

Lake Townsend Yacht Club

Tell Tales

OCTOBER 2023



Happy Halloween

Great Pumpkin Race

By Andy Forman

On 14 October, LTYC held the last day of racing in this year's Saturday Series.

What a great slow-motion day on the water. The fleet even observed the on-going partial eclipse through the clouds during the race.

Prior to the skipper's meeting, when the last of the lite rain was clearing, crews from 13 race boats and members of the Race Committee enjoyed hot cocoa, spiced cider, coffee and gorp (supplied by AnnMarie) and gossip in the breezeway of the lake office. Post Covid socializing is a welcome change!

PRO Jim Heffernan then held a delay on shore for about 45 minutes after which the rain cleared and the fleet meandered out to the race course.

The wind was forecast to grow to 5 mph or more and then "back" from North-North-East to North and North North west.

Well, RC was able to hold only one race with shortened course in very light wind and glass water, conditions which demanded very close attention to the direction of their Dooby Brother's, Polka Polka or other DAT (or goose feathers) telltale shroud tape

The winner of the day was also the wind whisperer of the day, Phil Andrews, in his Sunfish. Followed by the two high school 420's. Phil was followed, literally, by Andy Forman and his crew Chad Fogleman, who followed Phil all day because Phil seemed to always find pressure. They also watched closely as the wind changed direction frequently (did we actually go backwards at the leeward mark?) and even came from above. Wayfarers Knights of Mayhem (Andy & Chad) and Intrepid (AnnMarie & Eric Hakala) traded lead positions multiple times for top Wayfarer and Andy was able to finish first in the final puff by a boat length. OK. I was 4th place overall.

Meanwhile, as the final puff came in, the fleet of Flying Scots followed with a slow motion photo finish (4 seconds among 4 boats).

Agonizing as it was, the competition was fierce and light air sailing training necessary.

In addition to the usual LTYC sailors, it was great to see Virginia Summerell come out and sail her Flying Scott after months (years) of goofing off down by the coast...it happens sometimes to those who retire.

It was also great to see Shauna Rankin-Byrne (recently trained in Learn to Race by AnnMarie) and her mother Beverly (who took Learn to Sail training this year) come out.

Saturday Series Race Results are available [HERE!](#)

Beverly joined the race committee and here are some of the photos that she took:

Continued on next page

Continued from previous page



Ron Washington and JC Aller
manned one of the scat boats
and set the marks

MarieLyne and crew
Shauna preparing for the
start



Continued on next page

Continued from previous page



Cathy Leonard checking in with Race Committee

David deMiranda with crew Ted on the downwind leg in light air.



Continued on next page

Continued from previous page



Will Brady and Jackson
downwind in very, very light
air

Phil Leonard and Jeanne
Allamby on the same
downwind leg in that same
light air.



Continued on next page



Continued from previous page



Phil Andrews looking very satisfied after a great finish and happy to have the day finished

Everyone headed back to shore after a long, slow day.



Continued on next page

High School Sailing Report

The high school team kicked off a busy season and had their first North Points regatta through SAISA on Sept 30 at Lake Norman. The regatta consisted of 27 teams from different schools (16 Varsity and 11 JV/Composite).

The team did well and improved over the entire course of the weekend.

To get to the regatta, a new trailer was purchased and the team came together to repaint the trailer to LTYC colors and build a rack for two boats and masts. The trailer towed well and looks good at the same time. We are not ready for the 3 more North Points regattas we are planning on attending this season, so the timing of the purchase and build came together well. Thanks to everyone for the help and congrats to the team for the first North Points regatta!



The High School Sailing Team



Started with a used Flying Scot trailer

The finished product, modified to accommodate two boats and painted with an LTYC color scheme



Continued on next page



Prepping for the trip to Lake Norman to attend the North Points regatta

One of the starts at the North Points regatta at Lake Norman on Sep 30



HISST Alumni



Pictured above are former LTYC High School Sailing Team members and former team captains Will Niven and Logan Hayes. The two were reunited this fall at the US Naval Academy in Annapolis. Logan is a freshman at the Naval Academy, and Will is a junior at West Point and is studying as an exchange student this semester at Navy. Both are members of their schools' sailing teams!

Continued from previous page



Logan with a couple of teammates from the Naval Academy

Will sailing with the New York skyline in the background.



Collegiate Sailing Report

The Wake Forest University Sailing Team has had a busy fall!

The team began practicing for the fall season on Tuesday afternoons in mid-September. (Our high school team practices on Saturday mornings.) Several of last year's sailors studied abroad this fall, preventing them from sailing with the team. Despite this, the team expanded to over 17 active sailors and averaged over 12 sailors per practice! All sailors are student members of LTYC. The team is an official club sport at Wake Forest. This year the team captain is Caroline Winston. The practices are coached by AnnMarie Covington, Steve Morris and Mark Hayes, who volunteer their time.

The team members have to be committed to sail in college! In addition to a typical college student's busy schedule, on practice days the members have an hour and a half round trip ride in a school van from the Wake Forest campus to Lake Townsend. The team leaves campus at 3:30 and usually returns around 8 pm. Despite this, membership continues to expand and we hope to practice on Sundays during November.

Due to conflicts Wake Forest was able to race in only one college regatta this fall. In October they travelled to South Carolina to compete in the in the Tiger Town Championship. The regatta was hosted by Clemson University and featured 11 very competitive college teams from across the Southeast, competing in 420s. Wake Forest finished 8th. The team is looking forward to a full schedule of regattas in the spring, including college regattas in Raleigh, Carolina Beach, Oriental, and Lake Norman.

Our club's fleet of C420s has stayed busy this fall. In one amazing week in September a total of 26 college and high school students sailed on our fleet of 420s! We can't wait for the spring!



Continued on Next Page



Out of Town Regatta

A number of sailors from LTYC competed in the John Bernard Regatta at VISA (October 7-8) on Kerr Lake. Winds varied from 15-25 knots both days creating demanding conditions for all participants.

AnnMarie Covington posted an almost perfect score with 4 out of five aces and one second place, and our Commodore, Andy Forman, scored a consistent 3rd place in all five races.

Full results are shown below:

Virginia Inland Sailing Association

John Bernard Regatta

Class=Wayfarer

Overall Results

	Sail	Skipper	Crew	Total	One	Two	Three	Four	Five
1	11134	Covington,AnnMarie	Ferguson,Gareth	6	1	1	1	2	1
2	11384	Driver,John	Driver,Mary	9	2	2	2	1	2
3	10888	Forman,Andy	Fogleman,Chad	15	3	3	3	3	3
4	449	Neil,Smith	Ambler,Craig	24	4	4	4	7	5
5	8705	Heffernan,Jim	Abram,Lynn	30	7	6	9 DNC	4	4
6	11	DeMiranda,David	Fogleman,Kelly	30	6	5	5	8	6
7	3500	Leonard,Phil	Allamby,Jeanne	37	5	9 DNC	9 DNC	5	9 DNC
8	11340	Lavoie,Marie-Lyne	Bowman,Patrick	40	9 DNC	9 DNC	9 DNC	6	7

Continued on next page

Continued from previous page



First place winner AnnMarie Covington (center) with her crew (right) Gareth Ferguson

Google Review

A couple of months ago, we added a business listing to Google for Lake Townsend Yacht Club, and we are experiencing more exposure for the club as a result.

Google Maps listing [HERE!](#)

You can help by clicking on the above link and giving LTYC a good review. Whether your experience is from interacting with your fellow club members through race participation, or if you have had a good experience in our Learn to Sail program, or by participating in our social events... tell Google so they can let others know about your experiences.

The LTYC website has also been updated with the new Google Map so that it now shows on our website [HERE](#).

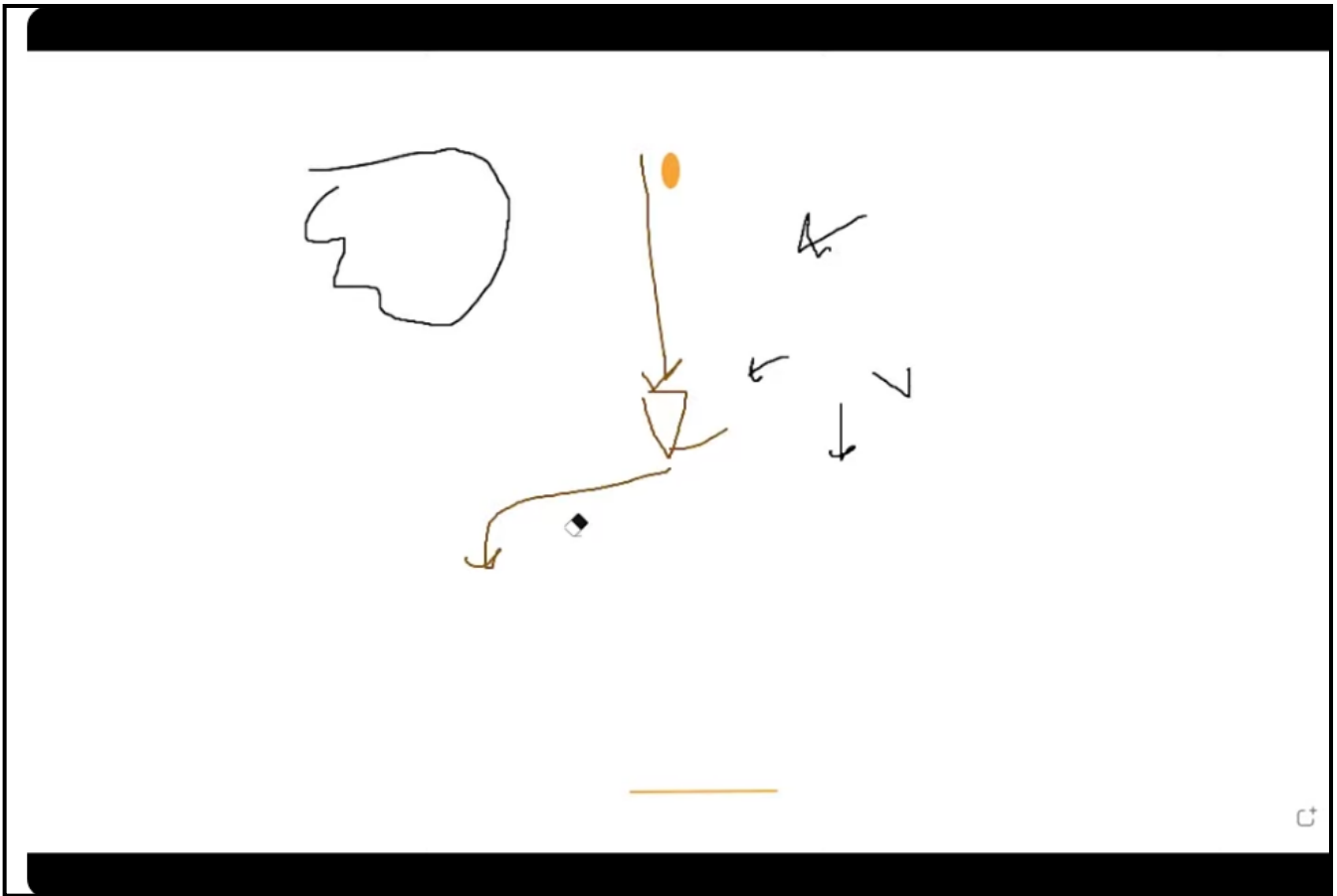
Racing Tactics (video)

from: **Sailing World**
Courtesy **YouTube**

Sailboat Racing Tips: Lake Sailing in Big Breeze

(CTRL-Click to play in new window)

Sailboat racing on inland waters can be tricky, especially when winds are strong, but champion sailor and coach Mike Ingham has some easy rules of thumb to be fast when the puffs hit.



NOTE: Several free downloads [HERE](#) from North Sails.

Continued on next page



Use 'Bubble Trails' for Blazing Speed on Reaches!

Captain John,

Www.skippertips.com

Captainjohnskippertips.com

Reading the wind will always be a challenge. We are surrounded by artificial 'tells' like masthead flies, electronic apparent wind indicators, telltales and the like. All good to some degree for sure. But, what else could you use to trim your sails for peak performance?



Master offshore racer, renowned sailmaker and author Brian Hancock has this to say about wind strength high off the water: *Wind speed aloft is as much as 50% more than wind speed at sea level .*

Continued on next page

That means that the wind direction indicators higher off the water, like masthead flies, are not as accurate as you may think. Hancock also says: *When the bottom third of your sails are sailing hard on the wind, the top third may be sailing on a close reach.*

A few years ago, I did some exhilarating training in San Francisco Bay aboard a J/24. Right off the bat, my instructor jumped on me for paying too much attention to the masthead fly. Instead, he had me focus on two natural factors: wind waves and bubble trails.

Whitecaps, or the breaking tops of wind waves, are created by the true wind, and begin to form in a lake, bay, sound, river, or ocean in a brisk breeze. Look to windward for whitecaps for nature's best basic wind indicator.

Tap Into the Secret of Bubble Trails

Bubble trails are even more accurate when you need to steer a beam reach in choppy seas. The beam reach is the narrowest point of sail, where you keep the true wind exactly 90 degrees abeam. That might sound easy, until you are slewing back and forth in choppy waves like a sailor who's consumed too many rum punches.

As the true wind blows across the water surface, bubbles will stream straight down the faces of the waves to windward. Steer your boat to keep these bubble trails off the beam for easier steering and to sail faster.

While sailing in San Francisco Bay in a twenty-five knot wind and two- to three-foot chop, we used this secret to steer super fine beam reaches. What was once a study in frustration became easy, effortless and more fun.

Use sailing tips like these to sail your boat with blazing speed and powerful performance, wherever you choose to sail or cruise.

Today < > November 2023							Month
MON	TUE	WED	THU	FRI	SAT	SUN	
30	31 Halloween	Nov 1	2 7pm Board Meeting	3	4 9:30am HSST Practice-LTY	5	
6	7 3:45pm WFU Team Practic	8	9	10	11 Turkey Day Races - LTYC	12	
13	14 3:45pm WFU Team Practic	15	16	17	18	19	
20	21	22	23	24 Thanksgiving Day	25	26	
27	28 3:45pm WFU Team Practic	29	30	Dec 1	2	3	

Today < > December 2023							Month
MON	TUE	WED	THU	FRI	SAT	SUN	
27	28 3:45pm WFU Team Practic	29	30	Dec 1	2	3	
4	5	6	7 7pm Board Meeting	8	9 Old Frosty Races - LTYC	10	
11	12	13	14	15	16	17	
18	19	20	21	22	23	24 Christmas Eve Closed, LT Marina	
25 Christmas Day Closed, LT Marina	26	27	28	29	30	31 New Years Eve	

CLASSIFIED ADS

YOUR AD WILL RUN 3 MONTHS.

IF NOT RENEWED BY ADVERTISER, THEY WILL BE DELETED.

SEND YOUR CLASSIFIED TO :

newsletter@Laketownsendyachtclub.com



No classified ads this month



In Case You Missed It

Dear members and supporters (Constituents / concerned users of Lake Townsend),

You are constituents, concerned users, of Lake Townsend. And you have a voice.

The **Save The Docks Lake Townsend** initiative will succeed based on three criteria, **total funds** and, just as importantly, **total pledges / names**.

Your name will not be revealed to anyone.

Your pledge amount will not be revealed to anyone.

If we as constituents of the lake don't express our opinion, city and park management can not know that we care and can not know that we exist.

So, PLEASE, even if you can only pledge a small amount, it is really really important that you put your name in and pledge at <http://www.savethedocks.lt.org/>.

Adults should pledge, even if you are only an occasional user of the lake.

Kids should pledge, even if they have only taken the intro class or participated in the HSST.

Parents should pledge, your kids enjoy the lake only because the docks are usable.

Supporters should pledge, even if you only visit the lake.

Friends should pledge, to ensure this wonderful public resource is there in the future.

Aunts/ Uncles/ Relatives ... you get the idea.

Plans are to present the total pledge amount only and then the counts of constituents (that's you) to the Parks Dept, Mayor, City Counsel and City Planner.

<http://www.savethedocks.lt.org/>

Save The Docks!

Thanks,

Andy Forman



Please Like LTYC on facebook

- Check in at LTYC on facebook
 - Tag us
 - Write an endorsement for LTYC
 - Like LTYC on the "Like" page
 - Post a review of LTYC on FB
- If you need help to post pictures or a video on our page, please contact JC Aller at aller.jc@gmail.com

Please follow our High School Racing Team on Instagram at [lycsailingteam](https://www.instagram.com/lycsailingteam), and of course, on facebook at

www.facebook.com/laketownendyachtclub/

Next newsletter deadline: Nov 19, 2023

◆ Lake Townsend Yacht Club Board

Commodore: Andy Forman	◆ commodore@laketownsendyachtclub.com
V. Commodore/Racing: Mark Wilson	◆ vicecommodore@laketownsendyachtclub.com
Rear Commodore/Education: Ron Washburn	◆ education@laketownsendyachtclub.com
Treasurer: Kim Jones	◆ treasurer@laketownsendyachtclub.com
Secretary: Linda Ford	◆ secretary@laketownsendyachtclub.com
Equipment: Mark Green	◆ equipment@laketownsendyachtclub.com
Membership: Ali Kishbaugh	◆ membership@laketownsendyachtclub.com
Social Outreach: Judi Mathews	◆ lgs@laketownsendyachtclub.com
Marketing:	OPEN – Need a volunteer!
Newsletter: Sid Hale	◆ newsletter@laketownsendyachtclub.com
Social Media, City Liason: JC Aller	◆ socialmedia@laketownsendyachtclub.com

You don't have to be a board member to help out. Everything this club does is done by volunteers. Please contact the individual board members to see how you can contribute.

Thanks for making LTYC the best!

Board meetings are open to all members. They are held virtually, via, Zoom the first Thursday of each month at 7:00 p.m.