



Lake Townsend Yacht Club



Requirements

Team members are required to be either in the 8th grade or in high school; they must be competent swimmers; provide their own PFD and wetsuit for cool weather sailing; and must have completed a basic sailing course, such as LTYC's learn to sail class or equivalent. All team members are required to join LTYC as a student member and pay a nominal participation fee per semester to cover expenses and to maintain the team's equipment. Members are not required to provide their own boats!

For further information and to join:

LTYC High School Sailing Coordinator
(336)707-6427

Follow us online:

Web:

www.laketownsendyachtclub.com

Facebook:

www.facebook.com/laketownsendyachtclub/

Instagram:

[ltycsailingteam](https://www.instagram.com/ltycsailingteam)



JOIN THE FUN!!!



HIGH SCHOOL SAILING

Lake Townsend Yacht Club is proud to offer a co-ed High School Sailing team for 8th through 12th grade students! High School Sailing is one of the fastest growing segments of sailing in the country, with over 20 teams competing in North Carolina alone. Regattas are designed especially for teens, with short, intense races; and are based on team scoring. Teens love sailing with their friends!



THE TEAM

The team competes in the *South Atlantic Interscholastic Sailing Association* against other member teams, with cumulative scores leading to divisional and national championships. The team also competes in



invitational non-point regattas against nearby teams and competes in the monthly LTYC race series at Lake Townsend. There are two seasons

per year, corresponding to the spring and fall semesters. Team members sail C420 class sailboats provided by the team.

PRACTICES & REGATTAS

Practices are held weekly at Lake Townsend, normally one weekday and one weekend session per week. Regattas are

held on weekends, and usually require limited travel, although most regattas are close enough to Lake Town-



send to not require overnight stays. All practices and regattas are closely supervised by the team's experienced coaches. No practice or regatta is mandatory due to busy student schedules and other sport commitments.