

Lake Townsend Yacht Club

Tell Tales

NOVEMBER 2022



News Flash!!

2022 HOT IX Donations

THIS JUST IN...

The HOT IX raised \$4,500 this year! We have hit the \$40,000 mark which means a research grant in the name of LTYC will be awarded. An exact number for the 9 HOT regattas will be forthcoming.

If you didn't make it to the regatta, see the article and photos beginning on the next page.

2023 Board of Directors

During the 2022 Annual Meeting, members voted on a new Slate of Officers for 2023. Because there was not a quorum of the membership present at the meeting, non-present members were given the opportunity to vote by email and a new slate of officers has now been approved by the membership.

The 2023 Slate of Officers will be installed at the Change of Watch meeting/party (to be announced).

The only position not filled was that of **Marketing Director**. We are looking for a volunteer for this position so if you are willing to lend your support in this capacity next year, please email the LTYC board at ltycboard@laketownsendyachtclub.com

We can't do this without you!



[Contact LTYC Board via email](mailto:ltycboard@laketownsendyachtclub.com)

HOT IX Regatta

by Trish McDermott

The HOT IX Regatta was a grand success in so many ways. We had excellent participation, wonderful volunteers, generous contributors and good sailing weather. It was a lovely weekend where everyone had lots of fun, ate great food and enjoyed the camaraderie of sailing.

We had a fantastic Race Committee assisting PROs Alan and Pat Backus. Pat has a system in place where they can print out results shortly after races are completed. They also said they love working with LTYC RC because of our knowledgeable people and organized setup. Kudos to the LTYC RC team!

Thirteen Wayfarers outnumbered the seven Flying Scots, but we all had a great time. (Hey, FS sailors, let this be the last time we're outnumbered!) We also had great participation from the High School Sailing Team and love that they race with us and keep us on our toes.

Congratulations to the winners! In the Wayfarer fleet, Jim Cook and Ken Butler took first, AnnMarie Covington and John McAdams took second, and Uwe Heine and Nancy Collins took third.



First Place - Wayfarer Fleet
Jim Cook & Ken Butler



Second Place - Wayfarer Fleet
AnnMarie Covington & John MacAdam

Third Place -Wayfarer Fleet
Uwe Heine & Nancy Collins



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In the Flying Scot fleet, Robert Bouknight and David de Miranda took first, Tom Bews with Richard and Karen Jordan took second, and Daniel Adams and Craig Stay took third.



First Place - Flying Scot Fleet
Robert Bouknight & David deMiranda

Second Place - Flying Scot Fleet
Tom Bews with Richard & Karen Jordan



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Third Place - Flying Scot Fleet
Daniel Adams & Craig Stay

AND....

In the 420 fleet, Logan Hayes and Emma Autry were first, with Elizabeth Davis and Preston Miller second.



First Place - Club 420 Fleet
Logan Hayes & Emma Autry

Second Place - Club 420 Fleet
Elizabeth Davis & Preston Miller



More photos in the HOT IX Photo Album

[CTRL-Click HERE](#)

to open in a new tab

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So many people helped in so many ways and some prefer to help without recognition. But, I want to thank and recognize all and hope that no one is left out.

Let's start with the people responsible for feeding the masses. Linda Ford and Linda Heffernan coordinated food setup and cleaning up afterwards. Gail Walters picked up breakfast and lunch for RC at the crack of dawn. Laura Lovvorn, a HSST mom, picked up breakfast on Saturday. Ali Kishbaugh made a boatload of farm fresh, hard-boiled eggs for us, and Leigh Wulforst provided a beautiful basket of mixed fruit for both days. Thank you all!

Saturday night's pièce de resistance was a beautiful and very yummy apple cake made by Wanda Williams, who spoiled our club by providing delicious food at all our racing events for many years. You can see pictures of her awesome cake on FB and on our website.

Thanks to several people who helped to decorate the shelter and take decorations down after the finish: Gail Walters, Ken Butler, David de Miranda, Scott Bogue, Nancy Torkewitz, Robert Bouknight and JC Aller.

We had musical entertainment by Disturbing the Peace along with some dancing, which was a lot of fun to watch!

If you were among the lucky ones who enjoyed HOT IX, and especially those who could not attend but who bought shirts and made other contributions, thank you for your support. Special thanks to Starling Gunn, who brought a trailer load of sailing parts and goodies to sell on both Saturday and Sunday. He donated all he made over the weekend to earlier.org and the total was \$155.00!

There are so many donors to thank and I hope that all members will support the companies that gave generously to our event in support of the wonderful work that earlier.org does for breast cancer research.

Please support Biscuitville, who donated 100 sausage biscuits for breakfast Saturday, and Chick-Fil-A, who donated sandwiches for RC. Also, please support Panera at N. Elm Village for their contribution of bagels and muffins for Sunday breakfast.

Sarah's Kabob Shop on W. Market St. catered Saturday's dinner at a discount for our charity regatta. Their food is excellent and we greatly appreciate that they deliver. And there were enough leftovers for lunch on Sunday! R.H. Barringer Distributors provided adult beverages for our event, which they have done for many HOT regattas. Thank you!

Many thanks for the wonderful artwork for the T-Shirts & the trophies (hats) by Uwe Heine and Nancy Collins. They have designed shirts for LTYC for several HOT events as well as for Mayor's Cup. What a talented team!

Please support the company that ordered and printed our T-shirts, Triad Paw Prints in Greensboro.

The trophy hats were embroidered by T. Payne Designs, also in Greensboro. Both companies are female owned and both gave us and earlier.org a charity discount.

Also, thank you all for buying the leftover T-shirts. We made an additional \$170.00 for earlier.org! There are four shirts left: 2 - 3XL, 1 - 2XL and 1 - XL. Payable by making a \$20 donation to earlier.org and letting me know you want one.

Finally, thanks also to all our photographers. If you have some pictures you'd like to share please send them to me (88hawkgt650@gmail.com) and to Sid Hale, our newsletter designer extraordinaire!

With so much gratitude,
Trish

High School Sailing Report

It was a busy fall for the High School Sailing Team! In the space of six weeks starting on October 8, the team sailed in five regattas, with only one weekend off. We raced in the Club's final Monthly Summer Series in October, the South Atlantic Interscholastic Sailing Association North Points #1 Regatta (both of which were reported on in last month's Tell Tales), North Points #2, the HOT Regatta, and finally, the November Winter Series. We had 15 of our 16 team members race over this stretch of regattas.

Except for a team party at the Piedmont Winterfest skating ring in December, the team will take the winter off and start back with practice in March.

SAISA North Points #2

The High School Team raced Saturday, October 22, in the North Points #2 High School Regatta at Jordan Lake. It was an extremely competitive regatta. A total of 24 teams sailed, primarily from the Charleston, Wilmington and New Bern areas, and most were professionally coached. Nearly 150 sailors competed! We sent eight members, sailing two boats. Our boats finished 5th and 7th overall in the very competitive 11 team Composite Division.

Our top boat was Logan Hayes and James Lewis, who finished 2d in the Composite A Division.

HOT Regatta

The HOT Regatta was sailed over the final weekend in October, and the High School Team had six members race on Saturday and eight on Sunday. Saturday was challenging for some of our newer (and lighter!) skippers, with winds gusting into the teens. After a couple of capsizes, we sent the sailors in for dry clothes. Sunday was much better, with lighter winds and some of our heavier and more experienced members racing.

The competition was intense, but the team of Will Brady, Logan Hayes and Emma Jewel Autry took first place among the C420 fleet, and Elizabeth Davis and Preston Miller took second. The team loved racing for such a great cause!

November Club Series

The November Monthly Winter Series was our last regatta of the fall season, and our fifth regatta in 6 weeks! It was a beautiful day with perfect winds. We had 8 members racing on four C420s, and everyone wore their wetsuits. We were especially proud of team member Lilly Copplestone, who skippered in her first regatta. She sailed fantastic! Lilly has long been one of our best racing crews, and has recently started skippering.



Nino, Jack, James, Logan, Will, John, Lilly and Molly at North Points #2

Logan and James at
North Points #2



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William and Nino at North Points #2

Jack at North Points #2



Jack and Molly at North Points #2

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Logan, Evan, Emma Jewel, Frances, Molly, Elizabeth, Preston and Vivian at the HOT Regatta



Vivian and Molly at the HOT Regatta

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Evan and Frances at the HOT Regatta



Vivian and Molly at the HOT Regatta



Logan and Emma Jewel at the
HOT Regatta



Elizabeth and Preston at the
HOT Regatta

Logan and Emma Jewel at the HOT Regatta



Emma Jewel and William at the
HOT Regatta



Lilly and Molly at the November Winter Series

Close action at the November Winter Series



2022-2023 Frostbite Series

The 2022 Summer Series is finished, and Saturday the 12th of November marked the beginning of this year's Frostbite Series.

Complete set of photos in the 2022 Frostbite Photo Album

[CTRL-Click HERE](#)

We got in 3 windward leeward races in moderate winds with 16 boats (including 4 of the High School Sailing Team) competing.

As normal for this series, we sailed as a single handicapped fleet using the Portsmouth Handicap System.

First Place was taken in a Wayfarer by AnnMarie Covington with her crew Eric Hakala. In second was Wendell Gundlach with Leigh Wulforst in his Flying Scot, and Rob Easton with Chad Fogleman (also in a Flying Scot) finished third.

A full set of scores can be found [HERE](#) on the LTYC web site.



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AnnMarie and Eric
1st Place 12 November

Wendell and Leigh
2nd Place 12 November



Rob and Chad
3rd Place 12 November



Three Mainsail Trim Tips for Maximum Sail Power

Captain John,

[Www.skippertips.com](http://www.skippertips.com)

[Captainjohnskippertips.com](http://captainjohnskippertips.com)

If you are anything like me, sailing faster means you can get to an anchorage earlier than expected, reduce your exposure to foul weather, or beat the competition around the buoys on race night. Follow these three easy sailing tips today!

Draft Comes First

Keep the draft as close to the designed shape as possible. Remember that draft is the deepest part of a sail anywhere along its height. Your sailmaker creates mainsail draft to stay about 40% to 45% aft of the luff. When the wind fills in, the draft may creep aft. Follow these easy steps to keep the draft in place.

-- Tension the halyard with the winch or Cunningham until you just see a faint vertical crease begin to build along the edge of the luff.

-- Stop grinding or pulling. Next, ease the halyard in increments and watch the crease. Stop easing as soon as you see the crease disappear.



Think of your mainsail as the primary propulsion unit on your sailboat. How can you trim your main for maximum speed and power?

-- Cleat off the halyard and recoil the excess tail. Check and adjust draft often to reduce weather helm and keep your boat performing her best.

Install Leech Telltales

Imagine a skier on the bottom of a slope. They need to ski uphill to the top, then downhill to the other side, all the time maintaining contact with the ground. Air on the leeward side of a sail has to travel from the luff uphill to the maximum curvature of the sail, then to the leech, all the while maintaining contact with the sail surface. Follow these steps to use leech telltales to check the airflow:

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- Sew six to nine inch lengths of nylon ribbon or wool yarn to the end of each mainsail batten pocket.

- Sail onto a close hauled (beating) point of sail. Set the boom in close to the centerline, but over-sheet the mainsail on purpose. Look along the edge of the leech. What do you see? All of your leech telltales will be hanging like limp noodles. That's because a stalled sail blocks the air flow.

- Now, let's help the air stay attached to the sail from luff to leech. Ease the mainsheet in increments all the time watching the leech telltales. When all telltales are flying aft, cleat off the sheet. Your mainsail now has perfect sail trim!

"Listen" to the Helm

The wheel or tiller is the starting and ending point of trim and balance, whether you day sail, race or cruise. Each time you make a sail trim adjustment, test the helm. Can you steer the boat with just two fingers in any weather? Balance your boat so that you can achieve this objective.

When beating, you can tell whether you have good balance with a "hands off" test. Trim your sails for a close hauled course and steady up on the edge of the wind. Lift your hand off the wheel or tiller and watch the boat.. A boat in balance will round up in a slow, smooth, easy motion toward the wind.

Start reefing earlier than you think you need to. Nine times out of ten, too much mainsail area causes balance problems. Reef the mainsail first. Then, adjust headsail area to balance the boat to perfection.

As singlehanded racing sailor and author Andrew Evans says: *"To reduce weather helm, the singlehander should reduce sail behind the mast or increase sail in front of the mast."*

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Keep your boat driving with good speed and performance from your mainsail. Use easy sailing tips like these to sail safer on the waters of the world, wherever you choose to sail or cruise.

# Racing Tactics (videos)

from: **Sailing World**  
Courtesy **YouTube**

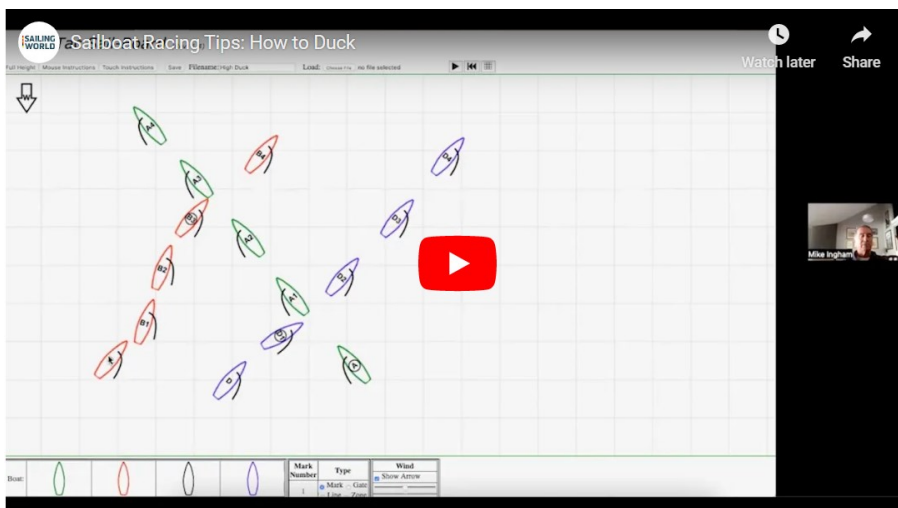
## Sailboat Racing Tips: [Defending Your Starting Line Hole](#) (CTRL-Click to play in new window)

Professional sailor and coach Mike Ingham delves into the art of making and defending your position on the starting line.



## Sailboat Racing Tips: [How to Duck \(video\)](#) (CTRL-Click to play in new window)

If there's one tip Mike Ingham would share about ducking in a sailboat race it would be, "When in doubt, duck." But it's never that simple, so for this installment of Sailboat Racing Tips with Mike Ingham, he explores the tactical and boatspeed nuances of ducking.



# Join US Sailing

US Sailing takes great pride in administering and providing The Racing Rules of Sailing to members of sailing organizations. The rules provide integrity to competitive sailing and are an integral part of our sport. Sailboat racing relies on the rules to ensure that competitions are fair, consistent, and keeping sailors safe on the water.

The Racing Rules of Sailing is published every four years by World Sailing, the international authority for the sport. These rules, amended by U.S. "prescriptions," govern sailboat racing in the United States and in the portions of international races that pass through U.S. waters.

The Racing Rules of Sailing for 2021-2024 takes effect on January 1, 2021.

US Sailing has developed a NEW mobile-optimized Racing Rules App that includes the racing rules and other resources, including the ability to file a protest through the app, a whiteboard for diagramming boat-on-boat interactions, and an extensive resource library. The text of the rulebook is fully searchable and there is also a traditional index. Non-members can log into the app as a Guest and will be able to see limited content. US Sailing will continue to add more useful and innovative features to the app as they move forward.

In line with US Sailing's commitment to sustainability, the mobile app is available at no cost to all US Sailing members and is the primary distribution channel for The Racing Rules of Sailing for 2021-2024. Please note that US Sailing will not be automatically mailing copies of the printed rulebook to members in 2021. All members are entitled to purchase one printed rulebook for a flat fee of only \$7.00 and may order additional copies at the standard 25% member discount rate. The paper and waterproof versions of The Racing Rules of Sailing for 2021-2024 and the Sailor's Guide to the Racing Rules are now available for pre-order.

The app is ready for download! You can download the Racing Rules App from US Sailing's new Racing Rules of Sailing web page. [Click here to learn more and download.](#)



Not yet a US Sailing Member or need to renew?

You can join US Sailing through [Lake Townsend's MVP \(Member Value Partner\) program](#) and save up to 20% on your US Sailing Membership dues. LTYC receives credit for every member that joins US Sailing under [LTYC MVP program](#). As a US Sailing member, In addition to the App and discounted hardcopy rule book, you get a US Sailing Member discount on regatta registrations, discounts at numerous nautical retailers including US Sailing's online store. Your

US Sailing Membership matters as it is your membership that makes possible the US Sailing programs that are getting new sailors on the water and making sailing more accessible for everyone. Make sure you see Lake Townsend Yacht Club MVP Program at the top of the page.

## Membership Types:

Youth Membership - \$25 (MVP Program discount from original \$30 price)

Individual Membership - \$55 (MVP Program discount from original \$65 price)

Family Membership - \$85 (MVP Program discount from original \$115 price)

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### LAKE TOWNSEND YACHT CLUB MVP PROGRAM

Yacht Club Personal Info Discounted Membership Options Purchase Confirm Order

Are you a current member?

If you have ever been a US Sailing member before, select 'Yes'.

Yes

No

Previous Next

If you'd rather, you can join for 3 years and save even more on US Sailing dues. Just call US Sailing directly to renew and mention that you are renewing under LTYC's MVP. LTYC will still receive your membership credit.

| Calendar |     |     |       |     |     |       | Today | < | > | December 2022       | 🔍                     | ?                 | ⚙️         | Month         | ☰ |
|----------|-----|-----|-------|-----|-----|-------|-------|---|---|---------------------|-----------------------|-------------------|------------|---------------|---|
| MON      | TUE | WED | THU   | FRI | SAT | SUN   |       |   |   |                     |                       |                   |            |               |   |
| 28       | 29  | 30  | Dec 1 | 2   | 3   | 4     |       |   |   | ● 7pm Board Meeting |                       |                   |            |               |   |
| 5        | 6   | 7   | 8     | 9   | 10  | 11    |       |   |   |                     | Old Frosty Races LTYC |                   |            |               |   |
| 12       | 13  | 14  | 15    | 16  | 17  | 18    |       |   |   |                     |                       |                   |            |               |   |
| 19       | 20  | 21  | 22    | 23  | 24  | 25    |       |   |   |                     | Christmas Eve         | Christmas Day     |            |               |   |
|          |     |     |       |     |     |       |       |   |   |                     | Closed, LT Marina     | Closed, LT Marina |            |               |   |
| 26       | 27  | 28  | 29    | 30  | 31  | Jan 1 |       |   |   |                     | New Years Eve         | Closed, LT Marina | Membership | New Years Day |   |

| Calendar |     |       |     |     |     |       | Today | < | > | January 2023 | 🔍                   | ?                 | ⚙️     | Month | ☰ |
|----------|-----|-------|-----|-----|-----|-------|-------|---|---|--------------|---------------------|-------------------|--------|-------|---|
| MON      | TUE | WED   | THU | FRI | SAT | SUN   |       |   |   |              |                     |                   |        |       |   |
| 26       | 27  | 28    | 29  | 30  | 31  | Jan 1 |       |   |   |              | New Years Eve       | Closed, LT Marina | 2 more |       |   |
| 2        | 3   | 4     | 5   | 6   | 7   | 8     |       |   |   |              | ● 7pm Board Meeting |                   |        |       |   |
| 9        | 10  | 11    | 12  | 13  | 14  | 15    |       |   |   |              |                     |                   |        |       |   |
| 16       | 17  | 18    | 19  | 20  | 21  | 22    |       |   |   |              |                     |                   |        |       |   |
| 23       | 24  | 25    | 26  | 27  | 28  | 29    |       |   |   |              |                     |                   |        |       |   |
| 30       | 31  | Feb 1 | 2   | 3   | 4   | 5     |       |   |   |              | ● 7pm Board Meeting |                   |        |       |   |

| Calendar |                 |       |     |     |     |     | Today | < | > | February 2023 | 🔍                   | ? | ⚙️ | Month | ☰ |
|----------|-----------------|-------|-----|-----|-----|-----|-------|---|---|---------------|---------------------|---|----|-------|---|
| MON      | TUE             | WED   | THU | FRI | SAT | SUN |       |   |   |               |                     |   |    |       |   |
| 30       | 31              | Feb 1 | 2   | 3   | 4   | 5   |       |   |   |               | ● 7pm Board Meeting |   |    |       |   |
| 6        | 7               | 8     | 9   | 10  | 11  | 12  |       |   |   |               |                     |   |    |       |   |
| 13       | 14              | 15    | 16  | 17  | 18  | 19  |       |   |   |               |                     |   |    |       |   |
|          | Valentine's Day |       |     |     |     |     |       |   |   |               |                     |   |    |       |   |
| 20       | 21              | 22    | 23  | 24  | 25  | 26  |       |   |   |               |                     |   |    |       |   |
| 27       | 28              | Mar 1 | 2   | 3   | 4   | 5   |       |   |   |               | ● 7pm Board Meeting |   |    |       |   |



## In Case You Missed It

Dear members and supporters (Constituents / concerned users of Lake Townsend),

You are constituents, concerned users, of Lake Townsend. And you have a voice.

The **Save The Docks Lake Townsend** initiative will succeed based on three criteria, **total funds** and, just as importantly, **total pledges / names**.

Your name will not be revealed to anyone.

Your pledge amount will not be revealed to anyone.

If we as constituents of the lake don't express our opinion, city and park management can not know that we care and can not know that we exist.

**So, PLEASE, even if you can only pledge a small amount, it is really really important that you put your name in and pledge at <http://www.savethedocks.lt.org/>.**

Adults should pledge, even if you are only an occasional user of the lake.

Kids should pledge, even if they have only taken the intro class or participated in the HSST.

Parents should pledge, your kids enjoy the lake only because the docks are usable.

Supporters should pledge, even if you only visit the lake.

Friends should pledge, to ensure this wonderful public resource is there in the future.

Aunts/ Uncles/ Relatives ... you get the idea.

Plans are to present the total pledge amount only and then the counts of constituents (that's you) to the Parks Dept, Mayor, City Counsel and City Planner.

<http://www.savethedocks.lt.org/>

***Save The Docks!***

Thanks,

Andy Forman

## CLASSIFIED ADS

YOUR AD WILL RUN 3 MONTHS.

IF NOT RENEWED BY ADVERTISER, THEY WILL BE DELETED

SEND YOUR CLASSIFIED TO :

[newsletter@Laketownsendyachtclub.com](mailto:newsletter@Laketownsendyachtclub.com)



For Sale: Prindle 16 catamaran

No Trailer

\$300.00

David Lee (336) 202-6087

[dvlee14@gmail.com](mailto:dvlee14@gmail.com)





### Please Like LTYC on facebook

- Check in at LTYC on facebook
    - Tag us
  - Write an endorsement for LTYC
  - Like LTYC on the "Like" page
  - Post a review of LTYC on FB
- If you need help to post pictures or a video on our page, please contact JC Aller at [aller.jc@gmail.com](mailto:aller.jc@gmail.com)

Please follow our High School Racing Team on Instagram at [ltycsailingteam](https://www.instagram.com/ltycsailingteam), and of course, on facebook at [www.facebook.com/laketownendyachtclub/](https://www.facebook.com/laketownendyachtclub/)

Next newsletter deadline: Dec 18, 2022

## ◆ Lake Townsend Yacht Club Board

|                                        |                                                                                                        |
|----------------------------------------|--------------------------------------------------------------------------------------------------------|
| Commodore: Andy Forman                 | ◆ <a href="mailto:commodore@laketownsendyachtclub.com">commodore@laketownsendyachtclub.com</a>         |
| V. Commodore/Racing: Conal Deedy       | ◆ <a href="mailto:vicecommadore@laketownsendyachtclub.com">vicecommadore@laketownsendyachtclub.com</a> |
| Rear Commodore/Education: Ron Washburn | ◆ <a href="mailto:education@laketownsendyachtclub.com">education@laketownsendyachtclub.com</a>         |
| Treasurer: Kim Jones                   | ◆ <a href="mailto:treasurer@laketownsendyachtclub.com">treasurer@laketownsendyachtclub.com</a>         |
| Secretary: Linda Ford                  | ◆ <a href="mailto:secretary@laketownsendyachtclub.com">secretary@laketownsendyachtclub.com</a>         |
| Equipment: Mark Green                  | ◆ <a href="mailto:equipment@laketownsendyachtclub.com">equipment@laketownsendyachtclub.com</a>         |
| Membership: Leigh Wulforst             | ◆ <a href="mailto:membership@laketownsendyachtclub.com">membership@laketownsendyachtclub.com</a>       |
| Social Outreach: Trish McDermott       | ◆ <a href="mailto:lgs@laketownsendyachtclub.com">lgs@laketownsendyachtclub.com</a>                     |
| Marketing:                             | <b>OPEN – Need a volunteer!</b>                                                                        |
| Newsletter: Sid Hale                   | ◆ <a href="mailto:newsletter@laketownsendyachtclub.com">newsletter@laketownsendyachtclub.com</a>       |
| Social Media: JC Aller                 | ◆ <a href="mailto:socialmedia@laketownsendyachtclub.com">socialmedia@laketownsendyachtclub.com</a>     |

You don't have to be a board member to help out. Everything this club does is done by volunteers. Please contact the individual board members to see how you can contribute.

Thanks for making LTYC the best!

**Board meetings are open to all members. They are held virtually, via, Zoom the first Thursday of each month at 7:00 p.m.**

**Board meetings are open to all members. They are held virtually, via, Zoom the first Thursday of each month at 6:00 p.m.**