

Lake Townsend Yacht Club

Tell Tales

JUNE, 2023



Happy Father's Day

Tanzer 16 2023 States

The Tanzer 16 States hosted by Lake Townsend Yacht Club was a blast!

In last month's Tell Tales, I mentioned that we had a separate start for the Tanzer 16 class, as we were hosting their 2023 States, but... I didn't get any details to share with you. Since then, I received (in a very round about way) an article written by Joleen Rasmussen (my skipper for the day) and have included that here.

Race Committee ran a Modified Olympic for the first two races, and a WD for the third.

This was my first time skippering the Tanzer. Also my first time rigging/derigging.

We did not rig the spinnaker. My awesome crew, Sid Hale, was very helpful with BOTH rigging and derigging. I tried to raise the Mast, with Pete ready to take over if I couldn't do it.

Pete Thorn raised the mast for me and then lowered it after racing.

As it was our States invitational, Tanzers were given the first start.

The wind bearing stayed fairly consistent throughout the day, coming nearly straight down the lake. Velocity kept things interesting.

Winds were good for the start of the first race, then went light before we got to the weather mark and it was a slow sail down to the gybe mark. Winds came back after the jibe mark. We were sailing hotter, and decreasing Pete's lead on us approaching the leeward mark and increasing our lead on Dale Strickland when we had an interesting exchange at the leeward mark with a boat from another fleet. This allowed Dale Strickland to pass us after rounding the leeward mark. We were able to sail well and pass Dale. We finished 2nd behind Pete Thorn and Jeanne Allamby in Race #1. The race lasted 1:10 minutes.

After holding the tiller for that long, my arms felt a bit rubbery. Preferring being crew calling tactics and winds than skipper making the decisions, I invited Sid to take the helm for race #2. Winds were up and we were hiking out and having a ball. Turns out this was Sid's first time in a Tanzer, but I didn't learn that til back on shore during the social. We again finished 2nd behind Pete and Jeanne.

Third race was very port start favored and with just 4 boats on the line set up for 18 boats, I thought easy-peasy for a port start. Easy-Peasy except when the starboard boat running the line at the last 20 seconds doesn't see you and turns down to get below the line. We scrambled to bear off. Our port shroud contacted Pete's boom. We did two quick turns, and took off still on port tack. Staying on port was a great decision. We made up the lost distance and were just a bit behind Pete/Jeanne at the last leeward rounding.

I asked Sid if he was up to getting into a tacking duel after we rounded the leeward mark just a few seconds behind Peter. First Tack, Pete tacked to cover. We had gained a bit. 2nd Tack, Pete tacked to cover, we had a bit more gain. 3rd tack, Pete tacked to cover, but before Pete completed his tack, we instantly tacked back. Pete held his course. When Pete did tack, we were ahead and finished about 5 seconds ahead of Pete. It turns out we also finished 2nd overall in that race out of 22 boats. Somebody reminded me on shore that the SIs called out for just one turn and not two. I confess. I had not read the SIs.

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After derigging, we headed up to the shelter for a social.

Photo left to right: Pete Thorn, Sid Hale, Joleen Rasmussen, Kim Jones, Jeanne Allamby, Mary Margaret Gilbert, David Gilbert. Absent Dale Strickland.

Below are the State Standings

1st Pete Thorn/Jeanne Allamby

2nd Joleen Rasmussen/Sid Hale

3rd Dale Strickland/Kim Jones

4th David Gilbert/Mary Margaret Gilbert

Note—Joleen mentioned that it was my first time in a Tanzer. I would add that it was also the first time that Joleen and I had ever sailed together. I had a blast!

46th Annual Mayor's Cup

Lake Townsend Yacht Club's premier invitational regatta of the year was held on **June 3rd & 4th 2023**. Lake Townsend is a great venue for racing and, thanks to the efforts of dozens of volunteers, we hosted one of the best regattas I've attended in years. Of course we were dependent on good winds for the racing (and Mother Nature co-operated) and on the selfless efforts of many volunteers for Race Committee and for the social events that accompanied the regatta.

In fact, the volunteer effort was so great and the results were so fantastic... that I felt a need to make sure we all understand how many people contributed their time and effort to make this event so successful.

Race Committee

Alan Backus	Pat Backus	Linda Heffernan
JC Aller	Phil Leonard	Paul Fisher
Ron Washburn	Marty Gammon	

Social/Shore Support

Judi Matthews	Nancy Torkewitz	Gail Walters
Linda Ford	Jean Long-Green	Mark Green
Mark Wilson		

Note—I'm Sure I've missed someone

My apologies... and thanks!

Photography

Lynn Abram	Ron Washburn
Scott Bogue	Sid Hale

Awards

Andy Forman	AnnMarie Covington
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T-shirt design and production

Andy Forman	Sid Hale
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Besides competitors from Lake Townsend Yacht Club, sailors from the Carolina Sailing Club, Lake Norman Yacht Club, West River Sailing Club and the Toronto Canoe and Sailing Club competed in this year's Mayor's Cup.

It was great fun with separate classes for Flying Scot, Wayfarer, and Weta, as well as an Open class for all other boats!

In all, there were 25 boats racing in 4 separate classes. There were 3 races on Saturday, followed by 2 more races on Sunday.

The **Mayor's Cup**, which honors the City of Greensboro and its years of support of sailing in the Piedmont, is awarded to the winner of the one design class with the highest number of boats that start in at least one race. This year the Mayor's Cup was won by AnnMarie Covington (skipper) and Gareth Ferguson in the Wayfarer fleet, competing against 11 other boats in their class.



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The **Bryan Cup** is awarded to the winner with the highest average number of boats defeated per race in its start, **excluding** the Mayor's Cup class. This trophy honors Joseph Bryan and the Bryan family for their generosity to the City of Greensboro.

This year, the Bryan Cup was awarded to Steven Jones and his crew Anderson Jones - the winners in the Flying Scot Fleet.



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2023 Mayor's Cup

By AnnMarie Covington

The 46th annual Mayor's Cup was held at Lake Townsend Yacht Club on June 3 and 4, 2023.

The mantra of the weekend was: Go left, stay left. Especially on Saturday, when there was a mysterious hole to the right of the mark that seemed to trap Wayfarers, boats that stayed to the left of the rhum line had an advantage. On Saturday, the temperature was fairly warm and the wind was not particularly strong. It was somewhat puffy and rather shifty. The puffs were very patchy. Because the puffs were patchy, we sailed to the patches. Gareth and I played the jib halyard tension and the vang while concentrating on speed. In the second race, Uwe did a gybe set and sailed downwind in the middle of the lake. We thought that would be a mistake, but Uwe pulled ahead and stayed there. He is a master of the downwind.

The dinner on Saturday evening was very good. Thanks go to all the organizers and people who stepped up to make it special. The deviled eggs made from the left over breakfast hard boiled eggs were superb. The heartwarming banter and camaraderie during dinner soothed my soul. It's always a pleasure hanging out with LTYC sailors and friends.

On Sunday, the wind was a bit stronger. I saw a few small whitecaps occasionally. It was still gusty, shifty and patchy. The temperature was great, slightly cool with overcast skies; perfect for seeing the wind on the water. With the stronger gusty wind, Gareth and I continued to play the jib halyard and vang. We tacked on headers after attempting to predict the wind would not shift back right away. For the most part, the wind came down the port side of the course, same as Saturday. In the first race of the day, we sailed our best, but John and Pete outsailed us in the first leg and we couldn't catch them.

After racing and putting away sailboats and RC boats, we shared another great meal and enjoyed the presentation of the awards. Many thanks to the Race Committee and especially to Andy Forman, who put in an enormous effort to make sure everything went smoothly. Another wonderful Mayor's Cup at Lake Townsend!

Finally...

Besides the photos on the previous pages, **A LOT** of photos were taken at this event! Lynn Abram got photos on Saturday, as well as on Sunday. Ron Washburn got a lot of photos on Saturday.

See all of the photos [HERE](#) (Ctrl-Click to open in new browser tab)
Check here for all of the [2023 Mayor's Cup Scores](#) (Ctrl-Click to open in new browser tab)

Thanks to all who participated and contributed to a wonderful regatta.

Let's Go Sailing!

Rescue on the Neuse

In June 2023, Wayfarer 2458 was racing on the Neuse in a five Class regatta run by the Blackbeard Sailing Club. While following a Tanzer 16 toward the lay line for the windward mark we decided to tack a little early to avoid bad air from the Tanzer. I heard an expletive from upwind, and my crew, Lynn Abram, a newbie to sailing, saw the top of a head bobbing in the two foot waves. While she kept her eye on the person in the water, we tacked and worked up toward the man while furling the jib, and I slowly came alongside him so Lynn could grab him.

Since he was not wearing a PFD, she had to grab him by the arm. It was difficult to hold on to him and her hand slid down his arm, but she managed to keep hold of the hat he was holding in his hand as his head went under the waves. I grabbed the other arm, and we were able to get him into a stable position alongside the boat with his head above water. Once we accomplished that, we were able to take a moment to assess the situation. We both realized it was going to take a lot of strength to pull him over the side. Fortunately, he was able to assist in his own rescue and got one hand and then the other onto the deck edge. Then we heeled the boat more to windward, grabbed him under the arms, and with much effort, brought him aboard.

Lynn, a whitewater kayaker with swift water rescue training, grabbed her kit, offered the disoriented sailor an energy bar and cold water, and advised him to take some time to rest and recover. We offered to take him to the race committee boat but he said he wished to get aboard his own boat which was waiting nearby with his crew. We carefully came alongside, keeping hands away from the banging rub rails and transferred him to his boat. Then we headed for the windward mark.

Lessons learned: We should have started blowing an emergency whistle immediately, hoping that someone downwind would hear.

We should have had a seat cushion or fender with a line attached that he could have grabbed.

We could have put a loop in the main sheet to give him a foothold for getting aboard.

Most importantly, this incident illustrates the importance of wearing a PFD. Had the sailor in the water been wearing a PFD, this would have been a short detour to pick up a passenger instead of an emergency situation.

We are glad we had not tacked earlier with the other Wayfarers and then been too far away to hear the first shout and see the person in the water. Fortunately, we were in the right place at the right time, and this situation ended well.

Jim Heffernan, Skipper and Lynn Abram, Crew



Extra, Extra, Read All About It

The club has been very active already this year, with almost all of the sailing classes filled and the summer racing season off to a great start.

Are you missing out?

If you have not yet renewed your 2023 LTYC membership, what's holding you back? You know it is the deal of the century. With COVID restrictions in the rear-view mirror, we are thrilled to be able to see you all at the lake in the coming weeks.

[Renew your Membership Here.](#)

Just do it, it will be one more thing off your list. To those who have already renewed, Thank you!!

The beach is now open for multihulls, lasers, and small boats.



WE WANT YOU!

We need Race Committee! Please sign up even if you do not have experience on race committee. We need you!! An experienced PRO will teach you what you need to know.

Being on Race Committee is a great way to learn more about sailing and racing and to have a great day on the water.

Here is the link to register for the races. This is also where you can sign up as "available to crew" or connect with "skippers who need crew". Use bottom tabs for particular days. Use this link to sign up for race committee as well. If you are new to race committee, just add your name and show up on race day. All are welcome.

[Sign Up \(laketownsendyachtclub.com\)](http://laketownsendyachtclub.com)

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IT'S THAT TIME AGAIN

2023 Memberships Renewals Are Due

The Benefits of Membership

Competitive Fun Sailing

On the second Saturday of each month we hold our regular LTYC race series. This is 'around the buoys' racing where courses are laid out and there is a Signal Boat (pontoon boat) which carries the Race Committee who administer the race. There are specific times set to attend an online competitors meeting prior to the race day and to have your boat at the starting area to race. Typically, there are three races run.

Social Fun Sailing

On the fourth Saturday of each month we have a Sail-abration! There is no set time or agenda. This weekend is for daysailing and cruising just for fun. Club members are there who may either invite you to go sailing on their boat or give you advice about sailing your boat or a rental. It's a good time to practice and improve your sailing or racing skills. Best way to learn is to be onboard with one of our experienced skippers.

Other Benefits

Seminars and training for beginning and intermediate sailors

Availability of club boats including one Lightning, a Tanzer 16, two Flying Scots, and two Wayfarers. All are ready for use, mast-up and on trailers. For more information, see the [club sailboat usage policy, agreement, and reservations](#) in the Members' Cove.



New Membership

Membership Renewal

Let's Learn to Sail!

Of the 24 separate classes we have scheduled for this year, 22 have already been filled!



Don't miss out. Register early to make sure you lock in one of the rapidly disappearing slots. Early registration will give you the widest range of choices and if you want this training wouldn't it make sense to get it as early as possible rather than at the end of the sailing season?

There are Beginner courses, Intermediate courses, Individual lessons, Sail Camps for Juniors, and even a Learn to Race course.

ONLY Intermediate and Learn to Race courses still have available seats so check out [this year's schedule](#) and then click on the link to the Online Registration Form.

Visit the LTYC website to sign up for one of the classes listed.

Learn to Sail:

[Learn-to-Sail \(laketownsendyachtclub.com\)](http://laketownsendyachtclub.com)

Volunteers Needed!

All classes are in need of volunteers. Visit <https://laketownsendyachtclub.com/activities/InstructorSignUp.asp> to sign up as an Instructor, Assistant, or Scat Boat Driver.

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Xtreme Teen Outdoor Adventure Week



As part of City of Greensboro Parks & Recreation's "Xtreme Teen Outdoor Adventure Week", on Wednesday June 21st, LTYC skippers took a number of teenagers out on 2 Flying Scots for a two hour 1st Sail.

The park was closed to the public (it was Wednesday) so we had the entire Lake Townsend to ourselves. The afternoon was warm, the wind was perfect at 8 to 11 MPH, and we had great fun. All crewmembers had an opportunity to take responsibility for the tiller, the main sheet and the jib sheet at various times during their sail.

It's great to be able to contribute to the City's program by introducing area teens to the many joys of sailing!

Many thanks to Brooke Wilson for organizing this, and many thanks to the skippers who volunteered to help out on this event.





Will Your Furling Genoa Get You to Windward in a Blow?

Captain John,

Www.skippertips.com

Captainjohnskippertips.com

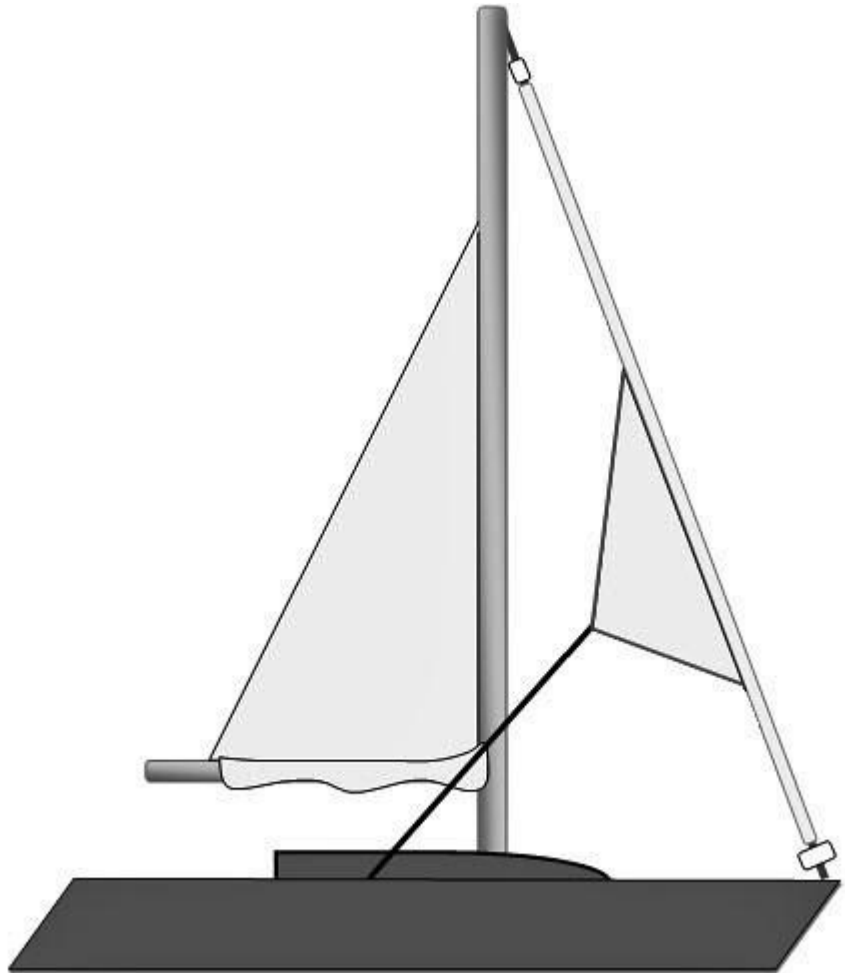
Sailing in a reefing breeze has become easier for those that carry furling headsails. But no matter what you hear about foam luff pads and fancy furling units, your sail will lose shape when you reef. How can you sail with more speed and power to windward in high winds?

If you could measure wind velocity near the top of your mast, you might find that it's up to 50% higher than the wind at the surface. Breezes up high are unrestricted by water or land. Those winds can approach gradient speed (true wind speed)

Surface winds blow over land and water. This creates friction, which slows the wind and changes wind direction. Indeed, winds might be blowing near gale force at the top of your mast while you are sailing in a fresh breeze at the surface.

When you reef a mainsail or hank-on headsail, you lower the sail, which pulls it down out of the higher velocity winds up high.

Hank-on headsails may not be used as often these days aboard cruising sailboats, but they are shorter on the luff than a fully unfurled Genoa, which keeps the top of the sail out of those gusty winds aloft. Each hank-on headsail will be designed with a specific draft, shape, and purpose.



Your furling Genoa may have been marketed as a 'one size fits all' sail. Indeed, most sailors keep these sails hoisted in a moderate reefing breeze. But no sail can fulfill all duties on all points of sail. Today's furling headsails are most efficient when 100% unfurled.

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As soon as you start to reef the sail, that designed shape becomes less efficient. Sailmakers might install foam luff pads to reduce the bagginess and help flatten the sail, but a partial reef will never provide the same windward capabilities as that of a small jib or storm jib (also called a 'spitfire').

In the illustration, note how reefing the furling Genoa raises the foot and clew higher off the deck. Note also, how the horizontal distance increases between the mainsail and reefed Genoa. She cannot point as high, and the boat will have a tough time clawing off a lee shore in high winds and seas.

Three Sail Alternatives for Cruising Sailboats

If you're in the market for a new furling Genoa, consider a sail built with a slightly lower clew. This will be more efficient for windward work. As you reef, the resized sail will stay lower to the deck. Take care not to compromise 'under the foot' visibility when you use the sail fully unfurled. You need to check for boats or obstructions for safety.

When I helped deliver a cutter-rigged Outbound 44 to the Caribbean, we sailed most of the trip offshore with a hank-on Solent Genoa. This small 'lapper' sets on the inner staysail stay. It goes up and comes down every time, without a fuss.

If you sail a sloop, consult with a rigger to discuss the feasibility of mounting a removable inner stay. This allows you to hoist a hank-on headsail with ease. You could detach the lower part of the inner stay and lash it near the mast when not in use.

If you have no way to mount a second stay inboard of the furling gear, consider a storm jib alternative like the ATN Gale Sail, which has a luff sleeve which wraps around the fully furled headsail. Practice rigging and sailing with the sail before you have to use it in a blow.

Make sailing along the coast or offshore safer with sailing tips like these. Back up your furling Genoa the same way you back up any other complex system. Use simple, works-every-time methods that have stood the test of time for safer sailing.

Racing Tactics (video)

from: **North Sails**
Courtesy **YouTube**

Sailboat Racing Tips: [Racing Tips & Tricks with Bill Gladstone](#)

(CTRL-Click to play in new window)



In this LIVE session on The Starboard Portal, Bill Gladstone, Director of North U, takes us on a tour of highlights from North U Seminars, including boat handling, boat speed, and tactics. We will touch on spinnaker handling, upwind trim in smooth water vs waves, starting tactics, boat on boat tactics, and downwind wind shift strategy.



NOTE: Several free downloads [HERE](#) from North Sails.

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newsletter@Laketownsendyachtclub.com





In Case You Missed It

Dear members and supporters (Constituents / concerned users of Lake Townsend),

You are constituents, concerned users, of Lake Townsend. And you have a voice.

The **Save The Docks Lake Townsend** initiative will succeed based on three criteria, **total funds** and, just as importantly, **total pledges / names**.

Your name will not be revealed to anyone.

Your pledge amount will not be revealed to anyone.

If we as constituents of the lake don't express our opinion, city and park management can not know that we care and can not know that we exist.

So, PLEASE, even if you can only pledge a small amount, it is really really important that you put your name in and pledge at <http://www.savethedocksit.org/>.

Adults should pledge, even if you are only an occasional user of the lake.

Kids should pledge, even if they have only taken the intro class or participated in the HSST.

Parents should pledge, your kids enjoy the lake only because the docks are usable.

Supporters should pledge, even if you only visit the lake.

Friends should pledge, to ensure this wonderful public resource is there in the future.

Aunts/ Uncles/ Relatives ... you get the idea.

Plans are to present the total pledge amount only and then the counts of constituents (that's you) to the Parks Dept, Mayor, City Counsel and City Planner.

<http://www.savethedocksit.org/>

Save The Docks!

Thanks,



Please Like LTYC on facebook

- Check in at LTYC on facebook
 - Tag us
- Write an endorsement for LTYC
 - Like LTYC on the "Like" page
 - Post a review of LTYC on FB
- If you need help to post pictures or a video on our page, please contact JC Aller at aller.jc@gmail.com

Please follow our High School Racing Team on Instagram at [ltycsailingteam](https://www.instagram.com/ltycsailingteam), and of course, on facebook at www.facebook.com/laketownendyachtclub/

Next newsletter deadline: July 16, 2023

◆ Lake Townsend Yacht Club Board

Commodore: Andy Forman	◆ commodore@laketownsendyachtclub.com
V. Commodore/Racing: Mark Wilson	◆ vicecommodore@laketownsendyachtclub.com
Rear Commodore/Education: Ron Washburn	◆ education@laketownsendyachtclub.com
Treasurer: Kim Jones	◆ treasurer@laketownsendyachtclub.com
Secretary: Linda Ford	◆ secretary@laketownsendyachtclub.com
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Membership: Ali Kishbaugh	◆ membership@laketownsendyachtclub.com
Social Outreach: Judi Mathews	◆ lgs@laketownsendyachtclub.com
Marketing:	OPEN – Need a volunteer!
Newsletter: Sid Hale	◆ newsletter@laketownsendyachtclub.com
Social Media, City Liason: JC Aller	◆ socialmedia@laketownsendyachtclub.com

You don't have to be a board member to help out. Everything this club does is done by volunteers. Please contact the individual board members to see how you can contribute.

Thanks for making LTYC the best!

Board meetings are open to all members. They are held virtually, via Zoom, the first Thursday of each month at 7:00 p.m.