

July 2020



RACING RESUMES SATURDAY JULY 11, 2020 ON LAKE TOWNSEND. CHECK ANNMARIE'S COMMODORE'S MESSAGE ON PAGE TWO! LEARN TO SAIL CLASSES RESUME. CHECK THE LTYC WEBSITE AND JOLEEN'S ARTICLE ON PAGE 6





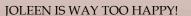
RIGHT JOLEEN COVERS A BOAT BEFORE FOUL WEATHER

BELOW CAROLINE HOLDEN AND ALEX WALTER PAUSE BREIFLY



YEP
OTTO'S
TURN!
ENOUGH
SAID







01

NEW STUDENTS

LEFT : CAROLINE HOLDEN

RIGHT MARIE – LYON LAVOIE



PAGE 2 TELL TALES



A Note From the Commodore

Ahoy Sailors!

LTYC will be racing on Saturday, July 11! We have implemented many procedures to reduce the risk of Covid-19. These include:

- 1. No meeting before racing and no social afterwards.
- 2. All registration is completed on the scratch sheet.
- 3. All participants are encouraged to sail only with people within their bubble.
- 4. Wear masks when unable to social distance.
- 5. Only 4 boats are allowed on the dock at a time when both leaving and returning to the dock. When returning to shore, do not enter cove until fewer than 4 boats are on the dock.
- 6. RC is staffed only by people within their social bubble.
- 7. Park with an empty parking space between boats during rigging and derigging.
- 8. Bring a VHF radio (Channel 71) or phone with PRO's number for communication.

First gun is at 12 Noon. The winter course or the "W" course will be used. Four races are scheduled each day. Because RC is short staffed, Appendix U may be used. This is a 3 minute, primarily sound signal start. Numeral pennant 3 will be flown on the signal boat if the 3 minute start is in effect. Please refer to the documents sent in the Commodore's email for all the details.

Looking forward to seeing all of you on the water!

AnnMarie

Commodore LTYC

PAGE 3 TELL TALES



Scott Bogue

In this issue, Scot Bogue will be stepping outside the box and shares his knowledge on a subject which may encourage you to be a little bolder in your sailing adventures.

The Joys of the "Iron Breeze"

Every cruising or day sailor knows there are two things he or she can count on (current and tide, except on lakes), and one they can't (the wind). Has this ever kept you from trailering your boat to a big, unfamiliar body of water such as the Neuse River or Pamlico Sound? Or the Chesapeake? (Check out the outboard wayfarer.jpg. on the next page for one solution.

"Iron Breeze" was a not-always-friendly moniker applied to small gas engines when they first began to appear on sailboats over a hundred years ago. They were expensive, so only those who truly needed auxiliary power bought them, and traditional sailors were prone to look down their noses at anyone who couldn't get where they wanted to go by sail alone. And, perhaps they had a point.

But.

There are times when you have to be somewhere, and you can't get there under sail. That's when having a small outboard makes a lot of sense.

And you don't need much power or weight. A 2 horsepower motor will move a Wayfarer or Tanzer at about 4 mph, and a 3 hp, with little weight penalty, will push her against the strongest current you are likely to encounter. A Lightning or Flying Scot is well served by a 4 hp motor. Of course you can also use an electric motor. Although a conventional trolling motor may not be strong enough (and the battery is heavy), a Torqueedo or similar motor might be just right.

Many of the old objections to the "iron breeze" had to do with noise, fumes, and odor. Today's four-stroke gas motors are wonderfully quiet and fume-free, nearly (but not quite) on a level with an electric - and they're now not much heavier than a two-stroke of equivalent horsepower.

A simple, fixed transom mounted bracket such as the Garelick 71075 is all you need on a boat like a Wayfarer or Flying Scot that allows the motor to be tilted (rather than lifted) out of the water. If you can find one that is easily removed, all the better, but it's not essential.

OK, so far so good, but what about the mainsheet fouling the tilted-up motor under certain conditions? I have found that on a Wayfarer (see photo /IMG_0496 next page) it worked well to center the traveler and tighten it, then attach the mainsheet block to the immobilized traveler. It's not necessary to remove the bridle, and the conversion is quick and easy. As added insurance, moving the aft boom sheet block 12" forward on a new bail essentially eliminates sheet fouling.

Flying Scot sells a kit to convert a Scot to mid-boom sheeting. You have to supply the blocks. (They do not recommend mid-boom sheeting in winds over 15 knots.) Converting from end-boom to mid-boom sheeting (and back) is the work of no more than 5 minutes, and this eliminates sheet fouling problems when you have an outboard.

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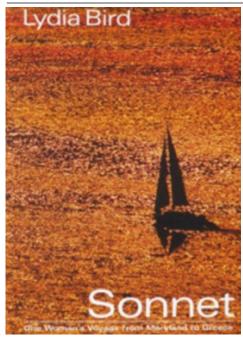
Don't have a Wayfarer or Flying Scot? A similar approach should work. A little experimentation and imagination will give you confidence to modify (if necessary) your mainsheet hardware, always with the goal of being able to switch easily from the original set-up to motor-ready.

Think about the places you can go when you don't have to think about wind and current! All you need is an "iron breeze."





PAGE 5 TELL TALES



Dawn-Michelle



The Sailor's Bookshelf
Dawn-Michelle Oliver

This month's recommendation is *Sonnet: One woman's voyage from Maryland to Greece*, by Lydia Bird, and comes to us from Stephanie Taylor. Alan Taylor, Stephanie's husband, actually saw the boat in Alameda, CA after the author returned from her adventure!

The book was published in 1997 and is only available in hardback. I didn't locate copies in local libraries, but they may be available through interlibrary loan, and used copies can be purchased online.

Description from the book jacket: From a windswept dock in the Chesapeake Bay, Lydia Bird sets out alone on a 5,000-mile voyage across the Atlantic and through the Mediterranean in her 42-foot sailboat, Sonnet. A physically grueling journey involving stormy seas and sleepless nights, it demanded not only sound nautical experience but quick wits, a level head, and a settled stomach. Her solitary odyssey becomes an emotionally complex and often painfully funny journey when Bird is joined, for portions of her passage, by three very different women: Monica, a friend from the past; Eileen, whose husband - like her own - is posted to the U.S. Embassy in Sofia; and the intense and headstrong biologist Skyli. The way-points of the voyage are vividly etched: the lush volcanic island of Faial, the struggling ex-Communist country of Bulgaria, Gibraltar, archaic Malta, and, most powerfully, southern Spain, home of the author's expatriate parents, where she grapples with lifelong family conflicts and her father's failing health. A daughter's role as an adult in her parents' lives; a wife's role in her husband's world of diplomacy; the meaning of friendship - Lydia Bird explores her themes with fierce honesty, finding her place on the globe as she traces a tumultuous wake along its surface.

Review from *Booklist:* Lydia Bird, an expert sailor, has written for *Sail, Sailing*, and *Sports Illustrated*, and she holds the women's record for the Transpac Race between San Francisco and Kauai. *Sonnet* is a 42-foot sailboat that physically carries her on a 5,000-mile voyage but mentally strains her to the breaking point. She sails the first leg of the voyage to the Azores alone, then completes the final stages to southern Spain, Malta, and Greece with a changing crew of female sailors of varying experience and compatibility. Excerpts of her captain's log enhance the feelings of isolation, despair, and eventual triumph experienced by Bird. Her account of her journey will appeal to libraries serving novice and expert sailors. *Melanie Duncan*

Visit Lydia Bird's blog for more about her life and work, including an article written for *Sail* on the Whitbread Round the World Race, and a link to a short autobiographical piece for NPR's *Snap Judgement*. http://www.lydiabird.com/more.html

NOTE: Sailing-related book reviews or recommendations are welcome from anyone. Send your review by the 10th of the month, or recommend a title by the 1st and I'll find a published review.

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RETURN TO SAILING

By Joleen Rasmussen, LTYC Education Chair

Summer is in full swing with 90 degree temps and lots of sunshine. That may be the only thing typical about sailing this summer. Prior years, we would be half way through our sailing season, traveling to regattas, attending sailing socials, and trying to figure out how to get more time for sailing out of our busy schedules.

With so many activities being shutdown, we find that we now have more time for sailing. Being outdoors and getting exercise has become even more important these past four months. Greensboro Parks and Recreation kept the lakes open. Send a thank you note to the commissioner for the services that Parks and Recs has been providing the community.

Dingy Sailing is naturally socially distancing!

From my first day on the water sailing my Isotope, I enjoyed the relaxing experience of being alone on the boat, sailing my race, while being connected with others on the water. It turns out, for the past 18 years, I was preparing for the summer of 2020 sailing and social distancing.

The Lake offices reopened on July 1. Launch fees and boat rentals are back in effect at all 3 lakes. New this year, boat rentals are online and can be made after 12pm the day prior to use. You do want to be sure you select the correct lake. The office will work it out when possible and everyone is getting used to new online rental system. Go to <u>Greensboro Lake Townsend</u> <u>website</u> to reserve a boat. You can also purchase an \$60 annual permit at the office to launch a boat outside of club events.

During the time that the offices were closed and group events were not permitted at the lakes, other sailing activities were taking place. Eric Rasmussen hosted zoom Tuesday Tactics to keep sailors connected. The sessions were an invaluable learning opportunity for everyone, not to mention also serving as online social events. The sessions will continue as long as there are topics to cover. Families and Friends were using private boats and club boats and simply, easily just sailing together. Dinghy sailing/Lake Sailing is perfect for bringing families and friends together on the water and we expect to see more families at the lake with us during our events. We took the unorganized, non-group event time to learn about Rabbit Starts.

While members and community sailors were enjoying their time simply sailing on Lake Townsend, the LTYC Board worked to prepare the club to be ready to *Return to Sailing*.

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As recommended by US Sailing, SAYRA, and our insurance agency, the Board developed and tested out *Return to Sailing* procedures so as to have our new procedures documented and in place. When the lake office opened up, we submitted the procedures with a request to restart our group events such as sailing classes and our Saturday race series. The City has given us permission to restart our group events on limited bases as long as we follow our documented procedures and city/state policies continue to allow the activity. This Saturday, Aug 11, we have our first group event since February. July 13, we have our first 2020 *Learn to Sail* class.

We need to follow our *Return to Sailing* procedures or risk losing our approval.

Key points of the new procedures at a high level

No onsite Competitors' Meetings or Socials

Social Distancing at all times while on shore

Masks/buffs

at all times while on shore

on the water if not same social bubble

Spaced out rigging.

So that we don't appear to be on top of each other

Use the entire parking lot, don't rig in the same area

No more than 4 sailboat at one side of the dock at a time

staggered launching

Leave the dock promptly

Consider anchoring off the beach and wading to shore if not yet ready to head out.

Disinfecting shared touched items before use

Club boats

Shed locks and handles

Each shed has a sprayer of 5% bleach water mix

Verbal assistance only from a distance.

Following Check-in procedures

Sign up in advance on the Scratch Sheet if possible

Dockmaster/Safety Officer at every group event

PAGE 8 TELL TALES

All members and registered guests are asked to review the Return to Sailing procedures before attending a group event and to follow the procedures. To help in that regards, we've created Event specific summaries for those who are planning to participate in just a single type of events. We will be hosting zoom sessions to review the procedures and answer questions. Review this 3 minute video from Royal Yachting Association (RYA) LIFE AT THE SAILING CLUB - Return to Boating - What will it be like? LTYC Return to Sailing Procedures are posted on the Member's Cove of the club website. These procedures are a work in process. We will make updates as we learn more about what sailing organizations are doing and as governing rules change.

The COVID-19 case rate is still climbing in North Carolina. We all must continue to be careful. Many in our sport are in an at risk category. We need to be respectful of others and diligent in our social distancing. Last year, the really cool kids wore buffs to protect themselves from the sun. Many of us are now part of that cool group wearing our neck gaiters and helping those around us.

Yes, we will miss the meals and the libations. The sailing will still be Good! Support our sport. Give our volunteers extra appreciation for the work that they are putting in this year as we *Return to Sailing*.

Joleen Rasmussen, LTYC Education Chair



Joleen

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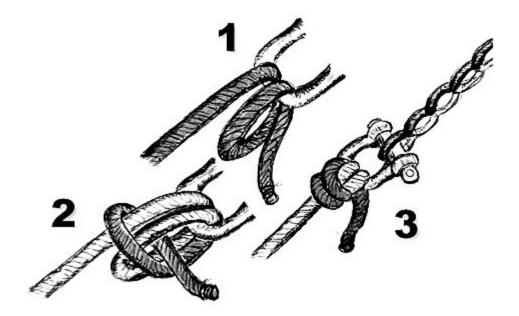
Captain John's Skipper Tips - July Edition



Tie This Powerful Anchor Hitch in Ten Seconds or Less

Captain John,
Www.skippertips.com
Captainjohnskippertips.com

Did you realize that anytime you tie a sailing knot into a piece of line, the line loses strength? But there's one little-known sailing knot you can learn that's strong, easy to tie, and causes less loss of strength than most other knots.



If you need to make up a line in a jiffy for anchoring, or tie a line onto your dingy anchor, the anchor hitch is fast and easy to tie. Follow the steps below along with the illustrations:

- 1. Make two turns around a shackle or ring. Leave 9" to 12" of bitter end so that you have enough line left over to finish the knot.
- 2. Pass the bitter end through both loops. You can seize (lash) the bitter end to the standing part for more security.
- 3. As an alternative to seizing--pass the bitter end one more time through both loops. Remove all slack and cinch the knot up tight.

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HOW TO TRIM YOUR MAINSAIL FOR MAXIMUM SPEED AND POWER



Have your sailmaker install three leech telltales along the leech of your mainsail. These will often be attached to the batten pockets because these are sewn at even positions (called "stations") along the leech. You will need at least three telltales spaced along the leech.

Leech telltales that stream together indicate a smooth exit of the air off the leech. This means your mainsail has good trim and will generate lots of power in the back of the sail.

Leech telltales that droop or hide on the lee side of the leech indicate a stalled sail. Most often, this results from sheeting the main too hard. The leech does not have enough twist near the head. The result? You lose forward drive, sail more sideways and in breezier conditions weather helm and heeling increase. Get underway on a day with a moderate breeze. Practice the five steps below with your sailing crew or partner. This will help you understand how to trim your mainsail to perfection for more speed and power.

Five Steps to Perfect Mainsail Trim

- 1. Sail onto a close reaching point of sail. <u>Trim your sails</u> to balance the boat to the point where it just about steers itself without a lot of help (do not use an autopilot--steer by hand). Pick a distant object ahead of the boat to use as a reference point. Go to the next step.
- 2. Stand or sit aft near the end of the boom. Sight up the leech of the mainsail. Concentrate on the uppermost telltale. Crank in on the mainsheet so that you overtrim the mainsail. You will see the top telltale stall first, followed by the middle and lower telltales (photo left).
- 3. Feel the weather helm increase as the sail stalls. Glance ahead at your reference point. Notice how your boat crabs to the side. The stalled mainsail has lost most of its lift. Side force has taken over. The keel has to fight to provide lift. Look at your speed instrument. Your boat has slowed down. Now, let's get things right.
- 4. Sight up the leech of your mainsail again. Ease the mainsheet just a few inches at a time. Watch the leech telltales. You want to do this in increments so that the telltales have time to react to your last trim. Continue to ease the mainsheet until all telltales stream aft (photo right).
- 5. Belay the mainsheet. Test the helm and check your speed instrument. Your wheel or tiller should be much lighter to the touch and your speed should increase in a dramatic way. Trim your mainsail to keep your leech telltales streaming from top to bottom. You'll be rewarded with a boat that's fun to sail and faster too!

Warmest Regards,

Captain John

Captainjohnskippertips.com



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LAKE TOWNSEND YACHT CLUB HIGH SCHOOL SAILING REPORT-COVID 19 EDITION! By Mark Hayes

We are happy to announce that the HSST fall season is on-with some adjustments!

We are planning on practicing at the lake on Saturdays from 1–2 pm, starting August 29. We will follow all Parks & Rec, City and State COVID–19 safety requirements, including daily temperature checks, daily sanitizing of equipment and boats, social distancing and mandatory face coverings. Buffs are mandatory! In addition, we will split our team into two or more groups of 8 sailors for on–shore activities; and we will have no indoor activities. In the event of a sudden thunder–storm the sailors and coaches will take shelter in private vehicles. These are small sacrifices to make to enjoy sailing with our friends!

Buffs are perfect for sailing-they are comfortable and easy to pull up as needed, and in addition to satisfying face covering requirements, protect your neck and face from sunburn. You can order your's from many retailers, including www.arcticcool.com and www.WestMarine.com. Order now!!!

Due to high demand this season our team has already reached full capacity. However, we are keeping a wait-list and fully expect to allow additional kids on the team this fall. If you know a 8th through 12th grade student who is interested, please contact us at ltychsst-coaches@laketownsendyachtclub.com.

As always, please follow us on Face Book at https://www.facebook.com/laketownendyachtclub/ and on Instagram at Itycsailingteam.

Logan Hayes is ready to sail in the covid 19 era.



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JPCOMING EVENTS

Please check the LTYC Calendar on the website for updated rescheduling/cancellations due to



2020 Learn To Sail Lake Townsend Yacht Club

Yacht Club

Discover the fun and excitement as you convert wind power to sail power! From boat rigging to knot tying, learn the skills of sailing. Determine wind direction and sail position and go sailing on Lake Townsend.

P.O. Box 4002 Greensboro, NC 27404-4002

www.LakeTownsendYachtClub.com

Adult Learn to Sail Classes \$150 **Course Dates:**

Session W1: Beginner May 11-16 Session W2: Beginner June 08-13 Session W3: Beginner July 13-18 Session WE1: Beginner (wknd) May 29-31 Session WE2: Beginner (wknd) July 24-26 Session WS1: Sloop* (wknd) Aug 14-16

*Sloop=Main & Jib - enhance your sailing skills. Beginner class or small amount sailing experience required.

Adult and Family Classes Meet:

Monday-Friday: 5:30pm-closing + Saturday 9:00am-12:00 noon Weekend Classes: Fri: 5:30pm-8:00pm; Sat&Sun 9:00am-4:00pm

Junior (10-15 yrs) Learn to Sail Camp \$175 **Camp Dates:**

Session J1: Beginner	June 15-19
Session J2: Beginner	
Session J2: beginner	June 22–26
Session J3: Beginner	July 06–10

Junior Camp Meets:

Monday-Friday 8:30am-12noon

Family Learn to Sail Classes \$150 per person (1 Adult + 1 or 2 age 10 and older)

Session AJ1: Beginner July 27- Aug 01



RESERVE YOUR SPACE TODAY!

You may register and pay online at

www.laketownsendyachtclub.com

For more details, contact:

Education@LakeTownsendYachtClub.com



Co-sponsored by City of Greensboro Parks and Recreation Department

www.LakeTownsendYachtClub.com

2020 SUMMER SAILING CLASSES - Feel the wind in your sails at Lake Townsend!

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2020

LTYC Calendar

Blue= Racing Sat/Sailing Savvy Sun Peach=Social Sailing 4th Sat Classes: Green=Adult; Pink=Junior Gray=Meeting/Seminar/Other; Black=Lake Closed Rev 20200307 Board Meeting 1st Thurs each month Yellow=Holiday, Grid Pink-High School Sailing

January

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19 Change of Watch Dinner Social 24-26 SAYRA Annual Meeting

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22 Racing Rules Seminar

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7 HS Practice Starts 21 Work Day (Alt 29)

28 Race Management Seminar

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3 NC A&T Science Maker Fair 4 Piedmont Interclub (LTYC) 18 Work Day (Alt 26)

25 Let's Go Sailing w/STEM

May

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2, 17 Instructor Orientation

3 Powerboat Training

16 LTYC/RTP Interclub

21-24 Learn to Race *New* 23-HSST w/club racing

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5-7 Mayor's Cup 26-28 Governor's Cup (Kerr)

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23-25 HOT Charity Regatta

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14 Interclub (OHC) 12 Annual Meeting

December

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Park closed Wed all year long Nov-Feb 8am-5pm; &closed Thurs .

Detailed Calendar on LTYC website

www.laketownsendyachtclub.com

PAGE TELL TALES

Ahoy Sailors!

The 2020 Learn to Sail Calendar is published on our website and we already have a few students signed up for sailing classes this summer. Please post our sailing classes on your social network. Let's get the word out! 2020 Learn to Sail Volunteer Sign up Sheet is posted and ready for slots to be filled in! Volunteering while teaching others to sail is what makes LTYC one of the friendliest/most welcoming clubs in the US. Sign up for just a few hours, or sign up for several sessions, whatever fits your schedule.

We also have a first sail/private lessons sign up sheet if you are interested in helping in a more one on one sail experience. First Sail is a US Sailing Sponsored program to introduce community members to sailing. It's 2+ hours on the water. If you are new to sailing or new to Lake Townsend Yacht Club, our sailing classes are a great way to improve your skills, meet other members, and give back to the community.

2020 Memberships are prorated as the season progresses.. If you've not yet renewed, click on Membership Renewals.

In case the links don't come over

http://www.laketownsendyachtclub.com/activities/InstructorSignUp.asp https://ltyc.wufoo.com/forms/2020-ltyc-membership http://www.laketownsendyachtclub.com/activities/SignUp.asp?gid=457531307

AnnMarie LTYC Commodore

Give a gift that lasts a lifetime, give the gift of sailing. This is an incredible present.

Gift Certificates are available for our learn to sail class or racing class, as well as annual membership.

Certificates can be purchased on our website, www.laketownsendyachtclub.com. We customize the certificate for your occasion and email you a PDF you can print and put in a card.



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CLASSIFIEDS

YOUR AD WILL RUN 3 MONTHS.

IF NOT RENEWED BY ADVERTISER, THEY WILL BE DELETED

SEND YOUR CLASSIFIED TO:

newsletter@Laketownsendyachtclub.com

FREE to a good home - Several Midland VHF Radios and Magellan GPS units that have coaxial plugin to your vessel. Contact Stephanie Taylor via text at 336-209-0328 or wetagirl937@yahoo.com NEW Foul weather jacket with USCG Type III floatation. Original tags still attached. Size Medium. Colors orange/grey. High visibility stowaway thermal hood and high collar provide maximum protection. Fleece lined collar, hood, and hand warmer pockets. Easy access zippered valuables pocket. 3M SOLAS tape over shoulders, hood and around wrists for high night visibility. Extended length for water shedding. Paid \$200. Any reasonable offers accepted. Contact Stephanie Taylor via text at 336-209-0328 Or email wetagirl937@yahoo.com

Tern - Sailing dinghy - \$800

Fiberglass dinghy –- rowboat with spritsail rig. Excellent condition. Garaged while serving as daughters' first boat on small lake. Well-constructed and handsomely detailed. Specifications: LOA 10'1", Beam 4'0", Draft 3" BU 24" BD, Sail area – 47 sq ft, Hull weight – 100 lbs, Capacity 500 lbs, Hull construction – gel coat, hand-laid FRP.

White hull beige gel interior, molded-in flotation in two seat tanks glassed in for strength, mahogany inwale and gunwale attached with polyurethane adhesive, breasthook, stern quarter knees and foredeck permanently attached, nylon rope fender, bronze oarlock sockets, stainless U-bolt bow eye with backing plate, laminated tiller, rudder and daggerboard, laminated spruce spars, spruce oars, 4.0 oz dacron sail, lines. Also includes oars and bronze oarlocks.

Contact: caroline.m.sherman@gmail.com or 919-971-9054

7/8/2020

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facebook



Lake Townsend Yacht Club

@laketownendyachtclub

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Please Like LTYC on facebook

- Check in at LTYC on facebook
 - Tag us
- Write an endorsement for LTYC
- Like LTYC on the "Like" page
- Post a review of LTYC on FB
- If you need help to post pictures or a video on our page, please contact JC Aller at aller.jc@gmail.com

Please follow our High School Racing Team on Instagram at ltycsailingteam, and of course, on facebook at www.facebook.com/laketownendyachtclub/

Next newsletter deadline: May25, 2020

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Lake Townsend Yacht Club Board

Commodore: AnneMarie Covington • commodore@laketownsendyachtclub.com

V. Commodore/Racing: Open

vicecommodore@laketownsendyachtclub.com

Rear Commodore/Education: Joleen Rasmussen ◆ education@laketownsendyachtclub.com

Treasurer: Bill Young

treasurer@laketownsendyachtclub.com

Secretary: Dawn-Michelle Oliver

◆ secretary@laketownsendyachtclub.com

Equipment: Ken Butler

◆ equipment@laketownsendyachtclub.com

Membership: Cathy Leonard

◆ membership@laketownsendyachtclub.com

Social: Gail Walters

◆ lgs@laketownsendyachtclub.com

Publicity:

OPEN - Need a volunteer!

Webmaster: Eric Rasmussen

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Mayor's Cup/Nominating/Past Commodore: Robert Bouknight

◆ mayorscup@laketownsendyachtclub.com

Newsletter: Robert Uzzle

◆ <u>newsletter@laketownsendyachtclub.com</u>

Social Media: JC Aller

socialedia@laketownsendyachtclub.com

Let's Go Sailing / STEM: Gail Walters ◆ lgs@laketownsendyachtclub.com

High School Sailing Team: Mark Hayes ◆ ltychsst-coaches@laketownsendyachtclub.com

You don't have to be a board member to help out. Everything this club does is done by volunteers. Please contact the individual board members to see how you can contribute.

Thanks for making LTYC the best!

Board meetings are open to all members. They are held the first Thursday of each month at 6:00. Watch for location!