

Lake Townsend Yacht Club

Tell Tales

April 2018



We asked Uwe & Nancy for permission to use this photo. Here's their response:

"Sure. Apparently there is some unspoken conduct where the skipper gets their turtled boat back together and sails in. However, Uwe's crew took his rudder and abandoned him!"

Let's Go Sailing April 28th

Exciting, Exhilarating, and Sometimes Exhausting Racing in April

May 13 Interclub with CSC - Let's Give the Chicken Back!

Mayor's Cup June 1 - 3

Let's Go Sailing!

April 28	Let's Go Sailing / STEM with NC A&T College of Engineering	Lake Townsend
	Skippers & Volunteers please sign up on Scratch Sheet	
May 5	Instructor Orientation	Lake Townsend
May 6	Powerboat Training	Lake Townsend
May 12	Summer Racing Series	Lake Townsend
May 13	LTYC vs CSC	Lake Townsend
May 26	Social Sail	Lake Townsend
June 1-3	Mayor's Cup	Lake Townsend

<http://laketownsendyachtclub.com/v10-Includes/v10-Homeport.asp>

2018 LTYC Calendar

Blue=Racing

Peach=Social Sailing

Classes: Green=Adult; Pink=Junior

Gray=Meeting/Seminar/Other

Board Meeting 1st Thurs each month

Yellow=Holiday

May						
M	T	W	T	F	S	S
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

5-Instructor Orientation

6-Powerboat Training

June						
M	T	W	T	F	S	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	

1-3 Mayor's Cup

15-17 Governor's Cup (Kerr)

23-WOW training

July						
M	T	W	T	F	S	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

30 31

Stuff You May Not Know About

Robert Bouknight - Commodore



Only a few LTYC members got to see hundreds of middle school kids' excitement about sailboats at the STEM day at A&T. Trish McDermott's Sunfish and Uwe Heine and Nancy Collins' Wayfarer, both rigged and on display on the lawn at A&T, certainly captured the attention of the middle school kids, at least for a few moments! And Kim Wise and Scott Bogue managed to get the kids really involved with "floating steel and aluminum."

I can't say that LTYC's participation at the A&T STEM event will result in future sailing Olympians, but it was worth it to generate the excitement that did happen. Thanks to Trish for spearheading the effort, and to all that

helped.

Also, LTYC Board members prepared well for meetings last month with City Parks and Recreation officials and this month with the Parks and Recreation oversight board. Special thanks to Trish and Scott for putting together a great PowerPoint presentation, to Joleen for a passionate delivery at the board meeting, and to Nancy, Trish, and Joleen for the preparation for our meeting with the City P&R officials.

What many LTYC members may not appreciate is that LTYC is actually a guest/citizen of the Greensboro P&R Lake Townsend waterfront park. The club enjoys the great benefits of the P&R facility, but we do need to do our "citizen" part of the partnership to keep the 40+ year relationship going strong. More comments on this in future.

As always, please suggest anything to me or any board member to improve LTYC.

See you at the lake!

Learn to Sail

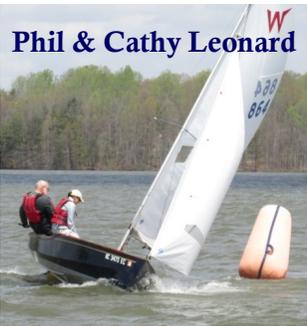
There is still space available in LTYC's Learn To Sail classes this season. If you know someone who would be interested in an introduction to sailing, or if you want to improve your own skills, don't miss the opportunity to claim a space. And remember, renewing members and their family members are eligible for a \$50 rebate on a paid sailing class registration. Just notify the Treasurer to claim your rebate.

Please talk this up with your family, friends and neighbors. Our sailing classes support our club events. Thanks to all who participate!

April 14 Racing Observations

From PRO extraordinaire Joleen Rasmussen:

Winds were 8-27 knots - mostly 15-18 knot range, 225-245 degree - straight down the lake. Sunny with light cloud cover, 70 degrees. A beautiful day. Fourteen boats started race #1, not all finished that race. Eight boats stayed out for all three races. Four different boats capsized.



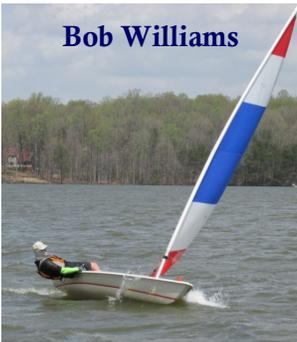
Phil and Cathy Leonard capsized, then righted their boat and continued the next race with Cathy bailing furiously.

We were joined by three high schoolers. The second two races were the regular WD course, not perplexing.

Our social butterflies, Kara Wilson and Wanda Williams were ready for us at the shelter with a very long and beautiful spread burrito bar. Thanks to all the members who brought desserts and also to Mary Russell for her scrumptious meatballs.

Forty-nine sailors and family members along with our Oak Hollow Sailing Club neighbors left the event well fed, and probably quite sore and stiff the next morning.

From Bob Williams:



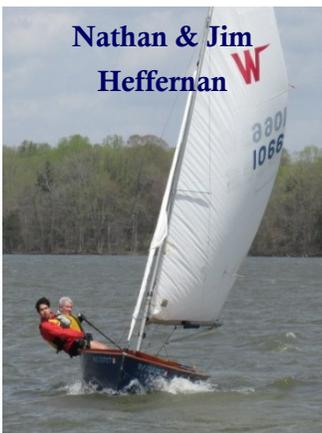
Great to visit and race with you all!

I was there to race my Laser Saturday, in preparation for Sunday's inter-club event, but ended up cutting my day very short - as I was having a persistent (self-inflicted) rigging issue. (I had tried something new with my mainsheet. It didn't work. Spectacularly poorly. And at the very wrong time and conditions. Lesson learned.)



I thought the welcoming fellowship of members on shore, PRO race organization, course selection, and course set up were all very well done...I can speak to the first portion of race #1 anyhow! ;-)

From Jim Heffernan:



Windy and Gusty!

When grandson Nathan Heffernan came to Lake Townsend last autumn to sail with Grandpa in a club race, the wind took the day off, leaving us drifting most of the day. Not so last Saturday.



As we cleared the breakwater, he took off his shirt to catch a few rays and soon found out the lake water was still very chilly. With winds approaching 20 and gusts even higher, the waves began to build, creating a chop that sent cold water into our Wayfarer. In short order the shirt was on, the rain jacket was broken out and the PFD started providing protection from the water and wind.

I had a few concerns about my own endurance as PRO Joleen announced that the first race would last around 50 minutes. Going upwind wasn't too bad, especially with a hunky college freshman taking the beating to windward of me. My mantras were: release the jib early, don't fall during the tacks, carefully watch for other boats, and keep looking upwind for gusts.

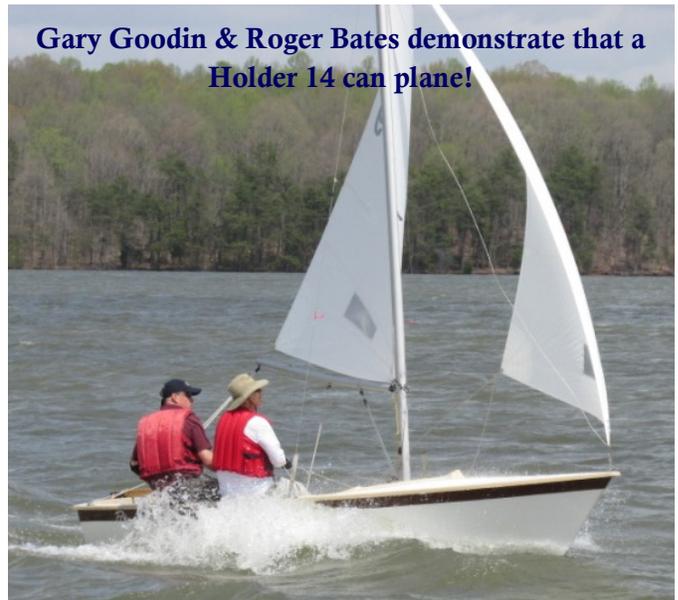
As Nancy and Uwe capsized going downwind from the weather mark, I felt the 30 mph gust with backing shift that did them in and I was glad to still be on the beat and able to rag the sails.

On the downwind jibes, I taught Nathan how the chicken jibe works and we stayed upright, planing at high speed to the leeward mark or the finish line, happy to be sailing together in frisky winds.

The only truly scary time was just after the start of the third race as most of the fleet was scooting along on starboard tack towards the golf course when a vicious gust came along the shore and knocked the Isotope over.

We furled the jib and then worried about the Scots just ahead of us knowing we all had to tack shortly to avoid the shore. Somehow we made the tack on main alone, reset the jib as the wind eased and settled down for four more exciting legs of racing.

Nathan did air high fives to the RC as we ended the day fully satisfied with the windy experience and even more so with the delicious food spread at the shelter.



**NC A&T
Maker Faire
April 11th**



Students listen as Dean of Engineering, Dr. Robin Coger talks about opportunities in STEM.



Success! The look says it all.



Joleen Rasmussen demonstrates pulleys



The girls' team shows 'em how it's done



Kim Wise fires up the crowd

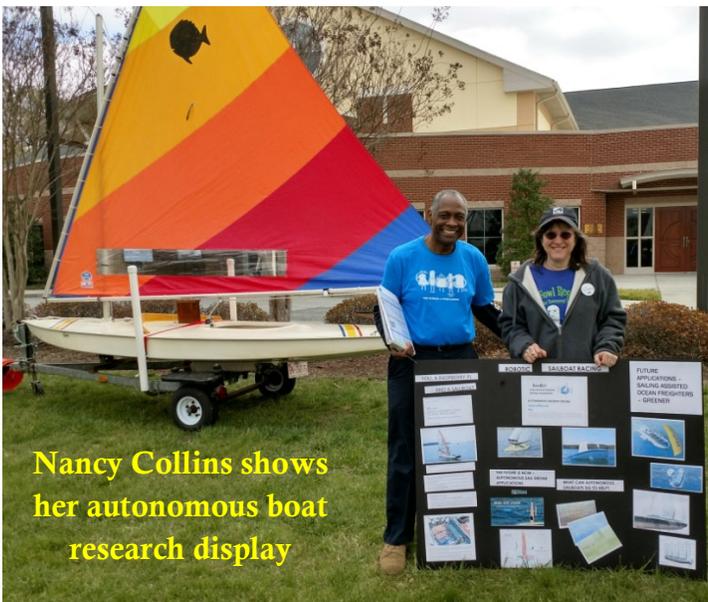
LYYC at the Maker Faire

On April 11, LYYC partnered with the NC A&T College of Engineering at their STEM Maker Faire, held on A&T's campus here in Greensboro. About 200 students from five elementary and middle schools attended the event and were treated to many demonstrations on electricity, computer coding, and robots. LYYC joined the event with two sailboats, a pulley system, a buoyancy demonstration, and a way cool display of the research going on in autonomous boats.

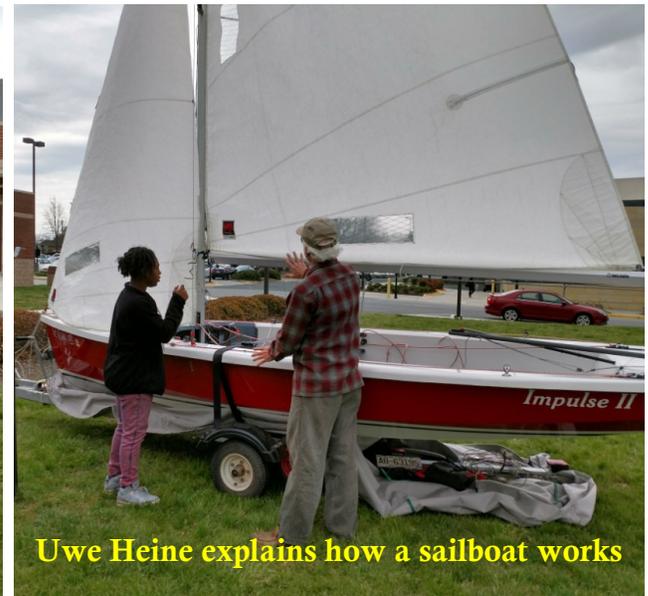
Many thanks to Uwe Heine and Nancy Collins for bringing their beautiful red Wayfarer W10978 and to Nancy for the autonomous boats display. Trish brought her Sunfish and Scott Bogue made an awesome pulley system. He also made up a buoyancy demonstration using 6" x 12" pieces of aluminum foil for the students to make "boats" and see how many steel washers it took to eventually sink the boat. The students really enjoyed this demo and one team got a record of twenty-one washers in their boat! Many thanks to Kim Wise, who fired up the kids' competitive spirit and made it even more exciting for them.

Thanks also for help from Ken Butler, Warren Mitchell (OHSC) and Joleen and Eric Rasmussen!

It's not over as we are again partnering with the NC A&T College of Engineering at our **Let's Go Sailing** event on **April 28th**. Again we will demonstrate how STEM applies to sailing. It's FREE! Come out and bring your family, neighbors, students, and friends, especially if they have never sailed before. Hot dogs and fixin's will be available for purchase, thanks to Wanda Williams!



Nancy Collins shows her autonomous boat research display



Uwe Heine explains how a sailboat works

Many thanks to A&T's Dr. Marcia Williams, Mr. Donald McCoy (above), Ms. Mary Holloway and Ms. Dionne Wells for their wonderful assistance and for making the Maker Faire a huge success!

BIG NEWS!

In Case You Haven't Heard . . .

Mark Hayes, Stephanie Taylor and Alan Taylor are coaches for our new **High School Sailing Team**. If you have a teenager who might be interested in joining this group (no experience necessary), please contact them. The team will practice at Lake Townsend and travel to various locations in North Carolina to compete.

Here is the contact info: Mark Hayes - mhayeslaw@triad.rr.com
 Stephanie Taylor - wetagirl1937@yahoo.com
 Alan Taylor - alan@lakelevel.com

Xtreme Teen Adventure Camp

Here's an opportunity for you or your teenagers. Mark Hayes & Alan Taylor are volunteering to do sailing demonstrations (see below), but we'll need two or three Flying Scots to help out. If you're willing to help in other ways, please let Mark or Alan know. Thanks!

The Greensboro lakes are hosting an Xtreme Teen Adventure camp this year during **the weeks of June 25th - 29th & July 16th - 20th**. We are trying to incorporate all the lakes so naturally sailing comes up when we talk about Lake Townsend. Would it be possible to have a yacht club member bring a boat and take the kids out on the water? Maybe talk to them about the different parts of the boat, a few basic knots, etc. Ideally this would last around 2 hours and would happen once during each week of camp. We will have no more than 15 campers, ages 12 -15. If this is something that is feasible, our best times would be Wednesday between 11 and 3 or Thursday between 12 and 3, both weeks.

Thank you,

Crystal Jones, Lake Attendant
Parks and Recreation
City of Greensboro
Lake Higgins Park
4235 Hamburg Mill Rd.
Summerfield, NC 27358
Phone: 336-373-3739, <http://www.gsoparksandrec.com/>

MORE BIG NEWS!

Congratulations to Phil Fleischmann from the Parks & Recreation Dept. on his promotion!

After an extensive national search and competitive process, I am pleased and very excited to announce the promotion of Phil Fleischmann to the position of Deputy Director for Greensboro Parks and Recreation Department, effective April 16, 2018. As Deputy Director, Phil will oversee all facets of the Department's day-to-day operations and services, including responsibility for the Administrative Services, Community Recreation Services, and Park Operations divisions.

Phil's leadership and management in the areas of recreational programming, community building and partnership development, and strategic planning has been integral to the Department's success. As Deputy Director, Phil will be able to combine his experience, knowledge, and passion for parks and recreation to transform the way we deliver high-quality programs, parks, and facilities for our residents to enjoy.

Phil began his career in parks and recreation with the City in 2001, and over his seventeen years in the field, has served in various management and leadership roles with the City of Raleigh, Mecklenburg County, and the City of Greensboro. For the past four years, he has served as the Division Manager of Community Recreation Services for Greensboro. Please join me in congratulating Phil on his promotion to the new role as Deputy Director!

Nasha McCray, AICP, Director, Parks and Recreation Department, City of Greensboro

Phone: 336-433-7360; Fax: 336-373-2060
1001 Fourth Street, Greensboro, NC 27405
www.gsoparksandrec.com

Captain John's SkipperTips: Your Best Sailing Tool

What sailing survival tool gets overlooked more often than most any other? It's not flares, EPIRB, VHF, liferaft or a knife. This small, lightweight, waterproof, low cost, super-tool has been used for over 100 years to save lives ashore and afloat.

Maurice Bailey along with his wife Maralyn survived for 117 days on a rubber raft in the Pacific Ocean. The harrowing tale of the Bailey's survival remains one of the great sea stories of what it's like to live for months on a small liferaft. Here's an excerpt from Wikipedia:

"The Baileys' journey began when they left Southampton, England in their 31-foot (9.4 m) yacht, the Auralyn. Their intended destination was New Zealand. They passed safely through the Panama Canal in February and were on their way to the Galapagos Islands.

At the crack of dawn on 4 March 1973, their yacht was struck by a whale and severely damaged. After transferring some supplies to an inflated raft and dinghy and salvaging some food, a compass, and other supplies, the Baileys watched as the Auralyn disappeared beneath the waves.

To survive, they collected rainwater and when their meager food supplies ran out, began eating sea creatures such as turtles, seabirds, and fish caught by hand or with safety pins fashioned into hooks.

As they drifted in the open Pacific, the couple saw seven different ships but were unable to attract these ships' attention since their signal flares failed and their emergency kit did not contain a signaling mirror."

~~~~~

Did not contain what? Three ships passed the Baileys because of lack of one simple piece of gear--a signal mirror. Small; compact; light weight; low cost; no-battery-required; 100% waterproof. I believe this meets all the requirements of the perfect survival equipment.

Survival experts state that a quality glass signal mirror can attract attention from 25 to 150 miles. Time and again, US Coast Guard search and rescue aircraft have stated that signal mirrors were sighted in rough seas with ease from high altitudes.

Realize that flares will be difficult to launch to sufficient altitude in rough weather. They may be wet or damaged. Your signal mirror will work, even in hazy, diffused sunlight. It's robust, waterproof, compact, small enough to fit in a pocket or attach to a lanyard to your pfd.

Follow this Advice from an Outdoor Survival Expert:

World class outdoor survival guide Tom Lester says this: "Obtain a quality glass signal mirror- the 2" x 3" size is sufficient and you will have a signaling tool that can get you rescued in a flash. We have tested such mirrors up to 27 miles in the desert and the record rescue with a glass mirror was 105 miles!"

Avoid plastic or polycarbonate mirrors as well as CDs. These scratch easily and don't have the distance capabilities of a quality glass mirror. Students are often concerned that a glass mirror is too fragile but in all my years of using and carrying one, I've never suffered a breakage. I store mine in a

thin bubble-wrap sleeve to be extra careful.

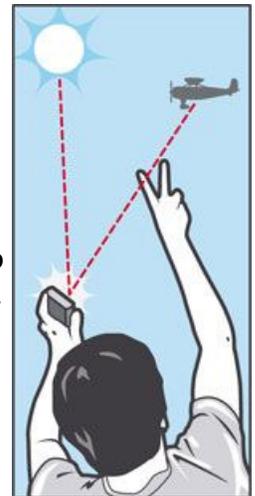
Here's the beauty of using a glass mirror- they are incredibly easy to accurately flash a distant searcher. Place the mirror up to your eye, tilt the mirror up towards the sun (not directly into the sun, though!) until you see a small bead of white light.

Make sure the surface of the mirror is not obscured by your brimmed hat or fingers. You may have to angle the mirror a bit if the sun is at an unusual angle in order to see the bead of white light. Once you have the white light, simply move it over to your intended target (plane, searcher on the ground, etc.) and flash the person three times.

A **pattern of three** is the universal distress signal, so use this whether your signal is three toots on the whistle, three flashes with a mirror, three flashes with a flashlight at night, or firing three shots with a rifle (out of harm's way).

~~~~~

Of course, on a small boat or liferaft, you'll be pitching like a cork. Land based instructions may not work as well. Cruising sailor John Vigor suggests that you hold one arm straight out and create a "V" with two fingers. Hold the mirror up to your eye with the other hand. Sight the target through the "V" formed by your fingers. Twist the mirror until you see light reflected onto your fingers. The mirror will send a good reflection to the intended target.



Signal Mirror supply resources:

Amazon

REI

Best Glide

~~~~~

Make sure to add a signal mirror to your life raft survival gear, ditch bag, and personal flotation device. Demonstrate how to use the signal mirror to your sailing crew or partner. This could save their life one day, or help rescuers locate you faster and easier. Sail safe this sailing season, wherever in the world you choose to sail or cruise.

Best regards,

Captain John

[www.skippertips.com](http://www.skippertips.com)

## Please Like LTYC on facebook



- Check in at LTYC on facebook
  - Tag us
- Write an endorsement for LTYC
- Like LTYC on the “Like” page
- Post a review of LTYC on FB
- If you need help to post pictures or a video on our page, please contact JC Aller at [aller.jc@gmail.com](mailto:aller.jc@gmail.com)

## Let's Go Sailing! Available to Crew:

Otto Afanador, [ottosolar@aol.com](mailto:ottosolar@aol.com), (336)-269-1765

Jeanne Allamby, [jeanne.a.allamby@usps.gov](mailto:jeanne.a.allamby@usps.gov), (401)-996-0198

JC Aller, [aller.jc@gmail.com](mailto:aller.jc@gmail.com), (336)-580-0528

John Carr, [carrjl\\_40514@yahoo.com](mailto:carrjl_40514@yahoo.com), (859)-227-3688

Jack Clodfelter, [specialtypainting@gmail.com](mailto:specialtypainting@gmail.com), (336)-286-6688

Susan Cole, [sscole@triad.rr.com](mailto:sscole@triad.rr.com), (336)-707-0678

Mark Jozefowicz, [mark.jozefowicz@reliantaluminumproducts.com](mailto:mark.jozefowicz@reliantaluminumproducts.com)  
(336)-289-2205

Trish McDermott, [88hawkg650@gmail.com](mailto:88hawkg650@gmail.com), (336)-707-2846

Steve Newgard, [slnpicture@aol.com](mailto:slnpicture@aol.com), (336)-688-4952

Keith Smoot, [keith@br1980.com](mailto:keith@br1980.com), (336)-996-6734

William Young, [woyoung@triad.rr.com](mailto:woyoung@triad.rr.com), (336)-707-0295



**The best way to get a crew spot is to sign up on the racing scratch sheet under “Available to Crew.” Go to [www.laketownsendyachtclub.com](http://www.laketownsendyachtclub.com), click on Scratch Sheet: Participation Signup. Scroll down to the bottom of the page and select the tab for your chosen race day (you may have to use the left and right arrows). You can also come out to the lake on race day; many times skippers will be looking for crew.**

**Want to be added to this list? Email [membership@laketownsendyachtclub.com](mailto:membership@laketownsendyachtclub.com)**

## Lake Townsend Yacht Club Board

**Commodore: Robert Bouknight** ♦ ♦ ltyccommodore@gmail.com

**Vice Commodore/Racing: AnnMarie Covington** ♦ 336-266-5919 ♦ hobieone57@yahoo.com

**Rear Commodore/Education:**

**Treasurer: Mark Wise** ♦ 336-207-4200 ♦ ltyctreasurer@gmail.com

**Secretary: Nancy Torkewitz** ♦ 919-630-0360 ♦ heynineteen1919@gmail.com

**Equipment: Scott Bogue** ♦ 336-707-9183 ♦ scott.aomci@gmail.com

**Membership: Joleen Rasmussen** ♦ 919-440-2802 ♦ joleenrasmussen@embarqmail.com

**Social:** ♦ ♦

**Webmaster: Mark Wilson** ♦ 336-324-5018 ♦ mark.wilson@wilsontechnologysolutions.com

**Mayor's Cup/Nominating/Past Commodore: David Duff** ♦ 336-908-9754 ♦ homengso@triad.rr.com

**Newsletter/Publicity/Social Sailing: Trish McDermott** ♦ 336-707-2846 ♦ 88hawkgt650@gmail.com

**Social Media: JC Aller** ♦ 336-580-0528 ♦ aller.jc@gmail.com

- \* **You don't have to be a board member to help out. Everything this club does is done by volunteers. Please contact the individual board member to see how you can contribute.**

**Thanks for making LTYC the best!**

**Board meetings are open to all members. They are held the first Thursday of each month at 5:45. Please contact any board member for the location.**



**Did you know? . . . You can now find a link to sailing instruction videos on our website in the top yellow box that has the Scratch Sheet sign-up.**

## Classified Ads

### Buy – Sell – Want to Buy

Boats-Equipment-Accessories — Ads run for 3 months if not renewed.

[newsletter@laketownsendyachtclub.com](mailto:newsletter@laketownsendyachtclub.com)

### LIGHTNING SAIL BOAT # 12705

This sailboat is a one design ready to race or cruise.

It includes custom trailer, 3 complete sets of sails (one set 3 years old), 2 spinnakers, stainless steel centerboard, and compass. Cover included.

Can be seen at my house in Greensboro NC. Text me for directions: 336.282.9552

\$ 2200.00. Cash....no trades. Titles for boat and trailer in hand.

Contact: Jim Schwartz

### 1980 Catalina 22 for Sale

In good shape for an older boat, but needs someone with time to invest some TLC. You can see it at Merritt Marine in Hillsborough at I-85 and Hwy 86.

\$2,000 without motor. \$3,000 with motor, a Yamaha 6 HP, 4 stroke.

Glenn Edwards <[glennedw@gmail.com](mailto:glennedw@gmail.com)>

### LASER FOR SALE

Sailing Season is NOW. I am selling this Laser because - I have too many boats! Someone else should be having fun with this boat. Lasers are very responsive, easy to right, and nimble to sail. Full Rig Laser, white with teal trim. Standard rig, complete with all parts, and includes a foil bag. Good shape for a 1994. It has previously been repaired, has some cosmetic defects but is ready to sail. Includes trailer with good tires and bearings.

\$2200 or best reasonable offer. Nancy Collins, [snaggleteeth@gmail.com](mailto:snaggleteeth@gmail.com)

**Next Newsletter deadline: May 10**

Lake Townsend Yacht Club ♦ PO Box 4002 ♦ Greensboro, NC 27404-4002

♦[www.laketownsendyachtclub.com](http://www.laketownsendyachtclub.com)♦

## LYYC Is Going Green!

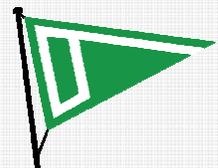
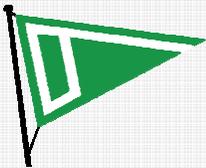
**Our goal is no more plastic water bottles or Styro-foam cups in the landfill. Did you know that only about 9% of what we recycle is actually recycled?**

**We encourage everyone to bring a reusable water bottle and coffee cup to events at the lake. If you have extra reusable coffee mugs or water bottles, please bring them to our races and social events. Thanks!**



## A Quick Look at Some of the Benefits of Your Membership:

- \* Make new friends
- \* Great food and adult beverages after sailing
  - \* Mentors available to help you
  - \* Continuing education programs
- \* Free use of city sailboats during LYTC events
  - \* Free use of club sailboats
- \* Free boat launching during club events
  - \* Yacht club reciprocity
- \* Monthly newsletter



*Etc.*

**Hudson's New Boat!**  
**Does he look happy or what?!?**



photo by Otto Afanador