



Lake Townsend Yacht Club
PO Box 4002
Greensboro NC 27404-4002

www.laketownsendyachtclub.com/

Tell Tales

Issue 1 January 2009

Schedule of LTYC Events

| EVENT | DATE | TIME | LOCATION |
|----------------------------|------------------|------------------------|--|
| Board of Directors Meeting | 5, February 2009 | 17:45 hours | Greensboro College Campus in Room 226 of Proctor Hall West |
| Frost Bite - Snow Flake | 14, February '09 | 11:30 Skippers Meeting | Lake Townsend |
| Frost Bite - March Madness | 14, March '09 | 11:30 Skippers Meeting | Lake Townsend |

Announcement: Remember the race dates have changed to the second week-end of the month, except for Mayor's cup.

Attention Members: This paper is for the members of LTYC, if you would like to send in an article, or have an article that you would like to see, send it in.

Race Results are attached and also posted on the home page of the website, top center, www.laketownsendyachtclub.com

FROST BITE RACE January –

My first PRO experience

If you read Nancy's article about the race committee last month, you know it is all about teamwork. It is an exciting challenge orchestrating and recording a race and responding to the changing conditions. The brisk wind made for fast paced racing and I was glad to have experienced people assisting me. As the seconds count down there is a lot going on at once and you want everything to go smoothly with a start that

is fair for everyone. With Joleen looking over my shoulder I figured I couldn't get things too wrong! It seems like whenever I start something new it turns out to be a "trial by fire", like when Nancy and I taught our first sailing class by ourselves. Everything was going smoothly when a sudden 20 mph gust came out of nowhere and caused most of the students to capsize all at once. On my first day as PRO I had to contend with chilly conditions and winds that were strong enough that safety was a serious concern. We kept a close eye on the wind gauge and how people were handling the conditions. As it turned out we did have two capsizes that turtled near the end of the second race, but because the people involved were dressed appropriately for the conditions there were no serious consequences. Being on the committee gives you a new perspective on what makes a good race and how the competitors interact. The times you spend on race committee will make you perform better when you are racing. It was a great learning experience for me, and I have a new appreciation for what the race

committee does for us all every race weekend. You can be sure that the next time I cross the finish line the race committee will hear a loud "Thank You!!!" hailing from Flying Scot 3801! (Uwe Heine)



I notice reading the section that Uwe wrote that he didn't mention Phil's capsize. Phil does in his comments about January's race:

Being as close to the water and as close to capsize as I am on a small dinghy, I don't always get the big picture of what is going on with the rest of the fleet.

The capsize was the most exciting part of the day. As many times as I've capsized the thing, I'm getting quite handy at righting it again. The RC seemed entertained by the whole episode as it was within about 50 feet of them.

I don't remember much in the second race other than the capsize and the tight finish I had being the 5th boat of about 5 boats that all seemed to cross within seconds of each other. During the capsize recovery I may have fouled a Scot who had to change course to miss my out of control boom that I couldn't retrieve. Sorry.

In the first race, I was just trying to get clear so I could get off to a good start against John in his Laser. As it turned out the wind shifted slightly and I ended up closer to the pin than I'd hoped. Fortunately this was a lucky shift for me as this made the pin end heavily favored. Half way

down the first leg there was another shift right in my favor right as I wanted to tack anyway, so I might have looked smart when I was really lucky. The rest of the race was just a matter of trying to keep the boat flat.

I had intended to crew on a Scot if that would get another boat on the water. When I saw John, it was tough to pass up the chance to match wits with another Laser being sailed by a better sailor than I. In the future IF I am the only Laser (and my son is not there on Sunfish) I'd be happy to crew and stay dry. (Phil Andrews)

One of the boats that capsized was Bart on the Y-Flyer that he was racing – he mentions being grateful for wearing the appropriate clothing.. (I am reading into this that I get to go shopping!)



My hat is off to the LTYC for everything they did for our boat (the Y flyer) individually and for the whole group of racers. It was a big day for all.

The starting sequence did have me baffled, but that is easily done, too many years of the old 10- 5- 1- minute start sequence. I told my crew Alex that we would start every time we heard a sound just to be sure!

We managed the day well except for that one 19 knot gust that was reported at our finish. You can either hike hard, or lean in to unclean the jib. We tried the hiking hard but I notice on a Yflyer that once you reach a certain heel angle, you are done hiking or steering. It is jumping off time. My biggest concern was for Alex and getting her out of any tangles in the rigging. A sad story of a young child being dragged to their death in a sinking boat is still on my mind years later. The boat turtled too quickly to get to the

centerboard, so up on the turtle shell we crawled. I am glad we decided to wear our foul weather bib overalls, they provide a great deal of protection, even when your undergarments are soaking. I was never cold or miserable (well, walking around in wet bluejeans for 2 hours is no treat). Those overalls really cut the wind and spray, and I would suggest if you have a pair, wear them.

The boat (which I am borrowing) has zero floatation, and as it is named the Flying Pig, it was an absolute piggy feeling trying to tow that swamped thing back to the marina. My hat (soaking wet at this point) is off again to the rescue crew who had better ideas on how to tow it in than I did. We tied the boat beside the motorboat to tow in, rather than behind (which failed the first time).

For now, I am engineering a floatation system, which includes every 2 liter bottle and milk jug I can find to cram in the boat. I don't drink sodas or milk too often so it is slow going. I have two air bags that will go into the bow also. While the boat will swamp again, it will float a little higher.

Alex and I are really enjoying sailing at LTYC and look forward to more adventures (hopefully dry ones) as the year goes on.

(Bart Streb)



From Joleen:

30 people, 13 Boats, 3 Capsizes, 1 broken boom, 2 pots of Shrimp & Grits, 5 lbs of Chicken Wings, 2 bags of potato chips, one trip to Urgent Care, and winds ranging from 6-19 knots. Made for a fun and exciting day at Lake Townsend.

Once again, LTYC hospitality was in full force as RC had Coffee, cocoa, and Shrimp & Grits for the sailors in the morning and

chicken wings & munchies ready on shore when the sailors returned.

Race Committee was set and ready for racing right on time. Interestingly enough, the sailors didn't quite appreciate the "Sail whatever you like" course signaled by RC. Rather, RC forgot to post the course, and after the Preparatory signal, a few sailors pointed out that they couldn't race without a course. Oops, AP experience/practice for both the Race Committee and the sailors. RC quickly posted the course, then brought AP down, forgetting to first bring the class flag down. RC quickly yanked the class flag down and continued the sequence, watching the sailors to see if any of them "noticed". When two boats started one minute early, RC said yup, two boats synched up with the class flag being up when AP came down, and again went up with AP. As they say, 3rd time's a charm and starting practice is good for everyone!.

Unfortunately, during those starting exercises, Tom Bews/Bob Darby broke the boom of their "new" Flying Scot and headed back to the Marina.

Two races were held, each taking about 21 minutes for the first finisher. RC decided better not run any additional races so as to get everyone back to shore while the getting was good. Well, that was the theory anyway.....

The y-flyers battled it out for daily honors, and ended up with a tie. Not sure how the tiebreaker is broken, as the SIs are silent on that. Maybe, we break the tie by most elegant capsizes of the day - gee - that would be Bart & Alex.

Jack Griffin and Scott Cesar maintain their first place standing, though still only by one point with Bart making great headway in catching up. Phil Andrews is still holding his 3rd place, even with his downwind capsizes performance for race committee.

| | | |
|----------------|----------------|--------------------------|
| Vice Commodore | Uwe Heine | Race and Property |
| Rear Commodore | Adam Zahand | Education |
| Treasurer | David Raper | Finance |
| Secretary | David Young | Publicity and Historical |
| Director | Nancy Heine | Directory & Newsletter |
| Director | Starling Gunn | Cruise |
| Director | David Duff | Junior Sailing |
| Director | Valerie Nieman | Mayor's Cup |
| Director | Keith Smoot | Social |
| Director | Debra Reynolds | Social |
| Director | Steve Raper | Members & Website |
| Past Commodore | John Hemphill | Nominating |

Newly recognized as an honored emeritus was Bob Moates.

There were honors made to the emeriti with a newly designed plaque, Carol Moates, Bill Byrd, Betty Holjes & Frank Meldau.

A fine bottle of Port with laser etched sailboats and verse were presented to John Hemphill and George Bagent.

The trophies were laser etched on black glass with the racer's names and a picture of their winning class of boat. There were custom made by Eric Rasmussen.

Saleboats for Sail -

1981 Isotope - \$2500 with sails and a galvanized trailer. Crossbar, dolphin striker, and trampoline have been replaced and an extension added to the righting bar. Good boat for a beginning racer or someone looking to get back into racing. She won the 2005 Governor's Cup and continues to give challenge to the fleet leaders. Eric and I have owned this boat since 1998. She's gotten us hooked on Isotopes, so much so that we are upgrading to a 2006 model.

Boat specifications at <http://www.intl-fiberglass.com/isotope.html>.

Fleet Activities -

<http://www.intl-fiberglass.com/Isotope%20Nationals%202006.html>

Call or email if interested: 919-732-5410; joleen.rasmussen@bowebellhowell.com

12'2 ft. Howmar daysailer/racer for sale in Greensboro. (don't know year) Designed by Sparkman and Stephens. A great boat for kids, very fast and tippy. 90 sq. ft. of sail with jib. Beam 4'10". 86 long trailer. \$1500 for both, includes both sails, etc. Appraisal done in 2004. Call Carole Drexel - (336) 274-4789 or cdrexel@triad.rr.com

14 Force 5 sailboat with trailer - \$550. Ready to sail. Excellent boat for single-handed daysailing and racing. Contact David Layton at 336-643-0282.

16-foot Isotope- \$3000 These boats are built for speed and race regularly on Jordan Lake as well as other local regattas. They have been built locally in Durham and New Bern, NC for over 30 years:

<http://www.intl-fiberglass.com/boats.html>

This particular boat is vintage 1981 (see pictures below). It is in very good condition, with trampoline replaced a few years ago. Includes:

- Furling jib
- Righting bar (just in case)
- Trailer
- Catamaran sailing book

The boat is very light and can be pulled by any vehicle (including a car). It can be rigged by one person in about 30 minutes and sailed by one or two.

Contact - Phil Herold [pherold@nc.rr.com]
<http://raleigh.craigslist.org/boa/584349841.html>

Lake Townsend Yacht Club Help Lines

| | |
|--|--|
| Commodore: Joleen Rasmussen 919 732-5410 R joleen.rasmussen@bowebellhowell.com | Cruising: Starling Gunn 336 939-2508 R justbgunbell@bellsouth.net |
| Races: Uwe Heine (Vice Commodore) 336-585-0951 R heineu@bellsouth.net | Membership: Steve Raper Steve.raper@greensboro-nc.gov |
| Education: Adam Zehand (Rear Commodore) 336 288-3762 R adam_zahand@yahoo.com | Social: Debbie Johnson DAREYNOL@uncg.edu Keith Smoot Gwahir23@Embarqmail.com |
| Finance: David Raper (Treasurer) 336 6432-7071 R Gwynedd22@bellsouth.net | Junior Sailing: David Duff 336 282-7773 R David.Duff@analog.com |
| Publicity/History: David Young (Secretary) 336 545-1655 dwyoung@triad.rr.com | Mayor's Cup Regatta: Valerie Nieman valnieman@yahoo.com |
| | Newsletter/Directory: Nancy Collins-Heine 336 585-0951 R heineu@bellsouth.net |
| | Webmaster: Steve Raper Steve.raper@greensboro-nc.gov |

Call People. Go Sailing

In an effort to involve more sailors in the Club's Sailing Events and Racing Programs, this "Available to Crew" list is published in each newsletter. The people listed have taken our Learn to Sail class or have other previous sailing experience and are looking to get more time on the water. So, if you have a boat and would like to participate in the Summer or Frostbite Race Series, why don't you call one of these folks for your crew? Alternatively, if you need a cruising partner on your boat or would like to team with someone on one of the city sailboats for a day sail or a race, contact someone on this list. If you would like to add your name to the list, contact Nancy Heine, Newsletter Editor (See the Help Lines box located in this newsletter).

Available To Crew

| Name | Home Phone | Work Phone | E-mail |
|--------------------------|--------------|--------------|--|
| Bill Byrd | 336-635-1926 | N/A | |
| Chip Cromartie | 336-601-0464 | 336-274-3559 | cromartie@triad.rr.com |
| Cynthia & Sam Reichelson | 336-540-1279 | 336-273-2511 | reichelson@cs.com |
| Catherine Clark | 336-315-0414 | | |
| Mike Bianco | 336-299-4461 | | mfbiano@aol.com |
| Keith and Kelly Francies | 366-292-9042 | 336-362-5335 | keith.francies@davey.com |

**** Attention ** – Can't remember the password for the login required for the Members Cove area on the website?? There is now a [\(Need password?\)](#) link. Click on this & it will bring up an email form addressed to our WebMaster with the subject line 'LTYC Members Cove login: - Send me your name and email address to receive login name and password.'**

January Race Results - Race Results also available via
<http://www.laketownsendyachtclub.com/Documents-temp/raceresults.pdf>

Lake Townsend Yacht Club
 Summer Series
 January
 Open Portsmouth



| Skipper | Crew | Boat | Sail # | Place | Total Score | R3 6-16 kts 56deg | | | | R4 6-12 kts | | | |
|-----------|---------|-----------------|--------------|-------|-------------|-------------------|----------------|------|-------|--------------|----------------|------|-------|
| | | | | | | Elapsed Time | Corrected Time | Code | Place | Elapsed Time | Corrected Time | Code | Place |
| Streb | Bart | Alex Streb | YF 15 | 1 | 26 | 21.93 | 25.38 | | 14 | 21.03 | 23.92 | | 12 |
| Murphy | Charles | Tom Deaton | YF 2678 | 2 | 26 | 21.97 | 25.43 | | 13 | 20.73 | 23.58 | | 13 |
| Griffin | Jack | Scott Ceasar | FSCT 5818 | 3 | 21 | 24.27 | 27.24 | | 10 | 21.68 | 23.98 | | 11 |
| Andrews | Phil | | LASE 2/69511 | 4 | 20 | 24.4 | 26.81 | | 11 | 22.9 | 24.81 | | 9 |
| Fragakis | John | | LASE 6847 | 5 | 19 | 24.82 | 27.27 | | 9 | 22.55 | 24.43 | | 10 |
| Bouknight | Robert | Lucas Bouknight | LI 13380 | 6 | 17 | 22.62 | 26.49 | | 12 | 24.42 | 27.88 | | 5 |
| Lupton | Fred | Barb Lupton | FSCT 3638 | 7 | 16 | 25.05 | 28.11 | | 8 | 22.57 | 24.97 | | 8 |
| Hemphill | John | Bill McGalliard | FSCT 4043 | 8 | 14 | 25.45 | 28.56 | | 7 | 22.75 | 25.17 | | 7 |
| Rasmussen | Eric | Nancy Collins | FSCT 3801 | 9 | 12 | 27.72 | 31.11 | | 6 | 24.48 | 27.08 | | 6 |
| Morris | Steve | Kevin Reilly | FSCT 3500 | 10 | 8 | 31.67 | 35.54 | | 4 | 27.9 | 30.86 | | 4 |
| Morton | Scott | Debbie Morton | BCN 1178 | 11 | 7 | 29.92 | 34.67 | | 5 | | | DNF | 2 |
| Bews | Tom | Bob Darby | FSCT 2680 | 12 | 2 | | | DNS | 2 | | | DNC | |
| Kobelev | Sergey | | CAT142 | 13 | | | | DNC | | | | DNC | |
| Heine | Uwe | | FSCT 3801 | | 6 | | | RC | 3 | | | RC | 3 |
| Rasmussen | Joleen | | TNZ16 232 | | 0 | | | RC | | | | RC | |
| Reynolds | Deborah | | | | 0 | | | RC | | | | RC | |
| Young | David | | FSCT | | 0 | | | RC | | | | RC | |
| Zahand | Adam | | | | 0 | | | RC | | | | RC | |
| Gundlach | Wendell | | FSCT | | 6 | | | RC | 3 | | | RC | 3 |

Lake Townsend Yacht Club

Frostbite Series

Dec 2008-Mar 2009

Open Portsmouth Monohull



| Skipper | Class | Sail # | Total | Dec | | | | Jan | | | | Fun | |
|-----------|---------|--------|----------|------|------|------|------|------|------|------|------|-----|---|
| | | | | 1 10 | 2 10 | 3 13 | 4 13 | 1 13 | 2 13 | 3 13 | 4 13 | | |
| Griffin | Jack | FSCT | 5818 | 43 | 12 | 10 | 10 | 11 | | | | | |
| Streb | Bart | YF | 15 | 42 | 7 | 9 | 14 | 12 | | | | | |
| Andrews | Phil | LASE | 185542/6 | 39 | 11 | 8 | 11 | 9 | 6 | | | | |
| Lupton | Fred | FSCT | 3638 | 35 | 8 | 11 | 8 | 8 | | | | | |
| Bouknight | Robert | LI | 13380 | 33 | 10 | 6 | 12 | 5 | | | | | |
| Heine | Uwe | FSCT | 3801 | 27 | 9 | 12 | 3 | 3 | | | | | |
| Murphy | Charles | YF | 2678 | 26 | | | 13 | 13 | | | | | |
| Hemphill | John | FSCT | 4043 | 25 | 6 | 5 | 7 | 7 | 5 | | | | |
| Morris | Steve | FSCT | 3500 | 20 | 5 | 7 | 4 | 4 | 3 | | | | |
| Fragakis | John | LASE | 6847 | 19 | | | 9 | 10 | | | | | |
| Morton | Scott | BCN | 1178 | 13 | 3 | 3 | 5 | DNF | 2 | | | | |
| Rasmussen | Eric | FSCT | 3801 | 12 | | | 6 | 6 | | | | | |
| Bews | Tom | FSCT | 2680 | 10 | 4 | 4 | DNF | 2 | 4 | | | | |
| Gundlach | Wendell | FSCT | | 6 | | | RC | 3 | RC | 3 | | | |
| Nieman | Valerie | | | 6 | RC | 3 | RC | 3 | | | | | |
| Rasmussen | Joleen | TNZ16 | | 6 | RC | 3 | RC | 3 | | | | | |
| Reynolds | Deborah | | | 6 | RC | 3 | RC | 3 | | | | | |
| Young | David | FSCT | | 6 | RC | 3 | RC | 3 | | | | | |
| Zahand | Adam | | | 6 | RC | 3 | RC | 3 | | | | | |
| Russel | John | FSCT | | 3 | | RC | 3 | | | | | | |
| Bouknight | Lucas | LI | 13380 | 0 | | | | | | | | | 7 |
| Kobelev | Sergey | CAT142 | | 0 | | | DNF | DNF | | | | | |