

# Lake Townsend Yacht Club

# Tell Tales

AUGUST 2019



## Upcoming Events

Sept. 5	LYC Open Board Meeting	Commodore@ltyc for info
Aug. 24	Social Sail	Lake Townsend
Sept. 8	Sailing Savvy Sunday	Lake Townsend
Sept. 14	LYC Race Day	Lake Townsend
Sept. 28	Social Sail	Lake Townsend
Oct. 3	LYC Open Board Meeting	Commodore@ltyc for info
Oct. 4,5,6	John Bernard Annual Invitational Centerboard Regatta	Smith Mountain Lake, Virginia
Oct. 12	LYC Race Day	Lake Townsend
Oct. 13	Sailing Savvy Sunday	Lake Townsend
Oct. 25,26,27	Hot VIII Charity Regatta	Lake Townsend



## *A Note from the Commodore*

It's hard to believe how quickly the summer has gone by.

We've had a very successful Learn to Sail season. Many thanks to all the instructors and assistants who gave so generously of their time to help people learn to sail. George Bageant and Cathy Leonard taught three junior classes (two were back to back week-long classes). Even Cathy, who is a seasoned sailor, said she learned a lot by assisting with classes.

Thanks to Joleen Rasmussen for doing a great job of Rear Commodore in charge of education -- which means she helped to organize all the materials for classes and instructors and assistants, among other things. She also taught a weekend and a week-long class. Of course, nothing would happen without the help of Otto Afanador, who assisted in every adult class this season! Clap, clap! Thanks Otto!

As most of you know, our club has a good number of seasoned and knowledgeable sailors and they are willing to help you learn. August 11 was a Sailing Savvy Sunday (SSS), with Tom Bews leading the learning experience. Four of us attended. First we met at the picnic table by the race shed to read a great synopsis written by AnnMarie Covington about "Effective Upwind (Close Hauled) Sailing" and Tom answered questions. Then we all jumped into Tom's Flying Scot and put those lessons to work. It reinforced things we discussed.

There is another SSS coming up on Sept. 15, which AnnMarie will lead. So come out and you'll surely increase your sailing knowledge and abilities.

One of the RS Quests is now available to rent for \$35 for 3.5 hours (the standard rate for Capris). The other boat has a bent tiller, which will be replaced very soon.

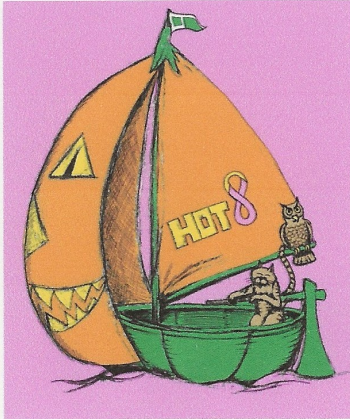
Please register and invite your friends to register and donate to our HOT VIII Charity Regatta. All proceeds go to Earlier.org after expenses. We will have a raffle and maybe a couple of items or services to auction. We're very close to raising \$40,000, which is a single grant for earlier breast cancer detection. If you are available to help with this event, please let me know.

I am very proud of our club and all the wonderful members we have. We have a couple of people rotating off the board in 2020 so if you have an interest in serving, please let Robert Bouknight know. You are needed! The commitment is one board meeting once a month, which usually includes snacks and beverages. We welcome any help you're willing to give on the board or on a committee.

Thanks and happy sailing!

Trish





## Notice of Race HOT VIII Charity Regatta October 25, 26 & 27 2019

The organizing authority is the Lake Townsend Yacht Club in association with the Greensboro Parks and Recreation Department.

**This is a charity regatta.** Registration and all donations should be made payable to Earlier.org, which is a non-profit, 501-c3 organization. Their mission is to fund research whose goal is to find an earlier detection for breast cancer, thereby avoiding invasive surgery and saving lives. All proceeds go to Earlier.org after expenses.

### 1. RULES

The Regatta will be governed by the rules as defined in The Racing Rules of Sailing.

### 2. ELIGIBILITY AND ENTRY

2.1 All classes of sailboats with active US Sailing Portsmouth numbers are invited to compete.

2.2 Registration may be completed online at <http://www.earlier.org/>

### 3. FEES

Registration: \$60. Race Committee and Junior Skippers (18 and under) FREE.  
Registration includes two Saturday dinners and the Sunday Social after racing.  
Additional Saturday dinners \$15. Children under 12 FREE.  
Continental breakfast included on Saturday and Sunday.  
Lunch is provided for all Race Committee on both days.

### 4. SCHEDULE

Friday, October 25

5:00 – 7:00 PM Register and set up boats at Lake Townsend.

Boats may be rigged and left overnight.

7:00 PM until ? Seminar by Uncle Al Schonborn. Location TBA.

Saturday, October 26

8:30 – 10:00 AM Check-in and registration, Shelter #10.

8:30 – 10:00 AM Continental breakfast.

10:30 AM Competitors' meeting, Shelter #10.

12:00 Noon Warning signal first race – Additional races to follow.



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Social and dinner after racing.

Sunday, October 27

8:30 – 9:30 AM Continental breakfast, Shelter #10.

10:30 AM Warning signal first race – Additional races to follow.

Social and awards after racing.

Five races are scheduled. One race completed constitutes a regatta.

## **5. SAILING INSTRUCTIONS**

Sailing Instructions will be posted on the official Notice Board on the equipment shed near the launch ramps. Copies will be available at registration.

## **6. VENUE**

Races will be on Lake Townsend northwest of the marina.

## **7. THE COURSES**

Courses to be sailed will be as described in the Sailing Instructions.

## **8. PENALTY SYSTEM**

A boat may take a one-turn penalty when she may have broken a rule of Part 2 or Rule 31 while racing. This changes Rule 44.2.

## **9. SCORING**

9.1 All boats will be scored as a single fleet using the Portsmouth Yardstick adjusted for average wind speed.

9.2 No scores will be excluded.

## **10. PRIZES**

Prizes will be awarded for race position, and for other categories at the discretion of the PRO/OA.

## **11. DISCLAIMER OF LIABILITY AND PHOTO PERMISSION**

11.1 Competitors participate in the regatta entirely at their own risk. See Rule 4, Decision to Race. The organizing authority will not accept any liability for material damage or personal injury or death sustained in conjunction with or prior to, during, or after the regatta.

11.2 By participating in this event, you give Lake Townsend Yacht Club (LYYC) permission to use photos of you or your crew in any promotional materials. LYYC may use these photos to advertise future events or recruit membership. (No personal identification of you or your crew will be included in the photos used.)

## **12. FURTHER INFORMATION AND ACCOMMODATIONS**

Contact Trish McDermott, Regatta Chair – 88hawkg650@gmail.com, (336)-707-2846.

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### **13. CLEAN REGATTA**

We have joined the efforts to restore ocean health with Sailors for the Sea's Clean Regatta Program. Protecting our local waters is important to this regatta and we ask for your help this effort.

13.1 On shore, separate your trash and place recyclables in the appropriate, marked containers which will be available both at the dock and at the shelter.

13.2 On the water, trash may be given to any Race Committee boat. RC will separate and recycle collected trash.

13.3 We are working to eliminate single use plastics. Please use reusable water bottles and coffee cups by bringing your own to the regatta. We will provide water filling stations on shore and on the Race Committee boats.

13.4 Please help leave Lake Townsend Park in better shape than when we arrive by picking up any and all trash you find. This includes on shore as well as on the water.

### **A Message from [Earlier.org](http://Earlier.org)**

Thank you for seven amazing years of tremendous support of [Earlier.org](http://Earlier.org). We are the only US non-profit exclusively funding research seeking an earlier biological detection test for breast cancer. Over the course of the past seven years, this Regatta has raised over \$35,000 for this critical research.

When our founder, Martha Kaley, started this organization nearly 25 years ago, she learned that the most difficult funding for researchers is to obtain seed grants. This is still true today. As such, we fund \$40,000 seed grants to innovative, promising research across the country and around the globe. Each and every grant proposal we receive is carefully reviewed and selected by our Medical Advisory Board, comprised of some of the very best oncologists and surgeons right here in North Carolina. Thank you!

Kara McBurney

At the August board meeting the LTYC Board adopted the following conduct policy. We believe that it represents a positive and clear path going forward for the Lake Townsend Yacht Club.

#### LTYC CONDUCT POLICY

The Lake Townsend Yacht Club (in accordance with US SAILING SafeSport policies) is committed to fostering a safe, fun environment for recreational sailing. Members and guests are expected to treat each other with courtesy and respect. LTYC does not tolerate misconduct (including unsafe, unsportsmanlike, offensive, abusive, or harassing behavior) from members or guests, either at club events, or when representing LTYC. Lake Townsend Yacht Club takes all reports of misconduct seriously (contact a board member to report an incident). Persons violating this policy may be told to leave a club event or disciplined in accordance with the LTYC Bylaws.

Good news from the city. One of the RS Quest can now be used at our club events on the 2nd and 4th Saturdays as long as it hasn't already been rented. The other Quest has a bent rudder and needs to be replaced.

## CALLING ALL HIGH SCHOOL SAILORS !

### *High School Sailing Report*

The LTYC High School Sailing Team kicks off its fall season on Thursday, August 22, with an interest meeting at the marina classroom at 7pm. This will be the team's fourth season, and we have big plans for the fall!

Our first regatta is fast approaching, which will be an officially sanctioned high school regatta on September 28th at Raleigh's Jordan Lake. Next up will be a two day regatta on October 19th & 20th, hosted by Pine Lake Prep at Lake Norman Yacht Club. These are points regattas where individual teams hope to earn enough points to qualify for the regional and national championships; and will attract high school teams from across the Carolinas. We hope to qualify at least one of our schools!

In addition to these points regattas, we will race in at least one inter-club scrimmage, or invitational, against Research Triangle Park High School Sailing Team at Jordan Lake. This regatta will likely be late in the season. RTP hosts us every season, either at Jordan Lake or Lake Crabtree in Raleigh. Despite being such a young team, we have been able to place in all of the regattas we have sailed! Of course, we will also race in LTYC's fall regattas.

The team will practice on our C420s twice a week through the fall, on Thursdays after school and Saturday mornings. Mark Hayes and George Burke will continue to coach the team, but we are always in need of help from club members—launching boats, setting marks, and driving the Scat Boats. Members are urged to come out and join the fun!



INTEREST MEETING: Thursday, August 22, 7pm, at the Lake Townsend Marina Classroom, 6332 Townsend Road, Brown Summit, NC 27214.

For additional information contact Mark Hayes at [mhayeslaw@triad.rr.com](mailto:mhayeslaw@triad.rr.com)



# Learn To Sail Classes



Left To Right: Otto Afanador, Joleen Rasmussen – Instructors, Steve Pitt, Joyce Myers, Mark Brisson, Anthony Giampa, Bill Regan, Harrison Pardue, Kim Regan, Molly Lambert, Jenni Regan Lynn Harder, Dawn Michelle & Jim – Instructors

Not Shown: Keith Smoot, Trish McDermot, Brian Mathews – Instructors, Eric Rasmussen – Event Photographer and Patricia Vosburg – Student



Left To Right: Otto Afanador – Volunteer, Bianca Linder, Roland Lindner, Carolina Lindner, Alaan Taylor – Lead Instructor, Kimber Bowman, Joleen Rasmussen – Volunteer, Thomas Poston – New member, Dale Strickland – new member, Theresa Call, Leslie Lyon – Volunteer, Nancy DuBois – new member, Bill Young – Volunteer

Not Pictured: Brian Mathews – Volunteer/new member/ LTS Grad., Julie Feldkamp – Volunteer/new member/LTS graduate



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# Learn To Sail Classes



Otto Afanador- Volunteer, Connor, Richard Eames, Will, Athia Nolan, George Enell – Volunteer ,  
Roland Lindner, Blanca Lindner, Carolina Lindner, Joleen Rasmussen – Volunteer, Theresa Call, J.C.  
Aller – Volunteer, Karin Hougard, Trish McDermot – Volunteer,

Not Pictured: Hugo, Robert Uzzle – Volunteer, Jim Schwartz- Volunteer, John Hemphill –  
Volunteer, Richard Fadle – Volunteer, Bill Byrd – Volunteer, (Last names of Jr. Students not Listed).

The Commodore and the Board of Governors of Virginia Inland Sailing Association cordially extends this  
NOTICE OF RACE  
and invites you to **CELEBRATE OUR FIFTY-FOURTH YEAR** and **OUR FIFTY-THIRD YEAR AT  
SMITH MOUNTAIN LAKE**  
and participate in the:

**2019 JOHN B. BERNARD ANNUAL INVITATIONAL CENTERBOARD RE-  
GATTA**

A FIVE RACE SERIES GOVERNED BY THE RACING RULES OF SAILING, CURRENT  
EDITION

**Organizing Authority:** VIRGINIA INLAND SAILING ASSOCIATION

**DATES:** October 5 and 6, 2019

**PLACE** VIRGINIA INLAND SAILING ASSOCIATION YACHT CLUB on Smith  
Mountain Lake, Franklin Co. Virginia

**CLASSES** Flying Scot, Laser, Thistle, Lightning, Mobjack, Rebel, Sunfish, Wayfarer, or  
any other class that registers three (3) or more boats.

Less than three boats of any class will race in a Universal Class using U.S.  
Sailing Association Portsmouth Handicaps.

JUNIORS: We will also have Laser races for Juniors less than 16 years old.

**VISAYC** is an informal family sailing club. Camping sites and showers are available.

***PLEASE DO NOT BRING YOUR PETS***

FOR ADDITIONAL INFORMATION CONTACT:

Billy Rhodes  
3912 Royal Blvd.  
Lynchburg VA 24503  
Phone (434) 384-2038  
E-mail: [Billy\\_Rhodes@msn.com](mailto:Billy_Rhodes@msn.com)



## OF IMMEDIATE INTEREST

Remember that qualified members may use Club boats at no charge. Here's what to do:

- Go to LTYC home page, [laketown-sendyachtclub.com](http://laketown-sendyachtclub.com)
- Scroll down to Scratch Sheet: Participation Signup. Click.
- Go to the headings at the bottom of the page.
- Scroll right or left to "2016-19 Club Boat Usage."
- First time? Check Usage Policy and follow instructions.
- Scroll down to 2019 and fill in the blanks.
- Club event? There's no launch fee!
- Not a club event? Pay lake launch fee or check in if you have a season pass.
- Go sailing!



**LTYC members launch free  
on Club event days!**

All other times:

- Pay the regular lake launch fee.
- If you have a season pass, just check in.

**Bring Your PFD**



This year you will **NOT** be able to borrow a PFD from the Marina office (policy change!)

Be sure to bring one for yourself and one for your crew or guest(s).

# Want to learn more about sailing? Here's how to get a crew spot.

Crewing for an experienced sailor is the best way to learn. You can crew during races held on the second (full weekend) Saturday of the month, on Sailing Savvy Sundays, or during our Social Sails, held on the fourth Saturday of each month April through September.

Here's how you do it: go to [www.laketownsendyachtclub.com](http://www.laketownsendyachtclub.com) and click on Scratch Sheet: Participation Signup. Find the race date at the bottom and click on it. Scroll down to the green section titled "Available to Crew" and put your name and phone number and/or email in there.

Another way to get a crew spot is to show up on a race day, Sailing Savvy Sunday, or Social Sailing day. Come to the skippers' meeting, usually held at 11 a.m. and tell the group that you'd like to crew.

Name: Available to Crew	Contact Info	Come out early for an 11:00 participants meeting. Boat rigging tends to start around 9:30.	

## A Quick Look at Some of the Benefits of Your Membership:

- \* Monthly newsletter
- \* Make new friends
- \* Great food and adult beverages after sailing
  - \* Mentors available to help you
- \* Free use of city sailboats during LTYC events
  - \* Free use of club sailboats
- \* Free boat launching during club events
  - \* Continuing education programs
  - \* Yacht club reciprocity



## ♦ Lake Townsend Yacht Club Board

Commodore: Trish McDermott	♦ <a href="mailto:commodore@laketownsendyachtclub.com">commodore@laketownsendyachtclub.com</a>
V. Commodore/Racing: AnnMarie Covington	♦ <a href="mailto:vicecommodore@laketownsendyachtclub.com">vicecommodore@laketownsendyachtclub.com</a>
Rear Commodore/Education: Joleen Rasmussen	♦ <a href="mailto:education@laketownsendyachtclub.com">education@laketownsendyachtclub.com</a>
Treasurer: Mark Wise	♦ <a href="mailto:treasurer@laketownsendyachtclub.com">treasurer@laketownsendyachtclub.com</a>
Secretary: Nancy Torkewitz	♦ <a href="mailto:secretary@laketownsendyachtclub.com">secretary@laketownsendyachtclub.com</a>
Equipment: Scott Bogue	♦ <a href="mailto:equipment@laketownsendyachtclub.com">equipment@laketownsendyachtclub.com</a>
Membership: Cathy Leonard	♦ <a href="mailto:membership@laketownsendyachtclub.com">membership@laketownsendyachtclub.com</a>
Social: Gail Walters	♦ <a href="mailto:lgs@laketownsendyachtclub.com">lgs@laketownsendyachtclub.com</a>
Publicity:	<b>OPEN – Need a volunteer!</b>
Webmaster: Eric Rasmussen	♦ <a href="mailto:webmaster@laketownsendyachtclub.com">webmaster@laketownsendyachtclub.com</a>
Mayor's Cup/Nominating/Past Commodore: Robert Bouknight	♦ <a href="mailto:mayorscup@laketownsendyachtclub.com">mayorscup@laketownsendyachtclub.com</a>
Newsletter: Robert Uzzle	♦ <a href="mailto:newsletter@laketownsendyachtclub.com">newsletter@laketownsendyachtclub.com</a>
Social Media: JC Aller	♦ <a href="mailto:socialedia@laketownsendyachtclub.com">socialedia@laketownsendyachtclub.com</a>
Let's Go Sailing / STEM: Gail Walters	♦ <a href="mailto:lgs@laketownsendyachtclub.com">lgs@laketownsendyachtclub.com</a>
High School Sailing Team: Mark Hayes	♦ <a href="mailto:tychsst-coaches@laketownsendyachtclub.com">tychsst-coaches@laketownsendyachtclub.com</a>

You don't have to be a board member to help out. Everything this club does is done by volunteers. Please contact the individual board members to see how you can contribute.

**board meetings are open to all members. They are held the first Thursday of each month at 6:00. Watch for location!**

**For specific meeting place for each month, please contact Trish McDermott at [commodore@laketownsendyachtclub.com](mailto:commodore@laketownsendyachtclub.com)**



### Please Like LTYC on facebook

- Check in at LTYC on facebook
  - Tag us
- Write an endorsement for LTYC
- Like LTYC on the "Like" page
- Post a review of LTYC on FB
- If you need help to post pictures or a video on our page, please contact JC Aller at [aller.jc@gmail.com](mailto:aller.jc@gmail.com)

Please follow our High School Racing Team on Instagram at [ltycsailingteam](https://www.instagram.com/ltycsailingteam), and of course, on facebook at [www.facebook.com/laketownendyachtclub/](https://www.facebook.com/laketownendyachtclub/)

**Next newsletter deadline: Sept. 5, 2019**



## Buy Sell - Want to Buy

Boats-Equipment-Accessories – Ads run for 3 months. If not renewed by the seller, they are deleted.

newsletter@laketownsendyachtclub.com

### For sale: Boat slip in Oriental.

- Slip W-5 at Whittaker Creek Yacht Harbour. 50' x 18' x 6 ft depth.
- City water, shore power, dock box.
- Air conditioned clubhouse with pool, laundry, WiFi.
- Two full service boatyards on same creek within 200 yards.
- Sail to Ocracoke in a day, or to Beaufort or New Bern in a half day.
- Sold the boat—now the slip must go! \$31,000.
- Call or text Bill Young, Greensboro, at 336-707-0295.

7/16/19