

Lake Townsend Yacht Club

Tell Tales

NOVEMBER 2023



News Flash!!

2024 Board of Directors

During the 2023 Annual Meeting, members voted on a new Slate of Officers for 2024. Because there was not a quorum of the membership present at the meeting, non-present members were given the opportunity to vote by email and a new slate of officers has now been approved by the membership.

New board members were elected to fill the positions of **Secretary** and **Marketing Director**.

The 2024 Slate of Officers will be installed at the Change of Watch meeting/party (to be announced).

HOT X Regatta

by Trish McDermott

On October 28-29, Lake Townsend Yacht Club hosted our **tenth annual** HOT Charity Regatta to support breast cancer research efforts. October is National Breast Cancer Awareness Month.

I gotta write this before the wonderful memories fade. Lake Townsend's 10th HOT Regatta was special in so many ways. Brooklyn Reiner, daughter of Jason, did the design for our T-shirts and they were very popular. She also helped us hand them out to sailors. Her whole family is so proud.



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A BIG thank you to Jason Reiner and Volvo for staging their big-ass pink Breast Cancer Awareness truck in the parking lot for our event! What a wonderful surprise.



So many special people helped out and hopefully I'm not leaving anyone off this list.

Thanks to Gail Walters for getting lunches on Saturday and Sunday for our wonderful Race Committee. Jerry Thompson was once again our perfect PRO for his 9th year! Thanks Jerry! Thanks to the rest of the RC: Lynn Abram, Cathy Leonard and Gail Walters. Serving on SCAT boats were Phil Leonard and Jeanne Allamby, JC Aller and Conal Deedy.

Thanks to photographer Linda Marsh, who spent many hours post-race to select the best shots from nearly 1000 photos. She knows how to make you look your best!

Pat Backus was our awesome scorekeeper, who drove from Raleigh each day to help us out. Thank you, Pat.

Thanks to Kelly Fogleman for getting ice for us. There were also the "regulars" who know what help is needed and dive right in. Thanks to Ali Kishbaugh for refrigerating the chicken for Sunday and to Cathy Leonard for heating up the BBQ (it was much better warmed up) and to Phil for his help with many things. Mark Heffernan pitched in as well.

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Thanks to Ron Washburn for making small monkey fists out of hot pink braided nylon cord that can be used as a key fob. They were very popular.

Thanks to my wonderful friend Denise Wells, who picked up food from three different locations for dinner. I tried, but failed miserably to time dinner on Saturday because there was no wind and no races. This is one of the hazards of trying to time food arrival after racing.

We also need to thank Meghan Reed (and her staff) of Greensboro Parks and Recreation for accommodating the club, not only for this event but for their ongoing support throughout this past year. Megan organized the boat and trailer parking for our event which helped things to run very smoothly.



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There were 12 Wayfarers and 6 Flying Scots this year, as well as a few 420's racing on Saturday. On Saturday we sat in our boats and waited, hopeful that the few breezes we had would persist, but after a couple of hours on the water Saturday racing was called off.

The wind on Sunday was nearly a perfect 8 to 10 knots and the racing was fantastic.

In the Wayfarer fleet we had two Canadians, Anne and David Pugh, and two who came from Maryland, Mary and John Driver, who won the Wayfarer class. Second place was won by Uwe Heine and Nancy Collins with AnnMarie Covington and Gareth Ferguson finishing in third. Uncle Al Schonborn didn't make it this year.

The Flying Scot fleet was dominated by Robert Bouknight and Leigh Wulforst, followed by Jason Reiner and Tom Bews in second, and then Trish McDermott and Sid Hale in third.

The awards on Sunday were different from the usual plaques or mugs. I wanted the winners to have something useful for sailing and hopefully, they will find them handy.

Pat yourselves on the back, LTYC, for 10 years of raising a bit over \$40,000 for earlier.org, whose sole mission is to find an earlier detection for breast cancer. Did you know that you can have breast cancer for 5 to 8 years before a mammogram detects it?

I remember when I first took on the HOT regatta, some club members told me that the club shouldn't have two regattas per year. That sentiment has definitely changed. For the Wayfarers it has become part of a Fall southern sailing circuit. I wish the Flying Scot group could have that kind of participation.

This was my last HOT regatta and I really hope that it doesn't end here. The help that earlier.org provides makes organizing much easier and a bit less stressful. Now that we auction fewer items than in years past, that also helps. If you're tempted to take it on, please give me a call so I can explain what is involved. It's really not that much and planning doesn't have to start until August. I'm in the process of writing a guide for putting on the HOT Regatta and promise to help, but not take over.

Thank you all for making the HOT regattas so successful!

Trish McDermott

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1st Place - Wayfarer Fleet
John and Mary Driver



2nd Place -Wayfarer Fleet
Uwe Heine & Nancy Collins

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3rd Place - Wayfarer Fleet
AnnMarie Covington & Gareth
Ferguson



First Place - Flying Scot Fleet
Robert Bouknight & Leigh Wulforst



Second Place - Flying Scot Fleet
Jason Reiner and Tom Bews



3rd Place - Flying Scot Fleet
Trish McDermott and Sid Hale

More photos in the HOT X Photo Album

[CTRL-Click HERE](#)

to open in a new tab

AND....

Complete set of results for
2023 HOT X regatta

[CTRL-Click HERE](#)

High School Sailing Report

The LTYC High School Sailing Team has had an eventful November 2023!

On November 11, William Brady / Jackson Buchanan and James Lewis / Jewel Autry all braved the chillier temperatures to sail at our club series Turkey Day regatta. The wind was great and a gobbling good time was had by all.

On Saturday November 18, the LTYC High School Sailing Team had a beautiful day for racing at Lake Lanier Sailing Club at the third race in the SAISA North Points High School series. It felt more like summer than winter sailing with a high in the low 70s and light to mid winds (5-14 Kts.). **Our A fleet team (John Spinosa and Preston Miller) and B fleet team (William Brady and Ellie Spinosa) finished first overall out of 7 Junior Varsity teams from some very competitive schools, including J. T. Hoggard (Wilmington) and Pine Lake Prep (Lake Noman).** Way to represent for LTYC!!!!

We also, want to take this opportunity to thank the parents who drove all the way to GA this weekend to support our kids, to Natalie Spinosa for continuing our team tradition of birthday doughnuts to celebrate November birthdays, and to all our team members and parents for supporting our team. With a generous donation of over \$1,845 this year from team families and generous financial support from the Lake Townsend Yacht Club, Coach Sean and William with help from the team were able to build a travel trailer for the 420s and purchase new racing sails for one of the 420s. Our kids race against some very large sailing programs in the south-east so this helps more than you can know. We are so thankful for all of you and appreciate all your support.

The LTYC High School Coaches



Jewel, James, Jackson, and William



LTYC High School Sailing Team (sail #5 and sail #8) competing in our Fall Series opener—Turkey Day races

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Ellie, William, John and Preston at Lake Lanier



2:35 5G

Promotional Regatta
C420
2 Divisions

Donate

	Team	Div.	1	2	TOT
1	Greensboro	A	3	4	7
	Greensboro	B	1	2	3
			4	10	10
* 2	John T. Hoggard	A	5	3	8
	Vikings Varsity	B	3	1	4
			8	12	12
* 3	Pine Lake Prep	A	2	2	4
	Varsity	B	4	4	8
			6	12	12
4	Raleigh Charter	A	1	1	2
	JV	B	6	5	11
			7	13	13
5	James Island Charter	A	4	5	9
	Varsity	B	2	3	5
			6	14	14
6	Cape Fear Academy	A	6	6	12
	CFA Varsity	B	7	6	13
			13	25	25
7	Bishop Kenny FL	A	7	7	14
	Bishop Kenny	B	5	7	12
			12	26	26

Sym.	Explanation
*	Number of high-place (1) finishes

2023-2024 Frostbite Series

The 2023 Summer Series is finished, and Saturday the 11th of November marked the beginning of this year's Frostbite Series.

We got in 3 windward leeward races in moderate winds with 12 boats (including 2 boats from the High School Sailing Team) competing.

As normal for this series, we sailed as a single handicapped fleet using the Portsmouth Handicap System.

First Place was taken in a Wayfarer by AnnMarie Covington with her crew Eric Hakala. In second was Rob Easton with Mark Wilson in a Flying Scot, and Hudson Barker with Tom Bews (also in a Flying Scot) finished third.

A full set of scores can be found [HERE](#) on the LTYC web site.





Sail Trim Secrets - How to Backwind a Headsail

Captain John,

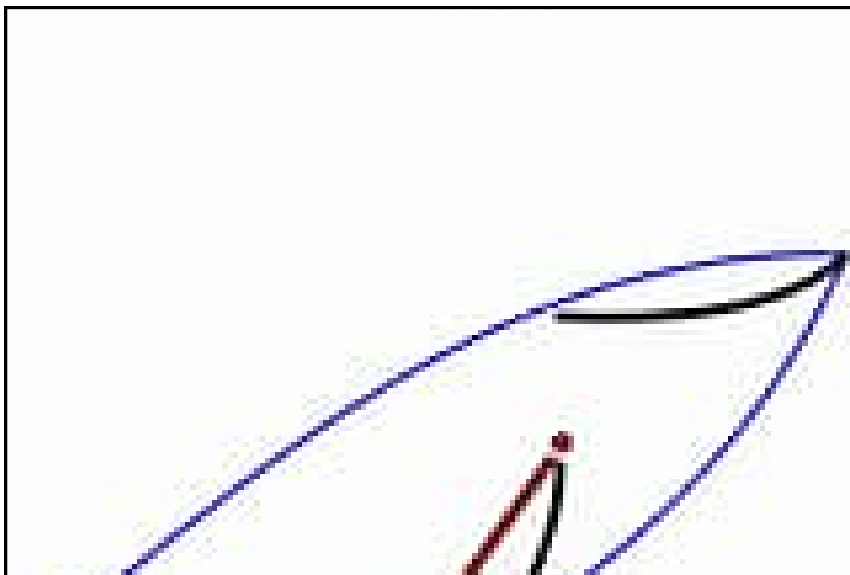
Www.skippertips.com

Captainjohnskippertips.com

Sail long enough and you are bound to get stuck 'in irons' or bow to the wind. You make a tack, the wind shifts, and the boat stops her pirouette with the sails flapping and fluttering.

If your boat stops head-to-wind during a tack, this is often not a game-changer in open water. But, in the narrow, confined space of a channel, dangerous pass, inlet, or marina, this can turn into a major dilemma.

Grab the sheet and pull it hard against the wind (solid line in illustration). This forces the headsail to back against the wind, called 'backwinding.' The bow will fall off, or be pushed, in the opposite direction.



Want the bow to fall to the right? Pull the port sheet hard against the wind.

Hold the windward sheet hard out against the wind on one side to move the bow in the desired direction

Want the bow to fall to the left? Pull the starboard sheet hard against the wind.

Wait for the bow to pass through the wind. Release the windward sheet and pull in on the other sheet. It takes some practice to get it right. If you backwind too long, the bow will fall too far off the wind.

Practice this maneuver until it becomes second nature. You can bet it'll be the 'bail out' technique you use one day to get your boat through the wind and sailing again.

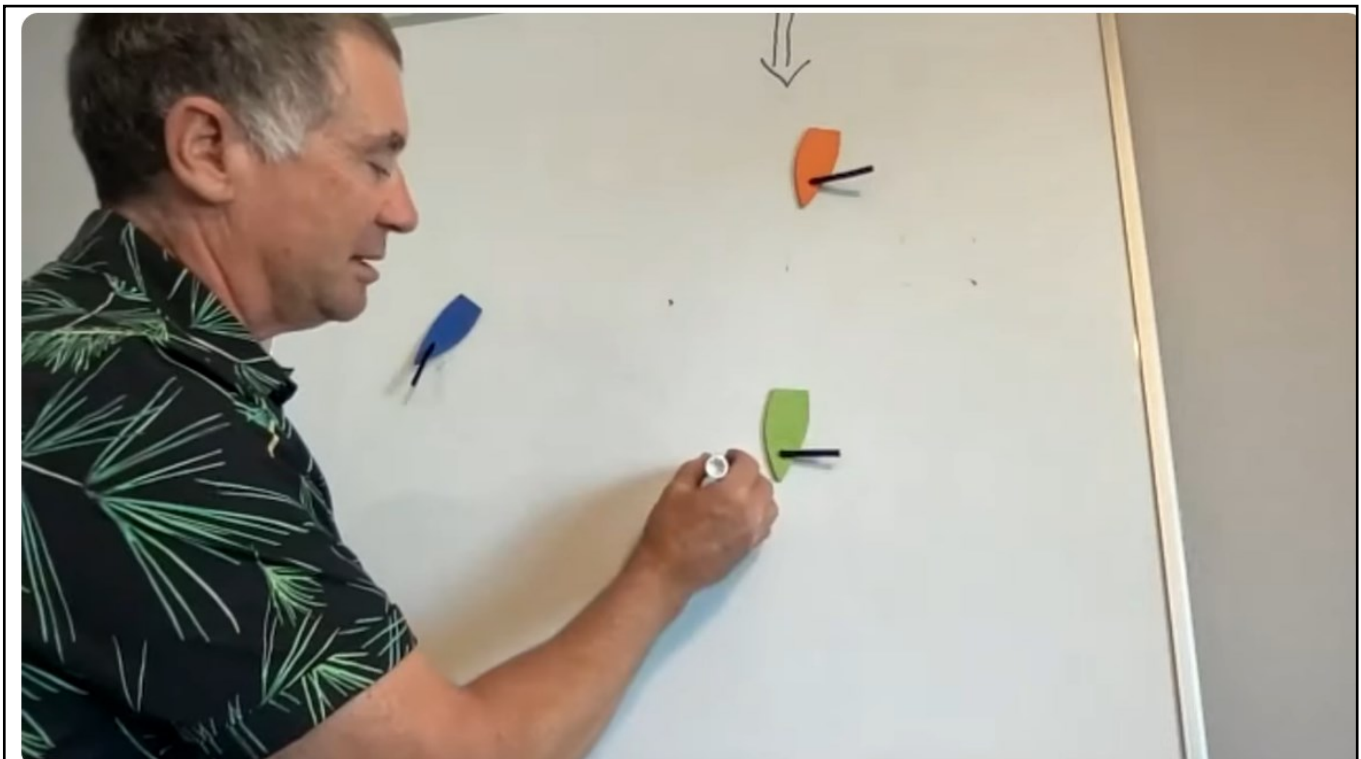
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Racing Tactics (videos)

from: **Sailing World**
Courtesy **YouTube**

Sailboat Racing Tips: [Downwind Wind Shadows Explained](#) (CTRL-Click to play in new window)

Professional sailor and coach Mike Ingham explains how to manage wind shadows of other boats on downwind or reaching legs of the racecourse.



Today < > December 2023							Month	Calendar	Checklist	Grid
MON	TUE	WED	THU	FRI	SAT	SUN				
27	28 ● 3:45pm WFU Team Practic	29	30	Dec 1	2	3				
4	5	6	7 ● 7pm Board Meeting	8	9 Old Frosty Races - LTYC	10				
11	12	13	14	15	16	17				
18	19	20	21	22	23	24 Christmas Eve Closed, LT Marina				
25 Christmas Day Closed, LT Marina	26	27	28	29	30	31 New Years Eve				

ay < > January 2024							Month	Calendar	Checklist	Grid
MON	TUE	WED	THU	FRI	SAT	SUN				
Jan 1 Closed, LT Marina Membership New Years Day	2	3	4 ● 7pm Board Meeting	5	6	7				
8	9	10	11	12	13 Frigid Digit Races	14				
15	16	17	18	19	20	21 Change of Watch				
22	23	24	25	26	27 Social Sail	28				
29	30	31	Feb 1 ● 7pm Board Meeting	2	3	4				



In Case You Missed It

Dear members and supporters (Constituents / concerned users of Lake Townsend),

You are constituents, concerned users, of Lake Townsend. And you have a voice.

The **Save The Docks Lake Townsend** initiative will succeed based on three criteria, **total funds** and, just as importantly, **total pledges / names**.

Your name will not be revealed to anyone.

Your pledge amount will not be revealed to anyone.

If we as constituents of the lake don't express our opinion, city and park management can not know that we care and can not know that we exist.

So, PLEASE, even if you can only pledge a small amount, it is really really important that you put your name in and pledge at <http://www.savethedocks.lt.org/>.

Adults should pledge, even if you are only an occasional user of the lake.

Kids should pledge, even if they have only taken the intro class or participated in the HSST.

Parents should pledge, your kids enjoy the lake only because the docks are usable.

Supporters should pledge, even if you only visit the lake.

Friends should pledge, to ensure this wonderful public resource is there in the future.

Aunts/ Uncles/ Relatives ... you get the idea.

Plans are to present the total pledge amount only and then the counts of constituents (that's you) to the Parks Dept, Mayor, City Counsel and City Planner.

<http://www.savethedocks.lt.org/>

Save The Docks!

Thanks,

Andy Forman

CLASSIFIED ADS

YOUR AD WILL RUN 3 MONTHS.

IF NOT RENEWED BY ADVERTISER, THEY WILL BE DELETED.

SEND YOUR CLASSIFIED TO :

newsletter@LakeTownsendYachtClub.com



No classified ads this month



Please Like LTYC on facebook

- Check in at LTYC on facebook
 - Tag us
 - Write an endorsement for LTYC
 - Like LTYC on the "Like" page
 - Post a review of LTYC on FB
- If you need help to post pictures or a video on our page, please contact JC Aller at aller.jc@gmail.com

Please follow our High School Racing Team on Instagram at [ltycsailingteam](https://www.instagram.com/ltycsailingteam), and of course, on facebook at www.facebook.com/laketownendyachtclub/

Next newsletter deadline: Dec 17, 2023

◆ Lake Townsend Yacht Club Board

Commodore: Andy Forman	◆ commodore@laketownsendyachtclub.com
V. Commodore/Racing: Mark Wilson	◆ vicecommodore@laketownsendyachtclub.com
Rear Commodore/Education: Ron Washburn	◆ education@laketownsendyachtclub.com
Treasurer: Kim Jones	◆ treasurer@laketownsendyachtclub.com
Secretary: Linda Ford	◆ secretary@laketownsendyachtclub.com
Equipment: Mark Green	◆ equipment@laketownsendyachtclub.com
Membership: Ali Kishbaugh	◆ membership@laketownsendyachtclub.com
Social Outreach: Judi Mathews	◆ lgs@laketownsendyachtclub.com
Marketing:	OPEN – Need a volunteer!
Newsletter: Sid Hale	◆ newsletter@laketownsendyachtclub.com
Social Media, City Liason: JC Aller	◆ socialmedia@laketownsendyachtclub.com

You don't have to be a board member to help out. Everything this club does is done by volunteers. Please contact the individual board members to see how you can contribute.

Thanks for making LTYC the best!

Board meetings are open to all members. They are held virtually, via, Zoom the first Thursday of each month at 7:00 p.m.