

# Lake Townsend Yacht Club

# *Tell Tales*

JANUARY, 2023



# Happy New Year!





Our annual Change of Watch Banquet was held on January 21st, at The Cutting Board restaurant in Burlington. Our Commodore, Andy Forman presented this year's Board of Directors.



Ali Kishbaugh, Sid Hale, JC Aller, Judi Mathews, Linda Ford, Ron Washburn, Mark Green, and Andy Forman (left to right) Mark Wilson and Kim Jones not pictured.

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# Kent Taylor Service Award (Blue Jacket Award)

Established in 1997, the **Kent Taylor Team Trophy** was awarded to the fleet in the Mayor’s Cup regatta with the lowest average overall Portsmouth score compared to other fleets. The idea was to support fleet improvement. This trophy was retired in 2005.

Alan Taylor notes that, besides his father’s passion for sailing fairly and helping his fleet members improve, he was also very involved in service to the club, whether teaching sailing, serving on Race Committee, or leading a beach clean-up on a work day.

In 2013, the Taylor family re-purposed this perpetual trophy as the **Kent Taylor Service Award**.

Lake Townsend Yacht Club depends on the volunteer service to its membership. The Kent Taylor Service Award is given annually to recognize exceptional service to LTYC. Past recipients of the award, by secret agreement, shall choose the recipient(s) for the current year. The award is to be presented at the annual Change of Watch.

Traditionally, since 2013, the recipient has also received a “blue jacket” engraved with their name and the LTYC burgee. For his extraordinary work in the development and growth of the HSST, the 2022 winner of the Kent Taylor Service Award is:

## Tom Bews



### Previous Inductees

2013 Joleen Rasmussen	2016 Bill Byrd	2019 Eric Rasmussen
2014 Hudson Barker	2017 Scott Bogue/Trish McDermott	2020 George Bageant
2015 Steve Raper	2018 Otto Afanador	2021 Mark Hayes

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# Awards Presentation

## Commodore Special Recognition

- ◇ Sid Hale - Website & Newsletter & City of Greensboro Contract
- ◇ Ron Washburn - Growth & Stabilization of Sailing Education Program
- ◇ Scot Bogue/Robert Bouknight - Saved us a bundle on Committee Boat Motor Replacement
- ◇ Mark Hayes - Growth of HSST and development of WFU team programs

It was great not to be hindered by COVID and to hold the event **LIVE** once again!

Like everything else we do... a large contingent of slave labor (we call them volunteers) put together a great event.

## CoW Event Committee

- ◇ Trish McDermot - Ideas and focus
- ◇ Leigh Wulforst - Venue research and selection
- ◇ Ali Kishbaugh - Decorations and Menu
- ◇ Linda Ford - Support
- ◇ Scot Bogue - Slide Deck creation and presentation & Audio System
- ◇ Judi Matthews - Support
- ◇ Sid Hale - Website Marketing, Registration, On site support, Membership Registration



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[A Lot More Photos](#)  
[HERE](#)



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# If You Missed the whole shebang...

Here are Ali's thoughts.

## **Well done everyone.**

The Change of Watch was great and it couldn't have come together without everyone. I was a late joiner and know that there was so much that went into this before I got there.

Andy the Speech was great and the stories made it so that everyone could relate. I know that there was a lot that went into making it look so polished. Annemarie, you know how much I admire your woodwork and your boxes are a piece of art. I am sure that it was time consuming. Scotty the slide show is always my favourite as I miss a lot of the sailing so I loved seeing everyone doing what has brought us all together. Sid, Thank you for keeping all the computer and paperwork straight. I look forward to working with you in the future and thanks for being a sounding board.

Linda, Judi, Trish and Leigh; The venue, the food and the cake were all fantastic. Even though there was a snafu with the time it all came together. Linda next time we will get the potato salad! The cake was wonderful, who could go wrong with chocolate.

Again, Well Done and I look forward to seeing everyone at the lake.

Ali K

## IT'S THAT TIME AGAIN

### 2023 Memberships Renewals Are Open

#### The Benefits of Membership

##### Competitive Fun Sailing

On the second Saturday of each month (March-October) we hold our regular LTYC race series. This is 'around the buoys' racing where courses are laid out and there is a Signal Boat (pontoon boat) which carries the Race Committee who administer the race. There are specific times set to attend an online competitors meeting prior to the race day and to have your boat at the starting area to race. Typically, there are three races run.

##### Social Fun Sailing

On the fourth weekend of each month (March-October) we have a Sailibration! There is no set time or agenda. This weekend is for daysailing and cruising just for fun. Club members are there who may either invite you to go sailing on their boat or give you advice about sailing your boat or a rental. Great opportunity to sail on different types of boats to see what suits you best. Good time to practice and improve your sailing or racing skills. Best way to learn is to be onboard with one of our experienced skippers.

##### Other Benefits

Seminars and training for beginning and intermediate sailors

Availability of club boats including one Lightning, one Flying Scot, one Wayfarer, and four Tanzer 16s. All are ready for use, mast-up and on trailers. For more information, see the [club sailboat usage policy, agreement, and reservations](#) in the Members' Cove.



New Membership

Membership Renewal





## Volunteers Needed

### Don't all jump at once... but don't be bashful either.

Last year, LTYC taught 13 teenagers and 53 adults to sail, improved the racing skills of 16 sailors, and gave 6 people their very first sailing experience.

Last year we put on 19 different events and positively impacted 88 different people, but to make all this happen, **volunteers are critical**. Both instructors and safety boat support staff are needed.

Besides the revenue this generates for Lake Townsend Yacht Club, these efforts go a long way toward promoting sailing and boating safety in our community.

### This year the club has planned:

#### 4 Private Sailing Classes

Limit 2 students per class

1 Zoom session + 2 days on the water

#### 2 Junior Sailing Classes

Limit 6 students per class

2 Zoom/in-person sessions + 4 days on the water.

#### 6 Adult Beginner Sailing Classes

Limit 6 students per class

Combination of Zoom/in person instruction & 2 days on water

#### 10 First Sail Experiences—**URGENT!!** These have all been sold and we need instructors.

1 – 2 students per class for 1 day on the water.

#### 1 - Intermediate Adult Class

1 day shore-based instruction + 2 days on the water.

#### 1 - Learn to Race Class

2 days shore-based instruction & 2 days on the Water

**Sign up [HERE](#)** or...

Contact [Ron Washburn via email](#) to see how you can help.



# High School Sailing Report

***Congratulations to the LTYC High School sailors who were recognized at the 2022 Change of Watch Banquet:***

***SAYRA Junior Allstars:*** Molly Lovvorn and Logan Hayes

***Commodore's Junior Sailing Award (Junior Sailor of the Year):***

- Emma Jewel Autry
- Lilly Copplestone
- Elizabeth Davis
- Molly Lovvorn



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In addition, trophies were awarded to the High School Sailing Team for their class in the 2022 Winter Series.

*C420 Class:*

First Place Skipper:	Logan Hayes
Second Place Skipper:	John Spinosa
Third Place Skipper:	William Brady



1st place skipper C420 class — Logan Hayes



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Congratulations to the High School Sailing Team's Co-Captain and Junior Coach, Logan Hayes, for receiving and accepting an appointment to the United States Naval Academy!

Logan is graduating from Greensboro Day School in May. He was recruited by the Naval Academy to sail on the school's Varsity Sailing Team.





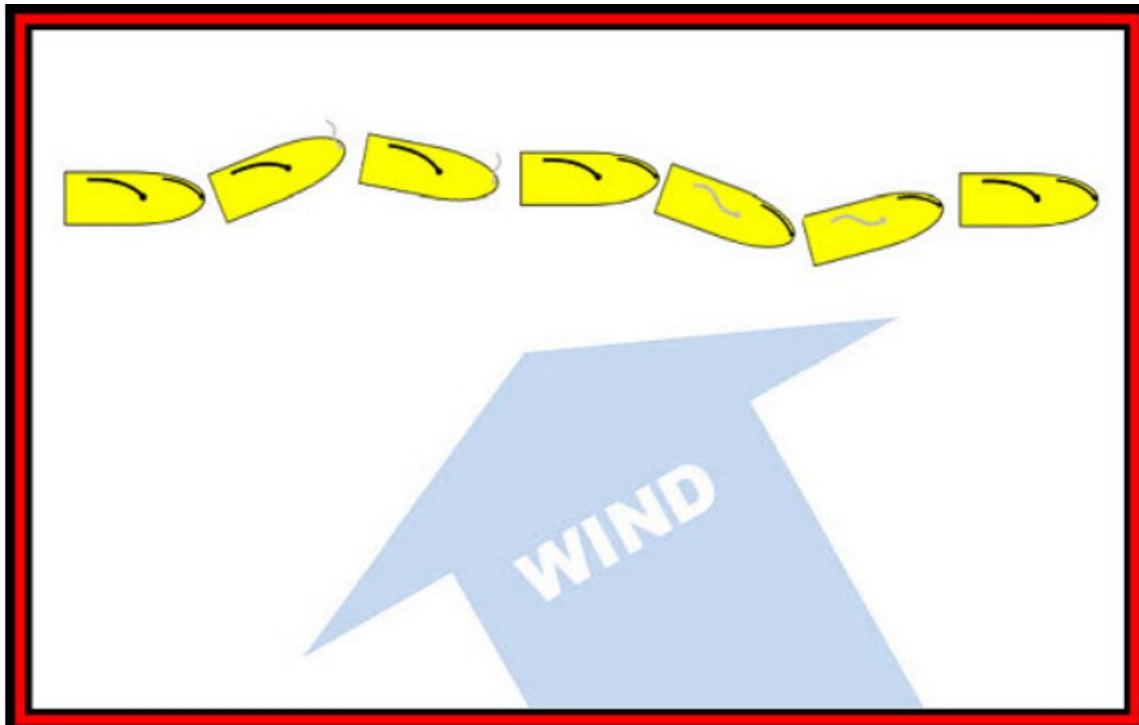
## Sailing Emergency Skills - How to Sail Without a Rudder

Captain John,

[Www.skippertips.com](http://www.skippertips.com)

[Captainjohnskippertips.com](http://Captainjohnskippertips.com)

Imagine sailing along the coast when all of a sudden, you lose steering. How can you use your sails alone to keep your boat on her sailing course? Follow these five easy steps to learn this little-known skill to give you 'the edge' in sailing and cruising safety.



If you lose steering you can sail under sails alone. Sail onto a close hauled or close reaching course. Aim for a distant object or use your steering compass (if coastal or offshore sailing). Slack the jib and trim the main to head up. Ease the main and trim the jib to fall off. See details below.

Steve Colgate, former Olympian, author, and founder of the Offshore Sailing Schools, tells a story about a race across the Atlantic ocean on a large sailing sloop. The rudder was damaged when they were still more than one thousand nautical miles from the closest harbor.

There they were, stuck out in the ocean with no rudder, and no spare parts to replace it. They steered their boat the rest of the way with just the mainsail and Genoa!

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The crew were able to sail an accurate course day and night for more than a week and arrived safely at their destination. Follow the easy steps below to learn one of sailing's best-kept secrets.

### **Five Steps to Steer By Sails**

- 1.** Practice in an open area where you can sail on a close reach or close hauled course for at least one mile without worry about shoals or room. Pick a point in the distance to steer on that allows one of these points of sail. In this article, we will only be concerned with steering an approximate straight course.
- 2.** Use your engine as necessary to help you hoist the mainsail and a small headsail (or partially furl the Genoa). Point the bow toward the distant object. Secure the engine. Lock the wheel or lash the tiller to center the rudder.
- 3.** Try to maintain course within about ten to fifteen degrees on either side of the object. You can use a "fist width" to help you do this. Make a fist, extend your arm at about eye level. Place one edge of your fist along the forestay. One fist-width when you extend your arm straight out equals about 10 degrees.
- 4.** Follow the path of the boat in the illustration from left to right. We begin with both sails trimmed for a close reach. Soon, we fall off the wind too far to the left. Ease the headsail sheet to luff the headsail. Keep the mainsail trimmed so that the boat heads up toward the wind. Just before you are back on course, trim the headsail just enough to stop the swing of the boat.
- 5.** Next, you see that we are off course too far to the right, heading up toward the wind. Ease the mainsheet to luff the mainsail. Trim or backwind the headsail just enough to turn the bow away from the wind. Just before you are back on course, trim the mainsail just enough to stop the swing of the boat. Repeat steps 4 and 5 to continue this sail trim sequence.

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### **Captain John's Sailing Tip**

*Make subtle changes when luffing the sails. Experiment to find what works best. After a few minutes, you will develop a rhythm and be able to play the sheets just right to keep the boat sailing a narrow "S" shaped course through the water. It gets easier with practice and patience. Both are key to success.*

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# Racing Tactics (videos)

from: **Sailing World**  
Courtesy **YouTube**

## Sailboat Racing Tips: [Listen and Learn](#) (CTRL-Click to play in new window)

On the practice day at the Helly Hansen Sailing World Regatta Series St. Petersburg we mic-up world champion Willem Van Waay and Olympian Stephanie Roble to listen and learn how the top sailors get their J/70 around the racecourse.



## Sailboat Racing Tips: [Up to Speed on Mainsail Trim](#) (CTRL-Click to play in new window)

Sailing World Racing Editor Mike Ingham explains the basics of mainsail trim.







The seminar will be presented by Jerry Thompson via Zoom in a four hour session on 2 February.

Jerry is a US Sailing certified Regional Race Officer on the South Atlantic Yacht Racing Association (SAYRA) Race Management Committee.

The 2021 changes to the racing rules will be covered. In addition, all of the rules of Part 2, WHEN BOATS MEET, will be covered in detail.

This seminar will be offered online via Zoom. To ensure that you receive a link to give you access, be sure to [sign up for the seminar](#), leaving your email address so that we can notify you.

Today < > February 2023							Month
MON	TUE	WED	THU	FRI	SAT	SUN	
30	31	1	2 ● 7pm Board Meeting	3	4	5	
6	7	8	9	10	11 Snow Flake Races - LTYC	12	
13	14 Valentine's Day	15	16	17	18	19	
20	21 ● 9:30am WFU Team Practice	22	23	24	25 Social Sailing - LTYC	26	
27	28 ● 9:30am WFU Team Practice	Mar 1	2 ● 7pm Board Meeting	3	4 C420 Cleanup HSST - LTYC	5	

Today < > March 2023							Month
MON	TUE	WED	THU	FRI	SAT	SUN	
27	28 ● 9:30am WFU Team Practice	Mar 1	2 ● 7pm Board Meeting	3	4 C420 Cleanup HSST - LTYC	5	
6	7	8	9	10	11 March Madness Races - LTYC	12 Rental Fleet Inspection	
13	14 ● 9:30am WFU Team Practice	15	16	17 St. Patrick's Day	18 HSST North Points#7 (Wrightsville Beach) Cleanup Day - LTYC ● 9:30am HSST Practice-LTYC	19	
20	21 ● 9:30am WFU Team Practice	22	23	24	25 Opening Day (Fowl Regatta) -	26	
27	28 ● 9:30am WFU Team Practice	29	30	31	Apr 1 ● 9:30am HSST Practice-LTYC	2	



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IF NOT RENEWED BY ADVERTISER, THEY WILL BE DELETED.

SEND YOUR CLASSIFIED AD TO :

[newsletter@Laketownsendyachtclub.com](mailto:newsletter@Laketownsendyachtclub.com)



**For Sale:**

Prodeco Mariner 7 folding e-bike.

Ideal for taking on your cruising keel boat — folds down to suitcase size, but gets you up the steepest hills without effort! In excellent condition, just needs new innertubes for the tires. Rarely used because, I have trouble with my wrists that seemed to get worse when riding it.

\$350.— OBO.

Annette Grefe 336-207-1401





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  - Tag us
- Write an endorsement for LTYC
  - Like LTYC on the "Like" page
  - Post a review of LTYC on FB
- If you need help to post pictures or a video on our page, please contact JC Aller at [aller.jc@gmail.com](mailto:aller.jc@gmail.com)

Please follow our High School Racing Team on Instagram at [ltycsailingteam](https://www.instagram.com/ltycsailingteam), and of course, on facebook at [www.facebook.com/laketownendyachtclub/](https://www.facebook.com/laketownendyachtclub/)

Next newsletter deadline: Feb 18, 2022



## ◆ Lake Townsend Yacht Club Board

Commodore: Andy Forman	◆ <a href="mailto:commodore@laketownsendyachtclub.com">commodore@laketownsendyachtclub.com</a>
V. Commodore/Racing: Mark Wilson	◆ <a href="mailto:vicecommdore@laketownsendyachtclub.com">vicecommdore@laketownsendyachtclub.com</a>
Rear Commodore/Education: Ron Washburn	◆ <a href="mailto:education@laketownsendyachtclub.com">education@laketownsendyachtclub.com</a>
Treasurer: Kim Jones	◆ <a href="mailto:treasurer@laketownsendyachtclub.com">treasurer@laketownsendyachtclub.com</a>
Secretary: Linda Ford	◆ <a href="mailto:secretary@laketownsendyachtclub.com">secretary@laketownsendyachtclub.com</a>
Equipment: Mark Green	◆ <a href="mailto:equipment@laketownsendyachtclub.com">equipment@laketownsendyachtclub.com</a>
Membership: Ali Kishbaugh	◆ <a href="mailto:membership@laketownsendyachtclub.com">membership@laketownsendyachtclub.com</a>
Social Outreach: Judi Mathews	◆ <a href="mailto:lgs@laketownsendyachtclub.com">lgs@laketownsendyachtclub.com</a>
Marketing:	<b>OPEN – Need a volunteer!</b>
Newsletter: Sid Hale	◆ <a href="mailto:newsletter@laketownsendyachtclub.com">newsletter@laketownsendyachtclub.com</a>
Social Media, City Liason: JC Aller	◆ <a href="mailto:socialmedia@laketownsendyachtclub.com">socialmedia@laketownsendyachtclub.com</a>

You don't have to be a board member to help out. Everything this club does is done by volunteers. Please contact the individual board members to see how you can contribute.

Thanks for making LTYC the best!

**Board meetings are open to all members. They are held virtually, via Zoom the first Thursday of each month at 6:00 p.m.**