

Lake Townsend Yacht Club

Tell Tales

OCTOBER 2022



Happy Halloween

Learn to Sail...

To date, I think 2022 has been the most successful year for LTYC's Learn to Sail program!

We trained over 90 mostly beginner sailors in a variety of courses, using training materials from the US Sailing Association.

For those who just wanted to explore the sport to see if it is something they are interested in... we offered a single day "First Sail" experience. We offered both beginner and intermediate "Learn to Sail" classes, "Junior Sail Camps", and a "Learn to Race" course for experienced day sailors who wanted to explore the competitive aspects of the sport.

Here are some photos from the Beginner Learn to Sail class held 23-25 September.



Marie-Lyne Lavoie (instructor) and her support staff David DeMiranda, JC Aller, David Duff, and Jim Heffernan with the September 23-25 Learn to Sail class.

Continued on next page

Continued from previous page

First order of business - capsizing drills.



Continued on next page

Continued from previous page



Continued on next page

Continued from previous page



We had perfect wind conditions, bright athletic students that were fast learners. and an amazing group of instructors for the Learn To Sail class .



Testimonial

On 17 October, LTYC Rear Commodore Ron Washburn received the following email...



Ron,

Just wanted to send you a quick note. I'm actually working on a Monday with a smile on my face remembering events from this past weekend, I usually hate Mondays. I have a new favorite hobby and it's thanks to these guys.

You were not kidding when you said, "I leave your training in the capable hands of Otto". His knowledge, guidance, and patience are incredible. Yes Otto, your voice will be in my head as I continue to practice.

I think it's pretty awesome that people like JC and Jason would volunteer and take their entire weekend to help teach us. Their generosity and kindness you just don't find every day. I can only hope to learn and gain enough experience to someday pay it forward.

I'm sure you already know these things about them but I just want to express my gratitude. Thank you all again and look forward to seeing you on the water, Jim

Many thanks to Otto (and all of the LTYC Learn to Sail instructors and support staff) for representing the club so well, and providing our students with such an outstanding experience!

High School Sailing Report

Congratulations to Logan Hayes and his crew, James Lewis, Frances Hancock and Vivian Leake for winning the Overall 2022 Lake Townsend Yacht Club Saturday Series on corrected time!

The Series runs from April through October, and all classes, including juniors and adults, race against one another on corrected handicap time using the Portsmouth Yardstick Rule. In addition to C420s, boats represented this year included Flying Scots, Wayfarers, Lasers, Sunfish, and a variety of other one-designs. Scores are cumulative, and require a competitor to complete at least 45% of the races. The club averaged 14.4 boats starting each race throughout the season. Our sailors won by the slimmest of margins against some of the very best sailors in the club, in a highly competitive series.

In addition to the overall fleet, awards are given to each fleet of 5 or more boats recognized by LTYC. Logan, James, Frances and Vivian won the C420 Class; Second Place was John Spinosa sailing with William Davis and Lilly Copplestone; and Third Place was William Brady, sailing with David Renier, Emma Jewel Autry and Elizabeth Davis.

All of these sailors will be recognized at the LTYC Change of Watch in January.

Congratulations to all!



Logan and James racing in the April Regatta, aka the "Ice-Bucket"



Logan Hayes and Vivian Leake leading Mike Vitamvas (commodore of Oak Hollow Sailing Club) on the down-wind leg

William Brady and Elizabeth Davis just after rounding the windward mark.



Continued on next page

Continued from previous page



Lilly Copplestone at the helm, with John Spinoza handling the jib just after rounding the windward mark

Three boats from our High School Sailing Team at the leeward mark. Sail #1 has rounded, sail *9 is just rounding up as they pass the mark, and sail # 8 is not far behind as they approach the mark.



Continued on next page

Continued from previous page

North Points # 1 High School Regatta

Congratulations to our High School Sailing Team for a fantastic weekend at the North Points #1 High School Regatta, sailed at Lake Norman Yacht Club on October 15-16. Our A Boat, sailed by John Spinosa and Lilly Copplestone, finished second in its class!

The regatta was an official high school event, with a total of 25 teams competing in two separate classes: Varsity and Junior Varsity/Composite. In addition to the two classes, the regatta utilized the high school sailing format of rotating an A and B Division on the same boat. LTYC competed in the JV/Composite Division, since our members attend different high schools. Our A Division boat, skippered by John and crewed by Lilly, finished second in the JV/Composite A Division. Overall we finished 5th in the 9 boat class with our combined score.

Our coaches, Stacey and Sean Brady, towed our C420 Number 9 to Lake Norman, and for this regatta she became number "119".

Racing for LTYC were William Brady, John Spinosa, Molly Lovvorn, Lilly Copplestone and James Lewis.

On October 22 we are sending a team of eight to North Points #2 at Jordan Lake. Look for a report in next month's Tell Tales.

Continued on next page



J



LTYC/OHSC Interclub Regatta

Last year this event was hosted by the Oak Hollow Sailing Club at their facilities on Oak Hollow Lake in High Point, and they took the Interclub Regatta Cup!

This year, twenty two teams from Lake Townsend and Oak Hollow competed in the 2022 Annual LTYC/OHSC Interclub Regatta at Lake Townsend.

It was a beautiful fall weekend with bright sunshine and cool temperatures. The winds were primarily out of the north, and while there was a small amount of variability, the shifts tended to hold pretty well and made for a good level of predictability.

The regatta was run using the Portsmouth Yardstick in order to properly score a wide array of dissimilar boats. There were Flying Scots, Wayfarers, Club 420s, Lasers, Sunfish, and even a Hobie Cat—just to name a few.

We managed to get in 3 windward-leeward races, and at the end of the day, Lake Townsend Yacht Club recaptured the Interclub Regatta Cup!



Mike Vitamvas (Commodore, Oak Hollow Sailing Club) relinquishes the LTYC/OHSC Interclub trophy to Conal Deedy (Vice-Commodore, Lake Townsend Yacht Club) after the LTYC/OHSC Interclub Regatta

AnnMarie Covington/John MacAdam had the lowest total score and Logan Hayes with Vivian Leake as his crew came in second place for the day.

[See the full race results here!](#)

We would like to thank the club members who served as Race Committee. The races were well managed and would not have been possible without their participation.

Race Officials:

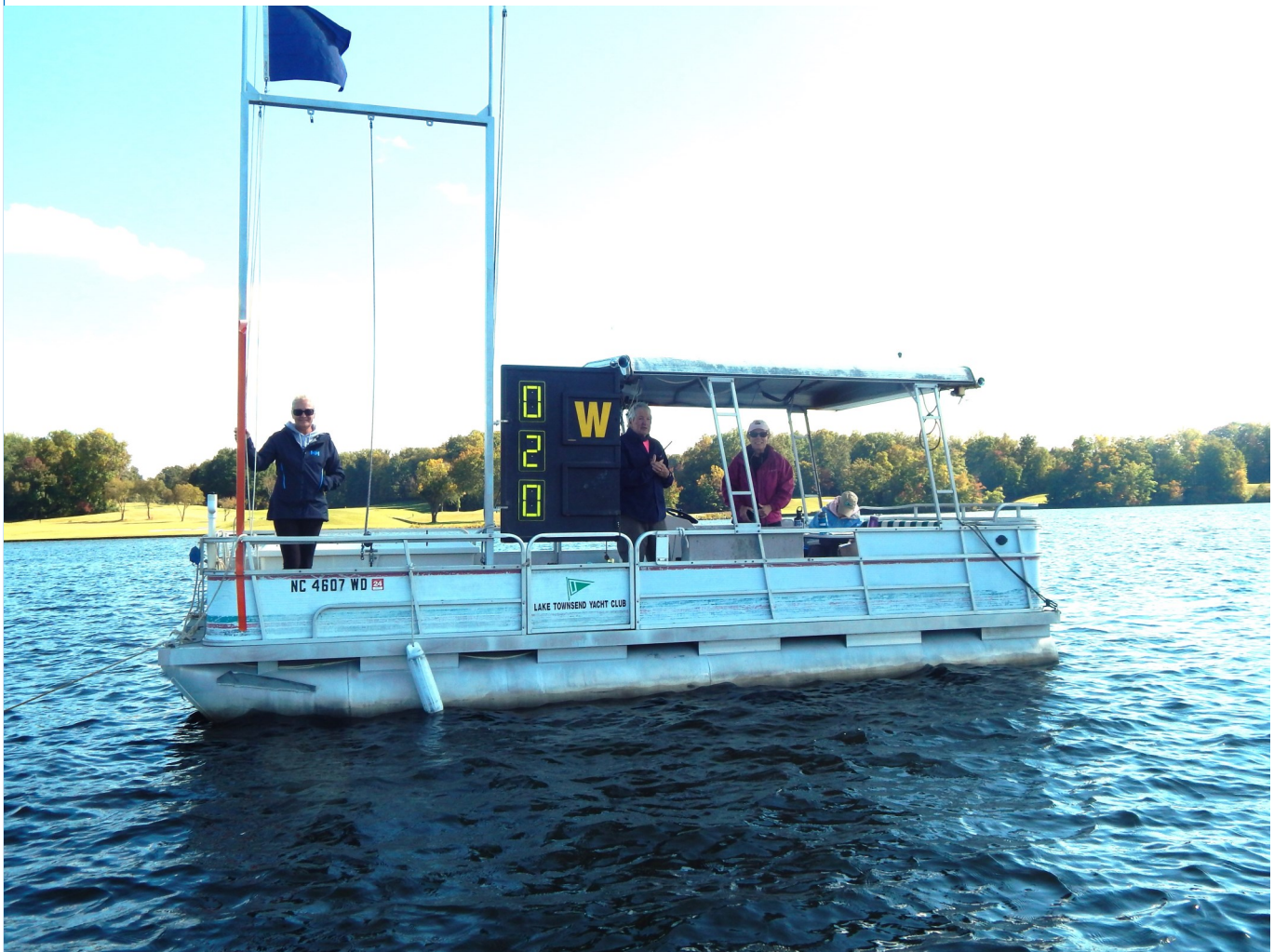
Principal Race Officer – Jim Heffernan

Signal Recorders—Linda Heffernan, Jeanne Allamby,

Signal Flags – Trish McDermott

Scat Boat 1—Wendell Gundlach, Leigh Wulforst

Scat Boat 2—Mark Hayes, George Bageant



Many, many thanks to Linda Ford and all who helped her with putting together breakfast before the races, a great pulled pork BBQ dinner with sides and dessert, and all the prep and cleanup afterward.

Thanks also to Leigh Wulforst and Rachel Bradley for getting some great photos for us to publish here.









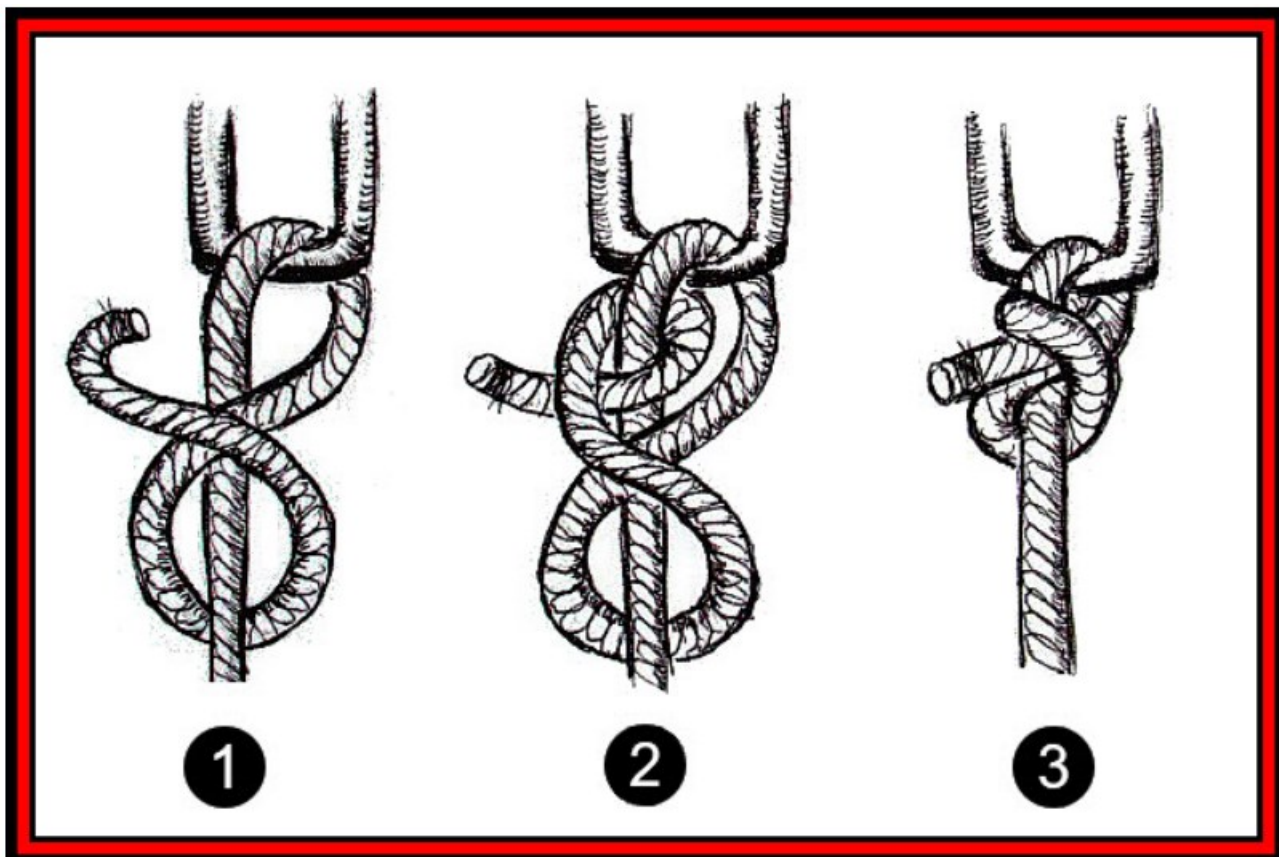
How to Tie the Super Secure Buntline Hitch in Seconds!

Captain John,

Www.skippertips.com

Captainjohnskippertips.com

What sailing knot could you use to tie off a main or headsail halyard, hoist yourself safe and sound aloft, tie off the foot of a reefed sail or hang fenders, hammocks, or bags so that they stay in place? Not many marine knots are as compact and trustworthy as this one.



Tie the buntline hitch to secure a halyard to a shackle, contain the foot of a reefed mainsail, or lash gear onto deck to hold it safe 'n secure in a seaway

Continued on next page

Why Know This Sailing Knot from Long Ago?

I believe today's sailor can often look to the past for reminders of those "works every time" tips and techniques. And sailing knots that you can rely on--even with your life in the balance--are the ones I like to learn. The little-known buntline hitch was used by square rigger crews to tie off the foot of the sail when they furled.

And it held through thick 'n thin. Shake, rattle, or roll, and the buntline will hold like a stubborn barnacle to your boat bottom. So why would the modern-day sailor want to know this super knot from the past? Check out these seven super uses of the buntline hitch to decide if this might be right for you...

- Secure the foot (bunt) of a reefed sail.
- Make a compact knot in the end of any line.
- Hold together without untying when shocked or flogged.
- Tie a halyard to a shackle for peace-of-mind hoisting.
- Form a safe knot to go aloft in a bosun's chair.
- Hang fenders, bags, or other sailing gear.
- Add an easy-to-remember knot to your sailing skills.

Three Steps to Tie the Buntline Hitch

Grab a piece of practice line about two to three feet long. Practice along with the top illustration. In no time, you will master this super sailing knot and be ready to use it wherever in the world you choose to sail.

1. Pass the bitter end through the shackle, ring or fitting. Loop the bitter end over the standing part and then behind the standing part as shown (illustration 1). Note that you begin the Buntline Hitch just like a clove hitch.
2. Thread the bitter end behind the standing part and tuck it beneath itself as shown (illustration 2). Note that this completes a virtual "inside clove hitch".
3. Pull on the bitter end to compact the knot. Slide it along the standing part and snug it up against the fitting (illustration 3). Take an extra second or two to remove all excess slack from the knot to make it safe, secure, and compact.

Captain John's Sailing Tip:

Realize the buntline hitch cinches down so tight, it might 'freeze' under heavy loads. For example, you would not want to use a buntline hitch as an alternative Genoa clew knot, because of the hundreds of pounds of tension imposed by a wind-filled headsail. Keep this in mind when tying a knot. Was it designed for the task at hand, or is there a better choice?

Today < > October 2022						
MON	TUE	WED	THU	FRI	SAT	SUN
26	27	28	29	30	Oct 1	2
3	4	5	6 ● 7pm Board Meeting	7	8 Great Pumpkin Races LT	9
10	11	12	13	14	15	16
17	18	19	20	21	22 Social Sailing LTYC	23
24	25	26	27	28	29 Halloween on Townsend (Hot) Charity Regatta	30
31 Halloween	Nov 1	2	3 ● 7pm Board Meeting	4	5	6

Today < > November 2022						
MON	TUE	WED	THU	FRI	SAT	SUN
31 Halloween	Nov 1	2	3 ● 7pm Board Meeting	4	5	6
7	8	9	10	11	12 Sailing Races LTYC	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	Dec 1 ● 7pm Board Meeting	2	3	4

Today < > December 2022						
MON	TUE	WED	THU	FRI	SAT	SUN
28	29	30	Dec 1 ● 7pm Board Meeting	2	3	4
5	6	7	8	9	10 Old Frosty Races LTYC	11
12	13	14	15	16	17	18
19	20	21	22	23	24 Christmas Eve Closed, LT Marina	25 Christmas Day Closed, LT Marina
26	27	28	29	30	31 New Years Eve	Jan 1 Closed, LT Marina Membership New Years Day

CLASSIFIED ADS

YOUR AD WILL RUN 3 MONTHS.

IF NOT RENEWED BY ADVERTISER, THEY WILL BE DELETED.

SEND YOUR CLASSIFIED TO :

newsletter@Laketownsendyachtclub.com



For Sale: Prindle 16 catamaran

No Trailer

\$300.00

David Lee (336) 202-6087

dvlee14@gmail.com



In Case You Missed It

Dear members and supporters (Constituents / concerned users of Lake Townsend),

You are constituents, concerned users, of Lake Townsend. And you have a voice.

The **Save The Docks Lake Townsend** initiative will succeed based on three criteria, **total funds** and, just as importantly, **total pledges / names**.

Your name will not be revealed to anyone.

Your pledge amount will not be revealed to anyone.

If we as constituents of the lake don't express our opinion, city and park management can not know that we care and can not know that we exist.

So, PLEASE, even if you can only pledge a small amount, it is really really important that you put your name in and pledge at <http://www.savethedocks1t.org/>.

Adults should pledge, even if you are only an occasional user of the lake.

Kids should pledge, even if they have only taken the intro class or participated in the HSST.

Parents should pledge, your kids enjoy the lake only because the docks are usable.

Supporters should pledge, even if you only visit the lake.

Friends should pledge, to ensure this wonderful public resource is there in the future.

Aunts/ Uncles/ Relatives ... you get the idea.

Plans are to present the total pledge amount only and then the counts of constituents (that's you) to the Parks Dept, Mayor, City Counsel and City Planner.

<http://www.savethedocks1t.org/>

Save The Docks!

Thanks,

Andy Forman



Please Like LTYC on facebook

- Check in at LTYC on facebook
 - Tag us
- Write an endorsement for LTYC
- Like LTYC on the "Like" page
- Post a review of LTYC on FB
- If you need help to post pictures or a video on our page, please contact JC Aller at aller.jc@gmail.com

Please follow our High School Racing Team on Instagram at [lycsailingteam](https://www.instagram.com/lycsailingteam), and of course, on facebook at

www.facebook.com/laketownendyachtclub/

Next newsletter deadline: Nov 20, 2022

♦ Lake Townsend Yacht Club Board

Commodore: Andy Forman	♦ commodore@laketownsendyachtclub.com
V. Commodore/Racing: Conal Deedy	♦ vicecommadore@laketownsendyachtclub.com
Rear Commodore/Education: Ron Washburn	♦ education@laketownsendyachtclub.com
Treasurer: Kim Jones	♦ treasurer@laketownsendyachtclub.com
Secretary: Linda Ford	♦ secretary@laketownsendyachtclub.com
Equipment: Mark Green	♦ equipment@laketownsendyachtclub.com
Membership: Leigh Wulforst	♦ membership@laketownsendyachtclub.com
Social Outreach: Trish McDermott	♦ lgs@laketownsendyachtclub.com
Marketing:	OPEN – Need a volunteer!
Newsletter: Sid Hale	♦ newsletter@laketownsendyachtclub.com
Social Media: JC Aller	♦ socialmedia@laketownsendyachtclub.com

You don't have to be a board member to help out. Everything this club does is done by volunteers. Please contact the individual board members to see how you can contribute.

Thanks for making LTYC the best!

Board meetings are open to all members. They are held virtually, via, Zoom the first Thursday of each month at 7:00 p.m.