



Lake Townsend

PO Box  
Greensboro NC 2  
4002

## Tell Tales

Issue 8 August 2003

### *Schedule of LTYC Events*

| EVENT  | DATE        | TIME   | LOCATION   |
|--|-------------|--|--|
| B.O.D. Meeting   | September 4 | 1745 hrs   | Benjamin Parkway Library   |
| <b>Classes:</b>  |             |  |  |
| Learn to Sail Classes<br>Tuition: \$60 (includes text) | Sept 8 - 16 | See LTYC Directory or<br>our Bulletin Board - LT<br>Marina | Contact: Alison Childress, Rear Commodore<br>& Education Committee Chair |
| <b>Cruises:</b>  |             |  |  |
| Cruise   | Sept 20-21  | 10:00 a.m.   | Washington to Bath, NC<br>Contact: Hugh McLawhorn, Cruise Director       |
| <b>Races:</b>  |             |  |  |
| Thursday Evening Races                                 | August 28   | 6:00 p.m.  | Lake Townsend Marina   |
| Summer Saturday Series                                 | Sept 6      | 10:30 a.m.   | Lake Townsend Marina<br>Social follows race - see below                  |
| Summer Sunday Series                                   | Sept 7      | 10:00 a.m.   | Lake Townsend Marina   |
| <b>Day/Evening Sails:</b>                              |             |  |  |
| Homeport Day Sails                                     | Sept 20     | At your leisure  | Lake Townsend Marina   |
| <b>Socials:</b>  |             |  |  |
| Saturday Social<br>(Beverages & Snacks)                | Sept 6      | Follows the Summer<br>Saturday Series race                 | Lake Townsend Marina,<br>Shelter #10                                     |

### VOLUNTEERS NEEDED

*By John Goodman, Nominating Committee Chair*

The Social committee needs LTYC member volunteers to step up and provide the snacks and ice down the beverages for the after race socials in September, and October. Different individuals and/or families could take a different month. The club reimburses all purchases. Please contact:

Bill Grossie (<mailto:wagrossie@infionline.net>) or John Goodman (<mailto:deacon76@bellsouth.net>).

A member who is interested in chairing this committee is really needed. Planning for the Annual Meeting in November must commence soon. This is not a hard position on the board of directors. The current board of directors has already planned the Change of Watch for 2004. Please consider volunteering for this board position. Thank you.

### HELP LINES

Information about how to contact Board of Director members can be found in last month's newsletter which some of you receive in print form and which is featured on the LTYC Web site at <http://www.greensboro.com/ltyc>.

## LEARN TO SAIL THIS SUMMER and BEGIN A LIFETIME OF ADVENTURE

*From Bill Grossie, LTYC Commodore*

A flier about LTYC Sailing Classes is included in this newsletter. All LTYC members are encouraged to invite others to join the classes. Feel free to print and copy the flier and post in your favorite locations to alert people to this opportunity.

### GPS WayPoints

We have a NEW COLUMN in the Tell Tales newsletter thanks to LTYC member, Steve Raper! Steve had the fabulous idea of featuring waypoints that have been determined by sailors using global positioning system (GPS) receivers. Refer to our July newsletter for an article that detailed basic fundamentals about how GPS works. (The July newsletter is available on the LTYC Web site. LTYC members also can request that the newsletter be emailed or mailed via the postal system to them.)

Global Positioning Systems (GPS) receivers serve as electronic navigational aids that give sailors read-outs (waypoints) of their boat's position in longitude and latitude. Typical receivers can store up to 18 routes. GPS can be operated anywhere in the world whether you are on a lake, in coastal waters, or mid-ocean. (Bond, 1992)

Why use a GPS receiver? It enables a sailor to instantly find his/her position without relying so much on "secondary data, such as Dead Reckoning." This is particularly useful when "sailing close to shore, making a landfall (arrival at a land destination), and in foggy weather: situations where it may be essential to have accurate and immediate information about the surrounding waters." (Bond, 1992, p. 252) Steve also pointed out that waypoints can be helpful in tipping other sailors on where to locate gas for refueling and favorite restaurants. Yum, yum! According to Steve, some cruising sailors in this club keep catalogs of these waypoints.

#### Reference:

Bond, B. (1992). *The handbook of sailing*. New York: Alfred A. Knopf, Inc.

**HAILING ALL GPS RECEIVER USERS:** LTYC members are invited to share good waypoints and relevant information about the area being featured. Be sure to include tips and personal experiences that would be helpful or interesting to others. Contact either the newsletter editor, P. Reynolds (see the Help Lines box) or Steve Raper (see the LTYC membership directory for his phone number or email him through the LTYC Web site or at [steve.raper@ci.greensboro.nc.us](mailto:steve.raper@ci.greensboro.nc.us)). Your shared information will be placed in the Tell Tales newsletter and on the LTYC Web site. The GPS WayPoints column will appear in the newsletter as we get information from LTYC sailors. Also feel free to share information that you read, see, or hear elsewhere concerning GPS, including tips from other sailors. Be sure to tell us exactly where or from whom you received the information so that we can confirm the source and accuracy. And . . . we have our first WayPoints feature below!

### GPS Usage Tips

*Contributed by Tom Clark*

I have the following GPS usage tip to share with other readers. Before sailing in open coastal waters write the exact location (lat. & long.) of the center of the all compass roses on your charts (you do have charts right?). Next, enter the coordinates in your GPS as waypoints. To determine your position, just select the waypoint for the closest compass rose and get a range and bearing. You can use this to plot your position on the chart using just a straight edge and dividers without any interpolation of Lats. & Longs.! Try it, it is very quick. Better yet, tape a good range scale to your straight edge, and you won't even need the dividers. This is a lot faster than plotting the actual Latitude and Longitude.

## SCUTTLEBUTT

LTYC members have been invited to contribute comments to our newsletter about sailing books, magazine and journal articles, videos, Web sites, audiocassettes, movies, and other sources of inspiration or nagging questions.

### *Sailors Savvy*

Here's a book that sounds interesting.

*Medicine Under Sail* by Zachary B. Friedenberg, 172 pages, with illustrations, ISBN 1-55750-297-8, Annapolis, MD, Naval Institute Press, 2002.

The book gives a very readable and sound introduction to the practice of medicine at sea during the age of sailing ships (Brings, 2003). The author, Friedenberg, is a professor of orthopedic surgery at the University of Pennsylvania, and according to Brings, who reviewed this book in JAMA, writes in a style that anyone interested in maritime medicine would enjoy.

Transoceanic travel helped advance exploration and commerce, however the needs of the human body and mind were not always considered and many problems arose related to food storage, faulty diet, disease, injury, and psychological adjustment to months at sea in crowded quarters. The first section of the book gives background history on maritime medicine from Greco-Roman times forward, reviews surgery as a specialty, and introduces some of the "fathers of maritime medicine" (Brings, 2003). The second section discusses diseases, such as vitamin deficiency ones, the causes of which remained a mystery for three centuries and claimed the lives of tens of thousands of seamen. The last section addresses health and social issues arising from slave trade, shipwrecks, flogging and other punishments, and the impressments of sailors. There is a "synopsis of naval medicine in the U.S. from the Revolutionary War through the War of 1812" (Brings, 2003).

### Reference:

Brings, Capt Hans A. *Maritime Medicine: Medicine Under Sail*. (2003, February 19). *JAMA* (Journal of the American Medical Association), 289(7), 920-921.  
(A book review)

According to NC LIVE, an online resource available to all N.C. citizens and students, and the OCLC WorldCat (world catalog), libraries that have this book include universities which may be open to the public for browsing even if they do not allow people unaffiliated with the school to check out items. For those of you, who may be traveling in these areas, check with your local public library to confirm locations or place a call to these locations for information ahead of time:

North Carolina: Duke University (Durham), East Carolina University (Greenville), UNC-Chapel Hill, and UNC-Wilmington.

South Carolina: University of SC (Columbia), Clemson University (Clemson).

Virginia: Central Rappahannock Regional Library (Fredericksburg), George Mason Univ. (campuses at Fairfax, Arlington, Prince William), Hampton Univ., Mariners' Museum Library (Newport News), Univ. of VA (Charlottesville), VA Commonwealth Univ. (Richmond), Washington County Public Library

Information about this book can also be found from book sellers.

## MAYOR'S CUP REGATTA T-SHIRTS

Place your order before they are gone! LTYC has 6 Extra Large T-Shirts and 1 Large T-Shirt left for sale. These attractive shirts are \$12 each and have a pocket on the front. Contact Esther Khoury at H) 336-379-0310 or at [estherkhoury@hotmail.com](mailto:estherkhoury@hotmail.com)

## FOR SALE ADS

### San Juan 21

1973, Mark I, sail #477,  
Serial Number - CLK 21 063 0173

White hull, blue cove stripe and waterline stripe, no bottom paint. Forward hatch, backstay adjuster, bow pulpit, kick-up rudder (new pintels and gudgeons), running lights, bulkhead mounted compass and knot meter. Keel has been professionally faired and new keel gasket. Blue 'V' berth cushions, and quarter berth cushions, sink (new thru fitting), Porta Potti, custom built storage boxes, and interior lights. Two sets of sails: Clark main, genoa, working jib, and spinnaker; North main, genoa, and spinnaker. Kenyon alcohol stove, forward hatch wind scoop, boarding ladder, cockpit awning, dock lines, and anchor, chain and line.

Outboard Motor, model 5ML, 5 HP Mariner with long shaft, gear shift (F,N,R), separate fuel tank, serial number 6E3L 424800, purchased new 5/28/88 (less than two hours operating time).

Trailer is Fleet Cap'n galvanized trailer, Model # 21 SJ G, Serial #21-494, built 4/30/81, Bearing Buddies, tongue jack/wheel, and new spare tire.

Can be seen at Lake Townsend Marina, Dry Storage space #4. Price: \$4,500

Contact: Jere Woltz  
530 Woodland Drive  
Greensboro, NC 27408  
Tel. & FAX: 336-275-9276

### 16' Mistral & Trailer

North Sails, Swing keel & rudder, Compass.  
Easy to Sail \$1,500.00

Call: Dave Varsik  
336-712-9668

### 1984 Mirage 5.5 Sailboat

20 ft. "Pocket Cruiser" or "Club Racer" Boat and trailer in good condition. 2 sets of sails. Sunbrella sail covers. Humminbird depth finder. (2) 12-volt gel batteries. 3 hp. Johnson outboard. Adjustable motor mt. Extra set of tires and wheels for trailer. \$2950.00

Contact: George Bageant  
336-629-2750 or  
[gbageant@hotmail.com](mailto:gbageant@hotmail.com)

### 71/2 HP outboard

Long shaft, running good but will need tune up.  
Asking \$450.

Contact: Rudy Cordon  
336 540-8848

### American 14.6 Sailboat

Fiberglass construction with anodized spars, Harkin blocks, fiberglass-weighted centerboard, kick up rudder, and Dacron sails, and galvanized trailer with mast stanchion can seat four adults. \$1000.00

See the boat at: [sailingsource.com/americansail/default.htm](http://sailingsource.com/americansail/default.htm)

or call Rande Drake at 336 586-0181

or email [kb4qqj@mindspring.com](mailto:kb4qqj@mindspring.com)

### **1984 Tanzer 16**

#1575, with white hull, light blue deck and red waterline strip. Kick-up rudder, traveler, Cunningham, hiking straps, paddle/boom crotch and detachable motor mount. Windex mast head indicator. Rigged for racing with spinnaker pole and spinnaker launcher. Four main sails (1 - Omar; 2 - Schurr; 1 - Vector); three genoa jibs (1 - Omar; 2 - Schurr; 1 - Vector); one working jib (1 - Vector); and two spinnakers (1 - Omar; 1 - Schurr). Custom blue Sunbrella cover. Galvanized trailer (long) with Bearing Buddies and new spare tire. Excellent condition. \$2,900.

Contact: Jere Woltz

336-275-9276

### **WANT ADS**

#### **FLYING SCOT**

Looking to buy a Flying Scot, in good to very good condition.

Call: Phil Leonard

W) 800 948-0827

H) 336 643-0913

## Call People. Go Sailing

In an effort to involve more sailors in the Club's Racing Program, we're going to start publishing this "Available to Crew" list in each newsletter. The people listed have taken our Learn to Sail class or have other previous sailing experience and are all looking to get more time on the water. So, if you have a boat and would like to participate in the Summer Race Series (starting this month) why don't you call one of these folks for your crew? If you'd like to add your name to the list, contact David Young at 545-1655 or [sandyleo@aol.com](mailto:sandyleo@aol.com).

### Available To Crew

| <b>Name</b>               | <b>Home Phone</b> | <b>Work Phone</b> |
|---------------------------|-------------------|-------------------|
| Bill Byrd                 | 336-635-1926      |                   |
| Chip Cromartie            | 336-601-0464      | 336-274-3559      |
| Randy Crum                | 336-375-6465      | 336-335-6724      |
| Geoffrey Gregg            | 336-643-8258      | 336-253-7071      |
| Lewis Johnson             | 336-656-4971      | 336-334-3448      |
| Ches Kennedy              | 336-545-9697      | 336-272-9388      |
| Joan Kramer               | 336-272-6183      |                   |
| Paul/Jean Leslie          | 336-668-2874      | 336-272-7102 x276 |
| Christopher Marriott      | 336-540-9055      | 336-323-0092      |
| Jeff McClintock           | 336-323-0714      | 336-375-0234      |
| Lawrence Miller           | 919-460-4683      | 919-606-0857      |
| Ralph Nuckols             | 336-282-3269      | 434-797-6354      |
| Pamela Reynolds           | 336-856-2908      | 336-832-7484      |
| Derek Robinson            | 336-584-7281      | 336-227-6211      |
| Jeff Taylor               | 336-674-3887      | 336-9544364       |
| Bob Wagner & Marie Hopper | 336-375-3861      |                   |

## Racing Results – August

### Saturday, Aug 2nd, 2003 – Isotope Fleet

| Boat      | Skipper      | Race # 1 | Race # 2 | Total | Cum. Results |
|-----------|--------------|----------|----------|-------|--------------|
| ISTP 007  | A. WOLF      | 7        | 7        | 14    | 52           |
| ISTP 42   | E. RASMUSSEN | 5        | 6        | 11    | 46           |
| ISTP 9271 | F. MELDAU    | 8        | 5        | 13    | 38           |
| ISTP 1776 | G. MOORE     | 4        | 3        | 7     | 35           |
| ISTP 2450 | D. DUFF      | 3        | 3        | 6     | 19           |
| ISTP 1027 | J. RASMUSSEN | 6        | 4        | 10    | 24           |
| ISTP 2050 | K. SWIGER    | --       | --       | --    | 14           |

### Saturday, Aug 2nd, 2003 – Flying Scot Fleet

| Boat      | Skipper     | Race # 1 | Race # 2 | Total | Cum. Results |
|-----------|-------------|----------|----------|-------|--------------|
| FSCT 4043 | J. HEMPHILL | 5        | 5        | 10    | 40           |
| FSCT 1939 | B. MOATES   | 3        | 4        | 7     | 27           |
| FSCT 2252 | D. YOUNG    | 4        | 3        | 7     | 25           |
| FSCT      | J. RUSSELL  | --       | --       | --    | 6            |
| FSCT 801  | M. DELANEY  | --       | --       | --    | 17           |

### Saturday, Aug 2nd, 2003 – Tanzer Fleet

| Boat     | Skipper      | Race # 1 | Race # 2 | Total | Cum. Results |
|----------|--------------|----------|----------|-------|--------------|
| TNZ 1146 | H. BODMAN    | 3*       | 3*       | 6     | 25           |
| TNZ 1440 | E. KHOURY    | --       | --       | --    | 14           |
| TNZ 1427 | P. THORN     | --       | --       | --    | 11           |
| TNZ 240  | P. NICHOLSON | --       | --       | --    | 6            |
| TNZ 738  | M. KIRKMAN   | 3        | 3        | 6     | 6            |
| TNZ 1529 | L. MILLER    | 3*       | 3*       | 6     | 6            |

|          |            |    |    |   |   |
|----------|------------|----|----|---|---|
| TNZ 1059 | S. GILBERT | 3* | 3* | 6 | 6 |
|----------|------------|----|----|---|---|

**Saturday, Aug 2nd, 2003 – Monohull Fleet / Green Division**

| Boat        | Skipper    | Race # 1 | Race # 2 | Total | Cum. Results |
|-------------|------------|----------|----------|-------|--------------|
| LI 14932    | K. WARREN  | 3        | 4        | 7     | 36           |
| BUC 2803    | B. GROSSIE | 3*       | 3*       | 6     | 16           |
| F5 2947     | T. CLARK   | --       | --       | --    | 14           |
| MBYTE 177   | J. GOODMAN | --       | --       | --    | 12           |
| MIR5.5 403  | G. BAGEANT | --       | --       | --    | 6            |
| LASE 145189 | C. K----   | 5        | 5        | 10    | 10           |
| LASE 142637 | J. NORTON  | 4        | 3        | 7     | 7            |

**Saturday, Aug 2nd, 2003 – Monohull Fleet / White Division**

| Boat        | Skipper     | Race # 1 | Race # 2 | Total | Cum. Results |
|-------------|-------------|----------|----------|-------|--------------|
| NPT16 555   | B. BYRD     | 7        | 4        | 11    | 23           |
| CAP142      | R. CORDON   | 6        | 7        | 13    | 27           |
| KITE        | B. SNIDER   | 5        | 6        | 11    | 17           |
| NPT17 205   | G. JOHNSON  | --       | --       | --    | 12           |
| JAV 4100    | B. SNIDER   | --       | --       | --    | 1            |
| PRS18 327   | B. GROSSIE  | --       | --       | --    | 4            |
| DS 8135     | D.CHILDRESS | --       | --       | --    | 6            |
| PICO purple | P. LEONARD  | 4        | 3        | 7     | 7            |
| AQFN y&b    | C. STAFFORD | 3        | 5        | 8     | 8            |

**Sunday, Aug 3rd, 2003 – Isotope Fleet**

| Boat      | Skipper      | Race # 1 | Race # 2 | Total | Cum. Results |
|-----------|--------------|----------|----------|-------|--------------|
| ISTP 42   | E. RASMUSSEN | 7        | 7        | 14    | 47           |
| ISTP 1027 | J. RASMUSSEN | 3        | 3        | 6     | 28           |
| ISTP 1776 | G. MOORE     | 5        | 5        | 10    | 34           |
| ISTP 2450 | D. DUFF      | 4        | 4        | 8     | 22           |
| ISTP 2050 | K. SWIGER    | --       | --       | --    | 13           |
| ISTP 927  | F. MELDAU    | 6        | 6        | 12    | 18           |
| ISTP 007  | A. WOLF      | --       | --       | --    | 6            |

**Sunday, Aug 3rd, 2003 – Flying Scot Fleet**

| Boat      | Skipper     | Race # 1 | Race # 2 | Total | Cum. Results |
|-----------|-------------|----------|----------|-------|--------------|
| FSCT 1939 | B. MOATES   | 4        | 4        | 8     | 36           |
| FSCT 4043 | J. HEMPHILL | 3        | 3        | 6     | 31           |
| FSCT 2252 | D. YOUNG    | --       | --       | --    | 21           |
| FSCT 2262 | C. WREN     | --       | --       | --    | 10           |

**Sunday, Aug 3rd, 2003 – Monohull Fleet / Green Division**

| Boat       | Skipper      | Race # 1 | Race # 2 | Total | Cum. Results |
|------------|--------------|----------|----------|-------|--------------|
| MC-SC 1114 | R. BOUKNIGHT | --       | --       | --    | 20           |
| TNZ 1146   | H. BODMAN    | 3*       | 3*       | 6     | 21           |
| LI 14932   | K. WARREN    | 5        | 5        | 10    | 29           |
| MIR5.5 403 | G. BAGEANT   | --       | --       | --    | 6            |
| BUC 2803   | B. GROSSIE   | 3*       | 3*       | 6     | 12           |
| MBYT 177   | J. GOODMAN   | --       | --       | --    | 6            |
| F5 2947    | T. CLARK     | 3        | 3        | 6     | 12           |
| TNZ 738    | M. KIRKMAN   | 4        | 4        | 8     | 8            |
| TNZ 1529   | L. MILLER    | 3*       | 3*       | 6     | 6            |

**Sunday, Aug 3rd, 2003 – Monohull Fleet / White Division**

| Boat         | Skipper      | Race # 1 | Race # 2 | Total | Cum. Results |
|--------------|--------------|----------|----------|-------|--------------|
| CAP142       | R. CORDON    | --       | --       | --    | 14           |
| NPT KITE 774 | B. SNIDER    | 5        | 6        | 11    | 17           |
| NPT17 205    | G. JOHNSON   | 4        | 5        | 9     | 21           |
| DS 8135      | D. CHILDRESS | --       | --       | --    | 6            |
| PICO         | R. STAFFORD  | 3        | 4        | 7     | 7            |
| PICO         | BERGMAN      | --       | 3        | 3     | 3            |

**Saturday, Aug 2nd, 2003 – Multihull Handicap Fleet**

| Boat      | Skipper     | Race # 1 | Race # 1 | Total | Cum. Results |
|-----------|-------------|----------|----------|-------|--------------|
| TORN2 419 | B. SMITH    | --       | --       | --    | 8            |
| H16 77747 | H. HERMANCE | --       | --       | --    | 6            |
| H16       | P. LEONARD  | --       | --       | --    | 6            |

**Sunday, Aug 3rd, 2003 – Multihull Handicap Fleet**

| Boat | Skipper    | Race # 1 | Race # 2 | Total | Cum. Results |
|------|------------|----------|----------|-------|--------------|
| H16  | P. LEONARD | --       | --       | --    | 6            |

**Race Committee \***

S. GILBERT    J. COBB    Pro...H. BODMAN  
 L. MILLER    P. REYNOLDS    B. GROSSIE

**NOTICE OF RACE**

The Club received a Notice of Race for:

The 7th Annual Volvo Leukemia Cup Regatta  
 Charleston Harbor/Charleston Maritime Center in Charleston, SC  
 September 25-26, 2003

For more information, contact the SC Coastal Area Office of the Leukemia & Lymphoma Society

Darlene Benton at 843-958-9185 / [bentond@sc.leukemia-lymphoma.org](mailto:bentond@sc.leukemia-lymphoma.org)

♥ Community raised over \$70,000 last year.



**Learn to sail this summer  
 and begin a lifetime of  
 adventure!**

**Discover the excitement as you  
 convert windpower to sail  
 power!**

**Class begins at 6 pm:  
 September 8<sup>th</sup> at the Smith  
 Senior Center,  
 2401 Fairview Street.**

Cost is \$60 which includes instruction manual. All students must be able to swim.

Sailing classes are presented by Lake Townsend Yacht Club. More information is on our Web site: [www.greensboro.com/ltyc](http://www.greensboro.com/ltyc) or call the Lake Townsend Marina (336) 375-2232 and ask for a brochure.