laina Wilson skippering for her dad, Mark Wilson



Mark & Kim Wise sailing their very first race!





It's a little difficult to see, but that's JC Aller in the lead with crew Alan Taylor





to fly a spinnaker!

July Social after Races







Robert Bouknight, Frans van Zeeland, Phil Leonard, Nancy Torkewitz, Tom Bews and Uwe Heine Happy Birthday to all the 1958 Model Sailors!

The beautiful cake, decorations and 60 candles provided by Nancy Torkewitz. Thanks, Nancy!

Photos by Scott Bogue









For those who did not come out on Sunday, July 15 you missed a great event.

AnnMarie was very well prepared, and everyone picked up a tip or two from the Chalk Talk. For me, several light bulbs went off. Then, by practicing "stopping at the dock" out in the middle of the lake, I think I really started to build a little muscle memory.

Having lots of practice starts also was of huge benefit to me. I'd never skippered a boat in a real race (heck, I avoid taking the tiller EVER), but I found myself determined to master the art of understanding how to tell whether the pin or Com-



mittee Boat was favored, getting to the right spot, maneuvering among other racers, and crossing the start line at the right time and with good boat speed. I had some bloopers and some good starts while trying different tactics...and now I'm motivated to try again.

Thank you AnnMarie for organizing this! And thanks to Tom Bews too for his help on the "Committee Boat" calling out the count down times.

Nancy T



A BIG Thank You to All Our Sailing Instructors and Assistants!

Our volunteer members who teach and assist with sailing classes are the bomb! They are central to making our club succeed and grow. Their dedication and their willingness to spend their valuable time are priceless and very much appreciated.

In no particular order, here is a list of instructors and assistants. Please express your appreciation next time you sail with them.

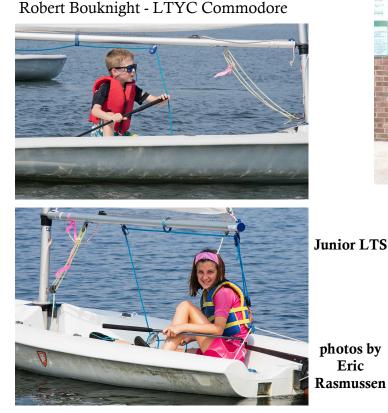
Top o' the list are Otto Afanador, adult class coordinator and instructor and Linda Heffernan, junior class coordinator and instructor. Linda and Otto, "We could not have done it without you" is an understatement! Also, Hudson Barker, Steve Raper, Brad Earle, Chris Miller, Ken Butler, Robert Bouknight, Cathy Leonard, Shari Foresman, Bill Byrd, Eric Rasmussen, Jim Heffernan, Joleen Rasmussen, Dawn-Michelle Oliver, Bill Young, Robert Uzzle, Jason Gustavson, Stephanie Taylor, Jackson Pickard, Angela Mattern, George Bageant, Jack Clodfelter, Elizabeth Bonnell, Trish McDermott, AnnMarie Covington, Caleb Vogel (Hudson's grandson), and Jack and Emma McArthur (George Bageant's grandchildren).

Many of the people listed above taught or assisted in multiple classes. Thank you all!

We still have three weekend classes and one week-long adult/junior class coming up. If you have a day or two to help, you'll find it rewarding and helpful to your own sailing experiences. Most classes can use extra help, so please sign up on the scratch sheet:

https://docs.google.com/spreadsheets/ d/1gVNXxbvDGFKm7jt24QI6vccbpEvHbNocyLqcxluEMug/edit#gid=77445541

Looking ahead to next year: we need a Rear Commodore who oversees all of the sailing classes. With the help of Linda Heffernan and Otto Afanador, you are certain to succeed!





Adult LTS











photos by Eric Rasmussen







Elizabeth Bonnell

2017 High School Sailing Team



The team at the Lake Crabtree Regatta last May. Luke and Nino finished 2nd overall.

2018 Middle & High School Sailing Team Starting Up

Here is the info for the LTYC High School Sailing Team:

First Fall meeting & informational meeting-Thursday, August 23, at 7 pm in the marina classroom.

Note that the team is for <u>ALL Middle School and High School students</u>, not just High School. They will compete as Junior Varsity and Varsity.

Questions: contact Mark Hayes, mhayeslaw@triad.rr.com.

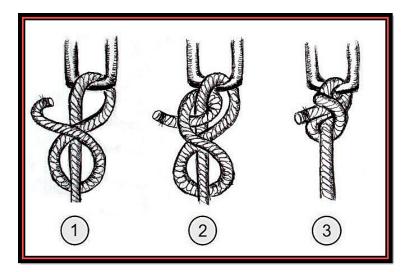
Mentor a Sailing Class Student or Two Saturday, July 28, 11 a.m.

The July Social Sail theme is mentoring students. All sailors are encouraged to come out, take one or two students sailing, and help them continue learning and continue sailing.

Instructors: contact your students! Have them meet at the flagpole by the water.

Everyone should bring their own lunch and a snack to share after sailing. Beverages will be provided by the club.

Captain John's Sailing Tips



What sailing knot could you use to tie off a main or headsail halyard, hoist yourself safe and sound aloft, tie off the foot of a reefed sail or hang fenders, hammocks, or bags so that they stay in place? Not many marine knots are as compact and trustworthy as this one.

Tie the Buntline hitch to secure a halyard to a shackle, contain the foot of a reefed mainsail, or lash gear onto deck to hold it safe 'n secure in a seaway.

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Why Know This Ancient Sailing Knot?

I believe today's sailor can often look to the past for reminders of those "works every time" tips and techniques. And sailing knots that you can rely on--even with your life in the balance--are the ones I like to learn. The little-known buntline hitch was used by square rigger crews to tie off the foot of

the sail when they furled.

And it held through thick 'n thin. Shake, rattle, or roll, and the buntline will hold like a stubborn barnacle to your boat bottom. So why would the modern-day sailor want to know this super knot from the past? Check out these seven super uses of the buntline hitch to decide if this might be right for you...

Secure the foot (bunt) of a reefed sail.

Make a compact knot in the end of any line.

Hold together without untying when shocked or flogged.

Tie a halyard to a shackle for peace-of-mind hoisting.

Form a safe knot to go aloft in a bosun's chair.

Hang fenders, bags, or other sailing gear.

Add an easy-to-remember knot to your sailing skills.

Three Steps to Tie the Buntline Hitch

Grab a piece of practice line about two to three feet long. Practice along with the top illustration. In no time, you will master this super sailing knot and be ready to use it wherever in the world you choose to sail.

1. Pass the bitter end through the shackle, ring or fitting. Loop the bitter end over the standing part and then behind the standing part as shown (illustration 1). Note that you begin the Buntline Hitch just like a clove hitch.

2. Thread the bitter end behind the standing part and tuck it beneath itself as shown (illustration 2). Note that this completes a virtual "inside clove hitch".

3. Pull on the bitter end to compact the knot. Slide it along the standing part and snug it up against the fitting (illustration 3). Take an extra second or two to remove all excess slack from the knot to make it safe, secure, and compact.

Best regards,

Captain John

www.skippertips.com

<u>Editor's note:</u> We have many knot experts in our club and Eric Rasmussen is one of them. He has offered to hold a knot tying class. If you are interested, please let me know. Thanks, Trish

Want to learn more about sailing? Here's how to get a crew spot.

Crewing for an experienced sailor is the best way to learn. You can crew during races held on the 2nd (full weekend), Saturday of the month, or crew during our Social Sails held on the 4th Saturday of each month through September.

Here's how you do it: go to www.laketownsendyachtclub.com and click on Scratch Sheet: Participation signup. Scroll down to the green section titled "Available to Crew" and put your name and phone number and/or email in there.

Another way to crew is to show up on race day or social sailing day. Come to the skippers' meeting, usually held at 11 a.m. and tell the group that you'd like to crew.

Here's an example of the section of the scratch sheet where you'll sign up.

Name: Available to Crew	Contact Info	Come out early for an 11:00 part	icipants meeting. Boat rigging tends to start around 9:30.



Lake Townsend Yacht Club Board

Commodore: Robert Bouknight + + ltyccommodore@gmail.com Vice Commodore/Racing: AnnMarie Covington + 336-266-5919 + hobieone57@yahoo.com Rear Commodore/Education: Volunteer needed Treasurer: Mark Wise + 336-207-4200 + ltyctreasurer@gmail.com Secretary: Nancy Torkewitz + 919-630-0360 + heynineteen1919@gmail.com Equipment: Scott Bogue + 336-707-9183 + scott.aomci@gmail.com Membership: Joleen Rasmussen + 919-440-2802 + joleenrasmussen@embarqmail.com Social: + Kara Wilson Webmaster: Mark Wilson + 336-324-5018 + mark.wilson@wilsontechnologysolutions.com Mayor's Cup/Nominating/Past Commodore: David Duff + 336-908-9754 + homengso@triad.rr.com Newsletter/Publicity/Social Sailing: Trish McDermott + 336-707-2846 + 88hawkgt650@gmail.com

* You don't have to be a board member to help out. Everything this club does is done by volunteers. Please contact the individual board member to see how you can contribute. Thanks for making LTYC the best!

Board meetings are open to all members. They are held the first Thursday of each month at 5:45 at the <u>Bryan Park Golf Course Grill</u>. Come join us!



Did you know? . . You can now find a link to sailing instruction videos on our website in the top yellow box that has the Scratch Sheet sign-up.

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- If you need help to post pictures or a video on our page, please contact JC Aller at aller.jc@gmail.com

Many thanks to JC Aller, Nancy Collins, Uwe Heine, Mark Hayes, Kim Wise and many others for posting pictures and upcoming events on our faceBook page!

Please visit our site and check in or make a comment. Thanks!

Next Newsletter deadline: August 10

Classified Ads

Buy - Sell - Want to Buy

Boats-Equipment-Accessories — Ads run for 3 months if not renewed. newsletter@laketownsendyachtclub.com

Tanzer for Sale

For sale: Tanzer 16. This is a good boat with a good racing record. Sails are in decent shape. Two spinnakers. New Sailor's Tailor cover. Solid trailer. Selling because I need more room for family and guests to cruise the lake. A very good buy at \$1,200. Call JC Aller at (336)580-0528 or email at <u>aller.jc@gmail.com</u>.

7/18

LIGHTNING SAIL BOAT # 12705

This sailboat is a one design ready to race or cruise.

It includes custom trailer, 3 complete sets of sails (one set 3 years old), 2 spinnakers, stainless steel centerboard, and compass. Cover included.

Can be seen at my house in Greensboro NC. Text me for directions: 336.282.9552

\$ 2200.00. Cash....no trades. Titles for boat and trailer in hand.

Contact: Jim Schwartz

7/18

1980 Catalina 22 for Sale

In good shape for an older boat, but needs someone with time to invest some TLC. You can see it at Merritt Marine in Hillsborough at I-85 and Hwy 86.

\$2,000 without motor. \$3,000 with motor, a Yamaha 6 HP, 4 stroke.

Glenn Edwards <glennedw@gmail.com>

7/18

LTYC Is Going Green!

Please refuse and return straws at a restaurant or drive-thru. Our goal is no more plastic water bottles, Styrofoam cups or Straws in the landfill. Did you know that only about 9% of what we recycle is actually recycled? Have you seen the plastic islands in the ocean? We encourage everyone to bring a reusable water bottle and coffee cup to events at the lake.



Thanks to everyone's efforts to reduce plastics in our environment. Think about it and act.

A Quick Look at Some of the Benefits of Your Membership:



- Monthly newsletter
 - * Make new friends
- * Great food and adult beverages after sailing
 - Mentors available to help you
- * Free use of city sailboats during LTYC events
 - * Free use of club sailboats
 - * Free boat launching during club events
 - * Yacht club reciprocity
- * Continuing education programs



Etc. _____



Photo by Eric Rasmussen