

Lake Townsend Yacht Club

Tell Tales

JANUARY, 2020



GREENSBORO
PARKS & RECREATION

RACE COMMITTEE IS VERY REWARDING & SO EDUCATIONAL



It looks like our dedicated race committee has this race under control. See page 4 & 5 for more on volunteering for an upcoming race.

UPCOMING EVENTS

SUN., JANUARY 19

FRI.-SUN., JANUARY 24-26

THURS., FEBRUARY 6

SAT., FEBRUARY 8

CHANGE OF WATCH

SAYRA ANNUAL MEETING

LTYC BOARD MEETING

SNOWFLAKE (FROSTBITE RACING SERIES)

BRYAN PARK ENRICHMENT CENTER

HILTON HEAD ISLAND, S.C.

GREENSBORO SPORTSPLEX

Change of Watch

JANUARY 19, 2020

BRYAN PARK ENRICHMENT CENTER

6275 BRYAN PARK RD.

Browns Summit, N.C. 27214

***CASH BAR OPENS AT 5:00, DJINNER AT 6:00 FOLLOWED BY
CLUB PROGRAM / AWARDS***

WE ARE COLLECTING NON-PERISHABLE FOOD ITEMS FOR THE GREENSBORO CHRISTIAN MINISTRY . THERE WILL BE A COLLECTION BOX AT THE REGISTRATION TABLE.



A Note from the Commodore

A new year of beginnings and excitement ahead! I hope you will join your fellow sailors at our Change of Watch on January 19 at the Bryan Park Enrichment Center. We look forward to seeing you!

2019 was a good year, but 2020 promises to be even better. We'll have the traditional Saturday racing series each month (skippers, crew and Race Committee needed) and the Learn to Sail classes starting in May (which help to support the club). Of course, classes need instructors and assistants, so this is a good time to sign up! We also need volunteers to help with the NC A&T Maker Faire and Let's Go Sailing events in April.

Of course don't forget our very informative Sailing Savvy Sundays, started by AnnMarie Covington, which will begin in April. Come out, it's fun!

We have some exciting new things happening this year. At our first Social Sail of the season on May 23, we'll have a Pirate Regatta (aaaarrhh!) followed by a fencing demonstration and a learn-to-fence session after we capture the frigates. If you haven't done a Pirate Regatta before, it's a great game developed by Nancy Collins and Uwe Heine. Start working on your pirate costume and you can use it again in October!

The other exciting thing LTYC is offering its members is a new Learn to Race class. There was a meeting in September to gauge interest and so many people showed up that we decided it's a GO! Details are coming soon. The people leading the effort are Phil Leonard, Jim Heffernan, and of course our Rear Commodore in charge of education, Joleen Rasmussen.

The agreement between the City of Greensboro and LTYC will be finalized soon. We are not yet certain of which changes will affect us, but will keep you all posted as soon as we find out. In most cases our members won't see any substantial changes from last year.

The board wants to hear your ideas and suggestions and we always welcome everyone to the monthly board meetings, which are held on the first Thursday of each month. As you know, we are strictly a volunteer club and we're always looking for help on the board or on new committees that may be formed. We'd appreciate your involvement and participation. In particular, we need a person to take on Publicity and someone to take on Cruising. Please contact me or any board member to find out more about each position.

Sailors, board members, volunteers - thank you for your valuable contributions to LTYC.
Let's go sailing!

Trish McDermott - 2020 Commodore

2020 LTYC Calendar

Blue= Racing Sat/Sailing Savvy Sun
 Peach=Social Sailing 4th Sat
 Classes: Green=Adult; Pink=Junior

Gray=Meeting/Seminar/Other
 Board Meeting 1st Thurs each month
 Yellow=Holiday

Rev 20200112

January

M	T	W	T	F	S	S
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

19 Change of Watch Dinner Social
 24-26 SAYRA Annual Meeting

February

M	T	W	T	F	S	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	

22 Racing Rules Seminar

March

M	T	W	T	F	S	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29

12 HS Practice Starts?
 14 Work Day (Alt 28)
 21 Race Management Seminar

April

M	T	W	T	F	S	S
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30			

3 NC A&T Science Maker Fair
 18 Work Day (Alt 26)
 25 Let's Go Sailing w/STEM
 ? Piedmont Interclub (Jordan)

May

M	T	W	T	F	S	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

2, 17 Instructor Orientation
 3 Powerboat Training
 7-9 Learn to Race *New*

June

M	T	W	T	F	S	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30					

5-7 Mayor's Cup
 26-28 Governor's Cup (Kerr)

July

M	T	W	T	F	S	S
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

August

M	T	W	T	F	S	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

September

M	T	W	T	F	S	S
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30				

October

M	T	W	T	F	S	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

23-25 HOT Charity Regatta

November

M	T	W	T	F	S	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29

14 Interclub (OHC)
 12 Annual Meeting

December

M	T	W	T	F	S	S
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

Park closed Wed all year long
 Nov-Feb 8am-5pm; closed Thurs

Race Committee

Serving on race committee (RC) is fun and informative. Sailors routinely learn a lot from watching other boats sail the race, especially during starts and roundings. There is plenty of time during races to ask questions and receive detailed answers. Every year, LTYC holds a RC seminar in February or March where anyone interested in learning about RC before they volunteer can do so. Keep an eye on your email or check the LTYC website for details.

The Primary Race Officer (PRO) is in charge of running the races and guiding the other volunteers on the race committee. No experience is necessary to serve on RC. The PRO will explain what to do and how to do it. It's very important to sign up for RC at least 5 days before wishing to serve, so that the Vice-Commodore and PRO can be assured of enough volunteers to run the race. Without enough volunteers for RC, no one can race. Please do not show up on race day planning to serve without signing up earlier. Space is limited on the RC boats. The knowledge of sailing and racing you will learn is amazing!

Sign up for RC on the LTYC scratch sheet: <http://laketownsendyachtclub.com/activities/SignUp.asp>

It is important to sign up days or even weeks before race day. Arrive at the lake around 9:30 on the day you have chosen to serve. Help uncover the SCAT and Signal boats and launch them. Then begin loading them with the necessary equipment from the race shed. All three boats need anchors. SCAT boats need marks, mark anchors, extra anchor line, weights for the cone shaped marks (which help them stand up straight) and boat hooks to retrieve the marks. The PRO may request various other things.

Next, make a last pit stop and put all personal things, such as food and water, on the boat to which you have been assigned so that you are ready to hop on the boat as soon as the competitors' meeting is concluded. Next, attend the competitors' meeting at 10:30.

After the competitors' meeting, hop on the assigned boat and head out onto the lake.

The signal boat is where most of the action occurs. Three people serve on the signal boat: the PRO, the recorder, and the timekeeper. The recorder and timekeeper also raise and lower the flags, manage the autohorn, and measure the wind speed and direction. Volunteers learn the meaning of all the flags, horns, and wind readings, and the importance of recording the sail numbers and finish times accurately.

Two people serve on each SCAT boat: a driver and an anchor yanker. SCAT boats set the pin end of the start/finish line and the upwind and leeward marks. The SCAT boats also serve as safety boats. The RC volunteers on the SCAT boats watch the racers and assist if needed after equipment failure or capsize.

To learn more, sign up (<http://laketownsendyachtclub.com/activities/SignUp.asp>) or attend the RC seminar this winter!

AnnMarie Covington Vice-Commodore

RACE COMMITTEE VOLUNTEERS ENGAGE IN RUNNING RACES



TOM BEWS AND BOB HOFFMAN WAIT FOR SAILORS TO LAUNCH THEIR BOATS.

LEFT TO RIGHT LINDA HEFFERNAN, PHIL LEONARD AND ANNMARIE COVINGTON IN SCAT BOAT #1 TOW A DISABLED SAILBOAT HOME.



LEFT TO RIGHT ANNMARIE COVINGTON, PHIL LEONARD AND LINDA HEFFERNAN REMOVE THE RADIO FROM SCAT BOAT #1 AND COIL THE ANCHOR ROPE FOR STORAGE.



LEFT TO RIGHT JIM HEFFERNAN, STEVE JONES AND HIS SON, 14 YEAR OLD ANDERSON JONES DOCK SCAT BOAT #2; PHIL LEONARD MANS THE LINES.

Ahoy Sailors!

This winter, LTYC volunteers are **donating non-perishable food items** for Greensboro Christian Church Food Pantry. Bring canned meats, canned vegetables and fruits, rice, soups, crackers, etc. to any of our club events this winter. Support Community Care.

The 2020 Learn to Sail Calendar is published on our website and we already have a few students signed up for sailing classes this summer. Please **post our sailing classes** on your social network. Let's get the word out! [2020 Learn to Sail Volunteer Sign up Sheet](#) is posted and ready for slots to be filled in! **Volunteering** while teaching others to sail is what makes LTYC one of the friendliest/most welcoming clubs in the US. Sign up for just a few hours, or sign up for several sessions, whatever fits your schedule.

If you are new to sailing or new to Lake Townsend Yacht Club, our sailing classes are a great way to improve your skills, meet other members, and give back to the community.

We also have a **first sail/private lessons** sign up sheet if you are interested in helping in a more one-on-one sailing experience. First Sail is a US Sailing sponsored program to introduce community members to sailing. It's 2+ hours on the water.

2020 Memberships are due. If you've not yet renewed, click on [Membership Renewals](#).

While renewing your membership, please also sign up for our annual [Awards Banquet and Change of Watch](#). Celebrate with your sailing friends and support your board of directors. Please update the [COW Scratch Sheet](#) with a 0 at your name if you aren't able to make it. Otherwise, one of our volunteers will be calling you to find out if you will be able to make it.

In case the links don't come over:

<http://www.laketownsendyachtclub.com/activities/InstructorSignUp.asp>

<https://ltyc.wufoo.com/forms/2020-ltyc-membership>

<https://ltyc.wufoo.com/forms/2020-change-of-watch-banquet>

<http://www.laketownsendyachtclub.com/activities/SignUp.asp?gid=457531307>

Give a gift that lasts a lifetime, give the gift of sailing. This is an incredible present.

Gift Certificates are available for our learn to sailing class or racing class, as well as for annual membership.

Certificates can be purchased on our website, www.laketownsendyachtclub.com. We customize the certificate for your occasion and email you a PDF that you can print and put in a card.

US Sailing One Day Race Management Seminar

Hosted by Blackbeard Sailing Club, New Bern
Saturday, March 14, 2020

Don't miss this this terrific opportunity to improve your race management skills. The seminar is good for everyone who wants to provide quality Race Management to the sailors: mark boat operators, signal timers, recorders and scorers as well as Principal Race Officers. The seminar will help you to prepare for the US Sailing Club Race Officer on-line exam.

All sailing clubs need to have qualified and experienced people to manage local racing. The One Day Race Management Seminar (ODRMS) focuses on club level racing. This all-day seminar includes:

- Preparing Sailing Instructions (SIs)
- Choosing courses to give competitors the best possible races
- Adjusting the course in response to changing conditions
- Starting and finishing the fleet
- Scoring the event
- Ensuring the safety of competitors and the race committee
- And much more

US Sailing Club Race Officers are recognized as being trained to provide well run races in accordance with the Racing Rules of Sailing. Certified Race Officers receive additional insurance coverage provided by US Sailing.

To participate in the seminar, you must be a member of US Sailing. Join/Renew through LTYC MVP Sail Green Link. <https://www1.ussailing.org/membership/MPP/Default.aspx?ycid=125518P>
Renewing US Sailing members, just say Yes to being a current member and enter your US Sailing membership number.

New US Sailing members, say No to being a current member and fill in your new member information.

Once you have your US Sailing Membership, click <https://www.ussailing.org/competition/rules-officiating/resources/find-a-seminar/race-officer-seminar-calendar/>
for the seminar calendar to register. Scroll down to find March 14, Blackbeard Sailing Club.

Carpool with a sailing friend who is interested in helping to provide better run LTYC races or just wants to learn more about race management!

Instructors - Jerry Thompson and John McCarthy.

If March 14 does not work for you, below are other seminars not too far away.

2/01/2020 One Day Race Management Seminar at Norfolk Yacht and Country Club, Norfolk, VA
2/29/2020-3/01/2020 Advanced Race Management Seminar at Annapolis Yacht Club, Annapolis, MD

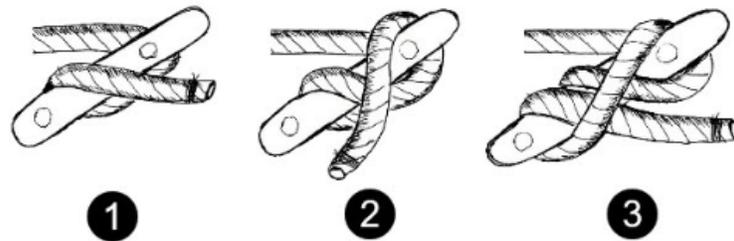
You can also brush up on Race Management with RC 101 - <https://www.ussailing.org/competition/rules-officiating/race-officers/training-certification/>

-Joleen Rasmussen, Rear Commodore Education

CAPTAIN JOHN'S SKIPPER TIPS

WWW.SKIPPERTIPS.COM

What sailing knot gets tied wrong more often than most any other? It's used more than any other knot throughout the sailing and power boat world. Here's a new way to look at this sailing powerhouse knot. Pass along these tips to your sailing crew or partner for safety.



I believe the cleat hitch has to be the most misunderstood knot of all time. Indeed this single knot can make or break a boat docking maneuver, cause a perfect alongside approach to fall apart in a heartbeat, and often gets tied wrong. Or even might be tied right, but in the wrong way for the specific situation.

So, here's a short review, even if you've tied it a thousand times before.

Cleats are loaded devices, which means that most anytime, there will be a lot of weight on one side of the cleat. Imagine that you come alongside a dock and drape the eye of a docking line over a piling.

You lead the spring line to a boat cleat near the beam. You use just enough throttle to tension the spring line and turn the wheel or tiller to bring the boat alongside the pier. The majority of tension (load) lies between the piling and boat cleat.

Your sailing crew or partner should--at all times--be positioned on the other side of the cleat. That way, if the line breaks apart (snaps) or the cleat rips out of the deck, there will be much less chance of serious injury.

Open up most knot books and you will often see diagrams of cleat hitches with a final locking turn (also called a "weather turn" or "weather hitch"). This final half hitch holds the figure eight turns onto the cleat body.

But, it has nothing to do with the strength of the knot. In some circumstances, you do not want to finish off the cleat hitch with a weather turn.

Short tacking or jibing near shore can call for fast action. This includes casting off sheets without the possibility of freezing onto a fitting (cleat, winch). Dock in an area with extreme tides and you can expect your boat to rise and fall several feet or meters.

In both cases, you'll need a cleat hitch that can be unwrapped and surged (eased out under control when under heavy strain). Make the figure eight around both horns. Instead of a final half hitch, wrap the bitter end one full round turn beneath the cleat legs.

Pull on the round turn so that it buries beneath the wraps. Now you can release the round turn with ease and adjust the cleat hitch under heavy load.

OF IMMEDIATE INTEREST

Remember that qualified members may use Club boats at no charge. Here's what to do:

- Go to LTYC home page, laketown-sendyachtclub.com
- Scroll down to Scratch Sheet: Participation Signup. Click.
- Go to the headings at the bottom of the page.
- Scroll right or left to "2016-19 Club Boat Usage."
- First time? Check Usage Policy and follow instructions.
- Scroll down to 2019 and fill in the blanks.
- Club event? There's no launch fee!
- Not a club event? Pay lake launch fee or check in if you have a season pass.
- Go sailing!



LTYC members launch free on Club event days!

All other times:

- Pay the regular lake launch fee.
- If you have a season pass, just check in.

Bring Your PFD



This year you will **NOT** be able to borrow a PFD from the Marina office (policy change!)

Be sure to bring one for yourself and one for your crew or guest(s).

Want to learn more about sailing? Here's how to get a crew spot.

Crewing for an experienced sailor is the best way to learn. You can crew during races held on the second (full weekend) Saturday of the month, on Sailing Savvy Sundays, or during our Social Sails, held on the fourth Saturday of each month April through September.

Here's how you do it: go to www.laketownsendyachtclub.com and click on Scratch Sheet: Participation Signup. Find the race date at the bottom and click on it. Scroll down to the green section titled "Available to Crew" and put your name and phone number and/or email in there.

Another way to get a crew spot is to show up on a race day, Sailing Savvy Sunday, or Social Sailing day. Come to the skippers' meeting, usually held at 11 a.m. and tell the group that you'd like to crew.

Name: Available to Crew	Contact Info	Come out early for an 11:00 participants meeting. Boat rigging tends to start around 9:30.	

A Quick Look at Some of the Benefits of Your Membership:

- * **Monthly newsletter**
- * **Make new friends**
- * **Great food and adult beverages after sailing**
 - * **Mentors available to help you**
- * **Free use of city sailboats during LTYC events**
 - * **Free use of club sailboats**
- * **Free boat launching during club events**
 - * **Continuing education programs**
 - * **Yacht club reciprocity**

◆ Lake Townsend Yacht Club Board

Commodore: Trish McDermott	◆ commodore@laketownsendyachtclub.com
V. Commodore/Racing: AnnMarie Covington	◆ vicecommodore@laketownsendyachtclub.com
Rear Commodore/Education: Joleen Rasmussen	◆ education@laketownsendyachtclub.com
Treasurer: Bill Young	◆ treasurer@laketownsendyachtclub.com
Secretary: Dawn-Michelle Oliver	◆ secretary@laketownsendyachtclub.com
Equipment: Ken Butler	◆ equipment@laketownsendyachtclub.com
Membership: Cathy Leonard	◆ membership@laketownsendyachtclub.com
Social: Gail Walters	◆ lgs@laketownsendyachtclub.com
Publicity:	OPEN – Need a volunteer!
Webmaster: Eric Rasmussen	◆ webmaster@laketownsendyachtclub.com
Mayor's Cup/Nominating/Past Commodore: Robert Bouknight	◆ mayorscup@laketownsendyachtclub.com
Newsletter: Robert Uzzle	◆ newsletter@laketownsendyachtclub.com
Social Media: JC Aller	◆ socialmedia@laketownsendyachtclub.com
Let's Go Sailing / STEM: Gail Walters	◆ lgs@laketownsendyachtclub.com
High School Sailing Team: Mark Hayes	◆ tychsst-coaches@laketownsendyachtclub.com

Please welcome Bill Young, who succeeds Mark Wise as Treasurer, Dawn-Michelle Oliver, succeeding Nancy Torkewitz as Secretary, and Ken Butler, who succeeds Scott Bogue with Equipment. They will take their board positions at our COW Banquet this Sunday, January 19, 2020.

You don't have to be a board member to help out. Everything this club does is done by volunteers. Please contact the individual board members to see how you can contribute.

Thanks for making LTYC the best!

Board meetings are open to all members. They are held the first Thursday of each month at 6:00. Watch for location!



Please Like LTYC on facebook

- Check in at LTYC on facebook
 - Tag us
 - Write an endorsement for LTYC
 - Like LTYC on the "Like" page
 - Post a review of LTYC on FB
- If you need help to post pictures or a video on our page, please contact JC Aller at aller.jc@gmail.com

Please follow our High School Racing Team on Instagram at [ltycsailingteam](https://www.instagram.com/ltycsailingteam), and of course, on facebook at www.facebook.com/laketownendyachtclub/

Next newsletter deadline: February 10, 2020