

Lake Townsend Yacht Club

Tell Tales

MAY, 2023



all things seem
possible in

May!

46th Mayor's Cup Invitational



LTYC's 2023 Mayor's Cup invitational is set for **Saturday June 3rd and Sunday June 4th.**

Because the Mayor's Cup Regatta is our annual invitational regatta, so besides our own fleet of competitors, we are expecting boats from Lake Jordan, Lake Norman, and other regional clubs to participate as well.

Beside the 2 days of racing, we'll have a great social on Saturday evening with great food and drink along with the camaraderie that always occurs when you get a bunch of avid sailors together after a day of competition.

So, check here to get [Notice of Race, Sailing Instructions, and Event Registration.](#)

Consider sailing in LTYC's annual Mayor's Cup on June 3 and 4. **We will have a social in Shelter 10 after the races on Saturday June 3!** The races on Saturday, June 3 will also count towards the LTYC Saturday Series race trophies.

There is still room for race committee volunteers for those two days.
Sign up here [http://laketownsendyachtclub.com/activities/SignUp.asp.](http://laketownsendyachtclub.com/activities/SignUp.asp)

May 13 2023 Racing Report

Twenty two boats with skippers and crews had a great time sailing at Lake Townsend on Saturday May 13.

The wind was moderate and fairly constant, but of course there were a few shifts and an occasional hole here and there.

Our great race committee set an "O" (triangle followed by a windward leeward) course for the first two races and a 2 lap windward leeward course for the third race.

There were separate fleets for C420, Wayfarer, Flying Scot, and Tanzer16, as well as a few open fleet boats.

The Tanzers were holding their state championships so they were given separate starts, while all other boats were started together in order to eliminate the extra time required for so many additional starts.

Saturday Race Series Scores

Delicious subs and Watermelon afterward!



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ARE YOU A CURRENT MEMBER?

2023 Memberships Renewals Are Due

The Benefits of Membership

Competitive Fun Sailing

On the second Saturday of each month we hold our regular LTYC race series. This is 'around the buoys' racing where courses are laid out and there is a Signal Boat (pontoon boat) which carries the Race Committee who administer the race. There are specific times set to attend an online competitors meeting prior to the race day and to have your boat at the starting area to race. Typically, there are three races run.

Social Fun Sailing

On the fourth Saturday of each month we have a Sail-abration! There is no set time or agenda. This weekend is for daysailing and cruising just for fun. Club members are there who may either invite you to go sailing on their boat or give you advice about sailing your boat or a rental. It's a good time to practice and improve your sailing or racing skills. Best way to learn is to be onboard with one of our experienced skippers.

Other Benefits

Seminars and training for beginning and intermediate sailors

Availability of club boats including one Lightning, two Flying Scots, two Wayfarers, and 2 Tanzer 16s. All are ready for use, mast-up and on trailers. For more information, see the [club sailboat usage policy, agreement, and reservations](#) in the Members' Cove.

THERE'S NO TIME LIKE THE PRESENT



New Membership

Membership Renewal

New Benefit for Members

The Lake Townsend Yacht Club Board has approved the purchase of Annual Passes for the launch of up to two club boats on any given day,

This will help promote more sailing participation by new and current club members.

Usage of Club Sailboats **requires** that the member has:

Signed the [online agreement](#), that they have small sailboat seamanship skills as a skipper, and can

- Maneuver a small sailboat with accuracy and precision in close proximity to other sailboats.
- Leave and return to the dock under sail.
- Launch and retrieve the sailboat.
- Rig, derig, and store the sailboat.
- Have participated in or reviewed capsized/overboard activities.

Note: Failure to follow the below requirements and restrictions may result in temporary disqualification.

- Unless being used during a club event, sailors need to register with the Park Office
- Usage reservations are required, and are made by filling out the usage scratch sheet beforehand.
- Damage or equipment failure will be reported on the specific boat's online maintenance sheet or emailed to ltycboard@laketownsendyachtclub.com
- Unless being used during a sailing class or club event, LTYC Wind limits are: <10 knots steady, gusts <12knots.
- Boats are expected to be returned in as good as, if not better condition than when removed from dry dock storage.
- Members are encouraged to claim a work activity from the maintenance log as their time/skills permit in exchange for the use of the boat

Let's Learn to Sail!

Of the 24 separate classes we have scheduled for this year, 22 have already been filled!



Don't miss out. Register early to make sure you lock in one of the rapidly disappearing slots. Early registration will give you the widest range of choices and if you want this training wouldn't it make sense to get it as early as possible rather than at the end of the sailing season?

There are Beginner courses, Intermediate courses, Individual lessons, Sail Camps for Juniors, and even a Learn to Race course.

NOTE: Only Intermediate and Learn to Race classes still have room (assuming you act now), so check out [this year's schedule](#) and then click on the link to the Online Registration Form.

Visit the LTYC website to sign up for one of the classes listed.

Learn to Sail:

[Learn-to-Sail \(laketownsendyachtclub.com\)](http://laketownsendyachtclub.com)

Volunteers Needed!

All classes are in need of volunteers. Visit <https://laketownsendyachtclub.com/activities/InstructorSignUp.asp> to sign up as an Instructor, Assistant, or Safety Boat crew.

High School Sailing Report

Practice, Practice and More Practice!

May is an emotional time of year for the High School Sailing Team as we say goodbye to our seniors and transition several roles on the team. This year is no different as we wish Logan Hayes, Jack McArthur, and Nino Criscoulo all the best as they sail off on new journeys. Logan has been with the team since the start and was team captain and co-coach, helping numerous sailors join the team and upping their game. His racing continues as he starts on the Naval Academy sailing team this summer and we are looking forward to updates from Annapolis.



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With our team captains graduating, we are now transitioning to our new captains and a few new roles. Our new captains (drum roll please) are Lilly Copplestone and Molly Lovvorn. They will help oversee the team, help new members onboard, and help all the team members. Lilly and Molly have both been dedicated team members for several years and have experience in our 420's as well as other boats. Don't be surprised if you see them teaching a new sailor or beating us on the race course.



We are also launching several new roles this year. They are:

- Marketing / Social Media Chair - Molly Lavvorn who will help handle our social media accounts, marketing, and communications.
- Membership / Recruiting Chairs - Elizabeth Davis (Sr) and Preston Miller who will handle member outreach and onboarding
- Equipment / Safety Manager - William Brady who will help maintain our equipment and keep it race ready.

Socials / Fundraising Chair - Emma Jewel Autry (Sr) who will handle fundraisers, social events, and fundraising (that needs a double underscore).

There is still room for other team members to help with these leadership roles. If anyone else would like to volunteer to get involved, please speak up.

Please help me in congratulating our seniors and welcoming our new captains and chairs as our outgoing captain passes the tiller!

We also want to report some recent race results:

Kudos to high-schoolers William Brady and Preston Miller for taking first place overall in the Fowl Regatta. John and Ellie Spinoza took first place in the first race, but had to leave early for another commitment, maybe next year they'll have their names added to the paddle.



Congratulations also to all our High Schoolers who sailed in the May Day Regatta:

420 Class

Logan Hayes (skipper) and Ellie Spinoza (crew) - 1st Place

William Brady (skipper) and James Lewis (crew) – 2nd Place

Lilly Coplestone (skipper) and John Spinoza (crew) – 3rd Place

Molly Lovvorn (skipper) and Jewel Autry (crew) – 3rd Place

Greetings,

If you have not yet renewed your 2023 LTYC membership, you know it is the deal of the century. We are thrilled to be able to see you all at the lake in the coming weeks.

[Membership Renewal Link](#). Just do it, it will be one more thing off your list. To those who have already renewed, Thank you!!



And, Just a few bits of information...

The beach is now open for multihulls, lasers, and small boats.

June 3rd and 4th will be the Mayor's Cup Regatta. Mark it on your calendar and if you haven't already registered... [Do It Now!](#)

We need Race Committee for all of our Saturday Series race days! Please sign up even if you do not have experience on race committee. We need you!! An experienced PRO will teach you what you need to know.

Being on Race Committee is a great way to learn more about sailing and racing and to have a great day on the water.

Here is the link to register for the Saturday Series races.

[Sign Up \(laketownsendyachtclub.com\)](http://laketownsendyachtclub.com)

This is also where you can sign up as "available to crew" or connect with "skippers who need crew". Use tabs at the bottom of that page to select particular days you would like to sign up for. Use this link to sign up for race committee as well.

If you are new to race committee, just add your name and show up on race day.

All are welcome.

Smith Mountain Lake Wayfarer Retreat - 2023

By Annette Greffe

It started last fall, as the brainchild of Marie Lyne Lavoie and AnnMarie Covington. Marie Lyne had invited several of us LYTC sailors to join her at her beautiful house on Smith Mountain Lake in Virginia. While sipping wine after a great day of sailing, they concocted a plan to bring a bigger group to this special place in the spring for a long weekend of sailing and camaraderie. The VISA sailing club graciously invited us to participate in one of their "Centerboard" races. So on April 28, 14 Wayfarer sailors descended on Marie Lyne's property with food, drink and joyous anticipation. A 15th joined the following day.

While Marie Lyne prepared a scrumptious Moroccan Tagine, the rest of us enjoyed our drinks and great conversation.



So much laughter at the tables that sat 15 of us. Every subject was on the table, with sailing being the predominant topic - what a surprise. Fortunately, no politics or religion. What a Wayfarer family, from all walks of life and from many states and nations. A true cross section of our awesome country. — Jim Heffernan

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We spent the night on the many beds and floor mattresses of Marie Lyne's spacious house.



The following morning saw more delicious food. AnneMarie labored over a huge batch of scrambled eggs, while Kathy prepared some yummy breakfast sausage patties.

What a wonderful weekend meeting new people and catching up with friends. Amazing food, great racing conditions. Many pots of coffee were drunk while others had a yoga session. Brave couple of people took a morning swim — Jeanne Allamby



Misty morning yoga over the water, as the sun struggles to break through the morning fog. Julia leads a thoughtful series of poses to ready a few early risers for a day of racing. A symphony of birds energetically singing to start their day hint at the excitement to come. — David de Miranda

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Then it was time to head over to the VISA sailing club, an easy 20-minute drive. Newbie sailors Kelly and Chad Fogleman sailed with AnnMarie, while Nancy Young crewed for Jim Heffernan. There were only three VISA boats, but the skippers and race committee extended a warm welcome. A pair of ospreys nesting near the start line seemed less thrilled to see us, but we sure enjoyed watching them!

I don't know who won - Julia and I were kept plenty busy trying not to finish dead last. But we had fun and managed to fly the spinnaker at least three times without going "shrimping," and without running the boat onto the rocks.

VISA hosted us on a beautiful Saturday. Beautiful sunny days, however, don't always make for great sailing. It was a slow start, no wind, and we were sailing at less than one mile/hr. Fortunately, right as the race began the wind graced us, and the race was on. Before I knew it, three races were done, and it was 5 pm. What a wonderful day.



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Simply put, the best group of sailors I ever had the pleasure of sailing with. SML retreat was everything you ever wanted in a sailing regatta. A beautiful venue, crew and boats from far and wide, only to make the trip for zero wind. Ha ha, fortunately it was not long before the wind filled in and racing began. In every boat a story. Triumphs and drama abound. Close racing and smiles all around. The winner was not important, the only thing that mattered was hunting down the best line and setting the sails for the best wind angle. An amazing day on the water. Very thankful for the hosts, race committee, and people who brought everything together. Looking forward to the next quarterly retreat! — Jason LeBlanc

We had a full day and finished with full bellies. AnnMarie's boat was also full - of crew. Kelly and I were her 2 crew members, and we had a great time sailing, racing, and learning from a patient and positive skipper. We sailed in light wind and then strong wind. It was only my second time in a Wayfarer, and I had a lot of fun being the human ballast, hiking out, and handling the spinnaker pole for the first time. In the last race I was able to work the spinnaker - also for the first time. When the races were done, my brain was fried - even though it felt like our time on the water was so short, we'd been out for



hours. Time flies. It was tight in the boat, and I got tangled up in lines sometimes, but Kelly and I got along and followed captain's orders. I am very grateful the three of us could sail together, and I would do it again! — Chad Fogleman

Sailing is fun, but sailing with your good friends is better. Thank you for the generosity of ML and the VISA sailing club. I learned how to tighten the brake on the Wayfarer centerboard. When I'm learning more about sailing, I'm always happy. - Cathy Leonard



Both the oldest and newest wood Wayfarers I know, and a handful of IVs made up our great fleet. I love this crowd. The weather worked out, too. Bookends of rain days Friday and Sunday framed a wonderful moderate-air dry Saturday. Many, many thanks to Marie Lynne for sharing her fantastic lake house with us Wayfarer sailors.

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Fabulous day with wonderful people. So glad to learn more about sailing! Great teachers! Thank you, Jim! — Nancy Young

Great opportunity to learn from other sailors. The “legends” of Wayfarer sailing were there and shared their knowledge freely and without condescension. Maybe better than the sailing was the camaraderie with everyone staying at Marie-Lynne’s house. Such a wonderful house (and hostess!) and beautiful surrounding countryside. I look forward to our next “retreat” — Ann Brice

Saturday night saw more delicious food, but not before we all stopped for a minute of silence to honor our wonderful friend and top-notch Wayfarer sailor, Jim Cook. Everyone’s heart was still aching from his recent loss, and after dinner we all spent some time writing notes of remembrance for his family.

As for dinner, Kelly offered jerk- and teriyaki seasoned pork loin with grilled pineapple, jalapeños and sauteed green beans. Yumm! The desserts brought by Julia Karelina and Nancy Brice were out of this world and could have served a small navy! The evening concluded with more good drink and great conversation,

Sunday morning started with rain and dark clouds, as forecast. Our yogis improvised and did their thing on the small front porch, with the rest of us watching from the dining room sipping our coffee.

As the rain lifted, six brave sailors decided to go try for another sail. While they headed back to VISA and a few folks had to leave for home, the rest of us decided to go cruising on the pontoon boat.

Jim was our intrepid skipper. He motored us past many a fancy mansion along the “B” channel of the lake. We met the sailors at VISA and enjoyed watching them enjoying great wind conditions and a big dose of unexpected sunshine.

Jeanne managed to find a geocache on a small island well-defended by some noisy Canadian geese.



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We made it back to Marie Lyne's house just before the rain started. The weekend concluded with scrumptious snacks and leftovers, a tiny bit of beer and wine and lots of good cheer.

Spending time with the Wayfarer family, renewing friendships and reconnecting relationships is the best way to spend a weekend! - AnnMarie Covington

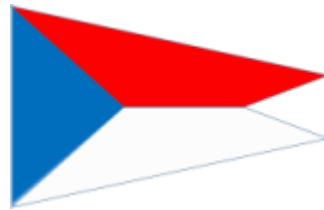
Great event, beautiful home, wonderful host, most excellent friends, awesome food and fellowship. Would do it again in a heartbeat. Thank you, Marie-Lynne and AnnMarie for planning this event. — Phil Leonard

Thank you so much, Marie-Lynn, for bringing us together! We, I, need more of this: Real, human interaction, sprinkled with great sailing, delicious food, awesome conversations, smiles, laughter and a generous company of like-minded people! Looking forward to more — Julia Karelina

People, I love you all!!! Please, let's make this SML sailing retreat at least a yearly event. You make me smile, you are wonderful friends, and I want to be around you as much as possible — Marie Lyne Lavoie

Thank you, indeed, Marie-Lyne, and to everyone else who made this such a very special weekend! – Annette Grefe

North Carolina Governor's Cup



66th Annual North Carolina Governor's Cup **June 16-18, 2023**

Organized by the Carolina Sailing Club, the Governor's Cup is one of the oldest Dinghy Regattas on the East Coast!

On the water racing clinic on Friday, June 16 with races on Saturday and Sunday

Famous dinner meal Saturday night.
Camping at Henderson Point.

Spectacular Sailboat Racing Venue off Henderson Point Recreation Area on Kerr Lake!

Click [here](#) for the Notice of Race and Registration.

Kirsten Neuschäfer Wins Golden Globe

What is the Golden Globe Race? Solo Sailing Around the World, Non-Stop, Without Technology

In the original Golden Globe Race (1968), nine men started the first solo non-stop sailing race around the World. Only one finished!

Navigating with only a sextant, paper charts and an accurate and reliable time piece, 29 year old Sir Robin Knox Johnston navigated around the world.

Today's GGR is a single-handed, non-stop, round-the-world race designed to replicate the conditions that existed at that time. Just as in the original GGR, the racers must navigate with sextant on paper charts, wind up clocks, and use NO electronic instruments nor autopilot.

It requires that vessels are 1) production boats between 32 and 36 feet overall, 2) designed before 1988, 3) with a full-length keel and rudder attached to their trailing edge.

2022-23 Golden Globe Race

This edition of the Golden Globe Race started on September 4, 2022, with Kirsten Neuschäfer competing against 15 other competitors, all men.

At the time of her first place finish on 27 April 2023, only three competitors (herself, Abhilash Tomy, and Michael Guggenberger) remained in the running.

Neuschäfer finished in Les Sables-d'Olonne, France, where she had begun 235 days, 5 hours, 44 minutes and 4 seconds earlier, crossing the line a full day ahead of her closest rival.

At 40 years of age, the South African Kirsten Neuschäfer completed an eight-month long journey, alone in the face of the elements, without contact, collecting rainwater to survive.



Kirsten Neuschäfer wins the Golden Globe Race 2022 - photo © Ville des Sables d'Olonne

This, in spite of diverting to undertake a rescue mission to save fellow competitor Tapio Lehtinen when his boat sank.

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The rescue of Lehtinen happened last November in the southern Indian Ocean, when his 36-foot boat sank in a gale. Neuschäfer was 95 miles away, and was able to reach him in less than 24 hours, taking him aboard her own boat (Minnehaha) from his life raft and later transferring him to a merchant ship that had been diverted to the scene.



In sharp contrast to the rough conditions she experienced during much of her voyage, Neuschäfer spent the last few hours aboard her 36-foot Minnehaha with almost no wind, virtually ghosting into the harbor.

In her 36-foot Cape George cutter Minnehaha, Neuschäfer not only won, she became the first woman to win a solo round-the-world race under sail.



In Case You Missed It

Dear members and supporters (Constituents / concerned users of Lake Townsend),

You are constituents, concerned users, of Lake Townsend. And you have a voice.

The **Save The Docks Lake Townsend** initiative will succeed based on three criteria, **total funds** and, just as importantly, **total pledges / names**.

Your name will not be revealed to anyone.

Your pledge amount will not be revealed to anyone.

If we as constituents of the lake don't express our opinion, city and park management can not know that we care and can not know that we exist.

So, PLEASE, even if you can only pledge a small amount, it is really really important that you put your name in and pledge at <http://www.savethedocks.lt.org/>.

Adults should pledge, even if you are only an occasional user of the lake.

Kids should pledge, even if they have only taken the intro class or participated in the HSST.

Parents should pledge, your kids enjoy the lake only because the docks are usable.

Supporters should pledge, even if you only visit the lake.

Friends should pledge, to ensure this wonderful public resource is there in the future.

Aunts/ Uncles/ Relatives ... you get the idea.

Plans are to present the total pledge amount only and then the counts of constituents (that's you) to the Parks Dept, Mayor, City Counsel and City Planner.

<http://www.savethedocks.lt.org/>

Save The Docks!



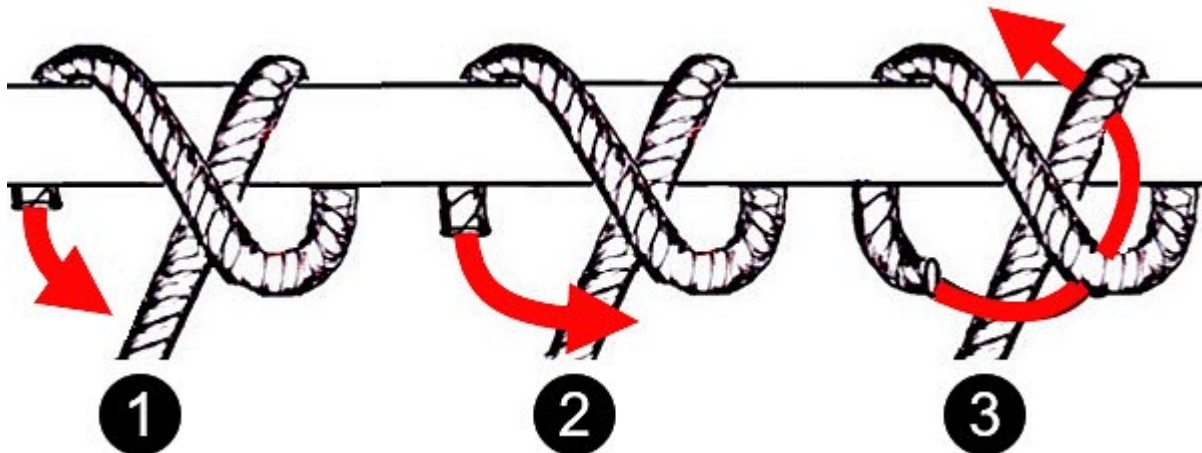
How to Tie the Mighty 'King of Torque' Sailing Knot

Captain John,

[Www.skippertips.com](http://www.skippertips.com)

[Captainjohnskippertips.com](http://captainjohnskippertips.com)

If you know how to tie the clove hitch, then you are about 75% on your way to tying the super sailing knot called the constrictor knot. Matter of fact, with practice, you'll be able to crank out this kingly knot in about ten seconds or less...



Why know this powerhouse "king of torque"? Slickness, that's why mates! Today's high-tech sailing rope can be slicker than an oyster sliding out of a half-shell. This mighty knot grips with the tenacity of a clam with an attitude. But that's not all. Use the constrictor to...

- Whip the end of a cut line.
- Repair a broken tiller fast and easy.
- Clamp a patch over a blown engine hose.
- Make lashings for a dinghy or liferaft.
- Handcuff an unruly pirate in a pinch.

So, grab a piece of line and "give it a tie!" Follow the three easy steps below along with the illustrations above:

1. Practice with an 18" piece of small diameter sailing rope. Use a horizontal structure like a rail or your hand. Pass the line over the object (illustration one). Note the wide separation of the standing part and rope end. Keep this slightly exaggerated width to make tying the knot

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2. Pass the end over the standing part (illustration two). Notice that you keep the end low on the standing part. This prepares you to finish the knot in the next step.
3. Tuck the end beneath the lower right-side loop; then tuck it beneath the upper right-side loop (illustration three). Pull on the standing part and the end of the line to remove the slack and make the knot tight and compact.

Racing Tactics (videos)

from: **North Sails**
Courtesy YouTube

Sailboat Racing Tips: Symmetrical Spinnaker Trim

(CTRL-Click to play in new window)

Royal Sydney Yacht Squadron Captain Karyn Gojnich introduces Andrew Parkes who shares his tips for symmetrical spinnaker trim in this webinar.

Light Air Spinnaker Trim
Steering

- Steer to Maintain Pressure & Speed
 - Up for load, down with speed
 - Within a narrow range
 - Steer with weight & trim, not helm

Andrew Parkes

9:24 / 59:51 • Steering >

NOTE: Several free downloads [HERE](#) from North Sails.

Today < > June 2023							Month ▾	⋮
MON	TUE	WED	THU	FRI	SAT	SUN		
29	30	31	1 ● 7pm Board Meeting	2	3 Mayors Cup Regatta - LTYC	4		
5	6	7	8	9	10	11		
12	13	14	15	16 NC Gov Cup - CSC (Kerr Lake)		17	18	
19	20	21	22	23	24 Social Sailing - LTYC	25		
26	27	28	29	30	Jul 1	2		

Today < > July 2023							Month ▾	⋮
MON	TUE	WED	THU	FRI	SAT	SUN		
26	27	28	29	30	Jul 1	2		
3	4 Independence Day	5	6 ● 7pm Board Meeting	7	8 USA Days Races - LTYC	9		
10	11	12	13	14	15	16		
17	18	19	20	21	22 Social Sailing - LTYC	23		
24	25	26	27	28	29	30		
31	Aug 1	2	3 ● 7pm Board Meeting	4	5	6		

CLASSIFIED ADS

YOUR AD WILL RUN 3 MONTHS.

IF NOT RENEWED BY ADVERTISER, THEY WILL BE DELETED.

SEND YOUR CLASSIFIED TO :

newsletter@Laketownsendyachtclub.com

For Sale:

Flying Scot (2008) Asking price \$10,000.00 or best offer.

19 ft. White deck and white hull and black waterline and trim, gray gelcoat centerboard cap.

Schurr main and jib sails with jiffy reefing and black numbers and insignia.

Mast hinge, rigged with the standard family package, black bottom paint, large black tent style cockpit cover,

North trailering cover, swim ladder and grab rail, rudder lift system, silver light paddle, outboard motor bracket, galvanized trailer including nosewheel/jack, spare tire and mount with lock.

Ready to sail condition.

Contact information: Debbie Reinhartsen 919 616-6885.





Please Like LTYC on facebook

- Check in at LTYC on facebook
 - Tag us
- Write an endorsement for LTYC
 - Like LTYC on the "Like" page
 - Post a review of LTYC on FB
- If you need help to post pictures or a video on our page, please contact JC Aller at aller.jc@gmail.com

Please follow our High School Racing Team on Instagram at [ltycsailingteam](https://www.instagram.com/ltycsailingteam), and of course, on facebook at www.facebook.com/laketownendyachtclub/

Next newsletter deadline: June 18 2023

♦ Lake Townsend Yacht Club Board

Commodore: Andy Forman	♦ commodore@laketownsendyachtclub.com
V. Commodore/Racing: Mark Wilson	♦ vicecommdore@laketownsendyachtclub.com
Rear Commodore/Education: Ron Washburn	♦ education@laketownsendyachtclub.com
Treasurer: Kim Jones	♦ treasurer@laketownsendyachtclub.com
Secretary: Linda Ford	♦ secretary@laketownsendyachtclub.com
Equipment: Mark Green	♦ equipment@laketownsendyachtclub.com
Membership: Ali Kishbaugh	♦ membership@laketownsendyachtclub.com
Social Outreach: Judi Mathews	♦ lgs@laketownsendyachtclub.com
Marketing:	OPEN – Need a volunteer!
Newsletter: Sid Hale	♦ newsletter@laketownsendyachtclub.com
Social Media, City Liason: JC Aller	♦ socialmedia@laketownsendyachtclub.com

You don't have to be a board member to help out. Everything this club does is done by volunteers. Please contact the individual board members to see how you can contribute.

Thanks for making LTYC the best!

Board meetings are open to all members. They are held virtually, via, Zoom the first Thursday of each month at 7:00 p.m.