

Lake Townsend Yacht Club

Tell Tales

SEPTEMBER, 2023



HAPPY
LABOR
★ ★ DAY ★ ★

Annual LTYC/OHSC Interclub

All Hands on Deck!

Sign up NOW to defend LTYC's honor at this year's annual Interclub Race with Oak Hollow Sailing Club this Saturday (Sept 23rd).

We need a good turnout to recover the Neil Bensen Cup and bring it back to LTYC! Oak Hollow has mostly multihull boats, but the ratings can even out the field if we sail well.

The venue is:

**Oak Hollow Sailing Club
3701 Waterview Rd,
High Point, NC 27265**

You need to sign up **both** on LTYC's Participation sheet and on Oak Hollow's Sign up so they can get an accurate head count for the social afterwards.

You can get the link to the Oak Hollow signup plus the NOR, SI's, Course Diagrams and Start Sequence at LTYC's Participation sheet.

Here's the LTYC Signup Link:

<https://www.laketownsendyachtclub.com/activities/SignUp.asp>

If you are available to crew and looking for a boat, add your name to the participation sheet.

Hope to see you there!

HOT IX Charity Regatta

October 28 & 29, 2023

Proceeds go to [earlier.org](https://www.earlier.org)

Registration is Open: Go to [earlier.org](https://www.earlier.org) to [sign up](#) and choose your Regatta Package.

Deadlines: Registration for the HOT IX Regatta & ordering extra meals: **Oct. 20**

To order T-shirts, the deadline is: **Oct. 16.**

T-shirt design by our own Brooklyn & Jason Reiner !

Don't Wait! [Register today](#) and you'll be on your way to a great adventure!

Sailing Instructions will be coming soon



High School Sailing Report

The High School Sailing Team is back on Lake Townsend and ready to race after taking the summer off. Our members had busy summers, with many sailing, racing or teaching sailing at various summer camps and spending time on family vacations.

LTYC has purchased a used trailer for use by the team to transport boats to out of town racing venues, but it needs to be modified to accommodate at least 2 (and maybe 3) Club 420's. The parents of HSST members have agreed to carry the cost to modify the trailer, but since it will be titled in the name of the sailing club it's only fair that we try to supplement their efforts.



To that end... we have set up a donation form so that LTYC members can donate funds to that will be earmarked solely for use by the High School Sailing Team to help cover these and future expenses.

[DONATE HERE](#)

September Race Scores - 9/9

Ahoy Sailors!

For this month's race day, it looked like we had enough wind to race (barely) so we began pushing off from the docks. By the time the first couple of boats cleared the cove into open water... there was a huge clap of thunder and a large bolt of lightning flashed across the sky!

By the time everyone got back to shore, most of us were drenched so we decided to postpone the racing and adjourn to the picnic shelter to see if we could wait it out. By the time it passed over, we managed to have our meal and decided to go ahead and try to get a few short races in.

A number of skippers had decided to bail, but we had 5 Wayfarers racing with 2 Learn to Race students crewing for experienced skippers.

We started in light air, with only about 7 knots of breeze, but it soon picked up considerably and we got a lot of gusts and frequent shifting.

In the second race, the wind started dying down again after the first windward leg and we were barely moving by the time we rounded the leeward mark and started the second upwind leg.

We had to shorten course. Eliminating the final downwind leg altogether.



(Results are are posted on the website at [Race Series Scores \(laketownsendyachtclub.com\)](http://Race Series Scores (laketownsendyachtclub.com)) .)

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We didn't get any more rain, but it looked like it wanted to for the rest of the afternoon.



Racing Tactics (video)

from: **North One Design**
Courtesy **YouTube**

Sailboat Racing Tips: [Race Starting Strategy with Peter Isler](#)

(CTRL-Click to play in new window)

In this LIVE session from North One Design, 2X winning America's Cup navigator Peter Isler explains starting strategies.



NOTE: Several free downloads [HERE](#) from North Sails.



Sail Faster with These Three Mainsail Trim Tips

Captain John,

[Www.skippertips.com](http://www.skippertips.com)

Captainjohnskippertips.com

If you are anything like me, sailing faster means you can get to an anchorage earlier than expected, reduce your exposure to foul weather, or beat the competition around the buoys on race night. Follow these three easy sailing tips today!



Think of your mainsail as the primary propulsion unit on your sailboat. How can you trim your main for maximum speed and power? See more below.

Draft Comes First

Keep the draft as close to the designed shape as possible. Remember that draft is the deepest part of a sail anywhere along its height. Your sailmaker creates mainsail draft to stay about 40% to 45% aft of the luff. When the wind fills in, the draft may creep aft. Follow these easy steps to keep the draft in place.

1. Tension the halyard with the winch or Cunningham until you just see a faint vertical crease begin to build along the edge of the luff.
2. Stop grinding or pulling. Next, ease the halyard in increments and watch the crease. Stop easing as soon as you see the crease disappear.
3. Cleat off the halyard and recoil the excess tail.

Check and adjust mainsail draft often to reduce weather helm and keep your boat performing her best.

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Check and adjust mainsail draft often to reduce weather helm and keep your boat performing her best.

Install Leech Telltales

Imagine a skier on the bottom of a slope. They need to ski uphill to the top, then downhill to the other side, all the time maintaining contact with the ground. Air on the leeward side of a sail has to travel from the luff uphill to the maximum curvature of the sail, then to the leech, all the while maintaining contact with the sail surface. Follow these steps to use leech telltales to check the airflow:

1. Sew six- to nine-inch lengths of nylon ribbon or wool yarn to the end of each mainsail batten pocket.
2. Sail onto a close hauled (beating) point of sail. Set the boom in close to the centerline, but over-sheet the mainsail on purpose. Look along the edge of the leech. What do you see? All of your leech telltales will be hanging like limp noodles. That's because a stalled sail blocks the air flow.
3. Now, let's help the air stay attached to the sail from luff to leech. Ease the mainsheet in increments all the time watching the leech telltales. When all telltales are flying aft, cleat off the sheet. Your mainsail now has perfect sail trim!

'Listen' to Your Helm

The wheel or tiller is the starting and ending point of trim and balance, whether you day sail, race or cruise. Each time you make a sail trim adjustment, test the helm. Can you steer the boat with just two fingers in any weather? Balance your boat so that you can achieve this goal.

When beating, you can tell whether you have good balance with this simple hands-off test:

Trim your sails for a close hauled course and steady up on the edge of the wind. Next, lift your hand off the wheel or tiller and watch the boat. A boat in balance will round up in a slow, smooth, easy motion toward the wind like a graceful ballerina.

Start reefing earlier than you think you need to. Nine times out of ten, too much mainsail area causes balance problems. Reef the mainsail first. Then, adjust headsail area to balance the boat to perfection.

As singlehanded racing sailor and author Andrew Evans says: *"To reduce weather helm, the singlehander should reduce sail behind the mast or increase sail in front of the mast."*

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Keep your boat driving with good speed and performance from your mainsail. Use easy sailing tips like these to sail safer on the waters of the world, wherever you choose to sail or cruise.

## IT'S PAST TIME

### 2023 Memberships Renewals Are OVERDUE

#### The Benefits of Membership

##### Competitive Fun Sailing

On the second Saturday of each month we hold our regular LTYC race series. This is 'around the buoys' racing where courses are laid out and there is a Signal Boat (pontoon boat) which carries the Race Committee who administer the race. There are specific times set to attend an online competitors meeting prior to the race day and to have your boat at the starting area to race. Typically, there are three races run.

##### Social Fun Sailing

On the fourth Saturday of each month we have a Sail-abration! There is no set time or agenda. This weekend is for daysailing and cruising just for fun. Club members are there who may either invite you to go sailing on their boat or give you advice about sailing your boat or a rental. It's a good time to practice and improve your sailing or racing skills. Best way to learn is to be onboard with one of our experienced skippers.

##### Other Benefits

Seminars and training for beginning and intermediate sailors

Availability of club boats including one Lightning, two Flying Scots, two Wayfarers, and two Tanzer 16s. All are ready for use, mast-up and on trailers. For more information, see the [club sailboat usage policy, agreement, and reservations](#) in the Members' Cove.



New Membership

Membership Renewal

| Today < > October 2023 |                           |           |                     |           |                                                   |              | Month |
|------------------------|---------------------------|-----------|---------------------|-----------|---------------------------------------------------|--------------|-------|
| MON<br>25              | TUE<br>26                 | WED<br>27 | THU<br>28           | FRI<br>29 | SAT<br>30                                         | SUN<br>Oct 1 |       |
|                        | ● 3:45pm WFU Team Practic |           |                     |           | ● 9:30am HSST Practice-LTY                        |              |       |
| 2                      | ● 3:45pm WFU Team Practic | 4         | ● 7pm Board Meeting | 6         | ● 9:30am HSST Practice-LTY                        | 8            |       |
| 9                      | ● 3:45pm WFU Team Practic | 11        | 12                  | 13        | Great Pumpkin Races                               | 15           |       |
| 16                     | ● 3:45pm WFU Team Practic | 18        | 19                  | 20        | ● 9:30am HSST Practice-LTY                        | 22           |       |
| 23                     | ● 3:45pm WFU Team Practic | 25        | 26                  | 27        | Halloween on Townsend (HOT) Charity Regatta -LTYC | 29           |       |
| 30                     | Halloween                 | Nov 1     | ● 7pm Board Meeting | 3         | ● 9:30am HSST Practice-LTY                        | 5            |       |

| Today < > November 2023 |                           |              |                     |                  |                            |          | Month |
|-------------------------|---------------------------|--------------|---------------------|------------------|----------------------------|----------|-------|
| MON<br>30               | TUE<br>31                 | WED<br>Nov 1 | THU<br>2            | FRI<br>3         | SAT<br>4                   | SUN<br>5 |       |
|                         | Halloween                 |              | ● 7pm Board Meeting |                  | ● 9:30am HSST Practice-LTY |          |       |
| 6                       | ● 3:45pm WFU Team Practic | 8            | 9                   | 10               | Turkey Day Races - LTYC    | 12       |       |
| 13                      | ● 3:45pm WFU Team Practic | 15           | 16                  | 17               | 18                         | 19       |       |
| 20                      | 21                        | 22           | 23                  | Thanksgiving Day | 25                         | 26       |       |
| 27                      | ● 3:45pm WFU Team Practic | 29           | 30                  | Dec 1            | 2                          | 3        |       |

## **CLASSIFIED ADS**

**YOUR AD WILL RUN 3 MONTHS.**

**IF NOT RENEWED BY ADVERTISER, THEY WILL BE DELETED.**

**SEND YOUR CLASSIFIED TO :**

**[newsletter@Laketownsendyachtclub.com](mailto:newsletter@Laketownsendyachtclub.com)**



**No classified ads this month**





### Please Like LTYC on facebook

- Check in at LTYC on facebook
    - Tag us
  - Write an endorsement for LTYC
  - Like LTYC on the "Like" page
  - Post a review of LTYC on FB
- If you need help to post pictures or a video on our page, please contact JC Aller at [aller.jc@gmail.com](mailto:aller.jc@gmail.com)

Please follow our High School Racing Team on Instagram at [ltycsailingteam](https://www.instagram.com/ltycsailingteam), and of course, on facebook at [www.facebook.com/laketownendyachtclub/](https://www.facebook.com/laketownendyachtclub/)

Next newsletter deadline: Oct 15, 2023

## ◆ Lake Townsend Yacht Club Board

|                                        |                                                                                                        |
|----------------------------------------|--------------------------------------------------------------------------------------------------------|
| Commodore: Andy Forman                 | ◆ <a href="mailto:commodore@laketownsendyachtclub.com">commodore@laketownsendyachtclub.com</a>         |
| V. Commodore/Racing: Mark Wilson       | ◆ <a href="mailto:vicecommodore@laketownsendyachtclub.com">vicecommodore@laketownsendyachtclub.com</a> |
| Rear Commodore/Education: Ron Washburn | ◆ <a href="mailto:education@laketownsendyachtclub.com">education@laketownsendyachtclub.com</a>         |
| Treasurer: Kim Jones                   | ◆ <a href="mailto:treasurer@laketownsendyachtclub.com">treasurer@laketownsendyachtclub.com</a>         |
| Secretary: Linda Ford                  | ◆ <a href="mailto:secretary@laketownsendyachtclub.com">secretary@laketownsendyachtclub.com</a>         |
| Equipment: Mark Green                  | ◆ <a href="mailto:equipment@laketownsendyachtclub.com">equipment@laketownsendyachtclub.com</a>         |
| Membership: Ali Kishbaugh              | ◆ <a href="mailto:membership@laketownsendyachtclub.com">membership@laketownsendyachtclub.com</a>       |
| Social Outreach: Judi Mathews          | ◆ <a href="mailto:lgs@laketownsendyachtclub.com">lgs@laketownsendyachtclub.com</a>                     |
| Marketing:                             | <b>OPEN – Need a volunteer!</b>                                                                        |
| Newsletter: Sid Hale                   | ◆ <a href="mailto:newsletter@laketownsendyachtclub.com">newsletter@laketownsendyachtclub.com</a>       |
| Social Media, City Liason: JC Aller    | ◆ <a href="mailto:socialmedia@laketownsendyachtclub.com">socialmedia@laketownsendyachtclub.com</a>     |

You don't have to be a board member to help out. Everything this club does is done by volunteers. Please contact the individual board members to see how you can contribute.

Thanks for making LTYC the best!

**Board meetings are open to all members. They are held virtually, via, Zoom the first Thursday of each month at 7:00 p.m.**