

Lake Townsend Yacht Club *Tell Tales*

APRIL, 2024



Welcome Spring!



“And Spring arose on the garden fair, Like the Spirit of Love felt everywhere And each flower and herb on Earth’s dark breast rose from the dreams of its wintry rest..”

— Percy Bysshe Shelley

47th Mayor's Cup Invitational



LTYC's 2024 Annual Mayor's Cup invitational is set for **Saturday June 1st and Sunday June 2nd**.

Because the Mayor's Cup Regatta is our annual invitational regatta, besides our own fleet of competitors, we are expecting boats from Lake Jordan, Lake Norman, and other regional clubs to participate as well.

Beside the 2 days of racing, we'll have a great social on Saturday evening with delicious food and drink along with the camaraderie that always occurs when you get a bunch of avid sailors together after a day of competition.

So, check here to get

[Notice of Race, Sailing Instructions, and Event Registration.](#)

Consider sailing in LTYC's annual Mayor's Cup on June 1st and 2nd. **We will have a social in Shelter 10 after the races on Saturday June 1!** The races on Saturday, June 1 will also count towards the LTYC Saturday Series race trophies.

There is still room for race committee volunteers for those two days.

Sign up here <http://laketownsendyachtclub.com/activities/SignUp.asp>.

IT'S THAT TIME AGAIN

2024 Memberships Renewals Are Due

The Benefits of Membership

Competitive Fun Sailing

On the second Saturday of each month we hold our regular LTYC race series. This is 'around the buoys' racing where courses are laid out and there is a Signal Boat (pontoon boat) which carries the Race Committee who administer the race. There are specific times set to attend an online competitors meeting prior to the race day and to have your boat at the starting area to race. Typically, there are three races run.

Social Fun Sailing

On the fourth Saturday of each month we have a Sail-abration! There is no set time or agenda. This weekend is for daysailing and cruising just for fun. Club members are there who may either invite you to go sailing on their boat or give you advice about sailing your boat or a rental. It's a good time to practice and improve your sailing or racing skills. Best way to learn is to be onboard with one of our experienced skippers.

Other Benefits

Seminars and training for beginning and intermediate sailors

Availability of club boats including one Lightning, two Flying Scots, two Wayfarers, and one Tanzer 16. All are ready for use, mast-up and on trailers. For more information, see the [club sail-boat usage policy, agreement, and reservations](#) in the Members' Cove.

You can join the Lake Townsend Yacht Club or [renew your existing membership](#) by clicking the button below.



New Membership

Membership Renewal

2024 Opening Day

On Saturday the 6th of August, the club celebrated the beginning of the summer sailing season with our annual Opening Day regatta with social festivities afterward.

Unlike our typical racing, we ran two fun races in an event we call the "**Fowl Regatta**" with PRO AnnMarie Covington. The results of the two races are combined with a poker hand for each boat (the third race) to come up with a total score for the regatta. During the two races, each boat picks up 3 cards from marks of the course and 2 cards are selected later at the social. The resulting poker hand gives the boat a score for the third race.



The wind was great at 10-11 mph with frequent shifts and a few fun gusts so we were powered up for most of the racing in sunny weather. In fact, the wind was so good that we extended the course all the way to the bridge and back on the second race.

In summary, the sailing was wonderful!

The results:

The two races resulted in a 3 way tie for 1st place between a 420, a Wayfarer and a Flying Scot.

The final final "race" (the poker hand) broke the tie in the Wayfarer's favor with 3 kings. The other hands were scored in sequence according to poker rules.

First place - Andy Forman with crew Laura Kilian in W10888

Second Place - William Brady with crew Preston Miller in a 420

Third Place - Dan Beery with crew Erika Berry on their Flying Scot

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Afterwards, the shelter 10 social and awards ceremony was fun. 1st place got to take home the celebrated Fowl Regatta Oar after wood burning of the 1st place names.



Sid Hale and Otto Afanador got some great photos of the fun regatta as well as the festivities ashore afterward.

<https://photos.app.goo.gl/8DbPP7EsK77yNNnx6>

Thanks to all who attended, raced, did race committee and/or took photos.

Youth Sailing Report

High School Sailing Team

For the High School Team, we enjoyed an excellent day of racing in the Fowl Regatta and then packed up a boat and headed to Wrightsville Beach, NC for the second annual Azalea Bowl hosted by Carolina Yacht Club. The Azalea Bowl is an open race for College and High School Teams, with the activities kicked off with a racing and rules clinic, 2 days of racing. During dinner Saturday night, presentations from each of the 17 colleges were shared about their school and sailing program. As you can imagine, the presentations ranged from strictly business to ones that had us all laughing.

As an open regatta, Varsity and JV/Composite all sailed together, which put 17 boats on the line.

The winds Saturday morning were 14 - 20kts quickly increased to 24 - 25, putting the safety boats to work. Several high school teams flipped and did not have enough weight to right their boats, so over they went again.

Around 2pm, in 28kt of wind, race committee decided to stop racing the High School teams. The college sailors got to finish the day sailing in gusts at 32kts.

What's it like to get 17 high school teams and their boats ashore in winds like that? The sailors loved IT!



Ellie and William having fun in high winds

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Sunday was a light air day, so they packed in the races with as many rotations as possible. To get the rotations done faster, they stuck all the sailors on an island with no phones and rotated off the beach



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James and William prepare for the start

Our team was amazing! John Spinosa skippered A fleet with Preston Miller crew, and William Brady skippered B fleet with Ellie Spinosa and James Lewis crew. They braved the strong winds and took 6th place overall and 1st place for the JV/Composite teams. This is a HUGE accomplishment. We are so proud of them.

The sailors finished the racing wind blown and tired and ready for the next regatta. So we look forward to seeing you all soon at LTYC.



John and Preston focused on the next mark

Wanderers of the Wayfarer Dinghy



All things sailing (or so it seems) seem to pop up regularly in my news feed, so a week or so ago I came across an article written by one of our own that had just been published in Sailing World.

It gave me a great opportunity to learn more about our good friend and fellow club member, Jim Heffernan.

It's a great read so I thought I would share it with other LTYC members who may not have seen it.

[Click to read the article on Sailing World.](#)

Let's Learn to Sail!

**We have scheduled 23 separate classes for this year
and they are filling up fast!**



Don't miss out. Register early to make sure you get one of the rapidly disappearing slots. Early registration will give you the widest range of choices and if you want this training wouldn't it make sense to get it as early as possible rather than at the end of the sailing season?

There are Beginner courses, Intermediate courses, Individual lessons, Sail Camps for Juniors, and even a Learn to Race course.

You can still choose between the classes that still have room (assuming you act now), so check out [this year's schedule](#) and then click on the link to the Online Registration Form.

Visit the LTYC Site to sign up for one of the classes listed.

Learn to Sail:

[Learn-to-Sail \(laketownsendyachtclub.com\)](http://laketownsendyachtclub.com)

Volunteers Needed!

All classes are in need of volunteers. Visit <https://laketownsendyachtclub.com/activities/InstructorSignUp.asp> to sign up as an Instructor, Assistant, or Scat Boat Driver.



How to Tie the 'King of Torque' Sailing Knot

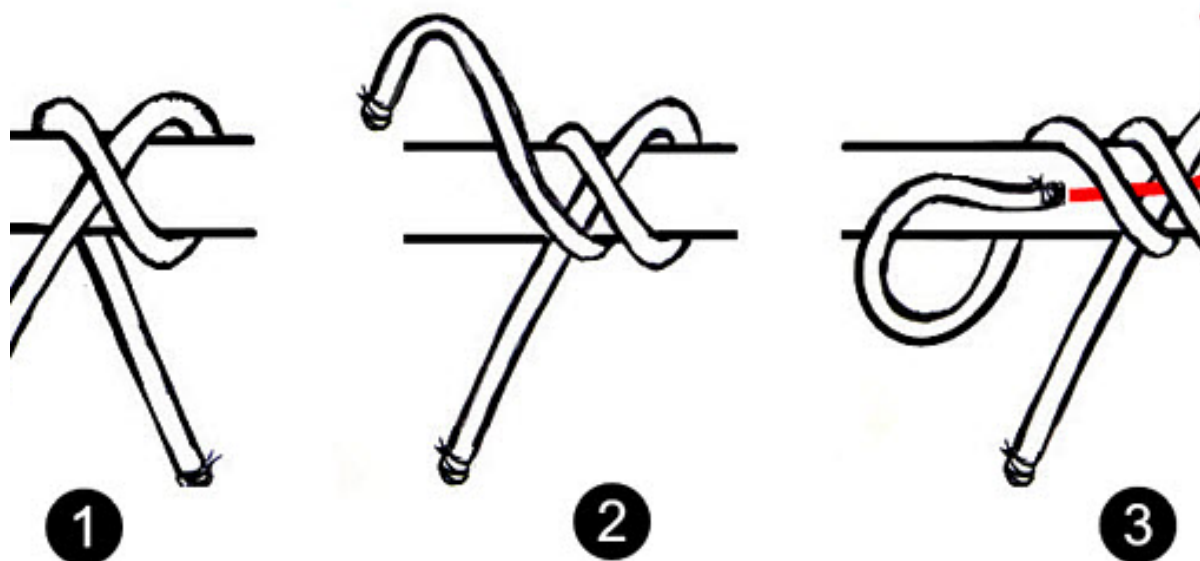
Captain John,

[Www.skippertips.com](http://www.skippertips.com)

[Captainjohnskippertips.com](http://captainjohnskippertips.com)

What sailing knots do you need to know for safety and security when sailing or cruising? Here's a little-known knot you can use to lash gear on deck, whip the end of a line, or even fix a broken tiller or boom in an emergency.

How to Tie the Double Constrictor Sailing Knot



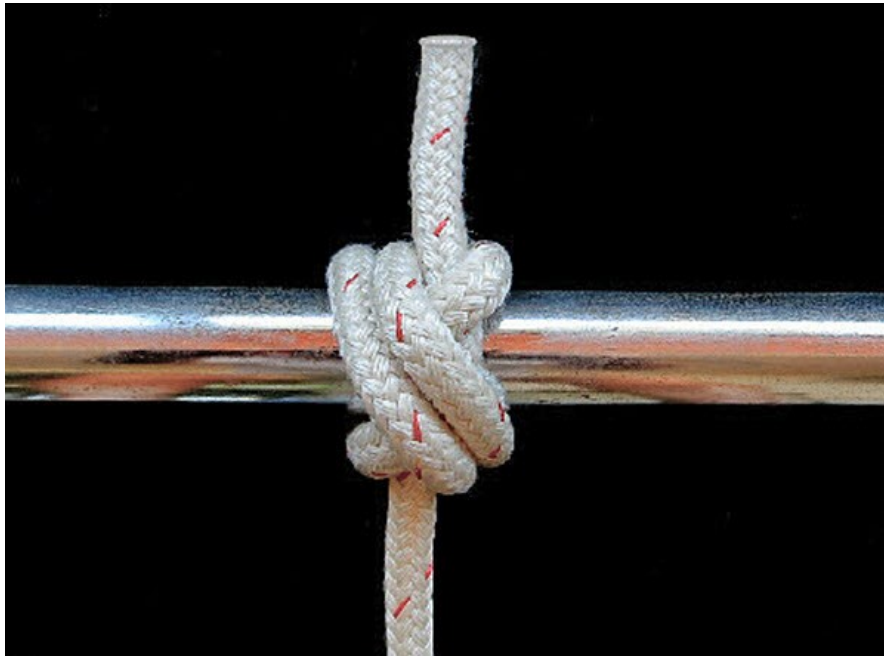
In an earlier tip-of-the-week newsletter, I showed you how to tie the single constrictor knot. If you can tie a clove hitch, you're 90% on the way to the singular version of the mighty constrictor. But there's an even more robust version that requires just one more step. As you may remember, the Constrictor clamps down tighter the more you pull on the ends of the line.

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Consider its cousin--the Double Constrictor--to do all of that with even more 'clamp down and hold 'em tight' power. Grab an eighteen-inch piece of line and tie it along with the illustrations and directions below. You can even tie this around your partner's hand or arm. Or handcuff both hands. But, do be gentle. Best of all, this knot's a cinch to untie. I'll show you a magic way to make the constrictor knot 'disappear' in just one to two seconds--right before your eyes!

1. Start the knot like a clove hitch or rigger's hitch. Hold the standing part in place (illustration 1). Make a turn over the rail, fitting, or your hand. Hitch over the turn as shown. Go to the next step.
2. Roll the end of the line over the fitting again to form a second hitch parallel to the first hitch (illustrations 2 and 3). Keep the hitches separated, as shown in the illustration, to make finishing the knot easier. Go to the next step.
3. Tuck the end of the knot through the hitches as indicated by the red arrow. When done, pull on both ends of the knot to make it tight and compact (photo below). Notice how the knot clamps down with lots of torque the harder you pull on the ends. To untie the constrictor, read the sailing tip below.



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**Captain John's Sailing Tip:**

*Here's a trick I showed my audience at the Strictly Sail Boat Show in Chicago. You can do this with any constrictor that's been tied to an open-ended fitting (or your hand). Grasp the knot, slide it off the end, and give it a shake. The bights spill into a straight piece of line. Show this magic rope trick to your sailing crew. It's a guaranteed 'crowd-pleaser'!*

# Racing Tactics (videos)

from: **SailZing**  
 Courtesy YouTube

The screenshot shows a video player interface. The video title is "SailZing Tactical IQ Starting Scenarios". The main content area displays a diagram for "Starting Scenario #1" titled "Lurking". The diagram shows a committee boat (orange) on a line, with several other boats (yellow, blue, green, red) positioned to leeward. The wind is indicated as 8-10 mph (7-9 kts) blowing from the top-left. The text in the diagram reads: "The line is starboard favored with 40 seconds remaining to the start. The boats on the line are drifting slowly to leeward. Yellow, Blue, Green, and Red want to start at the committee boat." Below the diagram, three questions are listed: "Which boat is in the best position to win the start at the committee boat?", "Which boat has more options?", and "What are the concerns and options for each boat (including rules concerns)?". The video player controls at the bottom show a play button, a progress bar at 0:52 / 21:12, and various settings icons.

## SailZing Tactical IQ - Starting Scenarios

(CTRL-Click to play in new window)

This is our premiere of a new, original, educational series by SailZing.com called SAILZING TACTICAL IQ. The idea is to get a group of racing sailors around a table and present them with various racing scenarios and ask them questions and see what you can learn. This session covered Starting Scenarios using SailZing's Fleet Kit model boats.

| Today < > May 2024 |                                 |       |                          |                                                         |                                                           |                                   | Month |  |  |  |
|--------------------|---------------------------------|-------|--------------------------|---------------------------------------------------------|-----------------------------------------------------------|-----------------------------------|-------|--|--|--|
| MON                | TUE                             | WED   | THU                      | FRI                                                     | SAT                                                       | SUN                               |       |  |  |  |
| 29                 | 30<br>● 3:45pm WFU Team Practic | May 1 | 2<br>● 7pm Board Meeting | 3<br>● 5pm Adult Sailing Class #                        | 4<br>HSST - Practice (SAT)<br>● 9:30am Adult Sailing Clas | 5<br>● 9:30am Adult Sailing Clas  |       |  |  |  |
| 6                  | 7<br>● 3:45pm WFU Team Practic  | 8     | 9                        | 10                                                      | 11<br>HSST - May Day Regatta<br>May Day Races             | 12                                |       |  |  |  |
| 13                 | 14<br>● 3:45pm WFU Team Practic | 15    | 16                       | 17<br>● 5pm Adult Sailing Class #                       | 18<br>HSST - Practice<br>● 9:30am Adult Sailing Clas      | 19<br>● 9:30am Adult Sailing Clas |       |  |  |  |
| 20                 | 21<br>● 3:45pm WFU Team Practic | 22    | 23                       | 24                                                      | 25<br>HSST - No Practice (Memo)<br>Social Sail            | 26                                |       |  |  |  |
| 27                 | 28                              | 29    | 30                       | 31<br>HSST - Mayor's Cup Regatta<br>Mayor's Cup Regatta | Jun 1                                                     | 2                                 |       |  |  |  |

| Today < > June 2024               |                                   |                     |                                   |                                                         |                   |                                 | Month |  |  |  |
|-----------------------------------|-----------------------------------|---------------------|-----------------------------------|---------------------------------------------------------|-------------------|---------------------------------|-------|--|--|--|
| MON                               | TUE                               | WED                 | THU                               | FRI                                                     | SAT               | SUN                             |       |  |  |  |
| 27                                | 28                                | 29                  | 30                                | 31<br>HSST - Mayor's Cup Regatta<br>Mayor's Cup Regatta | Jun 1             | 2                               |       |  |  |  |
| 3                                 | 4                                 | 5                   | 6<br>● 7pm Board Meeting          | 7                                                       | 8                 | 9                               |       |  |  |  |
| 10                                | 11                                | 12                  | 13                                | 14<br>NC Gov Cup (CSC)                                  | 15                | 16                              |       |  |  |  |
| 17                                | 18                                | 19                  | 20                                | 21                                                      | 22<br>Social Sail | 23<br>● 6pm Junior Sailing Camp |       |  |  |  |
| 24<br>● 9:30am Junior Sailing Cai | 25<br>● 9:30am Junior Sailing Cai | 26<br>Marina Closed | 27<br>● 9:30am Junior Sailing Cai | 28<br>● 9:30am Junior Sailing Cai                       | 29                | 30                              |       |  |  |  |

## CLASSIFIED ADS

YOUR ADS WILL RUN FOR 3 MONTHS.

IF NOT RENEWED BY ADVERTISER, THEY WILL BE DELETED.

SEND YOUR CLASSIFIED AD TO :

**[newsletter@Laketownsendyachtclub.com](mailto:newsletter@Laketownsendyachtclub.com)**



### For Sale:

With a heavy heart...

I've decided to put Epiphany up for sale. She is a beautiful Mark I woody Wayfarer, built, we think, in 1962 from a kit, owned for some time by Al Schoenborn's brother, Mike, and refurbished by AnneMarie Covington and Jim Heffernan in 2017. She is rigged for racing, with a solid main, jib and spinnaker, and a new centerboard (built by Richard Johnson). She also comes with:

New Load Rite trailer with guide posts (2021, \$2,000 value)

Beautiful wooden benches

Reefing sail

Storm jib

Gottschling cover

Boom crutch

Optional mast flotation and motor mount

I LOVE this boat – very comfortable, handles very well. Have put lots of TLC into her upkeep – sanding and varnishing yearly. However, she has a slow leak from the center trunk area, and I do not have the skill, tools or space to be able to fix that. I would really like for her to stay at LYTC or at least within the Fleet 16 community. Asking \$3500 – negotiable.

Annette Grefe 336-207-1401 (text) or [agrefemt@icloud.com](mailto:agrefemt@icloud.com)

See photos below...



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### Please Like LTYC on facebook

- Check in at LTYC on facebook
  - Tag us
- Write an endorsement for LTYC
- Like LTYC on the "Like" page
- Post a review of LTYC on FB
- If you need help to post pictures or a video on our page, please contact JC Aller at [aller.jc@gmail.com](mailto:aller.jc@gmail.com)

Please follow our High School Racing Team on Instagram at [ltycsailingteam](https://www.instagram.com/ltycsailingteam), and of course, on facebook at [www.facebook.com/laketownendyachtclub/](https://www.facebook.com/laketownendyachtclub/)

Next newsletter deadline: May 19, 2024

## ◆ Lake Townsend Yacht Club Board

|                                        |                                                                                                        |
|----------------------------------------|--------------------------------------------------------------------------------------------------------|
| Commodore: Andy Forman                 | ◆ <a href="mailto:commodore@laketownsendyachtclub.com">commodore@laketownsendyachtclub.com</a>         |
| V. Commodore/Racing: Mark Wilson       | ◆ <a href="mailto:vicecommadore@laketownsendyachtclub.com">vicecommadore@laketownsendyachtclub.com</a> |
| Rear Commodore/Education: Ron Washburn | ◆ <a href="mailto:education@laketownsendyachtclub.com">education@laketownsendyachtclub.com</a>         |
| Treasurer: Kim Jones                   | ◆ <a href="mailto:treasurer@laketownsendyachtclub.com">treasurer@laketownsendyachtclub.com</a>         |
| Secretary: Ted Sikorski                | ◆ <a href="mailto:secretary@laketownsendyachtclub.com">secretary@laketownsendyachtclub.com</a>         |
| Equipment: Mark Green                  | ◆ <a href="mailto:equipment@laketownsendyachtclub.com">equipment@laketownsendyachtclub.com</a>         |
| Membership: Ali Kishbaugh              | ◆ <a href="mailto:membership@laketownsendyachtclub.com">membership@laketownsendyachtclub.com</a>       |
| Social Outreach:                       | ◆ <a href="mailto:lgs@laketownsendyachtclub.com">lgs@laketownsendyachtclub.com</a>                     |
| Marketing: Courtney Dragiff            | ◆ <a href="mailto:marketing@laketownsendyachtclub.com">marketing@laketownsendyachtclub.com</a>         |
| Newsletter: Sid Hale                   | ◆ <a href="mailto:newsletter@laketownsendyachtclub.com">newsletter@laketownsendyachtclub.com</a>       |
| Social Media, City Liason: JC Aller    | ◆ <a href="mailto:socialmedia@laketownsendyachtclub.com">socialmedia@laketownsendyachtclub.com</a>     |

You don't have to be a board member to help out. Everything this club does is done by volunteers. Please contact the individual board members to see how you can contribute.

Thanks for making LTYC the best!

Board meetings are open to all members. They are held on the first Thursday of each month at 7:00 p.m.