

Lake Townsend Yacht Club

Tell Tales

February/March 2018



New Program: High School Sailing Team

March 24 Race Management Seminar

Let's Go Sailing / STEM with NC A&T College of Engineering

A Rookie Goes Cruising at Cedar Key

Let's Go Sailing!

Race Management **March 24** **Crosswinds Marina**
Presented by Jerry Thompson **565 Farrington Rd.**
(See page 6 for details) **Lake Jordan**

Race Series **April 14** **Lake Townsend**
(If inclement weather, meet in classroom)

LTYC vs CSC Interclub **April 15** **Lake Townsend**

April 28 Let's Go Sailing / STEM with NC A&T College of Engineering
Skippers & Volunteers please sign up on Scratch Sheet **Lake Townsend**

<http://laketownsendyachtclub.com/v10-Includes/v10-Homeport.asp>

2018 LTYC Calendar

Blue=Racing **Gray=Meeting/Seminar/Other**
Peach=Social Sailing **Board Meeting 1st Thurs each month**
Classes: Green=Adult; Pink=Junior **Yellow=Holiday**

April						
M	T	W	T	F	S	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29

15 Piedmont Interclub (LTYC)
 21-Work Day
 28-Let's Go Sailing STEM 2

May						
M	T	W	T	F	S	S
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

5-Instructor Orientation
 6-Powerboat Training

June						
M	T	W	T	F	S	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	

1-3 Mayor's Cup
 15-17 Governor's Cup (Kerr)
 23-WOW training

Big News!

LTYC HIGH SCHOOL SAILING TEAM!

by Mark Hayes



Lake Townsend Yacht Club is forming a High School Sailing Team! The Board of Directors approved the team during their December meeting. The team will compete in the South Atlantic District of the Interscholastic Sailing Association (ISSA) beginning this spring.

For those not familiar with high school sailing, it is one of the fastest growing segments of sailing in the United States. Teams compete in regattas representing their schools across the nation. Teams are often formed by combining students from different schools, as well as a single school, and are usually supported by nearby yacht clubs like LTYC. There are North Carolina teams in the Raleigh/Durham area, Charlotte, and Oriental/Pamlico County.

Sailors compete in two separate seasons corresponding with school semesters in the fall and spring. Regattas are hosted in North Carolina by Carolina Sailing Club on Lake Crabtree in Raleigh, Lake Norman Yacht Club on Lake Norman, and Bow To Stern Sailing in Oriental. The racing is tailor made for teens. The sailors do not trailer their own boats to the regattas, but rather use the fleet of the host club. Regattas are held in Flying Juniors and 420s. Spinnakers and trapezes are not used. Courses are one lap windward/leeward, and are very short, with races designed to be no more than 15 minutes. The winner is usually determined by the start and catching the first wind shift. The sailors rotate on and off the boats, with participants divided into an A and B Fleet. Scores are calculated on the finishing order of each boat and team, similar to our inter-club regattas. This creates a fast-paced regatta, with sailors spending 30 intense minutes at a time on the water, followed by relaxing on shore with their friends before racing again. It is the same format utilized by college racing. Part of what makes high school sailing so appealing to teens is that it is so social. Teens love sailing if they are with their friends! ISSA also sponsors singlehanded and keelboat championships.

Our team will be open to both middle and high school students, and no experience is required. Students are welcome from across our area and are not required to be from the same high school; nor initially, members of LTYC. We will ask that all sailors join LTYC as junior members if they are not members with their family. The team will be coached by Alan Taylor, Stephanie Taylor and Mark Hayes.

Juniors have long been an important part of LTYC. Countless kids from our community, as well as many members' children, have learned to sail in our summer junior classes. We hope to tap into this success! The team will meet weekly for classroom and training sessions at the club. (The marina is also fully supporting us!) Our sailors will train at our lake on the city's Capris and the club's Tanzers. On regular LTYC race weekends the sailors will be encouraged to race their own boats or crew for adult members.

If you have a child or grandchild, or know of a middle schooler or high schooler who might be interested in joining the team, please contact Mark Hayes at mhayeslaw@triad.rr.com. Students with little or no sailing experience are welcome. We had our first organizational meeting on March 8, and sailing will begin in April. Let's get kids sailing!



US Sailing's STEM Education Series
Elizabeth City, NC. Feb, 10, 2018
 by Otto Afanador

At this meeting, a follow-up to the January US Sailing leadership meeting in Florida, the message by the presenter was clear: "We have to take steps to stop the diminishing trend of sailing participation by all age groups." One of the main focuses in stopping the trend is building stronger junior programs at our individual associations, so not only the children enjoy the sport, but also the entire family.

I personally think that we do a great job on educating our juniors on basic sailing skills such as:

- * Wind direction
- * Parts of the boat
- * Rigging/unrigging
- * Knots/lines
- * Points of sail
- * Boat handling
- * Safety.

During the STEM Education Series class we had the opportunity to review all ten modules:

Module 1. Measuring Wind

Module 2. Buoyancy

Module 3. Sail Area and Perimeter

Module 4. Simple Machines on Sailboats

Module 5. Water Quality Testing

Module 6. Marine Debris

Module 7. Upwind Sailing Angles

Module 8. Land and Sea Breezes

Module 9. Wind Power

Module 10. Underwater Exploration

Having the opportunity of assisting with our junior and adult classes at LTYC, I wrote key notes on several modules, that I believe would enhance our program.

Module 1. Measuring Wind

I learned from the US Sailing Instructor course in early January, that several of the junior instructors blow soap bubbles, and it works great to show the wind direction.

Making a wind anemometer during one of the class days and taking wind measurements is a great activity and easy to accomplish.

Module 2. Buoyancy

Participants make objects that will float out of ½ stick of clay, and have a competition so see who can float the largest number of washers in a bucket of water.

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Module 6. Marine Debris

The most common types of marine debris include cigarettes, food wrappers, and plastic water bottles. Participants brainstorm a list of items that our juniors will find in our marina and around their lakes or creeks.

Last but not least, we have to make an effort to make the juniors and adult classes as fun as possible. The US Sailing association has recognized the need for such changes and they already provide with a link for it:

<http://www.ussailing.org/keeping-regattas-fun/>

Opening the link will give access to “Un-Regattas.”

Last, I would like to offer to lend the Educator Guide and the Student logbook and Portfolio books to all of the junior instructor volunteers, so by reading those, we all can add our own twist and help our junior program grow and become the seed for new families and members of our beloved LTYC.



Let's Go Sailing!

Free sailboat rides!

**Saturday, April 28, 2018
11 a.m. to 3 p.m.**

**And Learn How STEM - Science, Technology,
Engineering and Math - Applies to Sailing!**

**Join us for lunch!
Food will be available for purchase!**



WHERE? Lake Townsend Marina, 6332 Townsend Rd., Browns Summit

**Co-sponsored by Lake Townsend Yacht Club, NCA&T College of Engineering,
and Greensboro Parks and Recreation**

Race Management Seminar

On March 24, LTYC will be co-sponsoring a race management seminar. It will be presented by Jerry Thompson, who recently presented the rules seminar at Townsend. The seminar will begin at 9AM and last until 12ish. After a delicious lunch, an informal racing rules roundtable will be held. Of course, the rules roundtable is optional since we had our rules seminar recently.

This is not just for skippers who want to be PRO (Principal Race Officer) or even assistant PRO. It is for all sailors who want to know more about racing. It will help each sailor anticipate what the race committee will do, thus increasing our ability to prepare on the water. This is particularly important when races are shortened or marks are moved due to wind direction changes.

This seminar will clarify what each flag signifies when displayed on the signal boat or the mark boat. It will clarify the importance or non-importance of the sound signals. It will help sailors understand how a race course is set up on the lake, what types of conditions the race officers are considering when choices are made for locations of marks, and how to place a mark in position from a mark boat. It will clarify the responsibilities of the race committee and the competitors concerning enforcement of the rules and protests. This will be a great addition to the rules seminar we enjoyed recently.

The seminar will be held at Crosswinds Marina on Jordan Lake. (565 Farrington Rd. Apex, NC 27523) This is about a 1 hour 15 minute drive from Lake Townsend. I would like to coordinate carpools from Greensboro and Winston Salem and Lake Townsend.

If anyone is interested in carpooling, please email me at hobieone57@yahoo.com.

Ray Merrill, CSC's Commodore, will be grilling lots of wonderful meats for lunch. Because we are co-sponsoring the event, we ask that our members bring side dishes to share for lunch. Also, if any of you have folding chairs, please bring them to the seminar.

I believe this seminar is a worthwhile use of your time and be a great addition to each sailor's knowledge of sailboat racing.

Will you join me?

AnnMarie, Vice-Commodore LTYC

Here is the link for CSC's scratch sheet:

https://docs.google.com/spreadsheets/d/1PcPvH9n13bLqQam6nhFz_JGcjRc_J4rZpCgKfgdr1Is/edit#gid=1538080169

More information to come about CPR classes



Adult First Aid/CPR/AED

Recap of 3/10/18 Frostbite

Ahoy Sailors!

We completed three races on Sunday, March 10. It was a typical day for Townsend: light, flukey wind. A great group of RC volunteers managed superbly in difficult conditions. These are the only races in the Frostbite Series for 2017-2018.

The results are posted on the website. To remove "nq-rc" from the Place Column, just sign up for Race Committee on the website.

Look near the bottom of the Home page, just past the picture of the signal boat and click on the "Click here to expand your sailing experience" or use this link: [LTYC RC](#)

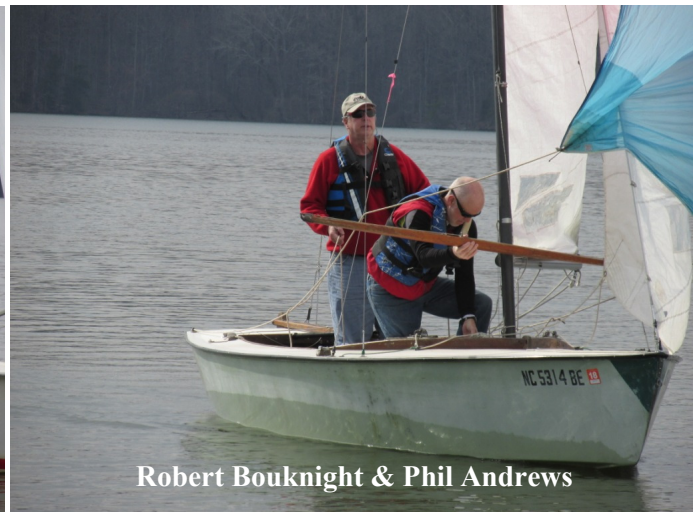
Once you have signed up, the honor system will prevail and credit will be given on the score sheet. Then your place in the rankings will be clear.

AnnMarie

LTYC Vice-Commodore



Rob Easton, Tom Bews, John Hemphill & Wendell Gundlach



Robert Bouknight & Phil Andrews

Photos by Scott Bogue





A Note from New Member Derek Robinson (after the Change of Watch in January)

Just a short note from my wife, Sabre, and I, to thank y'all for a lovely evening last night. You all made us feel very welcomed and we look forward to seeing you throughout the year, and participating in some racing.

For those that I spoke with last night who expressed more info on my boat, here it is:

Affectionally known in NY as a "Tuck". (see attached)

- * <http://tuck1design.tripod.com>
- * It is rated in NY. PHRF. My good sailing buddy in Washington, NC , who introduced me to the Tuck, has the rating book.

I'm currently sanding, and then painting my Tuck in Altamahaw, NC, and hope to have her in the water by mid-Spring.

Thanks again for making us feel at home last night!

With best regards,

Derek

Xtreme Teen Adventure Camp

Here's an opportunity for you or your teenagers. Mark Hayes & Alan Taylor are volunteering to do sailing demonstrations (mentioned below), but we'll need two or three Flying Scots to help out. If you're willing to help in other ways, please let Mark or Alan know. Thanks!

The Greensboro lakes are hosting an Xtreme Teen Adventure camp this year during **the weeks of June 25th - 29th & July 16th - 20th**. We are trying to incorporate all the lakes so naturally sailing comes up when we talk about Lake Townsend. Would it be possible to have a yacht club member bring a boat and take the kids out on the water? Maybe talk to them about the different parts of the boat, a few basic knots, etc. Ideally this would last around 2 hours and would happen once during each week of camp. We will have no more than 15 campers, ages 12 -15. If this is something that is feasible, our best times would be Wednesday between 11 and 3 or Thursday between 12 and 3, both weeks. Thank you,

Crystal Jones, Lake Attendant

Parks and Recreation

City of Greensboro

Lake Higgins Park

4235 Hamburg Mill Rd.

Summerfield, NC 27358

Phone: 336-373-3739, <http://www.gsoparksandrec.com/>

A Rookie Goes Cruising at Cedar Key

by Annette Grefe

When I bought my Wayfarer, *Epiphany*, from AnnMarie Covington in August of 2016, one of things that attracted me was the tale she told of the Wayfarer rallies and cruises. Last year I was still learning the basics of handling my boat, and my work schedule also interfered with longer trips. But after the Old Brown Dog Regatta last November, I was ready to go cruising! I was able to talk my husband, Dave, into tagging along. A bad back keeps him from sailing, but he is a great doggy daddy to our two babies, Jazz and Sienna, and very supportive of my new-found passion for sailing. I was very happy that AnnMarie, who has been my sailing mentor from the day she first introduced me to *Epiphany*, offered to be my crew.



Dave and I stayed at the Cedar Inn, a dog-friendly motel just a block or two from the boat ramp. It's a bit run-down, but the folks there were very friendly and allowed us to park the trailer in their space. The other Fleet 15 members - AnnMarie Covington, Phil Leonard and Ken Butler stayed at a nearby condo; Patty Kuntz, Lee Steelman, and John Cadman, at a different one right next door, and Al Schonborn at a motel further out of town.

On Monday night, we gathered for a nice dinner at 83 West Restaurant, drinking margaritas, reviewing the events at Lake Eustis and planning the next day's sail. AnnMarie showed us her nautical map app, iSailor. After ooh-ing and aah-ing over that for a while, we decided to plot a course for Seahorse Island, about 3 miles away.

The next morning brought mostly sunny skies, temperatures in the 60s and 70s, and steady winds ranging from 5-8 knots. *Epiphany* was the first to launch, followed by Ken and Phil in *Green Ninja*, and John and Patty in *Snowdrop*. Uncle Al and Lee joined in later. It was my first time on salt water, and my first time navigating channel markers. That wasn't too difficult, though my attention was often diverted by several groups of dolphins playing in the vicinity. Sometimes they were so close, we could hear them surfacing before we saw them. One pair swam so close to our port side, I could have touched them with my outstretched hand. We were flying along on a broad reach most of the way, while anhinga and pelicans decorated the channel markers, drying their wings in the breeze.

Close to Seahorse island, the iSailor app told us that there would be too many sand banks to approach the island directly so we veered off to the southwest, still following the channel markers. A cute little lighthouse and tempting beach came into view, but the map still indicated many shallows. We decided to heave-to for lunch -- another new skill for me. I had no sooner started in on my sandwich when we heard the crunch of centerboard against sand bank. AnnMarie's quick reaction and a few paddle strokes got us back into safer waters again. But there were lines of shore birds everywhere - and we couldn't quite tell if they were swimming or standing... So after a few conversations on the walkie-talkie with *Snowdrop* and *Green Ninja*, we decided to forgo landing on Seahorse Island and try Atsena Otie Island instead. This island is right across from Cedar Key, so in case the wind should die down, as the forecast had threatened it might, we could always paddle across the channel. So we headed back, again on a broad reach for most of the trip.

As we drew closer, we could see that the dock that had looked so impressive and inviting from a distance was in quite a state of disrepair. We didn't let that bother us and decided on a beach landing - another first for me! Ken and Phil were already there, and the rest of the group arrived soon after. What a treat to stretch our sore backs in 70 degree weather, under blue skies with sand in our toes and palm trees all around, and four beautiful Wayfarers anchored on the shore! I found a huge whelk and then set out with

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AnnMarie, Phil and Ken in search of any remains of the pencil factory that was supposed to have been on the island. But all we found was a beautiful old cemetery, lots of live oak trees with abundant Spanish moss, and even more abundant mosquitos, so we beat a hasty retreat back to the beach.

Returning to Cedar Key, AnnMarie and I decided to anchor *Epiphany* by the condo - another first for me. Dave and the dogs had spent the day exploring the town and getting a few groceries. After a nap, we joined the other Fleet 15 folks for a wonderful dinner at their condo. Ken had made a yummy white chili, and we happily plotted our course for the next day.

That day - Wednesday - promised winds ranging from 8 to 10 knots, so we decided to circumnavigate Seahorse from the north side. Once again we were greeted by groups of dolphins - one pair played in *Epiphany's* bow wave - crossing back and forth several times. What a thrill!

Uncle Al and Lee were in the lead. We headed to the northern side of Seahorse Island this time. At one point the course seemed to diverge from what AnnMarie had plotted out on the iSailor map, but we followed the group, again at a nice reach most of the way. At one point, a flock of white pelicans crossed in the distance, just before we turned westward. Al and Lee took off in a southerly direction, while we followed *Snowdrop* further west to try to avoid the abundant sand banks our map indicated. Soon we seemed to be in the open Gulf, with nothing but water for 270 degrees around.

We realized then that we had actually sailed north of not only Seahorse but also North Island, and debated whether to continue on around Seahorse or cut between North Island and Seahorse. *Green Ninja* decided to brave the shallows between the two islands; *Snowdrop* and *Epiphany* pressed on ... and on... and on... It seemed like the sand banks radiating out from Seahorse would never end. I sure gained a tremendous appreciation for the pilots of old who had to map out new channels all the time in ever-shifting sands, without the benefit of internet and ultrasound.

Those 8-10 knot winds never materialized, and just as we finally rounded the last long line of birds on the water, the wind all but disappeared. We were on a run but had to paddle and scull to make any headway. Finally, seeing that *Green Ninja* had made it through the shallows just fine, we decided to take a bit of a short cut ourselves. Our gamble paid off - at times we could see the bottom, but we never touched it and eventually reached the channel again, just as the wind kicked back up and we were able to follow *Snowdrop* and the dolphins back to harbor.

That night, after watching a glorious sunset on the west side of town, we ate at Tony's Seafood, famous for its (very rich!) clam chowder.

Thursday morning started out very foggy. We drove over to Cemetery Park, a cool board-alk park in the marsh with a fitness trail, benches and lots of birds to watch, including a pair of nesting ospreys. AnnMarie met us there on her bike. Once the fog lifted, we really did have stronger winds. John was sailing with his wife with a reef in the mainsail, and Phil and Ken decided to try some kayaking and biking instead of sailing. AnnMarie and I decided to try for Snake Island but we had no sooner reached the first channel markers when the wind really kicked in. We thought it the better part of valor to turn back - a good thing, too, as AnnMarie later noticed that one of the rivets holding the spreader on *Epiphany's* mast had come out. With Phil's help that was quickly repaired. Dave, the dogs and I spent the rest of the day shopping the town's cute little gift shops and art galleries, reading, napping and watching the sunset again before heading back over to the condo for a final cookout. Ken's apple pie was a great way to top off a wonderful stay at Cedar Key!



Cedar Key, FL
Photos by Annette Grefe



Please Like LTYC on facebook



- Check in at LTYC on facebook
 - Tag us
- Write an endorsement for LTYC
- Like LTYC on the “Like” page
- Post a review of LTYC on FB
- If you need help to post pictures or a video on our page, please contact JC Aller at aller.jc@gmail.com

Let's Go Sailing! Available to Crew:

Otto Afanador, ottosolar@aol.com, (336)-269-1765

Jeanne Allamby, jeanne.a.allamby@usps.gov, (401)-996-0198

JC Aller, aller.jc@gmail.com, (336)-580-0528

John Carr, carrjl_40514@yahoo.com, (859)-227-3688

Jack Clodfelter, specialtypainting@gmail.com, (336)-286-6688

Susan Cole, sscole@triad.rr.com, (336)-707-0678

Mark Jozefowicz, mark.jozefowicz@reliantaluminumproducts.com
(336)-289-2205

Trish McDermott, 88hawkg650@gmail.com, (336)-707-2846

Steve Newgard, slnpicture@aol.com, (336)-688-4952

Keith Smoot, keith@br1980.com, (336)-996-6734

William Young, woyoung@triad.rr.com, (336)-707-0295



The best way to get a crew spot is to sign up on the racing scratch sheet under “Available to Crew.” Go to www.laketownsendyachtclub.com, click on Scratch Sheet: Participation Signup. Scroll down to the bottom of the page and select the tab for your chosen race day (you may have to use the left and right arrows). You can also come out to the lake on race day; many times skippers will be looking for crew.

Want to be added to this list? Email membership@laketownsendyachtclub.com

Lake Townsend Yacht Club Board

Commodore: Robert Bouknight ♦ ♦ ltyccommodore@gmail.com

Vice Commodore/Racing: AnnMarie Covington ♦ 336-266-5919 ♦ hobieone57@yahoo.com

Rear Commodore/Education:

Treasurer: Mark Wise ♦ 336-207-4200 ♦ ltyctreasurer@gmail.com

Secretary: Nancy Torkewitz ♦ 919-630-0360 ♦ heynineteen1919@gmail.com

Equipment: Scott Bogue ♦ 336-707-9183 ♦ scott.aomci@gmail.com

Membership: Joleen Rasmussen ♦ 919-440-2802 ♦ joleenrasmussen@embarqmail.com

Social: ♦ ♦

Webmaster: Mark Wilson ♦ 336-324-5018 ♦ mark.wilson@wilsontechnologysolutions.com

Mayor's Cup/Nominating/Past Commodore: David Duff ♦ 336-908-9754 ♦ homengso@triad.rr.com

Newsletter/Publicity/Social Sailing: Trish McDermott ♦ 336-707-2846 ♦ 88hawkgt650@gmail.com

Social Media: JC Aller ♦ 336-580-0528 ♦ aller.jc@gmail.com

* **You don't have to be a board member to help out. Everything this club does is done by volunteers. Please contact the individual board member to see how you can contribute.**

Thanks for making LTYC the best!

Board meetings are open to all members. They are held the first Thursday of each month at 5:45. Please contact any board member for the location.



Did you know? . . . You can now find a link to sailing instruction videos on our website in the top yellow box that has the Scratch Sheet sign-up.

Classified Ads

Buy – Sell – Want to Buy

Boats-Equipment-Accessories — Ads run for 3 months if not renewed.

newsletter@laketownsendyachtclub.com

LIGHTNING SAIL BOAT # 12705

This sailboat is a one design ready to race or cruise.

It includes custom trailer, 3 complete sets of sails (one set 3 years old), 2 spinnakers, stainless steel centerboard, and compass. Cover included.

Can be seen at my house in Greensboro NC. Text me for directions: 336.282.9552

\$ 2200.00. Cash....no trades. Titles for boat and trailer in hand.

Contact: Jim Schwartz

2016 Wayfarer Mark 4 Sailboat, #11148, Race Ready

Dark blue hull with white interior. Galvanized trailer with mast carrier and spare tire.

Blades in perfect condition. Roller furling jib, main and spinnaker.

Top and bottom trail covers.

Pristine condition, stored inside.

\$13,900

336-413-2381

1980 Catalina 22 for Sale

In good shape for an older boat, but needs someone with time to invest some TLC. You can see it at Merritt Marine in Hillsborough at I-85 and Hwy 86.

\$2,000 without motor. \$3,000 with motor, a Yamaha 6 HP, 4 stroke.

Glenn Edwards <glennedw@gmail.com>

Next Newsletter deadline: April 10

LYYC Is Going Green!

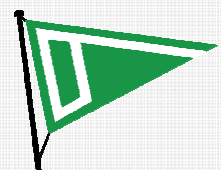
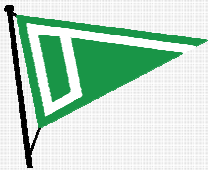
Our goal is no more plastic water bottles or Styro-foam cups in the landfill. Did you know that only about 9% of what we recycle is actually recycled?

We encourage everyone to bring a reusable water bottle and coffee cup to events at the lake. If you have extra reusable coffee mugs or water bottles, please bring them to our races and social events. Thanks!



A Quick Look at Some of the Benefits of Your Membership:

- * Make new friends
- * Great food and adult beverages after sailing
 - * Mentors available to help you
 - * Continuing education programs
- * Free use of city sailboats during LTYC events
 - * Free use of club sailboats
- * Free boat launching during club events
 - * Yacht club reciprocity
- * Monthly newsletter



Etc.

Thank you to the family of
Ken Warren
for donating his Lightning to our club!



Phil Andrews and Robert Bouknight sail Ken Warren's Lightning in the Frostbite Series on March 10, 2018