

Junior Sailing Class Information

WHERE: Monday (first day of class) *ONLY* – Windsor Center (attached map and address)
All other classes are at Lake Townsend Marina (attached map)

WHEN: Daily 8:30 am to 12 noon
Monday - Saturday

Welcome to everyone enrolled in this summer's Junior Sailing program at Lake Townsend! We are looking forward to six days of sailing instruction and fun. To ensure an enjoyable and safe experience for all, PLEASE pay attention to all instructions and attachments included. All classes, except for the first day, are held at Lake Townsend Marina.

A Coast Guard approved personal flotation device (PFD) MUST be worn at all times when on the water (docks and boats) during class—there will be no discussion or negotiation about this. Our first class (Windsor Center) will include classroom training and will conclude with a swim test. Students should be prepared to swim 25 yards, float or tread water for five minutes, and then put on a PFD while in the water (we'll teach them how to do that).

Classes will start on time and will end on time. Your child needs to be at class and ready to go by 8:30, and we will have your child ready to go home at noon.

WHAT TO BRING :

First day of class only:

- Swim suit and towel for swim test at Windsor Center
- Check for course balance due (\$85 = \$110-\$25 deposit) unless the balance has already been paid online via the LTYC website
- Completed and signed waiver form (attached)

Lake Townsend:

- Clothes you can get wet
- Change of clothes and towel
- Closed toed shoes (NO Flip flops or sandals). Old tennis shoes or water shoes are fine (protect the toes!)
- Sunscreen (waterproof is best) and/or protective clothing
- Water bottle

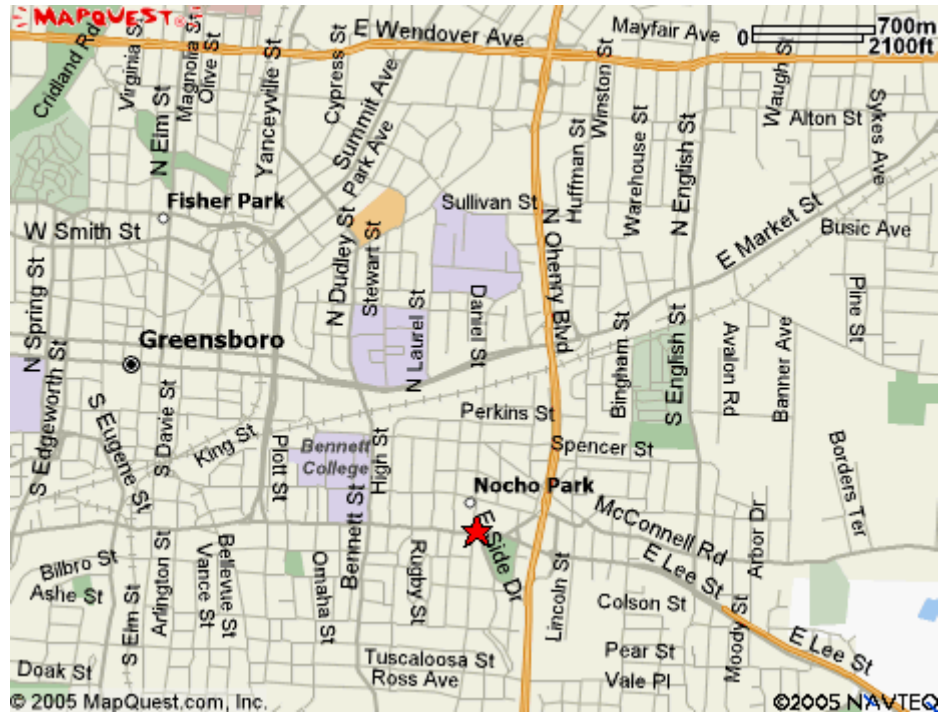
Optional: hat, sunglasses recommended

- Coast Guard approved PFD (provided, but you may bring your own)
- Rain gear

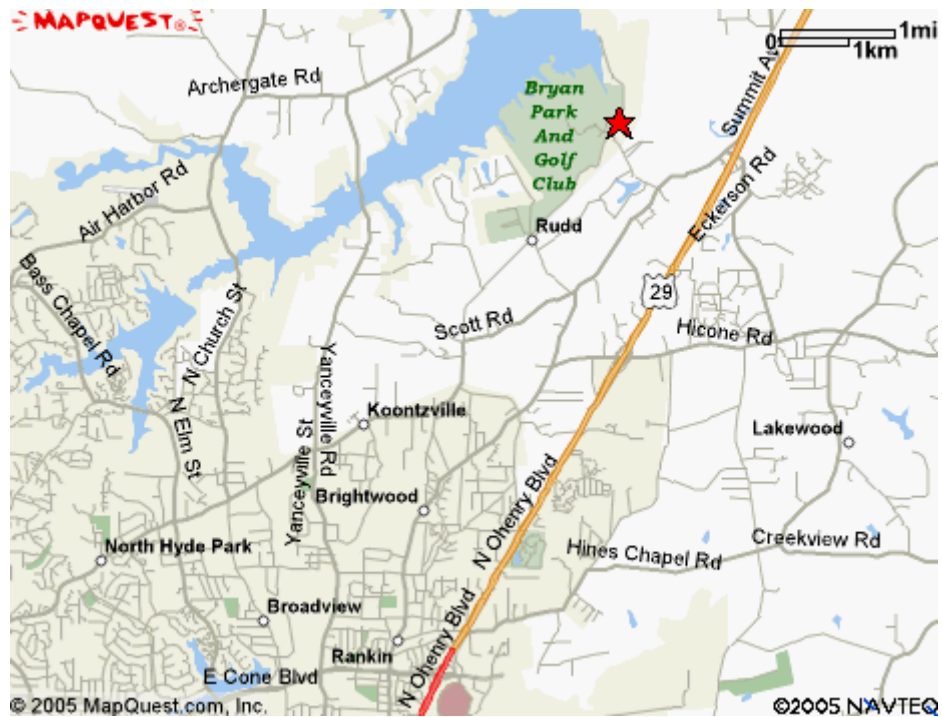
In the event of inclement weather, classes will continue in the classroom at the marina. We sail in the rain, but never during dangerous conditions (high wind, cold, or thunder)

Information about Scouting merit badge/interest project requirements and future free sail days and youth regatta will be distributed during classes.

Windsor Center – Monday only
1601 East Lee St. Greensboro



Lake Townsend Marina – follow signs to Bryan Park (not the soccer fields)



**Lake Townsend Yacht Club Junior Sailing Program
Waiver and Medical Treatment Form**

IN CONSIDERATION OF acceptance of my application and of the volunteer efforts of the directors, members, employees, and representatives of Lake Townsend Yacht Club (LTYC), the undersigned hereby waives and releases any and all claims which I may have against the host, its directors, members, employees, and representatives resulting from my child's participation in the LTYC junior sailing program and all actions related thereto.

Child's Name _____

Parent/Guardian Signature _____

Date _____

Emergency Phone (s) # _____

Family Physician _____

Physician Phone # _____

Insurance Company _____

Policy # _____

IN THE EVENT OF accident, illness, or injury to my child while participating in the LTYC Junior Sailing program under circumstances where I am physically unable to consent or am not present, I hereby authorize any physician, nurse, dentist, hospital, or emergency medical staff to administer appropriate medical treatment until such time as the undersigned is contacted in person or by telephone and specifically withdraws such authorization. The Undersigned assumes full financial responsibility for such care as well as any applicable policy of accident/health insurance.

The Undersigned hereby releases LTYC, its directors, members, employees, and representatives from all liability and/or claims arising out of the administration of any such medical treatment as noted above.

Parent/Guardian Signature _____ Date _____