

Lake Townsend Yacht Club

Tell Tales

JULY, 2022



Happy Independence Day!

Hoisting Sails

. A brief history of the founding of the LTYC High School Sailing Team

Although the idea for a local high school sailing team had sparked long before, the summer of 2017 was when the very first steps were taken to start a team at Lake Townsend. The idea was originally proposed by former commodore Allan Taylor and my brother, club member Luke Hayes; and my father and I quickly hopped aboard as well. Stephanie Taylor was also involved. The remainder of that summer was spent planning and attempting to organize the inaugural season of the first high school sailing team in the Triad. In December of 2017 Allan and Mark presented the idea to the LTYC Board of Directors. Both the board and the city agreed to support us and allowed us to use the club SCAT boats and Tanzers and the city gave us permission to use the Capris. Thus the High School Sailing Team had become a reality! Luke and Lanie Walsh, Allan's niece, were our first captains.

The team's first interest meeting was held on March 8th of 2018 and the first practice on March 22nd. There were 23 different middle school and high school students who sailed that first season; however, I was unable to sail. I had recently broken my back in a lacrosse game and was unable to compete during our first season, but that did not stop me from riding in the coach boat and helping out in any and every way I could. The team trained hard for the first few months, practicing several days a week, rain or shine, wind or calm. In May of 2018 we had our first interclub regatta with Research Triangle Park's high school team. The regatta was sailed in C420's, boats our team had not had access to train in, and the day of the regatta proved to be very shifty winds and light rain. Regardless of this, Luke and his crew, [Nino Criscuolo](#) came out in second place overall.

By Fall of 2018 I had been cleared to sail in time for our team's second season. We continued to train on the city and club boats. We were also a much younger group because a large portion of our racers from the season before had graduated high school the previous spring, leaving myself and many of my middle school and early high school friends making up the majority of the team. We trained hard though and were eager to advance, being pushed evermore by the addition of our new coach and former commodore, George Bageant. We had an impressive season despite our relatively green team, highlighted by our second interclub regatta at RTP, where myself and Jack McArthur (both middle schoolers at the time) finished in second place. The real turning point for our team however came in late December of 2018 when several of the parents of our team members banded together to purchase our very own C420s from Hampton Yacht Club in Hampton, Virginia. Dedicated parents of four different families drove up to Virginia to trailer these boats back down to Lake Townsend to loan to our team, and the city graciously allowed us spots to leave these boats at the lake. In 2021 two additional C420s were generously donated to the high school sailing team from Fishing Bay Yacht Club in Deltaville, Virginia.

The switch to C420s, the boats raced at official high school regattas, fueled our team's ambition even further. We continued to train diligently and improved significantly, as we continue to do today. Currently the team's roster hovers between 15 and 18 sailors, with a fleet made up of six C420s. We continue to race in two seasons a year with roughly four away regattas and seven club regattas a year. Due to our dedicated coaches and passionate sailors, we have grown to be a very successful team, finishing well among teams from around the Southeast and producing two South Atlantic Yacht Racing Association All-Star sailors last year. Our team would be nowhere today without the support of all of the dedicated sailors, parents, coaches, and club members. I would like to specifically thank Allan and Stephanie Taylor for getting us off the ground, long time coach George Bageant, our head coach and team organizer Mark Hayes, the Lake Townsend Yacht Club Board of Directors, and all of the amazing club members who have supported us in many ways. It truly means the world to us.

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As I enter my last year of high school sailing, I am hopeful and excited for the future of this team as I know it is being left in good hands. This year we will be transitioning to a new coaching staff as well as bringing up a new senior group of sailors who are ready and willing to continue to lead the team and hold it to a high standard. I will always be thankful for my time as a member of the Lake Townsend Yacht Club High School Sailing Team.

Fair winds and following seas,



Logan Hayes



First practice for the LTYC High School Sailing Team in March 2018.

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Stephanie teaching the members how to rig a Tanzer at our first practice.

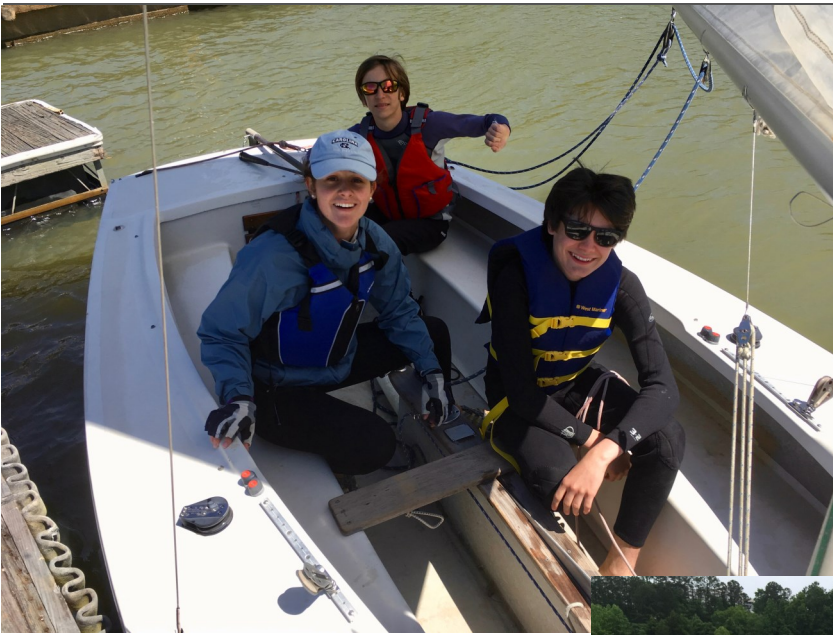
Luke teaching the members how to rig a Capri at our first practice.



Allan and Stephanie running a practice race at one of our early practices in 2018.

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John, Lanie and Stratton at one of our first season practices.



Logan driving the mark boat at our first regatta, sailed at Lake Crabtree.



Joseph, Nino, Lanie, Luke, Henry, John, Stratton and Logan at our first regatta in May 2018, at Lake Crabtree.

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Luke and Nino winning second place at our first regatta in May 2018.

Jack and Logan racing at our second regatta, at Jordan Lake in December 2018.



Jack and Logan receiving their second place awards at Jordan Lake.

Let's Learn to Sail!

Only 2 Of the 17 separate classes we scheduled for this year still have available space for students!



Don't miss out. Register early to make sure you lock in one of the rapidly disappearing slots. If you want this training wouldn't it make sense to get it as early as possible rather than at the end of the sailing season?

There is only an Intermediate course and a Learn to Race course left.

You can still get a spot in either of these (assuming you act now), so check out [this year's schedule](#) and then click on the link to the Online Registration Form.

Visit the LTYC website to sign up for one of the classes listed.

Learn to Sail:

[Learn-to-Sail \(laketownsendyachtclub.com\)](http://laketownsendyachtclub.com)

Volunteers Needed!

All classes are in need of volunteers. Visit <https://laketownsendyachtclub.com/activities/InstructorSignUp.asp> to sign up as an Instructor, Assistant, or Scat Boat Driver.

Xtreme Teen Outdoor Adventure Week



As part of City of Greensboro Parks & Recreation's "Xtreme Teen Outdoor Adventure Week", on Wednesday July 20th four LTYC skippers including Scot Bogue, Trish McDermott, Virginia Summerell, and Andy Forman once again took 12 teenagers ages 12-15 plus 2 camp counselors out on 4 Flying Scots for a two hour 1st Sail.

The park was closed to the public (it was Wednesday) so we had the entire Lake Townsend to ourselves. The afternoon was warm, the wind was perfect at around 5-6 knots, and we had great fun. All crewmembers had the opportunity to defend their boat from the squirt gun attacks of the 3 other dastardly boats.



Sid Hale took a safety boat out with one of the counselors (just in case), but with only four boats to watch, they also participated in the water cannon battles.

Many thanks to the skippers who volunteered to help out on this event.

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9 July 2022 Racing Results

Ahoy Sailors!

Winds were non-existent until the last minute, but they were forecast to be 3-5 knots as the day progressed — so we decided to give it a chance. It finally filled in—sort of. They were so fickle that it took three attempts to set a course, and so light that we decided to set a short windward/leeward course and run single lap races just so we could get in a reasonable number of races.

We also decided to run all three classes together (Flying Scot, Wayfarer, and Open Class) to minimize the amount of wait time between races. Did I mention that it was very, very hot?

The race results and the standings for the season can be found at this link: [Race Series Scores \(laketownsendyachtclub.com\)](http://laketownsendyachtclub.com)



Thank you to all the Race Committee volunteers this weekend: Sid Hale, Trish McDermott, J C Aller, John Russell, Ron Washburn, Paul Fisher, and Scott Bogue.

Thank you to all the people who organized and helped provide food for the social: Linda Ford, Cathy Leonard, and Pete Thorn (I'm sure I left someone out... Please forgive me!!! I assure you that your time and efforts are truly appreciated.)

As you can see, it takes a lot of volunteers to create a successful event. Please consider volunteering with your club in the future.

See you at the next race weekend, 13 August.

Sid Hale

God made man so he could float on a piece of wood—Frances Morgan Giles

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Besides running a safety boat, Scott Bogue also managed to get a few race photos. Thanks, Scott.

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How to Set Sheet Blocks for Maximum Sail Power

Captain John,

[Www.skippertips.com](http://www.skippertips.com)

[Captainjohnskippertips.com](http://captainjohnskippertips.com)

Where do your Genoa sheet blocks need to be positioned along the Genoa track? It all starts with a neutral block position. Find the neutral block position where the sheet will apply equal tension on the leech and foot. Follow these easy sailing tips.



The neutral or "starting" sheet block position will give you a starting point for other sheet lead block settings. This position will depend on the relationship between the foot and leech of your Genoa or headsail. You want the Genoa or jib sheet to exert equal amounts of tension along the foot and leech for a good overall shape in moderate sailing conditions.

Most cruising Genoas are 150%, so the leech will be about 50% longer than the foot. Thinner sails like a working jib will need the sheet blocks positioned farther forward to support the longer leech (more on this later).

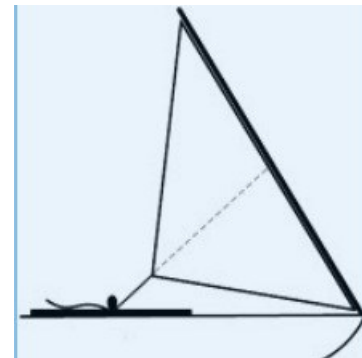
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150% Genoa Neutral Block Position

Pick a day with little to no wind. No need to get underway, you can do this first part in your slip. Unfurl the Genoa or hank on one of your sails. Determine the mid-point of your sail luff. You could mark this with a small piece of removable tape or just estimate the mid-point of the luff by eye.

Bend down in line with the Genoa lead block on one side of the boat. Sight up the sheet to the mid-point of the luff.



Slide the block fore or aft to create an imaginary straight line from the lead block up the sheet through the clew and then to the mid-point of the luff (dotted line in the illustration to the right). Mark the track position with tape or a marker.

Find the neutral block position. This places equal tension along the leech and foot of the sail.

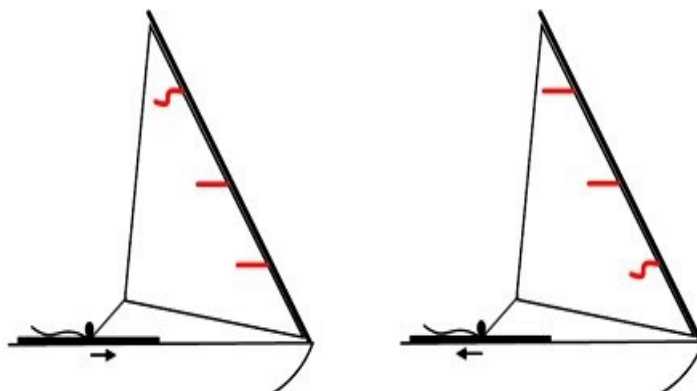
Mark the same position on the track on the other side of the boat. Keep both blocks in this neutral position in moderate sailing winds.

Working Jib Neutral Block Position

Thinner sails have longer leeches relative to the foot, so they need more tension along the leech. Sight up the sail to a point about 60% to 70% above the tack. Move the working jib block to this location along the working jib track. Set the block on the opposite side working jib track to this same position. Mark the neutral block position for the working jib on both sides of the boat.

How to Test Sheet Block Position

Test your block positions once you go sailing. Get onto a close hauled course with all luff telltales streaming together. Head up at a slow pace and watch the telltales break (flutter). Do



If the top telltale breaks first, move the block forward (left illustration).

If the bottom telltale breaks first, move the block back (right illustration).

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If the upper telltales break first, your blocks are too far aft. This places more tension on the foot than the leech. Move the blocks a hole or two toward the bow (Top=To**ward**). Repeat the test; adjust as necessary until all telltales break even at the same time.

If the lower telltales break first, your blocks are too far forward. This places more tension on the leech than the foot. Move the blocks a hole or two back (Bottom=**Back**). Repeat the test; adjust as necessary until all telltales break at the same time.

IT'S THAT TIME AGAIN

2022 Memberships Renewals Are OVER Due

The Benefits of Membership

Competitive Fun Sailing

On the second Saturday of each month we hold our regular LTYC race series. This is 'around the buoys' racing where courses are laid out and there is a Signal Boat (pontoon boat) which carries the Race Committee who administer the race. There are specific times set to attend an online competitors meeting prior to the race day and to have your boat at the starting area to race. Typically, there are three races run.

Social Fun Sailing

On the fourth Saturday of each month we have a Sail-abration! There is no set time or agenda. This weekend is for daysailing and cruising just for fun. Club members are there who may either invite you to go sailing on their boat or give you advice about sailing your boat or a rental. It's a good time to practice and improve your sailing or racing skills. Best way to learn is to be onboard with one of our experienced skippers.

Other Benefits

Seminars and training for beginning and intermediate sailors

Availability of club boats including one Lightning, two Flying Scots, two Wayfarers, and two Tanzer 16s. All are ready for use, mast-up and on trailers. For more information, see the [club sail-boat usage policy, agreement, and reservations](#) in the Members' Cove.



New Membership

Membership Renewal

CLASSIFIED ADS

YOUR AD WILL RUN 3 MONTHS.

IF NOT RENEWED BY ADVERTISER, THEY WILL BE DELETED.

SEND YOUR CLASSIFIED TO :

newsletter@Laketownsendyachtclub.com



For Sale: Wayfarer #1066, The "Dawn Treader"

1965 Wood Wayfarer equipped for racing and cruising

Has 2 mainsails, 2 jibs and 1 spinnaker

Decks replaced in 2009, Centreboard and rudder new in 2012

Silver Selden mast and boom with Harken rolling furling system

Complete spinnaker rigging

Trailer with new rims, tires, and registration

\$5,200.00

Jim Heffernan 919-9426862

jheff40@icloud.com



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FOR SALE: Wayfarer #560 with trailer.

The price is \$4500.

It is a pretty, blue-hulled Wayfarer in good shape. Race and cruise ready

Lots of restoration and upgrades (new paint, blades, etc)

More details, photos and contact info at [W560_Classified\(laketownsendyachtclub.com\)](http://W560_Classified(laketownsendyachtclub.com))





Please Like LTYC on facebook

- Check in at LTYC on facebook
 - Tag us
- Write an endorsement for LTYC
- Like LTYC on the "Like" page
- Post a review of LTYC on FB
- If you need help to post pictures or a video on our page, please contact JC Aller at aller.jc@gmail.com

Please follow our High School Racing Team on Instagram at [ltycsailingteam](https://www.instagram.com/ltycsailingteam), and of course, on facebook at www.facebook.com/laketownendyachtclub/

Next newsletter deadline: Aug 13, 2021

◆ Lake Townsend Yacht Club Board

Commodore: Andy Forman	◆ commodore@laketownsendyachtclub.com
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Rear Commodore/Education: Ron Washburn	◆ education@laketownsendyachtclub.com
Treasurer: Kim Jones	◆ treasurer@laketownsendyachtclub.com
Secretary: Linda Ford	◆ secretary@laketownsendyachtclub.com
Equipment: Mark Green	◆ equipment@laketownsendyachtclub.com
Membership: Leigh Wulforst	◆ membership@laketownsendyachtclub.com
Social Outreach: Trish McDermott	◆ lgs@laketownsendyachtclub.com
Marketing:	OPEN – Need a volunteer!
Newsletter: Sid Hale	◆ newsletter@laketownsendyachtclub.com
Social Media: JC Aller	◆ socialmedia@laketownsendyachtclub.com

You don't have to be a board member to help out. Everything this club does is done by volunteers. Please contact the individual board members to see how you can contribute.

Thanks for making LTYC the best!

Board meetings are open to all members. They are held virtually, via, Zoom the first Thursday of each month at 7:00 p.m.