

Lake Townsend Yacht Club

Tell Tales

JANUARY, 2024



Happy New Year!





Our annual Change of Watch Banquet was held on January 21st, at the Bryan Park Conference and Enrichment Center in Greensboro.

Our Commodore, Andy Forman presented appreciation gifts to the Directors from last year's Board who were present



JC Aller, Kim Jones, Ron Washburn, Sid Hale, Linda Ford, and Andy Forman (left to right).

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One of the highlights of the evening was the presentation of racing awards to the many successful skippers who sailed in the previous Frostbite and Summer Saturday series of racing..



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Frostbite Series Trophies

First-AnnMarie Covington
Second-Jim Heffernan



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2023 Saturday Series Trophies

Overall

First-Jim Heffernan - Wayfarer 8705

Second-AnnMarie Covington - Wayfarer 11134

Third-Phil Leonard - Wayfarer 3500



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2023 Saturday Series Trophies

Fleet: Open

First - Cathy Leonard

Second-Keith Smoot (not present)



Fleet: Flying Scot

First - Steve Jones (not present)

Second - Rob Easton (not present)

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2023 Saturday Series Trophies

Fleet: Wayfarer

First - Jim Heffernan

Second - AnnMarie Covington



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2023 Saturday Series Trophies

Fleet: C420

First - Logan Hayes - #2983 (not present)

Second - John Spinosa - #1682



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Kent Taylor Service Award (Blue Jacket Award)

Established in 1997, the **Kent Taylor Team Trophy** was awarded to the fleet in the Mayor’s Cup regatta with the lowest average overall Portsmouth score compared to other fleets. The idea was to support fleet improvement. This trophy was retired in 2005.

Alan Taylor notes that, besides his father’s passion for sailing fairly and helping his fleet members improve, he was also very involved in service to the club, whether teaching sailing, serving on Race Committee, or leading a beach clean-up on a work day.

In 2013, the Taylor family re-purposed this perpetual trophy as the **Kent Taylor Service Award**.

Lake Townsend Yacht Club depends on the volunteer service to its membership. The Kent Taylor Service Award is given annually to recognize exceptional service to LTYC. Past recipients of the award, by secret agreement, choose the recipient(s) for the current year. Since 2013, the recipient has also received a “blue jacket” engraved with their name and the LTYC burgee.

For his extraordinary work in the development and growth of the club’s Learn To Sail program, the 2023 winner of the Kent Taylor Service Award is:

Ron Washburn



Previous Inductees

2013 Joleen Rasmussen	2017 Scott Bogue/Trish McDermott	2021 Mark Hayes
2014 Hudson Barker	2018 Otto Afanador	2022 Tom Bews
2015 Steve Raper	2019 Eric Rasmussen	
2016 Bill Byrd	2020 George Bageant	

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Photos



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Photos



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Photos



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Photos



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a Lot More Photos](#)

Thanks to Scott Bogue and Linda Ford for all the great Change of Watch photographs!!

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Continued from previous page



If You Missed the whole shebang...

A note from Jim Heffernan...

Last Sunday Linda and I enjoyed a splendid evening of epicurean delight as we dined with long time sailing friends at the Change of Watch ceremony. Many thanks from this sailor who gets to enjoy the efforts of the Board and the gaggle of volunteers that make a sailing season enjoyable and competitive.

While I received a few lovely honors for the past season, unfortunately none of my six crew members were in attendance. So, three cheers for those that made this past season so fantastic for me: they are Julia Karelina, Claire Heffernan, Jim Best, Lynn Marie Abram, Marie-Lynn Lavoie and my son Mark Heffernan.



Keep the spinnaker drawing and enjoy the moment!

Captain Jim

IT'S THAT TIME AGAIN

2024 Memberships Renewals Are Open

The Benefits of Membership

Competitive Fun Sailing

On the second Saturday of each month (March-October) we hold our regular LTYC race series. This is 'around the buoys' racing where courses are laid out and there is a Signal Boat (pontoon boat) which carries the Race Committee who administer the race. There are specific times set to attend an online competitors meeting prior to the race day and to have your boat at the starting area to race. Typically, there are three races run.

Social Fun Sailing

On the fourth weekend of each month (March-October) we have a Sailibration! There is no set time or agenda. This weekend is for daysailing and cruising just for fun. Club members are there who may either invite you to go sailing on their boat or give you advice about sailing your boat or a rental. Great opportunity to sail on different types of boats to see what suits you best. Good time to practice and improve your sailing or racing skills. Best way to learn is to be onboard with one of our experienced skippers.

Other Benefits

Seminars and training for beginning and intermediate sailors

Availability of club boats including one Lightning, two Flying Scots, two Wayfarers, and one Tanzer 16. All are ready for use, mast-up and on trailers. For more information, see the [club sailboat usage policy, agreement, and reservations](#) in the Members' Cove.



New Membership

Membership Renewal

High School Sailing Report

Congratulations to the LTYC High School sailors who were recognized at the 2024 Change of Watch Banquet:

SAYRA Junior Allstars: Ellie Spinosa and John Spinosa



Commodore's Junior Sailing Award (Junior Sailor of the Year):

William Brady
Emma Jewel Autry
Molly Lovvorn

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2023 Junior Sailors of the Year
William Brady
Emma Jewel Autry
Molly Lovvorn



Conal Deedy presents Jr Sailor of the Year award to William Brady (Emma Jewel & Molly not present)

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In addition, trophies were awarded to the High School Sailing Team for their class in the 2023 Summer Series.

C420 Class:

First Place Skipper: Logan Hayes
Second Place Skipper: John Spinosa



1st place skipper C420 class — Logan Hayes (last year's photo)



2nd Place Skipper C420 Class—John Spinosa

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Are You Losing Speed on Reaches?

Captain John,

[Www.skippertips.com](http://www.skippertips.com)

[Captainjohnskippertips.com](http://captainjohnskippertips.com)

What happens when you fall off the wind to a reach or run? Your mainsheet no longer has as much ability to pull down on the boom. Indeed, it's now at an angle to the boom. Without some help, the end of your boom will begin to lift. What happens when the boom lifts?

In a seaway, your boom will bounce around. That's tough on the boom and boom fittings. The mainsail leech will develop excessive twist, causing it to belly out like a pregnant whale--dumping lots of wind (above left). Your boat will become tough to control as weather helm increases.

Think of a boom vang as a block and tackle system, similar to a simple mainsheet. One end attaches to the base of the mast and the other beneath the boom about 1/3 of the way aft of the mast. There are many variations of the boom vang, but I prefer the simple block and tackle system.

What Role Does the Vang Play in Performance?

As soon as the boom moves toward the edge of your boat, the mainsheet becomes less effective as a trim control. Sail past a beam reach, and the mainsheet exerts no downward pull. The boom will lift and you will dump wind.

Dumping wind off a sail is like drilling a hole in your gas tank to dump fuel as you go down the road. That might be a great tactic in heavy air, but what about those typical light to moderate breeze days? Get into a seaway and the boat rolls more when the mainsail and boom are not controlled.

You need a boom vang to...

- * Trim the mainsail leech for blazing speed and power.
- * Expose maximum sail area when reaching or running.
- * Keep your boom under control to reduce fitting fatigue.
- * Decrease weather helm when reaching or running.
- * [Maximize sailing performance](#) for cruising or racing.



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Pay no attention to anyone who advises that you do not need a boom vang. Ask them how they control the five factors listed above when reaching or running. I believe you will hear silence after you state your case.

There are other unique innovations such as the boom kicker that accomplish a similar task, but I would test those contraptions against the five factors above before you make a purchase decision. Install a boom vang for speed and power this sailing season!

Scuttlebutt

from: **Scuttlebutt Sailing News**
3-part Series

Dave Perry's Playbook: [Winning the Boat](#) (CTRL-Click to open in new window)

Dave Perry talks us through how to start at the Race Committee boat:



Dave Perry's Playbook: [Winning the Pin](#) (CTRL-Click to open in new window)

Dave Perry talks us through how to start at the pin end of the line:



Dave Perry's Playbook: [Winning the Middle](#) (CTRL-Click to open in new window)

Dave Perry talks us through how to start in the middle of the line:

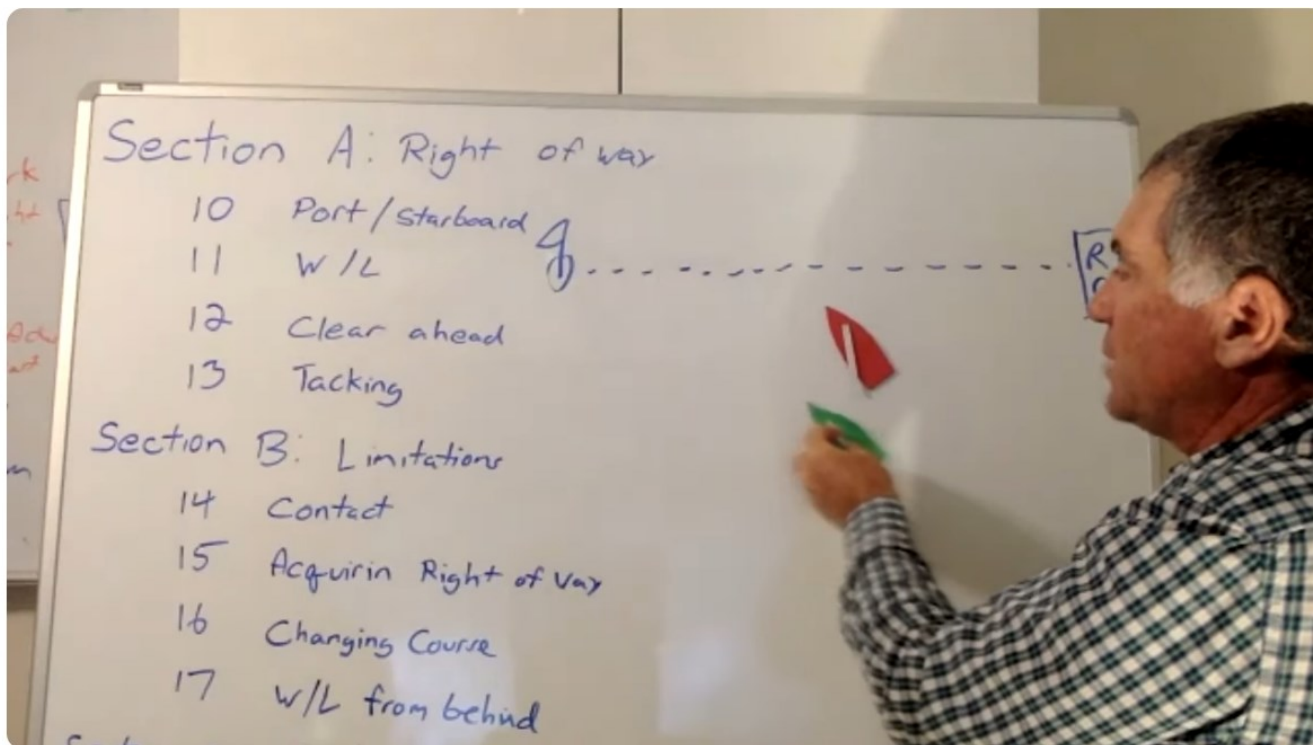


Racing Tactics (videos)

from: **Sailing World**
Courtesy **YouTube**

Sailboat Racing Tips: [Rules at the Start](#) (CTRL-Click to play in new window)

Sailing World Racing Editor Mike Ingham explores the rules and scenarios that apply when defending or “sharking” a hole on the starting line.



Today < > February 2024							Month			
MON	TUE	WED	THU	FRI	SAT	SUN				
29	30	31	Feb 1 ● 7pm Board Meeting	2	3	4				
5	6	7	8	9	10 Snowflake Races	11				
12	13	14 Valentine's Day	15	16	17	18				
19	20	21	22	23	24 Social Sail	25				
26	27	28	29	Mar 1	2	3				

Today < > March 2024							Month			
MON	TUE	WED	THU	FRI	SAT	SUN				
26	27	28	29	Mar 1	2	3				
4	5	6	7 ● 7pm Board Meeting	8	9 March Madness Races	10				
11	12	13	14	15	16	17 St. Patrick's Day				
18	19	20	21	22	23 Social Sail	24				
25	26	27	28	29	30	31				

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IF NOT RENEWED BY ADVERTISER, THEY WILL BE DELETED.

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newsletter@Laketownsedyachtclub.com



For Sale:

With a heavy heart...

I've decided to put Epiphany up for sale. She is a beautiful Mark I woody Wayfarer, built, we think, in 1962 from a kit, owned for some time by Al Schoenborn's brother, Mike, and refurbished by AnneMarie Covington and Jim Heffernan in 2017. She is rigged for racing, with a solid main, jib and spinnaker, and a new centerboard (built by Richard Johnson). She also comes with:

New Load Rite trailer with guide posts (2021, \$2,000 value)

Beautiful wooden benches

Reefing sail

Storm jib

Gottschling cover

Boom crutch

Optional mast flotation and motor mount

I LOVE this boat – very comfortable, handles very well. Have put lots of TLC into her upkeep – sanding and varnishing yearly. However, she has a slow leak from the center trunk area, and I do not have the skill, tools or space to be able to fix that. I would really like for her to stay at LYTC or at least within the Fleet 16 community. Asking \$3500 – negotiable.

Annette Grefe 336-207-1401 (text) or agrefemt@icloud.com

See photos below...

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Please Like LTYC on facebook

- Check in at LTYC on facebook
 - Tag us
- Write an endorsement for LTYC
 - Like LTYC on the “Like” page
 - Post a review of LTYC on FB
- If you need help to post pictures or a video on our page, please contact JC Aller at aller.jc@gmail.com

Please follow our High School Racing Team on Instagram at [ltycsailingteam](https://www.instagram.com/ltycsailingteam), and of course, on facebook at www.facebook.com/laketownendyachtclub/

Next newsletter deadline: Feb 18, 2022

◆ Lake Townsend Yacht Club Board

Commodore: Andy Forman	◆ commodore@laketownsendyachtclub.com
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Social Media, City Liason: JC Aller	◆ socialmedia@laketownsendyachtclub.com

You don't have to be a board member to help out. Everything this club does is done by volunteers. Please contact the individual board members to see how you can contribute.

Thanks for making LTYC the best!

Board meetings are open to all members. They are held virtually, via Zoom the first Thursday of each month at 7:00 p.m.