

# TELL TALES

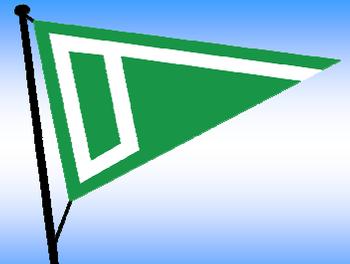
Lake Townsend Yacht Club • PO Box 4002 • Greensboro, NC 27404-4002 •  
[www.laketownsendyachtclub.com](http://www.laketownsendyachtclub.com)



**Tom Bews taking future sailors for a ride at the Let's Go Sailing event.  
Photo by Nancy Torkewitz**

**In this issue:**

**Let's Go Sailing!  
Mayor's Cup Regatta  
Lightning Regatta  
Girl Scouts "Taste of Sailing"**



# UPCOMING EVENTS

<b>Governor's Cup</b>	June 20 and 21	Henderson Point Kerr Lake
<b>Blue Chips Regatta</b>	July 18	Oak Hollow Sailing Marina
<b>Halloween on the Townsend IV</b>	Oct. 31, Nov. 1 and 2	Lake Townsend
<b>Racing Series</b>	2nd weekend of each month	Lake Townsend
<b>Social Sail</b>	Fourth Saturday of each month	Lake Townsend

*2015 Calendar and participation scratch sheets are posted on the website: [laketownsendyachtclub.com](http://laketownsendyachtclub.com) then click on "Scratch Sheet: Participation"*

**Lake Townsend is open until 8:30 pm. Now you have time for an evening sail!**  
**Remember that the lake is always closed on Wednesdays.**

June						
M	T	W	T	F	S	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30					

5-7 Mayor's Cup  
 20-21 Governor's Cup  
 27 Social Sailing

July						
M	T	W	T	F	S	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

25 Social Sailing

August						
M	T	W	T	F	S	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

22 Social Sailing

Yellow=Holiday; Gray=Meeting; Blue=Racing;  
 Peach=Social Sailing  
 Classes: Green=Adult; Pink=Junior

**Thank you Mayor's Cup  
 Race Committee!**

- Phil Andrews PRO
- Jerry Thompson Signal DRO
- Linda Heffernan Sig Recorder
- Keith Smoot Sig Flags
- AnnMarie Covington Score-keeper



## A note from Betty Grantham Holjes

May 11, 2015

Dear Sailing Friends,

It brought me much happiness yesterday when my daughter and I found a group of you at Lake Townsend.

Your members welcomed us warmly. I felt so much at home with all of them and I am so glad that you are carrying on the wonderful activities that we were able to get going so many years ago.

Thank you so much for your friendship. I hope to see you in the coming month.

Sincerely,

Betty Holjes



Betty Holjes, a founding member of LTYC, decided that her daughter should bring her to the lake for Mother's Day. We were so pleased to see her and share how much we love the club that she and her friends started! — Uwe Heine with Nancy Collins.



And we did see Betty Holjes at the lake again, sailing with Uwe Heine at the Let's Go Sailing event May 30th.

# Thank you for making Let's Go Sailing a Success!

There are so many people to thank. This club is awesome and this event gets our name and mission out there to help support our sailing classes. In no particular order here are the people who helped:

Otto Afanador—cannot be thanked enough for his help with **everything**.

JC Aller—the point man, kept everyone directed to the right sailboat.

Linda Heffernan & Peter Dahl, the knot tying experts.

Jeanne Allamby—helped to guide people and crewed for Starling Gunn.

**Skippers:** Tom Bews, David Duff, Jim Heffernan, Jon Mitchell, Ken Butler, Stephanie De Lair, Bill Young, Starling Gunn, Brad Earle, Uwe Heine and Nancy Collins, Steve Morris and daughters Holly and Avery. Thanks also to Jersey's Best Hot Dogs for lunch. They request that you like them on all that social media stuff, please.

**You all are appreciated beyond words! Thanks!!**



Commodore David Duff



Linda Heffernan



New members the Van Hecke family



Ken Butler with our new Lake Townsend staff Amanda Apple



Stephanie De Lair



Ken Warren



Nancy Collins and Uwe Heine



Steve Morris and daughters Holly and Avery

Photos by Nancy Torkewitz

# 2015 Mayor's Cup

Photos by Kathy Holland











# 2015 Marion's Cup Race Results

OPEN				
	Skipper	Crew	Fleet	Sail #
1	Bart Streb	Janet Streb	BCN	5276
2	Eric Rasmussen		Iso 1 up	235
3	Robert Bouknight	Nancy Torkewitz	SJ21	2012
4	Bob Hoffman	Hudson Barker, Steve Bernstorf	HLR20	227
5	Tom Armstrong		H18	15782
6	Ken Warren	Wendy Ceceil	LI	14932
7	Andy Forman	Michael Crouch	LI	12750
8	Evan Trudeau	Haiying Zeng	JT14	1050
9	John Kuzmier		Iso 1 up	1992
10	Warren Mitchell	Anna Mitchell	H16	44553
11	Matthew	Stalnaker	Iso 1 up	199
WAYFARER				
	Skipper	Crew	Fleet	Sail #
1	Jim Heffernan	Trish McDermott	WF	1066
2	Mike Sigmund	Kat Williams	WF	10873
3	Ken Butler	Richard Johnson	WF	449
4	Alan Taylor	Gareth Ferguson	WF	1
5	AnnMarie Covington	Andy Naylor	WF	276
6	Phil Leonard	Jeanne Allamby	WF	864
FLYING SCOT				
	Skipper	Crew	Fleet	Sail #
1	Tom Bews	Kevin Gheen	FSCT	5295
2	Ray Merrill	Alex White	FSCT	4322
3	Steve Jones	Dennis Miller	FSCT	2048
4	Steve Morris	Holly Deuterman	FSCT	3500
5	Joe Price	Dave Batchelor	FSCT	6092
6	Uwe Heine	Nancy Collins	FSCT	3801
7	David Safirstein	Bob Fields	FSCT	5022
8	Jack Griffin	John Tucker	FSCT	5818
9	Starling Gunn	Lacy Joyce	FSCT	1104
10	John Hemphill	Otto Afanador	FSCT	4043
11	David Duff	Steve Raper	FSCT	1939
TANZER 16				
	Skipper	Crew	Fleet	Sail #
1	Pete Thorn	Chris Peterson	tnz16	2000
2	Ken Whitt	David Kalbacker	tnz16	534
3	David Mobley	Diane Mobley William	tnz16	286
4	Paul Manis	Cameron Manis	tnz16	379
5	Pete Phillip	Aubrey Craye	tnz16	1527
6	Arch Altman	Jane Staveley	tnz16	161
7	David Golbeck	Vince Haggard	tnz16	1567

## **Lightning Regatta Wrightsville Beach, NC**

**by Corky Gray**

The LTYC Lightning traveling team, Alan Taylor - Bow, Dalton Cox - Spinnaker and me - Driver, sailed the Southeastern Lightning District Ocean Race at the Carolina Yacht Club at Wrightsville Beach. Twenty-three boats were entered from our local district. The races are held in the open ocean off the beach in front of the Club. Big waves and swell made for exciting racing in the afternoon seabreeze. The usual District hotshots cleaned up, leaving us deep in the rubber chicken end of the fleet. Friends and family could watch the races from the veranda of the clubhouse, located on the beach. We were sailing the only wooden boat, a 55 year old Lippincott Lightning, testing for the Class how much the Lightning has evolved. There are several woodies nationwide involved in this project. See us at Classic Lightning Sailboats @ Yahoo Groups:[https://groups.yahoo.com/neo/groups/Wooden\\_Lightning/info](https://groups.yahoo.com/neo/groups/Wooden_Lightning/info). The ILCA recognizes Classics as those that were originally equipped with a wooden mast. The LTYC Lightning #10722 qualifies and can be scored "Classic" in major regattas for separate trophies. LTYC should form a team for #10722 and join us on the circuit.

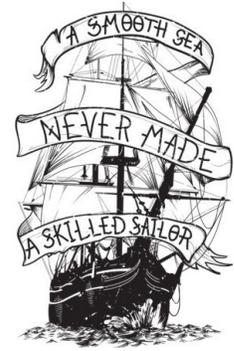
### **Team LTYC**

**Corky Gray  
Dalton Cox  
Alan Taylor**



## Sailing Tips, Terms and Phrases

Have a question about a term or phrase? Have an interesting tip? Send it to: [newsletter@laketownsendyachtclub.com](mailto:newsletter@laketownsendyachtclub.com).



### **A Spinnaker Primer By Capt'n Al Taylor Setting the Spinnaker**

Most race courses are set to round the weather mark to port, which means you will be rounding and setting on starboard tack. It's easiest to set the spinnaker to leeward, in the shadow of the main. That's why we rig the spinnaker on the port side of the boat.

The spinnaker has two control lines and a halyard. The halyard is connected to the head of the sail and raises it to a point on the mast just above the top of the forestay. The other two lines are called the guy and the sheet. The guy is connected to the spinnaker pole and that corner of the spinnaker acts as the tack. The sheet is connected to the free corner of the spinnaker and is used to trim the sail. This can be confusing because when you gybe, the sheet becomes the guy and the guy becomes the sheet. Likewise the tack (connected to the guy) becomes the clew and the clew (connected to the sheet) becomes the tack. When flying the spinnaker without the pole attached, which happens during sets, gybes and douses, you can refer to the port sheet or starboard sheet, or to the "new" guy or the "new" sheet.

Assuming you are approaching the weather mark on the starboard tack layline, you can pre-set the pole. Clip the guy (starboard control line) into one end of the pole. Connect the topping lift. Clip the other end of the pole to the ring on the mast and push the pole to the windward side of the forestay. Double check to be sure that all lines are out of the guy hooks on the leeward (port) side. Put the guy in the weather hook (starboard). Pre-feed the tack of the spinnaker (starboard line or "guy") and pre-feed the clew (port line or "sheet"). Pre-feeding means to start pulling the guy and sheet so that the corners of the sail move toward the bow and stern of the boat respectively.

As the skipper bears away after rounding the mark, hoist the sail by pulling on the halyard as quickly as possible. At the same time pull the guy until the corner of the sail meets the end of the pole. Some boats are rigged so the crew hoists the spinnaker, while others are rigged so the skipper does the hoist. Depending on whether you are sailing with two or three crew may influence who is responsible for which tasks.

As the spinnaker is being raised, be sure the sheet is free to run. This allows the sail to be raised while it is luffing. This is much easier than trying to raise it as it fills with wind.

As soon as the halyard is completely raised, the one responsible for the hoist should hail "made." This lets the crew member who is responsible for trimming the sail know that they can begin trimming in on the sheet. Be sure the guy brings the tack to the end of the pole. Trim the guy so that the pole is at right angles to the wind.

Some classes will leave the jib up while flying the spinnaker, while others lower the jib. If you lower the

jib, do so as quickly as possible after the spinnaker is hoisted. If the jib is left up, ease the jib sheet and set it for a broad reach.

If your skipper wants to go to port on the downwind leg, or if the wind has shifted, it may be desirable to gybe to port tack before setting the spinnaker. This maneuver is called a “gybe set.” After the gybe, the spinnaker will be on the windward side of the boat (still the port side).

To execute a windward set, pull the sail out onto the deck. Hopefully your skipper will be able to keep the boat on a deep broad reach while you are getting the sail up. Pull the halyard to hoist the sail very quickly. At the same time, rapidly trim the starboard sheet and gently ease the port sheet. Now set the pole by connecting it to the topping lift, then guy on the port side, and finally the mast ring. If your trimmer can get the spinnaker flying without the pole then the maneuver will be much easier. Bring the guy down to the hook on the port side. This may sound easier, but the trick is to get the spinnaker out in front of the boat on the hoist, otherwise it gets wrapped around the mast and/or forestay!

Remember, the line going to the pole is the guy. The line used to trim is the sheet. When you gybe, the sheet becomes the guy and the guy becomes the sheet!

Next time I will discuss flying the spinnaker and the steps involved with gybing, and what to do if the spinnaker gets wrapped.



**Register now for a discount!**

Oct. 30–Nov. 1, 2015  
Lake Townsend  
Greensboro, NC  
*All proceeds go to Earlier.org*

**New!**  
*Golf Tournament  
at Bryan Park on  
Fri. Oct. 30th. De-  
tails coming soon.*

2015  
**HOT IV**  
Halloween On the Townsend 4  
*for Earlier.org*  
*LakeTownsendYachtClub.com*

All proceeds from golf and the regatta go to Earlier.org

## **Girl Scouts Get a Taste of Sailing**

**May 31, 2015**

**by Tom Bews**

On Sunday May 31<sup>st</sup> we had our first Girl Scout “taste of sailing” outing. The idea came from my daughter Aubrey who wanted to do some “fun” sailing with some of her friends. I mentioned, “Why not do it with your Girl Scout Troop?” and the idea was born. After getting in touch with Susan Cole, who worked with the Scouts and said it could be done, we finally settled on the date and time with the Scout Troop. Actually the date worked out very well, the day after the “Let’s Go Sailing” event. Participating sailors could leave their boats in the water overnight and be easily ready when the girls arrived.

In order for the Girl Scouts to be able to do this event they had to be “bridged” from Brownies to Juniors. As all the girls were around nine years old, this was necessary to conform to Scout regulation as the Juniors can participate in water activities and the Brownies can’t. The ceremony took place two weeks before the outing with all the girls advancing to Junior – a big step from being a little kid to becoming an adolescent. With all the requirements finally met, everything was a go!!

The weather on Sunday was promising as all of a sudden, it seemed. 13 girls, their moms and one dad appeared at the picnic tables ready to go. First order of business was to get life jackets for everyone. I was surprised that we had enough to go around without having to rent any. Next we assigned everyone to a boat and away we went. We had five Flying Scots, an Isotope, and a Javelin, as well as several other boats owned by club members who were there just to enjoy the afternoon. The two Scat boats, manned by Phil Andrews, Otto Afanador, Hudson Barker, and others were on hand just to be sure everything went safely.

The winds were perfect for a first-time sail and the temperature wasn’t too hot. There was enough wind to move the boats cleanly across the lake as well as provide some impressive heeling excitement. I always get a kick out of heeling the boat and watching the calm facial expressions of the crew change to, shall I say, “uncalm”! A couple of girls on Brad Earle’s Isotope got hold of some Super Soakers and were hunting the other boats. They actually staged a mutiny and soaked their skipper too. Uwe Heine and Nancy Collins also had one and were able to retaliate as well as attack. Getting wet felt quite good, while the moms were protecting their phones from being hit. Steve Morris had everyone take the tiller on his Flying Scot and one mom was so thrilled she just may take some sailing lessons.

After an hour and a half it was time to go ashore and wrap up the day. The ice cold watermelon that was waiting acted as a magnet for all the girls, who swarmed around the picnic table eagerly waiting for a slice. A few adults hung around the table as well.

This event went surprisingly well! Most people had a lot of fun, which is why we are out there. Susan Cole’s two crew members did not stay out long and jumped ship for one of the Scat boats to take them to shore. Next time we have such an event we will have to make sure that when the boats are assigned, the crew members are friends and that there are at least two compatible kids and one adult to each boat. I also have the opinion that Super Soakers should be required safety equipment on each vessel to prevent heat stroke and up the fun factor! Many thanks to all who volunteered their time and boats. I know I will be there to participate next time.

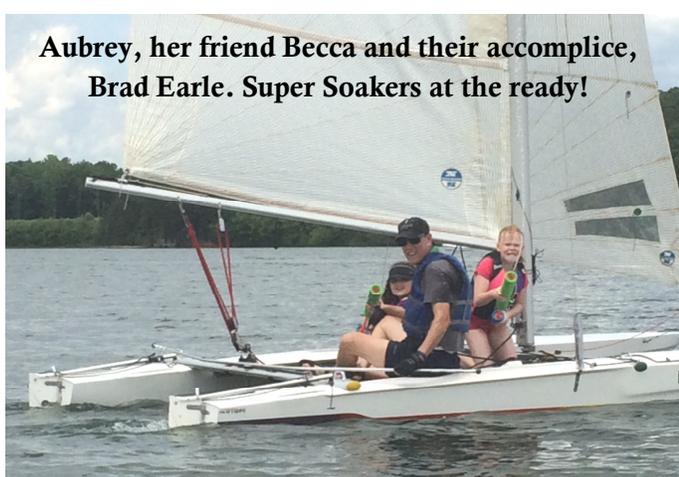
**Here is Aubrey's article, in her own words:**

One day when my girl scout leaders were talking about places we could go for fun, I thought of sailing at Lake Townsend. I always have fun when I go out with my dad. I told my leader Mrs. Kay. When the day finally came on May 31<sup>st</sup>, my dad surprised me. He said he was going out to get watermelons after words. When everybody got there we got them in to lifejackets and set off. Me and my friend Becca really wanted to get wet that's how we ended up on an Isotope Catamaran. A few people didn't want to get wet but we had a surprise for them. Brad had two Supersoakers-we got everybody at least two times. When we got back my dad cut the watermelon and we digged in.

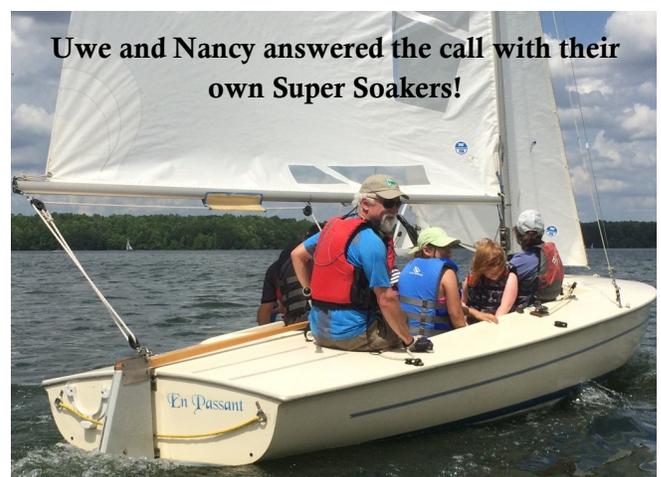


The Girl Scouts ready to take a taste of sailing.

Photo by Crystal Lewis



Aubrey, her friend Becca and their accomplice, Brad Earle. Super Soakers at the ready!



Uwe and Nancy answered the call with their own Super Soakers!

Photos by Teresa Bews

# ***Want to continue learning? Crew!***

The best way to continue learning to sail is to crew for an experienced skipper in a race. If you prefer not to race, you can also crew during a Social Sail, which is the fourth Saturday of each month.

Sailing takes lots of practice and just getting out on a sailboat is a great way to learn. If you're new to sailing, try to go out on a day that is not too windy until you build your experience. Five to seven knot winds are just about perfect. You can find wind information at [intellicast.com](http://intellicast.com) and several other weather sites, or check with the office at Lake Townsend; they can tell you. As your confidence grows, sailing with an experienced skipper in heavier winds is a great way to sharpen your skills.

Here's how to get a crew spot on race days: Sign up on the scratch sheet under "available to crew," and/or just show up and come to the skippers' meeting. Check the calendar on Page 2 for race dates. You'll find the time for the skippers' meeting either on the Notice of Race (NOR) or on the scratch sheet. The scratch sheet can be found on the website, [www.laketownsendyachtclub.com](http://www.laketownsendyachtclub.com) and then click on "Scratch Sheet: Participation" and look along the bottom for the tab that has the dates you want.

On Social Sail days, just come to the lake at 10:00 AM. You are bound to find a skipper who needs crew and would be happy to have you aboard.

## **Skippers: here's a list of people available to crew:**

Otto Afanador, [ottosolar@aol.com](mailto:ottosolar@aol.com), (336)-269-1765

Jeanne Allamby, [jeanne.a.allamby@usps.gov](mailto:jeanne.a.allamby@usps.gov), (401)-996-0198

JC Aller, [aller.jc@gmail.com](mailto:aller.jc@gmail.com), (336)-580-0528

John Carr, [carrjl\\_40514@yahoo.com](mailto:carrjl_40514@yahoo.com), (859)-227-3688

Susan Cole, [sscole@triad.rr.com](mailto:sscole@triad.rr.com), (336)-707-0678

Kevin Gheen, [ktgheen721@gmail.com](mailto:ktgheen721@gmail.com), (336)-676-2369

Trish McDermott, [88hawkg650@gmail.com](mailto:88hawkg650@gmail.com), (336)-707-2846

Kathy Medlin, [kathy@medlin.biz](mailto:kathy@medlin.biz), (336)-255-0069

Steve Newgard, [slnpicture@aol.com](mailto:slnpicture@aol.com), (336)-688-4952

Kevin Perks, [kevin\\_perks@yahoo.com](mailto:kevin_perks@yahoo.com), (336)-269-5973

Keith Smoot, [keith@br1980.com](mailto:keith@br1980.com), (336)-996-6734

Marty Van Hecke, [1vanhecke@gmail.com](mailto:1vanhecke@gmail.com)

William Young, [woyoung@triad.rr.com](mailto:woyoung@triad.rr.com), (336)-707-0295

**Want to be added to this list? Email [membership@laketownsendyachtclub.com](mailto:membership@laketownsendyachtclub.com)**

### **Windmills Available**

Alan Taylor has a couple of Windmills available, if someone would like to sail them during an upcoming LTYC event. Give Alan a call - with a few days' advance notice 530 263-3009 • [alan@lakelevel.com](mailto:alan@lakelevel.com).

## Lake Townsend Yacht Club Board



**Commodore: David Duff • 336-908-9754 • homengso@triad.rr.com**

**Vice Commodore/Races: Nancy Collins-Heine • 336-585-0951 • heineu@bellsouth.net**

**Education/Rear Commodore: Ken Butler • 919-235-8376**

**Treasurer: Hudson Barker • 336-644-1060 • hudsonbarker@att.net**

**Secretary/History: George Bageant • 336-267-0293 • gbageant@hotmail.com**

**Equipment: Scott Bogue • 336-375-4247 • spbogue@earthlink.net**

**Cruising/Social Sail: Starling Gunn • 336-552-6055 • justbgunn@bellsouth.net**

**Membership: Joleen Rasmussen • 919-440-2802 • joleenrasmussen@embarqmail.com**

**Social: Steve Morris • 336-601-1428 • samorris@triad.rr.com and JC Aller**

**• 336-580-0528 • aller.jc@gmail.com**

**Webmaster: Steve Raper • sraper4051@outlook.com**

**Mayor's Cup/Nominating/Past Commodore: Alan Taylor • 530-263-3009 • alan@lakelevel.com**

**Newsletter/Publicity: Trish McDermott • 336-707-2846 • 88hawkg650@gmail.com**

**Note: Board meetings are open to all members. They are held the first Thursday of each month at 5:45. Greensboro Christian Church, 3232 Yanceyville St., Greensboro, NC. Share your thoughts and ideas!**

### Just a few of the benefits of your LTYC membership :

- Expand your sailing experience by crewing
- Fun for the whole family
- Use of club boats
- Use of city boats during club events
- Organized cruises
- Monthly social sails
- Make lots of new friends



## Classified Ads



### Buy – Sell – Want to Buy

Boats-Equipment-Accessories  
 Ads run for 3 months if not renewed.  
[newsletter@laketownsendyachtclub.com](mailto:newsletter@laketownsendyachtclub.com)



### Flying Scot For Sale

I am brokering a Scot, #4933 that it's excellent shape. I'd love to see the boat stay in the area.

Asking \$7000 against an average asking price of \$9000. Full mooring cover included. Pictures and equipment list available, contact me.

**Dave "Sailordave" Batchelor**

[919-467-3512](tel:919-467-3512) Home

[919-414-6809](tel:919-414-6809) Mobile

[Sailordave@nc.rr.com](mailto:Sailordave@nc.rr.com)

6/9/15

### Thank you to the contributors of articles and pictures for this issue:

- Kathy Holland for the wonderful photos of the Mayor's Cup
- Nancy Torkewitz for the great shots at Let's Go Sailing
- Nancy Collins and Uwe Heine for the article and pictures of Betty Holjes
- Corky Gray for the Lightning regatta article and Pam for the pictures
- Alan Taylor for the spinnaker lesson article
- Tom and Aubrey Bews for the Girl Scout article and pictures

If you'd like to write an article or submit pictures, please send to:

[newsletter@laketownsendyachtclub.com](mailto:newsletter@laketownsendyachtclub.com)